



Australia Tasmania Wilderness Traverse Hiking

Cradle Mountain, Freycinet & Remote Flinders Island

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been exploring the Pacific for over 20 years, guiding travelers to rich experiences they wouldn't have found on their own.

REASON 2

In a place world-renowned for its wilderness, our cleverly crafted itinerary gets you off the beaten track to hidden treasures while making sure you don't miss iconic hikes and sights.

REASON 3

Our expert local Tassie guides have decades of experience and will untangle the wildlife, lingo, and other down under mysteries.

At A Glance

ACTIVITIES

Easy to moderate walking and hiking for up to 7 miles and 5 to 7 hours per day on moderate terrain with some steep ascents and exposure. Three hours of kayaking.



LODGING

Your urban accommodations are in comfortable hotels. At the parks, you'll stay in private cabins, some quite simple. Spend three days of glamping at a private site on remote Flinders Island in pod tents.



CLIMATE

Overall temperatures between 55°F and 75°F. Cradle Mountain is generally about 15°F cooler. Windy conditions are common, and you may experience some rain at any time of year.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



Australia Tasmania Wilderness Traverse Hiking

Cradle Mountain, Freycinet & Remote Flinders Island

Venture into the vast, enchanting wilds of Australia's island state, Tasmania. Hike through rich temperate rainforest to rocky ridges with spellbinding views over pristine wilderness, following trails along some of Australia's Great Walks. Kayak and swim sapphire coastal waters, marvel at towering glacial canyons and dolorite sea cliffs, and spot wombats and kangaroos. Touch on Aboriginal history and modern culture. It all culminates with summiting glorious peaks and exploring stunning coastlines from a private eco camp on undiscovered Flinders Island.

14 Days

Start: Hobart, Australia

End: Launceston, Australia

Departing: January, February

Activities: Multi-Adventure, Hiking & Trekking

Lodging: Comfortable Hotels, Comfortable Camping

Group Size: 5-12 Guests

ACTIVITY:



Check mtsobek.com for date-specific pricing.

“

We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek.

- Dennis G.

The Itinerary

DAY 01

Arrive in Tasmania & Top Mount Wellington

On arrival, please make your own way to your accommodation in Hobart and get started on your adventure. If you have arrived in the morning, breathe in the coastal air with a stroll along the nearby harbor. Gather with the group and guide for a delicious lunch and full briefing on the adventure ahead. Mount Wellington (kunanyi in the indigenous Palawa language) is the magnificent backdrop to coastal Hobart, and your afternoon destination. Drive to the 4,170-foot summit where you'll be treated to striking panoramic views. Returning to sea level, you'll have free time to relax before meeting up for a welcome dinner at a local harbor-side restaurant.

ACCOMMODATION: The Old Woolstore

MEALS: Dinner

DAY 02

Explore the Sights, Flavors & Sounds of Salamanca Market

A Saturday ritual in Hobart, over 300 stalls offer a bounty of goods from local growers, artisans, distillers, bakers, makers, artists, and collectors at this pulsing market. Whether you plan to shop or observe the hustle and bustle, there are plenty of samples, snacks, and conversations to enjoy. Of architectural interest, the street is lined with old sandstone warehouses. The other side opens to the grassy edges of the promenade along the waterfront. Choose your own lunch from the many options on offer, and rejoin your guides for an afternoon drive down the Tasman Peninsula, pausing to get a close-up look at two of the island's lesser-known geological marvels. Explore a photogenic flat-stone surface naturally fractured into geometric shapes, called tessellated pavement and peer into the depths of Devil's Kitchen, a trench carved over centuries by pounding surf. Arrive in Port Arthur with time to relax before dinner with the group.

ACCOMMODATION: Stewarts Bay Lodge

MEALS: Breakfast | Dinner

TRANSPORTATION: 2-hour private van transfer

DAY 03

Hike into Tasman National Park & Visit Port Arthur Historic Site

Wake up full of anticipation for your first hike into the greater ecosystem of the UNESCO-listed Tasmanian Wilderness. Today you will follow a track lauded as one of Tasmania's Great Short Walks, part of the multi-day Three Capes Track, which is in turn one of the Great Walks of Australia. Traverse forest and grasslands, descending stone steps and rising to the Cape Hauy headlands where columnar dolorite forms sheer cliffs that plunge into the ocean and sea stacks rise from the waters. In the afternoon, visit the site of an Australian penal settlement, one of many established by the British Empire during the 18th and 19th centuries. Together, the Australian Convict Sites are commemorated on the UNESCO World Heritage List. Explore the evocative remnants of over 30 buildings at Port Arthur, scattered over 100 acres on a solemn grassy bluff above the sea cliffs. Gather for dinner and take in the sunset this evening.

ACCOMMODATION: Stewarts Bay Lodge

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1.5-hour private van transfer

ACTIVITY: 4-5 hours/6 miles of hiking with 656' of elevation gain/loss



Enjoy a Wildlife Cruise along the Tasman Peninsula

See a different side of the Tasman National Park today with an exciting cruise below towering sea cliffs, including Cape Pillar, the tallest in the southern hemisphere. Abundant birdlife circles overhead or perches among the rocks while seals swim and surface offshore. Watch for them as you pass rugged archways, shadowy sea caves, and amazing rock formations. Waterfalls plunge from the cliffs into the sea and you pass below Cape Hauy, which you saw from above the day before. Disembark and begin your journey to the Freycinet Peninsula, passing through coastal islands to one side and the looming Hazards range on the other. The evening is free to settle into your accommodation before dinner.

ACCOMMODATION: BIG4 Iluka on Freycinet Holiday Park

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 3.5-hour private van transfer

ACTIVITY: 4 hours/.5-mile walk, plus 3- hour cruise



Hike to Sensational Wineglass Bay & Along the Hazards Range

Get ready for a full day immersed in the diverse ecosystems of the Freycinet National Park. Begin your adventure with a short climb to a lookout for breathtaking views across twin sapphire bays lined with white sand, and the peninsula beyond. Descend the 1,000 steps to idyllic Wineglass Bay, known as one of the most beautiful beaches in the world. Spend a moment sitting on glittering sand looking out at the sea, relishing this spellbinding natural wonder. The trail takes you through dense eucalyptus forest across the narrow isthmus, emerging at another lovely beach at Hazards Bay. Cross the sands and dip back into a shady grove, hiking up to rosy, pink granite sea cliffs. There are more outstanding views across Great Oyster Bay as you skirt the Hazards range. Time permitting, dive into crystal waters for a quick swim at Honeymoon Bay before heading back to your home base for a delicious dinner.

ACCOMMODATION: BIG4 Iluka on Freycinet Holiday Park

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 30-minute private van transfer

ACTIVITY: 5-6 hours/7 miles of hiking with 625' of elevation gain



Kayak an Exquisite Bay at Freycinet National Park

The protected cove of Great Oyster Bay is ideal for kayaking. Pushing off from another gorgeous beach, get out on cerulean waters and paddle your way along the shoreline, always keeping an eye out for wildlife above and below you, such as white-bellied sea eagles, seals, and fish. The rocky domes of the Hazards range are a picture-postcard backdrop. As you paddle, your guides share their knowledge about the park's natural and cultural history. Alternatively, spend your time beachcombing and sunbathing on the sandy shore. After your adventure, head to Devil's Corner Winery for a private tasting of wines crafted in the cool, sea-kissed landscapes below the Hazards. Enjoy wood-fired pizzas and fresh seafood on the sunny deck with breathtaking views across Great Oyster Bay.

ACCOMMODATION: BIG4 Iluka on Freycinet Holiday Park

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1.5-hour private van transfer

ACTIVITY: 3 hours/1.5 miles of kayaking



Travel to Iconic Cradle Mountain-Lake St. Clair National Park

Rise early to get on the road, eager to reach legendary Cradle Mountain and its irresistible parklands. Departing the dreamy east coast beaches, travel today into the lush interior of the island, with stops in typical towns along the way. Arriving in the afternoon, step out among the tufted grasses and rocky slopes, getting a glimpse of Cradle Mountain itself as you follow a boardwalk all the way to Ronny Creek, an area known as prime wombat habitat. As dusk falls, these endearing creatures bustle along the banks, offering thrilling close-up encounters. Discuss tomorrow's adventure over a tasty Tassie dinner.

ACCOMMODATION: Peppers Cradle Mountain Lodge

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 5-hour private van transfer

ACTIVITY: 2-3 hours/3-7 miles of hiking with 590' elevation gain



Hike Glorious Cradle Mountain Trails

Lace up your boots for a full day of hiking in the park. Deep in the center of the Tasmanian Wilderness World Heritage Site, the landscape is dominated by Cradle Mountain's stony peaks. Below, the terrain tumbles from glistening glacial lakes and cool alpine forest into verdant river valleys and mossy rainforests. Today's hike will be chosen based on the interests of the group. One option is Marions Lookout, starting at the trailhead for the multi-day Overland Route at Ronny Creek. From here, climb through rainforest greenery along a burbling creek where you come to a misty cascading waterfall. Continue into rugged alpine scenery, stopping at Crater Lake, actually a glacial lake encircled by craggy cliffs. It's a steep climb to Marions Lookout (4,000') where you are rewarded with outstanding views of the impressive lake and magnificent Cradle Mountain Summit. Return to your accommodation for a well-earned dinner.

ACCOMMODATION: Peppers Cradle Mountain Lodge

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5-7 hours/3-4 miles of hiking with 246-1,115' of elevation gain



Meet Tasmanian Devils & Kangaroos

A special wildlife experience awaits you today! Depart Cradle Mountain for a destination at the forefront of conservation and education, Trowunna Wildlife Sanctuary. Seventy acres flourish with native Tasmanian flora and fauna including kangaroos and birdlife. Get behind the scenes with a private tour, learning about breeding programs that contribute to the survival of endangered species and getting to see the protected habitats used to care for native wildlife. You'll share a moment with a friendly wombat and meet a Tasmanian devil. Moving on to an urban environment, arrive in historic Launceston, at the confluence of three rivers. Take an optional stroll in Cataract Gorge, then take your own time to explore the vibrant city and choose your spot for dinner—your guide will provide you with recommendations.

ACCOMMODATION: Peppers Silo Hotel Launceston

MEALS: Breakfast | Lunch

TRANSPORTATION: 3-hour private van transfer



Fly to Remote Flinders Island & Hike to Castle Rock

Your next adventure begins with a short flight over Bass Strait, landing on Flinders Island, a wild place sculpted by the winds, sea, and sand with granite peaks and lush rain forest to discover. Head out on your first hike, a spectacular route along the dramatic boulder-strewn coastline finishing at Castle Rock, a 3-story high granite monolith perched on a sandy point. Afterwards, explore the Furneaux Museum, where you'll learn about sealers and shipwrecks, pioneers and muttonbirds, and the pivotal points this island played in the history of Tasmania's Aboriginal people. Drive north to Leeka and your private seaside eco-camp, beautifully sited to take in top-notch landscape by day and southern hemisphere stars at night.

ACCOMMODATION: Flinders Island Exclusive Eco-Comfort Camp

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 30-minute air transfer, 1.5-hour private van transfer

ACTIVITY: 2 hours/1.5 miles of hiking



Climb to the Top of Mount Killiecrankie

Awake to the sounds of nature and the smells of a hot breakfast. After fueling up for the day, set off on a sandy track, passing through low scrubland and beach grass. As you crest this prominent peak (1,037'), take your time to look in all directions, each angle as enchanting as the next, with vistas spreading across the coast, interior farms, and offshore islands. Descend along Diamond Gully Trail (named for local topaz, called "Killiecrankie diamonds"), checking out fantastic rock formations and local birdlife en route to Stacky's Bight, where you'll stop for lunch at an impressive sea-carved stone archway, and perhaps enjoy a refreshing swim. Continue along the coast, rock-hopping your way to The Docks—a marvelous display of age-old granite outcrops, coppery with orange lichen. A short walk takes you to the waiting vehicle and back to camp for some time to reflect before a tasty guide-prepared dinner.

ACCOMMODATION: Flinders Island Exclusive Eco-Comfort Camp

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5-7 hours/6.5 miles of hiking with 820' of elevation gain and moderate exposure



Summit Mount Strzelecki for Incredible Views

Reaching the highest point on Flinders Island before the afternoon clouds envelop the peak means an early morning start. Transfer to Strzelecki National Park's wild beauty where you start the climb, navigating the track through native gum trees and she-oaks, with a chance to spy a wombat, wallaby, or echidna in the bush. Cross wildflower heath and climb through cloud forest dotted with ferns, hiking straight up to the peak at 2,480 feet. The views are astonishing. On a clear day you can see as far as the mainland coast, as well as the outer Furneaux islands and the rocky ridges of Flinders. After enjoying your lunch on the granite massif, make your way down to sea level where a rejuvenating swim at Fotheringate Bay awaits. Spend your final night in nature's splendor.

ACCOMMODATION: Flinders Island Exclusive Eco-Comfort Camp

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5-6 hours/4 miles of hiking with 2,295' of elevation gain/loss



Walk Serene Trouser's Point & Return to Launceston

Make the most of your last day in this special place few have discovered. Head back into Strzelecki National Park to picture-perfect Trouser Point, known for its unrivaled beauty. Azure waves lap at white sand and granite mountains rise sharply from the shore. Stroll a coastal trail taking in views of Mount Strzelecki and Bass Strait islands. Wander down to the water's edge to feel the sand beneath your feet and the water pool around your ankles. With your memories in hand, board your flight to the mainland, where you'll head to House of Arras Winery, an award-winning maker of sparkling wines. The terroir of Tasmania's cool climate and rich soils come to life during a tasting. Time permitting, see if you can peep a platypus along the vineyard's boardwalk trail. In Launceston, sit down for a celebratory meal with your group and guides to reminisce about your adventures together.

ACCOMMODATION: Peppers Silo Hotel Launceston

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 2.5-hour private van transfer, 30-minute air transfer

ACTIVITY: 2 hours/3 miles of hiking with minimal elevation gain



Depart Tasmania

Your unforgettable Tassie adventure comes to a close today. You will be transferred to the airport for your homeward bound flights.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

The Old Woolstore

This distinctive property is centered on a building originally used to process wool, with a sawtooth roofline designed to make use of natural light and large double doors for farmers to drive through when delivering goods. Original equipment decorates the adjacent modern structure where neat, comfortable rooms await. Have a drink at the Baa Bar or take a stroll to the Hobart waterfront and CBD from your well-located hotel.

Stewart's Bay Lodge

Charming log cabins dot this woodland property nestled into the bush. A few steps away from you'll find an ocean bay, fringed by white sand. And in the forest, you might spot a pademelon or wallaby hopping by. The cabins have wood beamed ceilings, large windows and skylights, a separate bedroom, kitchen, and comfortable seating. A stay immersed in nature is the perfect base to explore the Tasman Peninsula.

BIG4 Iluka on Freycinet Holiday Park

Ideally located less than a mile from the entrance to spectacular Freycinet National Park, you are also opposite the golden sands and lapping waves of Muirs Beach for excellent sunset views. While this property also offers tent and campervan sites, you will stay in cozy air-conditioned cabins, each equipped with a kitchen, indoor seating, and a covered private porch with table and chairs. Eucalyptus and casuarina trees shade the area.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Peppers Cradle Mountain Lodge

Set within iconic Cradle Mountain-St. Clair National Park, the main lodge sits at the edge of a small lake and is connected to your cabin by forest paths and boardwalks. Relax in a private cabin with a gas fireplace and views of the pines. The spa has floor to ceiling windows so you can enjoy the scenery, and easy rainforest or river walks are right outside your door.

Peppers Silo Launceston

This urban hotel is housed in a heritage set of four towering, repurposed grain silos and a modern tower. Beautifully designed rooms complement the surrounding area with earthy tones and views over the river, as well as signature bedding and a lounging area. Woody's Barrel Bar is located inside the curves of one of the silos with a deck facing the river and the Silo Day Spa offers tantalizing treatments.

Flinders Island Exclusive Eco-Comfort Camp

Your own wilderness glamping retreat is tucked along the coast with the beach just steps away. Sleep in a high-ceilinged pod tent with clear panes for nighttime views of the stars overhead and daytime panoramas of your idyllic surroundings. Solar panels provide charging ports in the pod tents and warm water in the shower tent. Enjoy the privacy of this beautifully located camp, reserved solely for your group.

Departure Dates

This trip is available to run in: January, February

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

January 30-February 12, 2026

February 27-March 12, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



MT SOBEK™

The Adventure Company | Est. 1969

YOUR ADVENTURE AWAITS.

70 Countries | 150+ Destinations | Infinite Possibilities

Call **800.974.0300** or visit **mtsobek.com**
AND BOOK TODAY!

