

Slovenia, Croatia & Montenegro Grand Traverse Multi-Adventure

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call 800-974-0300



Feel the difference

with Mountain Travel Sobek

Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.











Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.











Why take this trip with us?

REASON 1

MT Sobek has been operating expertly crafted trips in Europe for over 40 years.

REASON 2

Follow local professional guides as you enjoy stunning landscapes, culinary specialties, and warm hospitality. Come away knowing the people as well as the place.

REASON 3

Hikes take travelers through hard-to-find orchards, vineyards, hillsides, and medieval villages across 3 countries in a well-paced 9 days.

At A Glance

ACTIVITIES

Hikes through awe-inspiring landscapes of mountains, lakes, rivers and islands.



LODGING

A great mix of attractive modern hotels and boutique countryside inns with wellness amenities and fairy-tale scenery.



CLIMATE

The weather in September is usually warm enough to wear short sleeves through the day and some warmer layers in the evening.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



Slovenia, Croatia & Montenegro Grand Traverse Multi-Adventure

Travel on a captivating odyssey through the enchanting landscapes of Slovenia, Croatia, and Montenegro. Soak up Slovenia's natural wonders, tracing the shores of stunning Lake Bled, summiting a craggy Triglav National Park peak in the Julien Alps, and hiking the spectacular Soca River Valley. Cross to Croatia to paddle the sparkling Adriatic, then travel inland to marvel at UNESCO-listed waterfalls in Plitvice National Park and climb to iconic Anica Kuk. Immerse yourself in Dubrovnik's beauty and past, then it's off to Montenegro's gorgeous Bay of Kotor and more storybook villages and hiking through diverse and spectacular landscapes.

14 Days

Start: Ljubljana, Slovenia End: Dubrovnik, Croatia

Departing: May, June, July, September, October

Activities: Hiking & Trekking **Lodging:** Comfortable Hotels

Group Size: 5-16 Guests

ACTIVITY:







Check mtsobek.com for date-specific pricing.

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"We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek."

- Dennis G.

The Itinerary



Arrive in Ljubljana

On arrival to Ljubljana, the charming capital of Slovenia, you will be met by an MT Sobek representative and transferred to your hotel. The Ljubljanica River winds through the charming medieval old town with its picturesque squares—the heart of city's cultural life, bustling with cafes, restaurants, and boutiques.

ACCOMMODATION: Hotel Lev, Ljubljana, Slovenia

MEALS: Dinner

TRANSPORTATION: Private airport transfer



Hike Around Lake Bled & Cruise on the Lake

Today, travel to lake Bled, famous for the tiny islet in the center of the lake punctuated with a church tower. Enjoy a scenic warm-up hike around the lake, getting your first glimpses of the lofty Julien Alps. Relax in the afternoon with a traditional Pletna boat ride to the lake's small isle and enjoy views over Bled Castle, guarding the lake from its clifftop perch. Admire the historical Austrian Habsburg architecture as you stroll around Bled.

ACCOMMODATION: Hotel Triglav, Bled, Slovenia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 45-minute transfer

ACTIVITY: 3.6 miles of hiking with negligible elevation gain or loss



Hike Triglav National Park & Summit Mt. Debela Pec

After a hearty breakfast, depart for the Julian Alps and sensational Triglav National Park. The goal for today is to summit Mt. Debela Pec (6,650'). Hike a steady ascent on switchback trails through lush forests and rugged terrain. The final push over rocky paths amidst karst and dwarf pines is challenging but the effort is well worth it as the peak offers spectacular views of Triglav National Park and Mt. Triglav, the highest mountain in Slovenia.

ACCOMMODATION: Hotel Triglav, Bled, Slovenia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 25-minute transfer each way

ACTIVITY: 5.4 miles of hiking with 2,360' of elevation gain



Hike through the Soca River Valley

Travel along the enchanting Julian Alps, crossing the Vrsic pass (5,285'), which was once on the border line between Italy and Austro-Hungarian Empire. Revel in breathtaking views and with a bit of luck you will see dozens of delicate alpine flowers. Today's trek starts in the remote Soca River Valley, an alpine valley surrounded by high peaks. Discover a hidden waterfall before connecting to the Soca Trail, which traces the emerald river of the same name. On the way, stop by a local artisan cheese makers to try their gourmet sheep cheese! In the late afternoon, chase the sunset on the gorgeous Mangart Saddle, a mountain pass with incredible views. Savor a gourmet dinner after today's effort.

ACCOMMODATION: Sanje ob Soci, Bovec, Slovenia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1.25-hour transfer, 20-minute transfer, 30-minute transfer

ACTIVITY: 9 miles of hiking with 350' of elevation gain



Taste the Flavors of Vipava Wine Country

For your final hike in the Alps, take a short hike to Kozjak, one of Slovenia's most beautiful waterfalls. This part of the Soca Valley was once an infamous WWI Isonzo Front battlefield, where Ernest Hemingway got inspiration for his novel Farewell to Arms. Travel by road further south to the Vipava Wine Country, a scenic hilly region rich in vineyards, orchards, and medieval towns. Visit a local winemaker and enjoy a farm-to-table lunch followed by a tour of the underground wine cellars, tasting some exquisite local wines. Finish the day on the Adriatic Sea in the Venetian town of Piran, catching the golden afternoon light.

ACCOMMODATION: Hotel Piran, Piran, Slovenia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 25-minute transfer, 1.5-hour transfer, 1.25-hour transfer

ACTIVITY: 2.7 miles of hiking with 300' of elevation gain + 2 miles



Cross into Croatia & Paddle a Kayak on the Adriatic

Stretch your legs with a morning tour of Piran, learning about the town's rich history and wandering narrow winding streets. Travel to the border and cross into Croatia, continuing to Rovinj, a town renowned for its beauty, built by the Venetians. After a briefing, get ready for a sea-kayaking adventure on the Adriatic's crystal-clear waters! Paddle along the rugged coastline and secluded bays with chances to spot sea turtles and silvery fish. Finish the day checking in to a small comfortable boutique hotel in the small medieval village of Bale.

ACCOMMODATION: Hotel La Grisa, Bale, Croatia

MEALS: Breakfast | Lunch | Dinner **TRANSPORTATION:** 1.25-hour transfer **ACTIVITY:** Sea kayaking on the Adriatic





Explore Plitvice Lakes National Park

Say farewell to the Adriatic for a short while and travel inland to Plitvice Lakes National Park, one of the most beautiful and biodiverse landscapes in Europe. This UNESCO World Heritage site is famed for its cascading waterfalls, crystal-clear lakes, and lush greenery. The trail meanders along turquoise lakes and passes through dense forest with views (of course!) of luminous waterfalls. Hiking through this extraordinary scenery unveils the true beauty of Croatia's oldest and most famous natural park. Stay close by the park tonight.

ACCOMMODATION: Plitvice Inn, Plitvice, Croatia

MEALS: Breakfast | Lunch | Dinner TRANSPORTATION: 3-hour transfer

ACTIVITY: 6-9 miles of hiking



Hike to Anica Kuk in Paklenica National Park

This morning, travel to spellbinding Paklenica National Park and begin your hike among the dramatic rock formations of Velika Paklenica canyon. As you ascend, the path winds through a dense forest of beech and pine, arriving at Paklenica Hut. The next leg takes you to the base of iconic Anica Kuk, a towering cliff the tallest in the Velebit mountains— where you're rewarded with breathtaking views of the sheer rock face and the expansive valley below. After your hike, drive to UNESCO-listed Split, a city once strongly influenced by the Romans and later by the Venetians. This is culturally the richest part of the Adriatic where you'll discover the Diocletian Palace built in finest limestone and marble in the 3rd century AD. From this coastal city, cross a short expanse of the Adriatic to the island of Brac.

ACCOMMODATION: Hotel Puteus Palace, Pucisce, Croatia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1.25-hour transfer, 1.75-hour transfer, 30-minute ferry ride, 25-minute transfer

ACTIVITY: 7.2 miles of hiking with 1,300' of elevation gain



Savor Brac Island's Landscapes & Flavors

Discover Brac, the largest of Dalmatian islands, starting today's walk in the hidden bay of Blaca and hiking up through pine trees, aromatic flowers, and the scents and sights of the sea to the 450-year-old hermitage, which is on UNESCO's shortlist. Enjoy a fire-cooked lunch of local specialties in a Dalmatian stone village. Fortified with a healthy meal, continue to the top of Mt. Vidova, the highest peak of the Adriatic islands, and enjoy the view down to the Zlatni Rat, often referred to as the Golden Cape or Golden Horn, a narrow spit of beach piercing the azure waters of the Adriatic. Tonight's dinner is on your own. Your guides are happy to recommend the best restaurant for your culinary experience.

ACCOMMODATION: Puteus Palace, Pucisce, Croatia

MEALS: Breakfast | Lunch

TRANSPORTATION: 30-minute transfer each way

ACTIVITY: 6.6 miles of hiking with 1,100' of elevation gain



Culinary Tour of Brac with Wine Tasting

Enjoy a relaxed morning in the delightful historical town of Pucisca, exploring Brac's pristine coves where turquoise waters lap against rocky shores, and do some virgin olive oil tasting. Then travel to the Peljesac peninsula, almost an island itself, with a narrow link to the mainland. This small paradise is lush with orange, pomegranate, and fig orchards, not to mention vineyards producing Dingac, one of Croatia's best wines. Sample local wines and visit a traditional konoba (tavern) to indulge in local fare before settling in Orebic.

ACCOMMODATION: Hotel Crystal, Orebic, Croatia

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 2.5-hour transfer, 30-minute ferry ride



Summit Mt. Ilija for Views of Dalmatia

Awake in Orebic, an enchanting small town on the fertile Peljesac peninsula where some of the finest centuries-old villas in Dalmatia are beautifully preserved. Head out on a hike through vineyards, passing an old Franciscan monastery, and continue uphill in the shade of Allepo pine forest. As you near the top of Mt. Ilija, the highest peak on Peljesac, the scenery changes to barren rocky terrain. At the summit, marvel at panoramic views of the many islands of Dalmatia. In the afternoon take a break by the hotel's pool before cruising across the channel to the island of Korcula, once home of Marco Polo. Listen to stories of the past while walking through this magical old town, then return to Orebic.

ACCOMMODATION: Hotel Crystal, Orebic, Croatia

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6.5 miles of hiking with with 2,840' of elevation gain (option for an easier hike in the foothills of Mt. Ilija)



Explore Historic Dubrovnik & Cross into Montenegro

Today set off to the very southern tip of Dalmatia to visit Dubrovnik, the "lewel of the Adriatic." Here massive stone walls meet with crystal clear blue waters to shelter the impressive UNESCO-listed town. Explore its exquisite, red-roofed stone architecture in churches, monasteries, and palaces. Learn about its history of shipbuilding and spice trade with the Far East. Travel to the border and enter Montenegro, continuing to the stunning Bay of Kotor, and old town recognized by UNESCO for its artistic and commercial history and restored monuments. Walk along Kotor's fortified walls, getting views of the bay before arriving at your boutique hotel in the center of old town.

ACCOMMODATION: Hotel Vardar, Kotor, Montenegro

MEALS: Breakfast | Lunch | Dinner **TRANSPORTATION:** 1.75-hour transfer



Hike through Scenic Lovcen National Park

Begin the day with a drive inland to the village of Njegosi, famed for their air-dried ham, cheese, and honey. This village was the birth place of Montenegro's most renowned poet and monarch Petar Njegos. From here, hike through the hills of Lovcen National Park on a karst plain and forested trails to the top of limestone Mt. Lovcen, where you will have impressive views over Kotor bay and Montenegro's coastline. After your descent, the road takes you to the former royal capital of Montenegro, the town of Cetinje, which has a fascinating history as a stronghold as the Ottoman Empire pushed into Montenegro. Travel down a serpentine road with 25 curves and stunning views just as the sun sets.

ACCOMMODATION: Hotel Vardar, Kotor, Montenegro

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: Total of 3.5 hours transfer with hiking and touring breaks along the way

ACTIVITY: 4 miles of hiking with 1,990' of altitude gain



Return to Dubrovnik & Depart

After breakfast it's time to say farewell to Montenegro and this thrilling adventure. Transfer to Dubrovnik airport for homeward bound flights.

MEALS: Breakfast

TRANSPORTATION: 2-hour transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel Lev

Hotel Lev is ideally located near the old town, so guests can walk to Tivoli Park, Ljubljana Castle, the Central Market, Preseren Square, and other sights. The hotel boasts modern accommodations in a sleek building. It also features an a la carte restaurant, a breakfast room and a bar, as well as a wellness and fitness center.

Hotel Triglay

A stroll away from the lake and the town center, the recently renovated Hotel Triglav has well-equipped guest rooms with the full range of amenities and beautiful lake views. Guests enjoy the many on-site facilities, including a piano bar, wine cellar, a fireplace lounge, and a modern spa center.

Hotel Sanje OB Soci

At this modern guesthouse, accommodation is basic and clean in small, private guest rooms with en suite bathrooms. There is also free Wi-Fi, TV, and air conditioning.

Hotel Piran

Just steps from the sea, Hotel Piran boasts traditional architecture, originally built in 1913. Small, clean, simply furnished rooms include an ensuite bath and a view of the sea. Taste the flavors of the Slovenian coast in the restaurant, and sample local vintages in the wine shop. Massage service is available to soothe aching legs.

Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel La Grisa

Located in the charming medieval town of Bale in the southwestern Istrian peninsula, Hotel La Grisa is a delightful hideaway. Guest rooms come equipped with a seating area as well as A/C, Wi-Fi, and flat-screen TV. Some rooms have a free-standing bathtub, while others come with a walk-in shower or corner bath.

Plitvice Inn

Enjoy a scenic location and an authentic experience at Plitvice Inn. Savor beautiful views of the mountains and garden, which is fringed by leafy forest. Rooms are small and clean with ensuite bathrooms and terraces to take in the mountain air. The inn is known for its outstanding breakfasts—the perfect way to start your day.

Hotel Puteus Palace

Stay in a renovated palace, originally built in 1467, now a 15-room boutique hotel on the island of Brac. A walled garden surrounds a swimming pool with loungers and umbrellas. Rooms are cozy and comfortable with a nod to the building's history. Many offer views of the harbor and all include air conditioning and Wi-Fi. The onsite restaurant and wine bar are sure to tempt you.

Hotel Crystal

Hotel Crystal is a modern haven, centrally located in town yet a short walk to the sandy shores of the Dalmatian coast. Spacious air-conditioned rooms with breezy balconies and plush bedding offer a tranquil retreat after a day of adventure. Relax on the terrace, enjoy the garden, unwind in the sauna, or perhaps take a dip in the seasonal outdoor pool. Experience the hotel's seamless service throughout your stay.

Hotel Vardar

Located at the entrance to the old town of Kotor, Hotel Vardar invites guests to sit on the terrace and look out on the historic main square. Spacious and comfortable rooms have all the modern amenities and city views across narrow lanes. An onsite restaurant, Turkish bath, sauna and massage service complete the experience.

Departure Dates

This trip is available to run in: May, June, July, September, October

Book early for a greater choice of available dates.

Once you book, your price is GUARANTEED!

September 11-24, 2025

May 12-25, 2026

June 2-15, 2026

July 16-29, 2026

September 1-14, 2026

September 22-October 5, 2026

October 8-21, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure quides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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