



# New England Leaf-Peeping Custom Adventure

## Fall Foliage Through Historic New England

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**  
Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)  
or call **800-974-0300**



# Feel the difference

with **Mountain Travel Sobek**

## **Unrivaled Expertise**

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## **Unique Trip Design**

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## **Small Groups**

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





## Leading the Way

### World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

Expertly crafted adventures—thoughtfully designed itineraries shaped by deep destination knowledge and led by trusted local guides.

## REASON 2

Personalized, seamless travel—custom trips tailored to your interests, pace, and style, with expert planning and smooth logistics handled every step of the way.

## REASON 3

Authentic, unforgettable experiences—meaningful outdoor adventures, cultural encounters, and insider access that bring each destination to life.

## At A Glance

### ACTIVITIES

A mix of adventures, including historic walking tours, coastal culinary tastings, and national park explorations, all tailored to provide an immersive discovery of New England's iconic landscapes and rich heritage.



### LODGING

Curated accommodations offering a diverse range of stays, moving from the historic city hotels, refined coastal seaside resorts to the sleek, boutique retreats.



### CLIMATE

Variable and unpredictable. Expect daytime temps in the mid-60's and colder at night. Be prepared for rain any time of the year.



## KNOW BEFORE YOU BOOK

**Itinerary:** Please review your personalized itinerary carefully, as activities, accommodations, and included meals may vary from the sample itinerary shown online. Depending on your program, some experiences may be self-drive, with expert guides available along the way, while others are fully escorted and have the same driver/guide throughout.

Custom journeys are thoughtfully designed for a personalized experience, and adjustments may occur due to availability, logistics, seasonal considerations, or other factors. If you have any questions at any point, please don't hesitate to reach out—we're always happy to help.



# New England Leaf-Peeping Custom Adventure

## Fall Foliage Through Historic New England

Experience the best of New England fall foliage on a custom adventure through Maine, Vermont, and New Hampshire. Timed for peak autumn color, this immersive journey showcases the region's iconic landscapes as crisp fall air and brilliant hues transform rolling hills, forests, and charming small towns into a vibrant tapestry of reds, oranges, and golds. Travel along scenic byways and winding country roads, stopping for short hikes, panoramic overlooks, and visits to picturesque villages and historic countryside. Along the way, enjoy authentic outdoor experiences such as gentle horseback rides, organic farm visits, and opportunities to connect with New England's rural heritage.

### 9 Days

**Start:** Boston MA, or Portland ME

**End:** Boston MA, or Portland ME

**Departing:** January, February, March, April, May, June, July, August, September, October, November, December

**Activities:** Hiking & Trekking, Cultural Discovery

**Lodging:** Comfortable Hotels

**Group Size:** Any

#### ACTIVITY:



Check [mtsobek.com](https://www.mtsobek.com) for date-specific pricing.

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*Your company provides exactly what it advertises: customized high end adventures which are well organized, and memorable. All we had to do was follow your itinerary and everything was as it was supposed to be.*

- Andrea E.

# The Itinerary

## DAY 01

### Arrive in Boston & Take a History Tour on the Freedom Trail

Arrive in Boston, pick up your rental car, and settle into your centrally located downtown hotel, where valet parking makes for an easy start to your New England adventure. This afternoon, take a guided walk along Boston's famed Freedom Trail, tracing the red-brick path to all 16 historic landmarks. Hear vivid stories of Revolutionary icons Paul Revere, John Hancock, and the often-overlooked women, African Americans, and immigrants whose contributions shaped the nation. Your guide brings to life Boston's pivotal role in the Revolution, abolition, and education reform. Afterward, enjoy free time to explore at your own pace—stroll Beacon Hill's charming streets, dine in the North End, or visit nearby Cambridge, home to Harvard University and MIT.

**TRANSPORTATION:** Self-drive

**ACTIVITY:** Shared Guided History Tour

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## DAY 02

### Drive to Bar Harbor, Maine & Enjoy a Portland City Tour

Drive north toward Bar Harbor, stopping to savor Maine's coastal character along the way. If time permits, stop in the charming seaside town of Kennebunkport for a taste of classic New England charm. This afternoon, discover Portland on a guided city tour, exploring its lively downtown, vibrant Arts District, and historic Old Port lined with excellent restaurants and waterfront energy. Admire rows of brownstones and elegant Victorian in residential neighborhoods, watch lobstermen at work, and take in sweeping coastal views across Casco Bay. A highlight is iconic Portland Head Light, where dramatic ocean scenery meets rich maritime history. After your tour, continue along the scenic coast to Bar Harbor, gateway to Maine's rugged island landscapes.

**MEALS:** Breakfast

**TRANSPORTATION:** 5-Hour Self-Drive Road Trip

**ACTIVITY:** Shared Portland City Tour

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## DAY 03

### Explore Acadia National Park with a Private Guide

This morning, set out with your private guide and driver for a full-day exploration of Acadia National Park and Mount Desert Island, tailored to your interests and pace. Pause for easy scenic walks at highlights such as Sand Beach, a striking crescent of golden sand tucked between granite headlands, and Thunder Hole, where surf crashes dramatically into a narrow rock inlet. Admire the sheer granite wall at Otter Cliff, stroll the rocky shores of Otter Cove, and enjoy the serene beauty of Jordan Pond, famed for its crystal-clear waters and mountain backdrop. Weather permitting, ascend Cadillac Mountain for sweeping coastal vistas from Acadia's highest peak. Return to Bar Harbor with the evening free to explore at leisure.

**MEALS:** Breakfast | Lunch

**ACTIVITY:** Full Day Private Guided Park Tour

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## DAY 04

### Savor a Bar Harbor Culinary Tour & Drive to New Hampshire

Check out of your hotel and meet your private guide for a flavorful walking tour through historic Bar Harbor. Stroll less than a mile along charming village streets as you sample classic local specialties—buttery lobster rolls, creamy New England clam chowder, fresh oyster tastings, wild blueberry pie, and whoopie pies beloved across Maine—are all possibilities! Between bites, hear stories of Bar Harbor’s maritime heritage, Gilded Age grandeur, and enduring connection to the sea. After your culinary adventure, enjoy a scenic drive inland to North Conway, nestled amid the White Mountains and rich with small-town New England charm.

In spring and summer, other options for this day, such as whale-watching cruises, private catamaran sails, and traditional clambakes, offer another memorable taste of the coast.

**MEALS:** Breakfast | Lunch

**TRANSPORTATION:** 3.5 Hours Self-Drive Road Trip

**ACTIVITY:** Shared 3-hour tour

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## DAY 05

### Drive through New Hampshire’s White Mountains & Ride Horses in Vermont

Drive west toward Burlington along the legendary Kancamagus Highway, one of New England’s finest fall foliage routes, where mountainsides glow with brilliant reds, golds, and oranges. Passing through White Mountain National Forest, Rocky Gorge, Lower Falls, or Lost River Gorge for waterfalls, easy walks, and remarkable geology. Cross into Vermont and take time to stroll through charming Stowe, a picture-perfect village of steeples, shops, and classic New England charm. This afternoon, saddle up for a private guided horseback ride from Franconia Stables, following forest and meadow trails ablaze with autumn color, with mountain views and possible sightings of deer, moose, and wild turkeys. In spring and summer kayaking or canoeing are options and make a great way to experience the White Mountain region.

**MEALS:** Breakfast

**TRANSPORTATION:** 3 Hour Self-Drive Road Trip

**ACTIVITY:** 1-hour Private Guided Horseback Ride

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## DAY 06

### Experience Burlington’s Charm Your Way

There are many ways to experience Burlington, with a menu of memorable adventures. Glide along the shores of Lake Champlain on a guided e-bike ride or take to the water for a scenic cruise with wide-open mountain views. Food lovers may choose a visit to the famous Ben & Jerry’s factory for a behind-the-scenes taste of Vermont’s sweetest icon, while history and nature enthusiasts can explore the pastoral beauty of Shelburne Farms. Another tempting option is a guided craft brewery tour through Burlington’s lively downtown, sampling inventive local brews. Whatever you have planned for the day, Burlington’s lakeside charm and creative spirit shine through.

**MEALS:** Breakfast

**ACTIVITY:** Private or Shared Tours

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DAY  
07

### Follow Vermont's Route 100 to Woodstock

Set out on scenic Route 100, one of Vermont's most beautiful byways, winding south through rolling hills, vibrant villages, and classic autumn landscapes. Head for Woodstock, stopping for self-guided exploration at Vermont gems such as Quechee Gorge's dramatic river-carved views and charming towns like Warren. Meet up with your guide for a private organic farm experience in the rolling hills of Vermont. Pop a sweet cherry tomato in your mouth and pick some blueberries or even put your hands in the warm soil and plant a seedling. During the tour, you'll harvest produce for your lunch and learn about sustainable gardening and farming methods before enjoying an outdoor picnic with your fresh-picked ingredients—a delicious hands-on taste of Vermont's agricultural heart.

**MEALS:** Breakfast | Lunch

**TRANSPORTATION:** 3-hour self-drive road trip

**ACTIVITY:** Private Guided Tour

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DAY  
08

### Explore the Heart of Vermont with a Private Guide

This morning, meet your MT Sobek guide for a private exploration of central Vermont's most charming backroads and hidden treasures. Travel through a landscape of green hills, winding country lanes, and postcard-perfect villages, stopping to admire classic covered bridges and scenic state parks. In the Warren and Woodstock region, discover the authentic rhythm of small-town Vermont, where white church steeples, village greens, and historic inns create timeless New England appeal. Enjoy leisurely walks at scenic overlooks and tucked-away local spots known best to insiders, with opportunities to browse artisan shops, sample regional specialties, and soak in the peaceful beauty of the countryside. It is a day rich in quiet discoveries, local flavor, and the unmistakable charm that makes Vermont so beloved.

**MEALS:** Breakfast | Lunch

**ACTIVITY:** Full Day Private Guided Tour

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DAY  
09

### Drive to Boston & Depart

Today, enjoy a final scenic drive back to Boston, reflecting on the landscapes and experiences of your New England journey. As you travel south, consider taking a stroll in the lively town of Brattleboro, known for its welcoming town square, and excellent local farmers market, perhaps picking up a last Vermont treat for the road. Return your rental car in Boston before boarding your flight home. With memories of coastal villages, mountain drives, farm-fresh flavors, and brilliant fall landscapes, your adventure comes to a rewarding close.

**MEALS:** Breakfast

**TRANSPORTATION:** Self-drive 3 hours



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Fairmont Copley Plaza**

Centrally located in Boston's historic Back Bay, Fairmont Copley Plaza sits steps away from the Boston Public Library, historic Beacon Hill, and the Freedom Trail. The hotel features lavish accommodations which carefully blend modern amenities with the hotel's rich history. The hotel also offers a full service fitness center and on-property dining at the OAK Long Bar and Kitchen which serves up American brasserie style cuisine.

## **The Harborside Hotel**

The Harborside Hotel is located in the heart of downtown Bar Harbor. The elegantly-appointed rooms and suites feature coastal inspired decor with natural wood accents, plush bedding, luxurious marble bathrooms, upgraded amenities and private or semi-private balconies. The hotel also offers an expansive ocean front swimming pool, fitness facilities, tennis courts, a full service spa and several on-property dining options including the Enoteca Wine Bar which serves up tapas-style small plates and wonderful wine selections.

## **Stonehurst Manor**

Stonehurst Manor is a grand 19th-century Victorian estate nestled on 33 secluded acres in North Conway, offering breathtaking views of the White Mountains and Mount Washington. The hotel preserves its historic opulence through intricate English oak woodwork, hand-carved details, and warm fieldstone fireplaces.



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Hotel Vermont**

Located in central Burlington, this modern hotel features on-site dining and contemporary artwork. Free bicycles and yoga classes are also available. Church Street Marketplace is 10 minutes' walk away.

## **506 on the River**

Featuring rooms with panoramic river and garden views, On the River Inn is located in Woodstock, Vermont. The property offers an indoor pool and sauna, gym and kids game rooms, a restaurant and bar. Each air conditioned room includes a seating area and a balcony with a view. The decor style is influenced by New England. The private bathrooms are equipped with free toiletries and towels. Some rooms feature a river view. WiFi access is free for all our guests. 506 Bistro & Bar offers a menu of seasonal dishes as well as a selection of local beers, wines and cocktails. A hot breakfast buffet is also included. A 24-hour front desk is available. Free parking is provided.

# Departure Dates

This trip is available to run in: January, February, March, April, May, June, July, August, September, October, November, December

# What's Included

## PRICE INCLUDES

- All tours, transfers and activities as detailed in the itinerary
- Accommodations as noted in the itinerary, including all taxes and resort fees
- Meals as noted in the daily itinerary by B, L, D with taxes and gratuities
- All special equipment required for activities
- Final electronic documentation package
- Trip logistics, operations and monitoring during travel

## PRICE DOES NOT INCLUDE

- Additional meals not noted in the daily itinerary
- Entry fees to National Parks, museums and other attractions, unless listed on inclusions
- Airfare, airport taxes or baggage fees for all flights
- Optional activities, spa services, dinner reservations, alcoholic beverages, and any related taxes and fees
- Personal expenses such as medical immunizations, laundry or souvenirs
- Discretionary tips for guides, drivers and resort staff
- Optional travel protection
- Rental car



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