



Idaho Middle Fork of the Salmon River 100-Mile Rafting

Epic Rapids, Historic Trails & Comfortable Camping

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!

Contact us at info@mtsobek.com

or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been operating trips on the Middle Fork of the Salmon River since 2007 and Sobek has been a pioneering rafting company for more than 50 years. Join us on one of the world's greatest river trips!

REASON 2

Professional river guides follow Leave No Trace policies to maintain a pristine environment and will wow you with their wilderness cooking skills.

REASON 3

Compare the value! We offer the most inclusive Middle Fork trips, with all your travel arrangements, transportation, and lodging, carefully orchestrated for a worry-free vacation.

At A Glance

ACTIVITIES

Exciting whitewater rafting on Class II-IV rapids, paddling 10-19 miles per day, with short hiking excursions on the river's scenic banks.



LODGING

A comfortable hotel in Stanley, followed by MT Sobek's deluxe riverside camps, with meals served around the campfire beneath the stars.



CLIMATE

Summer daytime temperatures range between 60-90°F, and evenings between 40-60°F. June trips are cooler. Salmon River water temperatures average 58-65°F.



KNOW BEFORE YOU BOOK

Itinerary

While this itinerary offers a general overview of your rafting trip, each adventure is unique. Water levels and campsite assignments from the U.S. Forest Service can change weekly, which may impact the daily schedule. Think of this itinerary as a helpful snapshot, not a fixed plan.

Accommodations

The small-town rural Idaho accommodations on this trip provide great access to the river but are simpler compared to what you'll find on many MT Sobek trips—rooms and amenities are more basic, though Wi-Fi is available. On the river, your dome-style tent—large enough to stand up in—will be set up in a scenic location with everything you need for a good night's sleep, and outstanding meals will be prepared by your guides.



Idaho Middle Fork of the Salmon River 100-Mile Rafting

Epic Rapids, Historic Trails & Comfortable Camping

No experience required when you join this epic backcountry adventure, frequently cited as the world's best river trip! Rafting 100 miles down the Middle Fork of the Salmon River in Idaho. The days are filled with a variety of exciting activities from whitewater rafting to swimming, fly fishing, relaxing in natural hot springs, cooling off under refreshing waterfalls, and many optional hikes to stunning views of the canyon. Choose to actively participate on a guide-led paddle boat or sit back and take in the scenery on the oar boat!

8 Days

Start: Boise, Idaho

End: Boise, Idaho

Departing: June, July

Activities: Rafting & Kayaking, Family Adventure

Lodging: Comfortable Camping, Comfortable Hotels

Group Size: 7-20 Guests

ACTIVITY:



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"This was a wonderful experience. Life was made simpler - no connection with the only task to enjoy the river and each other each day. Guides were a big part of making that possible - they worked incredibly hard, yet made everything look easy. They kept us well fed, comfortable, entertained, and safe. It was a trip of a lifetime."

- Chris W.

Check mtsobek.com for date-specific pricing.

The Itinerary

DAY 01

Arrive in Boise, Idaho

Arrive in Boise, Idaho by 1:00 pm today. After a brief orientation, we will fly as a group to Stanley, Idaho, spectacularly set along the banks of the Salmon River at the base of the Sawtooth Mountains. Meet your guides on the back lawn of the Mountain Village Resort for a 6:00 pm welcome orientation meeting followed by a casual picnic dinner. Head back to your hotel to pack up your provided waterproof river bags for the early start the next morning.

ACCOMMODATION: Mountain Village Hotel

MEALS: Dinner

TRANSPORTATION: 45-minute flight

DAY 02

Journey to the Put-in at Boundary Creek

Ride the bus to Boundary Creek in the Frank Church-River of No Return Wilderness and meet your team of river guides. Under their expert captainship, you will climb aboard the oar boat or raft, and set off to encounter the first of the Middle Fork's rapids: Sulphur Slide, Velvet Falls, the Chutes, and Powerhouse. In late afternoon, arrive at one of the Middle Fork's beautiful campgrounds with breathtaking views, natural hot springs, or trails to explore. Every night, you will enjoy appetizers and a delicious meal prepared by the guides, followed by hot drinks and a campfire.

ACCOMMODATION: MT Sobek Camp Middle Fork of the Salmon River, Idaho

MEALS: Lunch | Dinner

TRANSPORTATION: 2.5-hour bus transfer (40-minute flight if water levels too high or low)

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids

DAY 03

Get Started with Pistol Creek Rapid

After breakfast, Class III rapid Pistol Creek provides an exciting jump-start to the day. After lunch, water permitting, inflatable "ducky" kayaks are available for thrill-seekers looking to paddle through the rapids on their own (available on all low-water trips). Make a stop at the Indian Creek Guard Station on the river's left bank to learn a bit about the history of the area, then it's back into the boats to traverse Pongo rapid and coast into camp around 5:00 pm. You have traveled about 15 miles downriver today.

ACCOMMODATION: MT Sobek Camp Middle Fork of the Salmon River, Idaho

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



DAY 04

Explore Sunflower/Loon Creek Hot Springs

Marble Falls and Ski Jump rapids start off the day. The calm water that follows makes this a good day to fly-fish or take a refreshing swim. You may also stop at the hot springs at Sunflower or Loon Creek for a relaxing soak while keeping an eye out for mountain goats and bighorn sheep. After lunch, take a short hike to one of the cliffs along the river that showcases Sheepeater pictographs. Enjoy a few more rapids before pulling into camp after about 15 miles on the river.

ACCOMMODATION: MT Sobek Camp Middle Fork of the Salmon River, Idaho

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids

DAY 05

Ride the River to Tappan Falls

The 15-20 miles you travel today offer some of the Middle Fork's most thrilling rapids, including Tappan I, Tappan Falls, New Tappan, and Aparajo. Look for bighorn sheep grazing along the shore as you paddle by, as well as bald eagles, osprey, herons, river otters, and black bears. You can also see shallow circular depressions in the ground on the riverbanks: the sites of Sheepeater pit dwellings. In the afternoon, pass by Kaufman's Cave, where the Scottish prospector Clarence Kaufman lived for four years.

ACCOMMODATION: MT Sobek Camp Middle Fork of the Salmon River, Idaho

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Coast into the Impassable Canyon

Today brings you into the Impassable Canyon, home to truly spectacular scenery: reddish-gray granite cliffs looming over the water, and sharp rock strata folds-the striking evidence of the canyon's geologically tumultuous past. Get ready to experience some serious whitewater through Driftwood, Haystack, Bernard Creek, Earthquake Jack Creek, and Goalpost rapids. After lunch, make the steep hike to Veil Falls, then back on the river, pass through Weber, Redside and Cliffside rapids and view the 1900s homestead of Earl Parrot. Back at camp, enjoy a special last-night dinner.

ACCOMMODATION: MT Sobek Camp Middle Fork of the Salmon River, Idaho

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Celebrate in Salmon, Idaho

We cap off our adventure by rafting 10 miles of the biggest rapids of the trip: Foreplay, Rubber, Rubber II, and Hancock. After a thrilling morning, reach the confluence of the Middle Fork and the Main Salmon River. Leave your boats behind and board a bus to Salmon for a late-afternoon arrival at the Stagecoach Inn. Enjoy a hot shower, attend a post trip toast and celebration on the back lawn of the hotel, then the opportunity to dine out and explore Salmon on your own this evening.

ACCOMMODATION: Stagecoach Inn

MEALS: Breakfast | Lunch

TRANSPORTATION: 2-3-hour bus transfer

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Fly to Boise, Idaho

An early morning shuttle service will provide transfers from the Stagecoach Inn to the local regional airport for your scheduled flights back to Boise.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Mountain Village Hotel

Begin your Middle Fork adventure in Stanley's Mountain Village Lodge, shadowed by the jagged teeth of the Sawtooth Mountain Range on the Salmon River. The comfortable guest rooms are well-appointed with modern amenities, fitting a mountain inn.

MT Sobek Camp—Middle Fork of the Salmon River, Idaho

Your Middle Fork camping experience includes five nights on the banks of Idaho's Salmon River, with full portage and set up. Our dome-style tents are large enough to stand in, and include sleeping pads, cots, and professionally laundered sleeping bags. You can even take a sun-heated shower after a day on the water. All camping spots are on beautiful beaches or plateaus next to the river, with fantastic views every day.

Stagecoach Inn

A historic gem in the scenic town of Salmon, Idaho, the Stagecoach Inn exudes charm and character. Dating back to the early 20th century, this quaint inn has been a witness to the region's rich history and transformation. The inn's cozy rooms are tastefully decorated, offering a blend of comfort and nostalgia. The Stagecoach Inn's central location in Salmon makes it a convenient base for exploring the nearby natural wonders, including the breathtaking Salmon River and the rugged landscapes of the Salmon-Challis National Forest.

Departure Dates

This trip is available to run in: June, July

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

June 22-29, 2025

June 30-July 7, 2025

July 8-15, 2025

July 16-23, 2025

June 4-11, 2026

June 13-20, 2026

June 22-29, 2026

June 30-July 7, 2026

July 8-15, 2026

July 16-23, 2026

July 24-31, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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