

Idaho Middle Fork of the Salmon River 75-Mile Rafting

Epic Rapids, Historic Trails & Comfortable Camping

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call **800-974-0300**



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Unrivalled Expertise

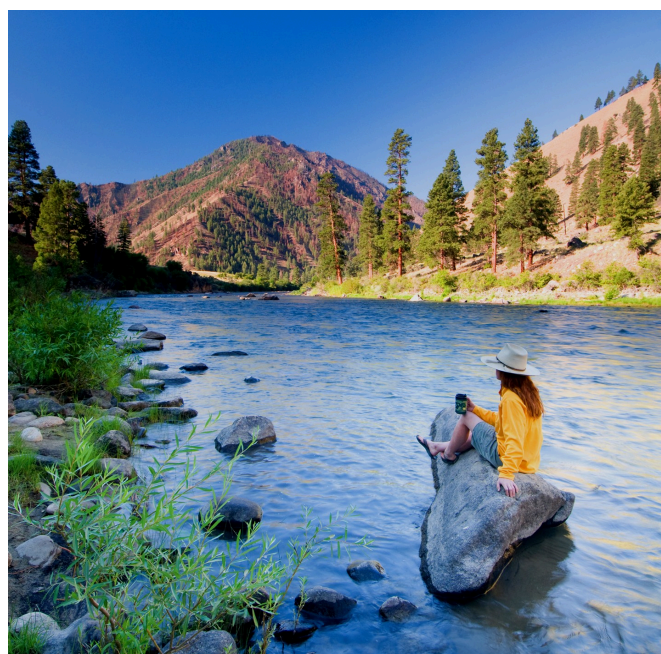
MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today's 10 Best Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been operating trips on the Middle Fork of the Salmon River since 2007 and Sobek has been a pioneering rafting company for more than 50 years. Join us on one of the world's greatest river trips!

REASON 2

Professional river guides are certified in Leave No Trace principles to maintain a pristine environment and will wow you with their wilderness cooking skills.

REASON 3

Compare the value! We offer the most inclusive Middle Fork trips, with all your travel arrangements, transportation, and lodging, carefully orchestrated for a worry-free vacation.

At A Glance

ACTIVITIES

Exciting whitewater rafting on Class II-IV rapids, paddling 10-19 miles per day, with short hiking excursions on the river's scenic banks.



LODGING

A comfortable hotel in Salmon, followed by MT Sobek's deluxe riverside camps, with meals served around the campfire beneath the stars.



CLIMATE

Summer daytime temperatures range between 60-90°F, and evenings between 40-60°F. June trips are cooler. Salmon River water temperatures average 58-65°F.



KNOW BEFORE YOU BOOK

Itinerary Actual itinerary routes vary from departure to departure depending on environmental conditions and group abilities. Please call for more details about each departure.

Accommodations

The small-town rural Idaho accommodations on this trip provide great access to the river but are simpler compared to what you'll find on many MT Sobek trips—rooms and amenities are more basic, though Wi-Fi is available. On the river, your dome-style tent—large enough to stand up in—will be set up in a scenic location with everything you need for a good night's sleep, and outstanding meals will be prepared by your guides.



MT Sobek has been running this expert-led trip for more than 20 years and is an equal opportunity employer, operating under a special use permit within the Salmon-Challis National Forest.

Idaho Middle Fork of the Salmon River 75-Mile Rafting

Epic Rapids, Historic Trails & Comfortable Camping

Join our expert river guides on this epic backcountry adventure, frequently cited as the world's best river trip! A scenic flight takes you deep into the Frank Church-River of No Return Wilderness before rafting 75 miles down the Middle Fork of the Salmon River in Idaho. This sparkling waterway was one of America's first designated Wild and Scenic Rivers. Our trips are filled with a variety of exciting activities from whitewater rafting to swimming, fly fishing, relaxing in natural hot springs, and optional hiking. Choose to actively participate on a guide-led paddle boat, sit back on the oar boat, or try an inflatable kayak. At the end of each day, pull into camp to feast on delicious food cooked by your guides and enjoy an evening of fun and camaraderie.

8 Days

Start: Salmon, Idaho

End: Salmon, Idaho

Departing: August

Activities: Rafting & Kayaking, Family Adventure

Lodging: Comfortable Camping, Comfortable Hotels

Group Size: 6-20 Guests

ACTIVITY:



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This is a trip of a lifetime made accessible to almost everyone. I recommend this trip to anyone who is looking to experience the breathtaking beauty of American wilderness without having to be outdoor experts!

- Grace S.

Check mtsobek.com for date-specific pricing.

The Itinerary

DAY 01

Arrive in Salmon, Idaho

Arrive in Salmon Idaho, Idaho by 5:00 pm today and check in to the Stagecoach Inn. Meet your guides on the back lawn of the Stagecoach Inn for a 6:00 pm welcome orientation meeting followed by a casual picnic dinner. Head back to your hotel to pack up your provided waterproof river bags for the early start the next morning.

MEALS: Dinner

DAY 02

Fly to the Put-in at Indian Creek

Ride the bus to the Salmon Airport where you'll board a flight into the Frank Church-River of No Return Wilderness. Make a stop at the Indian Creek Guard Station to learn a bit about the history of the area, and then it is time to board the boats and traverse Pongo rapid! Tonight you pull in to our first camp knowing you have made it into the wilderness. Your riverside camps are thoughtfully appointed for relaxation, recreation, and comfortable slumber. Dine on a chef-designed menu prepared by your guides before gathering around the fire to get to know your trip mates.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 40-minute flight

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids

DAY 03

Hot Springs and Exploration

While the Middle Fork is famous for non-stop rapids, this is typically the calmest stretch of the river, with many opportunities to play, fish, hike or swim. Relax in a hot spring and keep an eye out for mountain goats and bighorn sheep. We will be in and out of the rafts all day as we make steady progress downstream. Once oriented to the river, reading water, paddle techniques, and water level permitting, inflatable "ducky" kayaks are available for thrill-seekers looking to paddle through the rapids on their own (available on low-water trips only).

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



DAY 04

Pictographs and Play!

Sip a hot drink as the sun begins to peek over the canyon walls and camp comes alive. Refuel with a hearty breakfast and appreciate where you are, the wildest, healthiest and most pristine river system in the Lower 48 and one of the world's most important strongholds for salmon and steelhead fish. We'll continue to splash our way downstream, then after lunch, take a short hike to one of the cliffs along the river that showcases Sheepeater pictographs. Learn the history of these ancient people and wonder at what life was like here so long ago. This evening we arrive at another idyllic riverside campsite.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids

DAY 05

Ride the River to Tappan Falls

The 15-20 miles you travel today offer some of the Middle Fork's most thrilling rapids, including Tappan I, Tappan Falls, New Tappan, and Aparajo. Look for bighorn sheep grazing along the shore as you paddle by, as well as bald eagles, osprey, herons, river otters, and black bears. You can also see shallow circular depressions in the ground on the riverbanks: the sites of Sheepeater pit dwellings. In the afternoon, pass by Kaufman's Cave, where the Scottish prospector Clarence Kaufman lived for four years.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Coast into the Impassable Canyon

Today brings you into the Impassable Canyon, home to truly spectacular scenery: reddish-gray granite cliffs looming over the water, and sharp rock strata folds-the striking evidence of the canyon's geologically tumultuous past. Get ready to experience some serious whitewater through Driftwood, Haystack, Bernard Creek, Earthquake Jack Creek, and Goalpost rapids. After lunch, make the steep hike to Veil Falls, then back on the river, pass through Weber, Redside and Cliffsides rapids and view the 1900s homestead of Earl Parrot. Back at camp, enjoy a special last-night dinner.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Celebrate in Salmon

We cap off our adventure by rafting 10 miles of the biggest rapids of the trip: Foreplay, Rubber, Rubber II, and Hancock. After a thrilling morning, reach the confluence of the Middle Fork and the Main Salmon River. Leave your boats behind and board a bus to Salmon for a late-afternoon arrival at the Stagecoach Inn. Enjoy a hot shower, attend a post trip toast and celebration on the back lawn of the hotel, and then the opportunity to dine out and explore Salmon on your own this evening.

MEALS: Breakfast | Lunch

TRANSPORTATION: 2-3-hour bus transfer

ACTIVITY: 6 hours/6-15 miles rafting Class II to Class IV rapids



Depart from Salmon, Idaho

Enjoy breakfast at the hotel and depart at your leisure.

MEALS: Breakfast



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Stagecoach Inn

A historic gem in the scenic town of Salmon, Idaho, the Stagecoach Inn exudes charm and character. Dating back to the early 20th century, this quaint inn has been a witness to the region's rich history and transformation. The inn's cozy rooms are tastefully decorated, offering a blend of comfort and nostalgia. The Stagecoach Inn's central location in Salmon makes it a convenient base for exploring the nearby natural wonders, including the breathtaking Salmon River and the rugged landscapes of the Salmon-Challis National Forest.

MT Sobek Camp—Middle Fork of the Salmon River, Idaho

Your Middle Fork camping experience includes five nights on the banks of Idaho's Salmon River, with full portage and set up. Our dome-style tents are large enough to stand in, and include sleeping pads, cots, and professionally laundered sleeping bags. You can even take a sun-heated shower after a day on the water. All camping spots are on beautiful beaches or plateaus next to the river, with fantastic views every day.



Where You'll Stay

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Departure Dates

This trip is available to run in: August

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

August 1-8, 2025

August 9-16, 2025

August 17-24, 2025

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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