



# Iceland Natural Wonders Hiking

## On the Trail of Ice & Fire in Iceland's Volcanic North

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**

Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)

or call **800-974-0300**



# Feel the difference

with **Mountain Travel Sobek**

## **Unrivaled Expertise**

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## **Unique Trip Design**

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## **Small Groups**

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





# Leading the Way

## World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

This perfectly paced hiking adventure includes the best of Iceland's natural wonders all in just 8 days!

## REASON 2

MT Sobek has been operating adventures in Iceland for decades, giving us the know-how to blend highlights with hidden gems, and beat the crowds.

## REASON 3

We handpick the best sights, hotels, and restaurants for an action-packed, full-board experience, so all you need to do is go.

## At A Glance

### ACTIVITIES

Exciting hikes in windswept volcanic landscapes, exploring picturesque Icelandic towns, and rejuvenating mind and body in geothermal spas.



### LODGING

Modern, stylish country and city hotels packed with amenities, and a friendly family-run guesthouse by the lake.



### CLIMATE

Iceland's weather motto is "Expect Everything!" Rain is possible at any time, but have your sunglasses and shorts ready too.



## KNOW BEFORE YOU BOOK

### Accommodations

Due to limited inventory at the accommodations where we stay throughout this trip, it is not possible for every guest to have the same standard of guestroom every night. We do our best to ensure that every guest has an equally comfortable experience by rotating room standards from night to night amongst our guests.



# Iceland Natural Wonders Hiking

## On the Trail of Ice & Fire in Iceland's Volcanic North

The magnificence of Iceland's volcanic landscape is unparalleled and this trip provides the opportunity to experience it up close on spectacular daily hikes. From cosmopolitan Reykjavik, fly to Akureyri — Iceland's "Capital of the North" — and traverse moonlike lava fields to snow-capped volcanoes. Be awestruck by Dettifoss, the most powerful waterfall in Europe, and hike pretty canyon trails beside spring-fed rivers. Explore picturesque villages with colorful timber houses and perhaps see one of Iceland's largest puffin colonies. Soothe your body at natural geothermal spas.

### 8 Days

**Start:** Reykjavik, Iceland

**End:** Reykjavik, Iceland

**Departing:** June, July, August, September

**Activities:** Hiking & Trekking

**Lodging:** Comfortable Hotels

**Group Size:** 8–15 Guests

**ACTIVITY:**



“

*"This was my first experience with a tour company, and I am thrilled with the choice! MT Sobek and the guides kept me informed and managed the details perfectly. I also didn't realize how restful it would be having the details in place...I left decision-fatigue behind!"*

- Kimberly D.

Check [mtsobek.com](https://mtsobek.com) for date-specific pricing.

# The Itinerary

## DAY 01

### Arrive in Reykjavik

Welcome to Iceland! After an early morning arrival at the airport, your MT Sobek trip leader will transfer you to the hotel for breakfast. Relax and explore Iceland's cosmopolitan capital before meeting up with the rest of the group for a welcome dinner.

**ACCOMMODATION:** Fosshotel Reykjavik, Reykjavik

**MEALS:** Breakfast | Dinner

---

## DAY 02

### Journey to Akureyri & Hike to Mt. Hverfjall

Wake for an early morning flight to Akureyri, Iceland's "Capital of the North," and magical Lake Myvatn. Here you'll explore incredible volcanic formations and natural wonders, including the Skutustadir craters — formed by the explosive mix of boiling lava and wetland water. After lunch, experience geology at its most fantastical as you hike through lava-formed landscapes from Storgja to Mt. Hverfjall and Dimmuborgir.

**ACCOMMODATION:** Fosshotel Myvatn, Lake Myvatn

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1.5-hour private vehicle transfer

**ACTIVITY:** 5 hours/8-9 miles hiking

---

## DAY 03

### Marvel at Dettifoss Waterfall & Asbyrgi

Take a morning drive to the mighty Dettifoss waterfall, the most powerful waterfall in Europe! Be moved by its thundering roar and beautiful basalt columns. Then hike along the Jokulsargljufur Canyon, adorned with an array of natural wonders from basalt cliffs and pillars to a snaking spring-fed river. Eat lunch before driving to Asbyrgi, a horseshoe-shaped canyon with steep volcanic cliffs and lush greenery. Continue to the picturesque town of Husavik, known for its beautiful wooden church and pretty harbor, before returning to Myvatn.

**ACCOMMODATION:** Fosshotel Myvatn, Lake Myvatn

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 3.5-hour private vehicle transfer

**ACTIVITY:** 3-5 hours/5-7 miles hiking

---



## DAY 04

### Hike the Lava Fields of Leirhnjukur

Drive to Namaskard for a hike in a lunar landscape of geothermal wonders, including boiling springs and steaming fumaroles. From Krafla, take a path through the still-steaming lava field of Leirhnjukur (with lava from 1984) to Hlidarfjall and onwards to Reykjahlid. After lunch, melt into the peaceful, soothing geothermal waters of Myvatn Nature Baths set in beautiful natural surroundings.

**ACCOMMODATION:** Fosshotel Myvatn, Lake Myvatn

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour private vehicle transfer

**ACTIVITY:** 5-6 hours/8 miles hiking

---

## DAY 05

### Hike River Trails to Studlagil Canyon

Journey across the volcanic black desert of the Eastern Highlands and stop for lunch at Modrudalur, the highest farm in Iceland. Continue through the pretty Jokuldalur Valley and enjoy a leisurely hike along the glacial Jokla River. Your end point is the impressive Studlagil Canyon, flanked by wondrous basalt rock columns — naturally chiseled to perfection. After the hike, drive to your charming hotel in Egilsstadir.

**ACCOMMODATION:** Lake Hotel Egilsstadir, Egilsstadir Hildibrand Hotel, Neskaupstadir

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2.5-hour private vehicle transfer

**ACTIVITY:** 2 hours/3.5 miles hiking

---



## Hike to Storurd & See Puffins at Borgarfjordur Eystri

The day begins with a drive to a trailhead, where a scenic path leads to Storurd, "The Giant Boulders." This tranquil oasis of tuff boulders, ponds, and meadows is hidden below the striking Dyrfjoll mountain range and is a magical place to explore. Enjoy a picnic lunch amidst amazing scenery before driving to the tiny village of Borgarfjordur Eystri. Here you'll visit one of the largest puffin colonies in Iceland. Return to Egilsstadir for your second night by Lagarfljot Lake.

**ACCOMMODATION:** Lake Hotel Egilsstadir, Egilsstadir Hildibrand Hotel, Neskaupstadur

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2-hour private vehicle transfer

**ACTIVITY:** 5-6 hours/9 miles hiking

---



## Waterfall Hike to Hengifoss

Rise for a picturesque hike to Hengifoss waterfall, which cascades majestically from the plateau into a magnificent gorge with copper-colored striations. On the way, stop for a photo at Litlanesfoss waterfall with its beautiful basalt columns. After the hike, drive to the pretty town of Seydisfjordur nestled at the bottom of a narrow fjord and surrounded by steep mountains. Marvel at the town's colorful timber houses and old church before returning to Egilsstadir for your transfer flight to Reykjavik. Toast your adventure in Iceland at a farewell dinner tonight.

**ACCOMMODATION:** Fosshotel Reykjavik, Reykjavik

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour flight transfer

**ACTIVITY:** 1 hour/3 miles hiking

---



## Soak in the Blue Lagoon & Depart from Reykjavik

After breakfast, end your adventure in style at the famous Blue Lagoon geothermal spa. Located in a lava field, the lagoon holds six million liters of geothermal seawater, which is renewed every 40 hours. Soak in the steamy mineral waters, or get a natural massage under the powerful waterfalls, before heading to Reykjavik-Keflavik Airport for homeward-bound flights.

**MEALS:** Breakfast



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Fosshotel Reykjavik**

This stylish, centrally located hotel provides great city and waterfront views, and offers a luxury spa, fitness center, and free Wi-Fi. There's also an on-site beer garden and Haust, a top-rated restaurant offering fresh, innovative cuisine. Comfortable rooms are equipped with modern amenities, including a flat-screen TV, and a private bathroom with shower.

## **Storm Hotel**

Experience Nordic style in downtown Reykjavik where a simple yet comfortable interior is only steps away from the waterfront, restaurants, and more. Minimalist design meets thoughtful use of space in the “eye of the Storm”—a calm place to rest in rooms with soothing colors and textures. Whether you want to explore the city or catch up on some rest, the Storm is an ideal base.

## **Fosshotel Myvatn**

Designed by award-winning architects and clad with larch wood, the low-rise Fosshotel Myvatn sits in complete harmony with its surrounding nature. The hotel's 92 rooms are simple and stylish, and come well-appointed with modern amenities including free Wi-Fi and en-suite bathrooms. Savor hearty Nordic cuisine at Fosshotel Myvatn's contemporary restaurant, which boasts beautiful views over Lake Myvatn.



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Berjaya Myvatn Hotel**

In beautiful natural surroundings, Berjaya Myvatn Hotel has a superb location along the Diamond Circle touring route in northern Iceland. This certified Green Hotel features bright modern rooms with quirky Icelandic design and a pop of color. Enjoy a meal inspired by the wilds around you in the hotel's airy restaurant and celebrate the day's adventures with a cocktail in hand around the fireplace at the bar.

## **Lake Hotel Egilsstadir**

Lake Hotel Egilsstadir is a charming family run hotel on the banks of scenic Lagarfljot Lake, known for its legendary lake monster! The hotel's 50 comfortable rooms are equipped with en-suite bathrooms and modern amenities. Take a break in the sauna or hot tub, and try authentic Icelandic cuisine at the hotel's Eldhusio Restaurant.

## **Cliff Hotel by Hildibrand**

This hotel offers spacious, fully equipped self-catered apartments close to local amenities. All apartments have private entrances and are perfect for longer stay vacations and remote workers looking for comfortable accommodation and space to work. Guests also have free access to the local pool only a 2 minute walk from their door, good at any time but especially when the unpredictable Icelandic weather calls for a less strenuous activity. The balconies of all apartments have views over the fjord where you can enjoy a coffee and watch for porpoises.

# Departure Dates

This trip is available to run in: June, July, August, September

**Book early for a greater choice of available dates.**  
Once you book, your price is GUARANTEED!

June 14-21, 2025

June 28-July 5, 2025

July 19-26, 2025

August 9-16, 2025

August 23-30, 2025

September 2-9, 2025

June 13-20, 2026

June 27-July 4, 2026

July 18-25, 2026

August 8-15, 2026

August 22-29, 2026

September 1-8, 2026

# What's Included

## PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted in the Trip Planner)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

## PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



**MT SOBEK™**

The Adventure Company | Est. 1969

# YOUR ADVENTURE AWAITS.

**70 Countries | 150+ Destinations | Infinite Possibilities**

Call **800.974.0300** or visit **mtsobek.com**  
**AND BOOK TODAY!**

