



Iceland Natural Wonders Hiking

On the Trail of Ice & Fire in Iceland's Volcanic North

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!

Contact us at info@mtsobek.com

or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today's 10 Best Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

This perfectly paced hiking adventure includes the best of Iceland's natural wonders all in just 8 days!

REASON 2

MT Sobek has been operating adventures in Iceland for decades, giving us the know-how to blend highlights with hidden gems, and beat the crowds.

REASON 3

We handpick the best sights, hotels, and restaurants for an action-packed, full-board experience, so all you need to do is go.

At A Glance

ACTIVITIES

Exciting hikes in windswept volcanic landscapes, exploring picturesque Icelandic towns, and rejuvenating mind and body in geothermal spas.



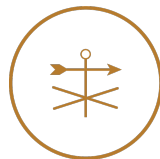
LODGING

Modern, stylish country and city hotels packed with amenities, and a friendly family-run guesthouse by the lake.



CLIMATE

Iceland's weather motto is "Expect Everything!" Rain is possible at any time, but have your sunglasses and shorts ready too.



KNOW BEFORE YOU BOOK

Accommodations

Due to limited inventory at the accommodations where we stay throughout this trip, it is not possible for every guest to have the same standard of guestroom every night. We do our best to ensure that every guest has an equally comfortable experience by rotating room standards from night to night amongst our guests.



Iceland Natural Wonders Hiking

On the Trail of Ice & Fire in Iceland's Volcanic North

The magnificence of Iceland's volcanic landscape is unparalleled and this trip provides the opportunity to experience it up close on spectacular daily hikes. From cosmopolitan Reykjavik, fly to Akureyri — Iceland's "Capital of the North" — and traverse moonlike lava fields to snow-capped volcanoes. Be awestruck by Dettifoss, the most powerful waterfall in Europe, and hike pretty canyon trails beside spring-fed rivers. Explore picturesque villages with colorful timber houses and see one of Iceland's largest puffin colonies! Soothe your body at natural geothermal spas.

8 Days

Start: Reykjavik, Iceland

End: Reykjavik, Iceland

Departing: June, July, August

Activities: Hiking & Trekking

Lodging: Comfortable Hotels

Group Size: 8–15 Guests

ACTIVITY:



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"This was my first experience with a tour company, and I am thrilled with the choice! MT Sobek and the guides kept me informed and managed the details perfectly. I also didn't realize how restful it would be having the details in place...I left decision-fatigue behind!"

- Kimberly D.

Check [mtsobek.com](https://www.mtsobek.com) for date-specific pricing.

The Itinerary

DAY 01

Arrive in Reykjavik

Welcome to Iceland! After an early morning arrival at the airport, your MT Sobek trip leader will transfer you to the hotel for breakfast. Relax and explore Iceland's cosmopolitan capital before meeting up with the rest of the group for a welcome dinner.

ACCOMMODATION: Fosshotel Reykjavik, Reykjavik

MEALS: Breakfast | Dinner

DAY 02

Journey to Akureyri & Hike to Mt. Hverfjall

Wake for an early morning flight to Akureyri, Iceland's "Capital of the North," and magical Lake Myvatn. Here you'll explore incredible volcanic formations and natural wonders, including the Skutustaoir craters — formed by the explosive mix of boiling lava and wetland water. After lunch, experience geology at its most fantastical as you hike through lava-formed landscapes from Storgja to Mt. Hverfjall and Dimmuborgir.

ACCOMMODATION: Fosshotel Myvatn, Lake Myvatn

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1.5-hour private vehicle transfer

ACTIVITY: 5 hours/8-9 miles hiking

DAY 03

Marvel at Dettifoss Waterfall & Asbyrgi

Take a morning drive to the mighty Dettifoss waterfall, the most powerful waterfall in Europe! Be moved by its thundering roar and beautiful basalt columns. Then hike along the Jokulsargljufur Canyon, adorned with an array of natural wonders from basalt cliffs and pillars to a snaking spring-fed river. Eat lunch before driving to Asbyrgi, a horseshoe-shaped canyon with steep volcanic cliffs and lush greenery. Continue to the picturesque town of Husavik, known for its beautiful wooden church and pretty harbor, before returning to Myvatn.

ACCOMMODATION: Fosshotel Myvatn, Lake Myvatn

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 3.5-hour private vehicle transfer

ACTIVITY: 3-5 hours/5-7 miles hiking



DAY 04

Hike the Lava Fields of Leirhnjukur

Drive to Namaskaro for a hike in a lunar landscape of geothermal wonders, including boiling springs and steaming fumaroles. From Krafla, take a path through the still-steaming lava field of Leirhnjukur (with lava from 1984) to Hlioarfjall and onwards to Reykjahlío. After lunch, melt into the peaceful, soothing geothermal waters of Myvatn Nature Baths set in beautiful natural surroundings.

ACCOMMODATION: Fosshotel Myvatn, Lake Myvatn

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1-hour private vehicle transfer

ACTIVITY: 5-6 hours/8 miles hiking

DAY 05

Hike River Trails to Stuolagil Canyon

Journey across the volcanic black desert of the Eastern Highlands and stop for lunch at Moorudalur, the highest farm in Iceland. Continue through the pretty Jokuldalur Valley and enjoy a leisurely hike along the glacial Jokla River. Your end point is the impressive Stuolagil Canyon, flanked by wondrous basalt rock columns — naturally chiseled to perfection. After the hike, drive to your charming hotel in Egilsstaóir.

ACCOMMODATION: Lake Hotel Egilsstaóir, Egilsstaóir Hildibrand Hotel, Neskaupstaóur

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 2.5-hour private vehicle transfer

ACTIVITY: 2 hours/3.5 miles hiking



Hike to Storuro & See Puffins at Borgarfjorour Eystri

The day begins with a drive to a trailhead, where a scenic path leads to Storur "The Giant Boulders." This tranquil oasis of tuff boulders, ponds, and meadows is hidden below the striking Dyrfjoll mountain range and is a magical place to explore. Enjoy a picnic lunch amidst amazing scenery before driving to the tiny village of Borgarfjorour Eystri. Here you'll visit one of the largest puffin colonies in Iceland! Return to Egilsstair for your second night by Lagarflot Lake.

ACCOMMODATION: Lake Hotel Egilsstadir, Egilsstaoir Hildibrand Hotel, Neskaupstaour

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 2-hour private vehicle transfer

ACTIVITY: 5-6 hours/9 miles hiking



Waterfall Hike to Hengifoss

Rise for a picturesque hike to Hengifoss waterfall, which cascades majestically from the plateau into a magnificent gorge with copper-colored striations. On the way, stop for a photo at Litlanesfoss waterfall with its beautiful basalt columns. After the hike, drive to the pretty town of Seyisfjorur nestled at the bottom of a narrow fjord and surrounded by steep mountains. Marvel at the town's colorful timber houses and old church before returning to Egilsstair for your transfer flight to Reykjavik. Toast your adventure in Iceland at a farewell dinner tonight.

ACCOMMODATION: Fosshotel Reykjavik, Reykjavik

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1-hour flight transfer

ACTIVITY: 1 hour/3 miles hiking



Soak in the Blue Lagoon & Depart from Reykjavik

After breakfast, end your adventure in style at the famous Blue Lagoon geothermal spa. Located in a lava field, the lagoon holds six million liters of geothermal seawater, which is renewed every 40 hours. Soak in the steamy mineral waters, or get a natural massage under the powerful waterfalls, before heading to Reykjavik-Keflavik Airport for homeward-bound flights.

MEALS: Breakfast



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Fosshotel Reykjavik

This stylish, centrally located hotel provides great city and waterfront views, and offers a luxury spa, fitness center, and free Wi-Fi. There's also an on-site beer garden and Haust, a top-rated restaurant offering fresh, innovative cuisine. Comfortable rooms are equipped with modern amenities, including a flat-screen TV, and a private bathroom with shower.

Fosshotel Myvatn

Designed by award-winning architects and clad with larch wood, the low-rise Fosshotel Myvatn sits in complete harmony with its surrounding nature. The hotel's 92 rooms are simple and stylish, and come well-appointed with modern amenities including free Wi-Fi and en-suite bathrooms. Savor hearty Nordic cuisine at Fosshotel Myvatn's contemporary restaurant, which boasts beautiful views over Lake Myvatn.

Lake Hotel Egilsstadir

Lake Hotel Egilsstadir is a charming family run hotel on the banks of scenic Lagarfljot Lake, known for its legendary lake monster! The hotel's 50 comfortable rooms are equipped with en-suite bathrooms and modern amenities. Take a break in the sauna or hot tub, and try authentic Icelandic cuisine at the hotel's Eldhusio Restaurant.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Cliff Hotel by Hildibrand

This hotel offers spacious, fully equipped self-catered apartments close to local amenities. All apartments have private entrances and are perfect for longer stay vacations and remote workers looking for comfortable accommodation and space to work. Guests also have free access to the local pool only a 2 minute walk from their door, good at any time but especially when the unpredictable Icelandic weather calls for a less strenuous activity. The balconies of all apartments have views over the fjord where you can enjoy a coffee and watch for porpoises.

Departure Dates

This trip is available to run in: June, July, August

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

June 1-8, 2024

June 22-29, 2024

July 20-27, 2024

August 3-10, 2024

August 17-24, 2024

June 14-21, 2025

June 28-July 5, 2025

July 19-26, 2025

August 9-16, 2025

August 23-30, 2025

September 2-9, 2025

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted in the Trip Planner)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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