Chile & Argentina Ultimate Patagonia Hiking

A Bucket-List Hiking Adventure in Torres del Paine & Los Glaciares

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call 800-974-0300
Unrivaled Expertise
MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we’ve been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today’s 10 Best Readers’ Choice Awards.

Unique Trip Design
Our adventures are perfectly paced, with incredible attention to detail - the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what’s most important: relax, take in the experience, and enjoy!

Small Groups
We keep our groups intentionally small - usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.
Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.
Why take this trip with us?

REASON 1
MT Sobek pioneered commercial trekking in Patagonia in the 1970s, and this 13-day itinerary is perfectly paced and the most comprehensive route available.

REASON 2
Stay in comfortable hotels, cozy cabins, and remote mountain lodges - all ideally located to enjoy spectacular hiking opportunities without needing to camp!

REASON 3
Our highly experienced MT Sobek leaders know every inch of this region and ensure the logistics of this multi-faceted trip run seamlessly.

At A Glance

ACTIVITIES
Moderate to strenuous hiking covering up to 15 miles a day in mountainous terrain. Includes visit to the Perito Moreno glacier.

LODGING
A range of lodging, from scenic mountain cabins and one dormitory to comfortable hotels with modern amenities.

CLIMATE
Expect extreme weather conditions that can change from one moment to the next. Be prepared for everything, especially strong winds and sun.

KNOW BEFORE YOU BOOK
“What a total comfort to know that with MT Sobek, you’re in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us-from tailored expertise to unswerving professionalism-confirmed the company’s emphasis on excellence.” - Alex M.
Chile & Argentina Ultimate Patagonia Hiking

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This is our most comprehensive hiking itinerary in Patagonia, combining 40 miles on the W route in Chile’s Torres del Paine with the remote reaches of Argentina’s Los Glaciares, all in the company of our expert Patagonia team. Get up close to the iconic jagged peaks, majestic glaciers, and pristine lakes of these two breathtakingly scenic national parks. Stay at comfortable centrally located hotels in the towns of Punta Arenas, El Calafate and El Chalten as well as highly-sought-after small wilderness lodgings that allow spectacular hiking opportunities that others aren’t able to reach without the need to camp. This much-loved trip of a lifetime is the ultimate way to explore Patagonia!

13 Days

Start: Punta Arenas, Chile
End: El Calafate, Argentina
Departing:
Activities: Hiking & Trekking
Lodging: Comfortable Hotels, Rustic Lodging
Group Size: 6-16 Guests

ACTIVITY:

"Thank you MT Sobek for the trip of my lifetime! The Patagonia adventure exceeded my expectations in all respects and has renewed my spirit and filled my heart with joy!"

- Maria S.

Check mtsobek.com for date-specific pricing.
The Itinerary

**Arrive in Punta Arenas**
Arrive at the airport in Punta Arenas, Chile and transfer to the hotel. In the early evening, gather with the group for a briefing on the adventure ahead, followed by a welcome dinner.

**MEALS:** Dinner

**Scenic Drive to Torres del Paine National Park**
After breakfast, travel across the Patagonian plains to Torres del Paine National Park and take in your first spectacular views of the Paine Massif (weather permitting). There is also a very good chance of seeing guanacos - small cousins to the camel and llama - on the way to the park.

**MEALS:** Breakfast | Lunch | Dinner
**TRANSPORTATION:** 6-hour private van transfer

**Explore Majestic Torres del Paine**
Get an early start for an all-day hike to the base of the Torres del Paine. Follow the Asencio River over a low pass into the Asencio Valley, passing through beautiful beech forests and talus-covered slopes. After a final steep climb up a boulder field, arrive at a spectacular viewpoint that is one of the most scenic spots in the world, where the towers rise majestically before you and a glacial lake is visible below. Enjoy a packed lunch en route before returning to the hotel.

**MEALS:** Breakfast | Lunch | Dinner
**ACTIVITY:** 9 hours/11.5 miles hiking with 3,400’ elevation gain & loss

**Hike below Cuernos del Paine**
Begin your trek deep into the park, hiking at a relaxed pace along the north shore of Lago Nordenskjold to Los Cuernos, following the Paso Los Cuernos trail beneath the jagged Cuernos ("horns") del Paine. The views are magnificent, including your first sighting of the Southern Patagonia Ice Field. Stay in cozy cabins right next to a waterfall on the most isolated spot of our journey - an excellent staging area for tomorrow’s hike to the French Valley. The cabins also afford a prime position to view sunset hitting the horns, and the dark night sky is filled with stars.

**MEALS:** Breakfast | Lunch | Dinner
**ACTIVITY:** 5 hours/8 miles hiking with 1,400’ elevation gain & 1,600’ elevation loss
Hike through French Valley
From our cabins below the Cuernos, hike gently rolling terrain along Lake Nordenskjold to the entrance of the French Valley, one of the most spectacular cirques in the Paine Range and the middle leg of the classic "W" route. We’ll gain elevation as we hike into the valley, walking below the glaciers that descend from the massif’s highest summit and marveling at the gray granite peaks of the Cuernos del Paine, topped with fantastical black slate "horns." After reaching the French Valley lookout with its awe-inspiring views, either turn back and head straight to our next accommodations at Refugio Paine Grande, or, weather and time permitting, continue further up the French Valley for additional views before making our way back down the valley and then onwards to the Refugio.

MEALS: Breakfast | Lunch | Dinner
ACTIVITY: 8 hours/11 miles hiking with 1,350' elevation gain & loss or up to 10-12 hours/15 miles with 3,200' elevation gain & loss

Take a Boat to Grey Glacier
Arise early and hike along the Paine Grande Mountain towards the face of stunning Grey Glacier, at the southern end of the Southern Patagonia Ice Field. Enjoy a packed lunch en route before boarding a catamaran that takes us close to the front of the glacier and then down to the southern shore of the Lago Grey (Grey Lake), where our hotel for the night is located.

MEALS: Breakfast | Lunch | Dinner
TRANSPORTATION: 45-minute catamaran cruise
ACTIVITY: 4 hours/7.5 miles hiking with 1200' elevation gain & loss

Travel to Argentina & Explore El Calafate
Depart Chile’s Torres del Paine National Park and drive across the border into Argentina. (Please be prepared for delays of up to a few hours while crossing the border). Proceed over the flat grassland steppes to the town of El Calafate, located on the southern shore of an enormous glacial lake called Lago Argentino. El Calafate is the gateway to Perito Moreno Glacier and is a great town to explore. Your trip leader will recommend restaurants for dinner on your own tonight.

MEALS: Breakfast | Lunch
TRANSPORTATION: 7-hour private van transfer
Marvel at the Perito Moreno Glacier

Enjoy a day trip to Los Glaciares National Park to see the renowned Perito Moreno glacier. At this very active glacier, a 200-foot-high headwall continually calves massive blocks of ice into the lake with a thunderous roar - an awesome spectacle of nature’s power at work. Admire the amazing glacier from different viewpoints on a 2-mile guided footbridge walk. Enjoy lunch at a restaurant overlooking the glacier before returning to El Calafate for the remainder of the afternoon and evening at leisure.

MEALS: Breakfast | Lunch
TRANSPORTATION: 4-hour private van transfer
ACTIVITY: 2 hours/2 miles walking with 350’ elevation gain & loss

Drive to Los Glaciares National Park & El Chaltén

We continue our drive across the steppes and along the northern end of Lago Viedma, with the views getting better and better as we approach the mountains and glaciers of the Fitzroy and Cerro Torre ranges. Arrive at El Chaltén for lunch. Weather permitting, take a short hike to a scenic lookout, before continuing another half an hour to Laguna Condor.

MEALS: Breakfast | Lunch | Dinner
TRANSPORTATION: 3-hour private van transfer
ACTIVITY: 1 hour/2 miles hiking with 400’ elevation gain & loss
**DAY 10**

**Hike along the Rio Electrico to Piedra del Fraile and Lago Electrico**

From the trailhead at Rio Electrico Bridge, hike along the Rio Electrico Valley, which progresses gently uphill from west to east, and pass through a beautiful lenga forest to reach Piedra del Fraile, one of the first refuges in the area, protected from the winds and offering comfort to the world’s most experienced climbers and mountaineers, as well as to trekkers arriving in the area for the first time. This less travelled path boasts impressive views of the north face of Fitz Roy and solitude, and the lenga forest is alive with the sounds of native birds. Wind conditions permitting, emerge back into open terrain and cross the boulder field of a glacial valley to reach the shores of Lago Electrico, fed by the Marconi Glacier.

**MEALS:** Breakfast | Lunch | Dinner  
**ACTIVITY:** 6-7 hours/11 miles hiking with 1,150’ elevation gain & loss

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**DAY 11**

**Trek to Laguna de Los Tres**

Another day, another inspiring day hike into Los Glaciares. A short transfer brings us back to the trail head at Rio Electrico Bridge, before setting out on an easy walk through a beautiful forest with impressive views of Piedras Blancas Glacier as well as the Fitz Roy, Saint Exupery and Poincenot Peaks. After passing Poincenot Camp, begin a steep climb up to Laguna de los Tres - a challenging effort, but worthwhile for its superb views of Fitz Roy and its hanging glaciers. At the top take in the beautiful surroundings before hiking back to El Chaltén via the secluded and very scenic Laguna Capri.

**MEALS:** Breakfast | Lunch | Dinner  
**ACTIVITY:** 8-9 hours/13.5 miles hiking with 3,150’ elevation gain & loss

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**DAY 12**

**Follow Trails to Laguna Torre**

Embark on a long day hike into the park’s interior. We walk through a varied landscape formed by glaciers and stop for commanding views of the south face of Cerro Torre - sought after by photographers and climbers the world over. Reach the pinnacle of our trek at Laguna Torre, a beautiful glacial lake set against the backdrop of Cerro Torre, with its iconic pointy spires and hanging glaciers.

**MEALS:** Breakfast | Lunch | Dinner  
**ACTIVITY:** 7-8 hours/11 miles hiking with 1,800’ elevation gain & loss

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**DAY 13**

**Transfer to El Calafate and Depart**

Transfer back to El Calafate this morning, arriving in time for early afternoon flight departures to extend your adventure on your own or with one of our extensions in Argentina, or to begin your journey home.

**MEALS:** Breakfast  
**TRANSPORTATION:** 3-hour private van transfer
Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

**Hotel Cabo de Hornos**
Recently renovated in modern European style, this large hotel offers comfortable, spacious rooms - some with sea views. Modern amenities such as complimentary Wi-Fi, cable TV and room service are provided. There is a restaurant on-site, but the flavors of Punta Arenas await just outside your door, as do museums and other attractions.

**Hotel Jose Nogueira**
Centrally located boutique hotel in front of the main square in Punta Arenas, featuring 22 simple but comfortable rooms inside a restored historic mansion. Rooms are being freshly renovated in June 2023, for the coming high season (ready by October 2023). Modern amenities such as complimentary Wi-Fi, cable TV and room service are provided. There is a restaurant and bar on-site, but the flavors of Punta Arenas await just outside your door, as do museums and other attractions.

**Hotel Las Torres**
Located near the base of Torres del Paine's most famous hiking trail (Base of the Towers), the comfortable and relaxed hotel is the perfect base for exploring the National Park. The cozy nature-inspired rooms overlook Torres del Paine, ensuring that you are immersed in the serenity of this magical place. The hotel features onsite activities with expert guides, a welcome center, excursion center, outdoor store, sustainable bar, horse stables, modern restaurant, wellness center & spa, and a Chilean BBQ area.
Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

**Cabañas de los Cuernos**
These eight charming cabins, located at the base of the "horns" (Cuernos del Paine) at the heart of the W Route, offer spectacular views of Los Cuernos—especially at sunset, when the sun hits the horns. After trekking through Torres del Paine, you’ll undoubtedly be ready to recharge your battery with a warm meal and a good night’s sleep in a real bed, while all others nearby have to camp to enjoy this privileged location.

**Refugio Paine Grande**
Located on the banks of Pehoé Lake, this remote mountain lodge is an ideal launch point for hiking trails to Torres del Paine’s French Valley and Grey Glacier. The dormitory rooms have comfortable bunks, as well as drawers to put away gear and a safety box if required. The on-site restaurant offers American cuisine, and the bar is a great place to exchange stories with fellow travelers.

**Hotel Lago Grey**
Hotel Lago Grey is the perfect base for discovering the western side of Torres del Paine National Park, and features a privileged view of Grey Lake. The hotel has 60 spacious rooms, including 36 Superior rooms that have lake, mountain and glacier views. All rooms are warm and comfortable, with Wi-Fi (in common areas), safe, and a phone.

**Hotel Posada Los Alamos**
Posada Los Alamos is a grand red-bricked hotel, surrounded by soaring poplar trees, in the heart of El Calafate. Its 144 comfortable rooms, with either garden or mountain views, have traditional decor and come with modern amenities. Choose to unwind with a game of golf or a treatment at the hotel’s Humus Spa, and enjoy dinner at La Posta restaurant.

**Laguna Condor Cabanas**
These wilderness cabanas are located in a private forest setting about 10 miles north of El Chalten. The cozy timber lodge is built on the shore of Rio de Las Vueltas and boasts unique views of Fitz Roy’s north face. The fabulous dining room exudes a warm feel, just right for those Patagonian nights.

**Destino Sur Hotel de Montana & Spa**
Located just steps from the main street of town yet close to trailheads, Destino Sur offers both convenience and an escape to nature. Each room is colorfully decorated and equipped with wooden furniture, a king-size bed, and lots of amenities. Indulge in a spa massage, or relax in the sauna or Jacuzzi.
Departure Dates

Book early for a greater choice of available dates. Once you book, your price is GUARANTEED!

March 2-14, 2024
March 16-28, 2024
March 30-April 11, 2024
November 2-14, 2024
November 16-28, 2024
December 14-26, 2024
January 4-16, 2025
January 18-30, 2025
February 1-13, 2025
February 15-27, 2025
March 1-13, 2025
March 15-27, 2025
March 29-April 10, 2025
## What's Included

**PRICE INCLUDES**

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage

**PRICE DOES NOT INCLUDE**

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides
- Travel Protection Program
- Personal expenses
YOUR ADVENTURE AWAITS.

70 Countries | 150+ Destinations | Infinite Possibilities

Call 800.974.0300 or visit mtsobek.com AND BOOK TODAY!