



England & Wales Lake District to Snowdonia Hiking

Spectacular National Park Trails & Summit Yr Wyddfa

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

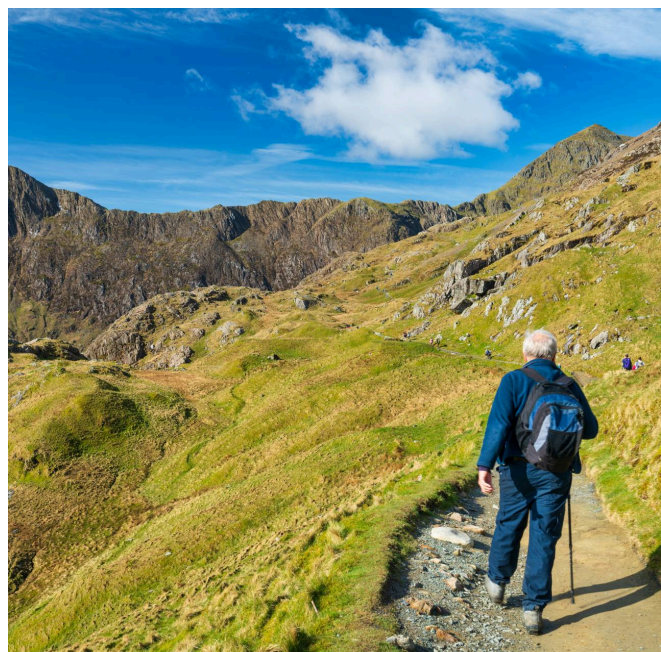
MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been operating world-class adventures in the UK for decades, working closely with local expert guides for an immersive and authentic experience.

REASON 2

This expertly crafted 8-day adventure has been exclusively designed to include easier and moderately challenging hikes that suit your energy level. All hikes are within areas of stunning natural beauty.

REASON 3

We seek out the best accommodations, restaurants, and insider experiences so that you get the ultimate adventure every time. This is the perfect way to explore the Lake District and North Wales.

At A Glance

ACTIVITIES

Rewarding hikes amidst the Lake District's fells, rolling hills, and coastal trails. Plus, visits to picturesque villages with stops at traditional pubs and taverns, and plenty of hearty local food. This trip includes options for Level 2 and Level 3 Activity Levels.



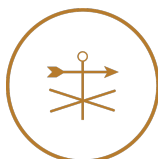
LODGING

A warm welcome awaits at comfortable 4-star hotels with spectacular settings from Lake District mountains reflected in the water's edge to Snowdonia foothills framed in a window.



CLIMATE

Temperatures range from 40F to the high 60'sF, with frequent rain and wind. However, occasional sunshine breaks through, so it's wise to be prepared for any weather conditions.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



England & Wales Lake District to Snowdonia Hiking

Spectacular National Park Trails & Summit Yr Wyddfa

Explore the breathtakingly romantic countryside of the Lake District, England's largest National Park and a UNESCO World Heritage Site. Travel to Wales where Snowdonia National Park will astound you with its rugged landscapes and scalable peaks. Begin with picture-perfect Glenridding's grassy fells and ribbon lake, and Grasmere, home of the poet William Wordsworth. Hike the hills, cruise a lake, and be inspired by this magical place. Crossing into northern Wales, ride trains or trams to mountain summits or reach them on foot. This captivating journey through two of Britain's most stunning regions promises a perfect blend of outdoor exploration and cultural discovery.

8 Days

Start: Penrith, England

End: Manchester, England

Departing: April, May, July, August, September

Activities: Hiking & Trekking

Lodging: Comfortable Hotels

Group Size: 4-14 Guests

ACTIVITY:



Check mtsobek.com for date-specific pricing.

“

“We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek.”

- Dennis G.

The Itinerary

DAY 01

Arrive in Penrith, Journey to Ullswater & Hike to Aira Force

Welcome to England's idyllic Lake District! Arrive in Penrith and transfer to Glenridding, on the shores of Ullswater, a long slender glacial lake. Enjoy lunch with your group and guides, before setting out on a local walk to see Aira Force, a trail that will take you from the shores of Ullswater to the 65-foot drop waterfall surrounded by lush woodland. Afterwards head back to your hotel on the shores of the lake. England's Lake District is a UNESCO-listed mountainous land sculpted by glaciers and draped in heather and grasses. The region was revered by 18th century painters and poets for its natural beauty.

ACCOMMODATION: The Inn on the Lake

MEALS: Lunch | Dinner

TRANSPORTATION: 25-minute private van transfer

ACTIVITY: 1 hour/1.5 miles hiking to Aira Force with 275' elevation gain & loss

DAY 02

Experience Wordsworth's Grasmere

Travel into the heart of the Lake District arriving at Grasmere, once the home of the revered poet William Wordsworth. Visit Wordsworth's former home at Dove Cottage, where he fell in love with the landscapes of the Lake District, penning the renowned poem "Daffodils," often referred to by its opening stanza "I wander'd lonely as a cloud." Taking inspiration from Wordsworth's love of the lakes, set out for a hike around Grasmere Lake itself, with sloping fells (hills) reflected in its waters. Many of the words used to describe landscapes in the Lake District are derived from the Old Norse! For those looking for a longer hike, head up to Alcock Tarn (a tarn is a small lake), located high in the fells on Heron Pike (a pike is a peak) above Grasmere. Return to your lakeside inn at Glenridding.

ACCOMMODATION: The Inn on the Lake

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 1.5-2 hours/4 miles hiking with 450' elevation gain & loss (level 2 option) OR 3-4 hours/6 miles hiking with 1,365' elevation gain & loss (level 3 option)

DAY 03

Cruise Ullswater & Hike to Askham Fell

After breakfast, board one of the Ullswater "steamers," beautifully restored heritage vessels, for a scenic cruise to Pooley Bridge and a stop for lunch. Then embark on a hike onto Askham Fell, a popular place for birding and breathtaking views toward Matterdale Common, an open expanse of rolling grassland, and the sharp ridges of flat-topped Helvellyn Fell. Descend to the hamlet of Howtown and board one of the steamers back across the lake to Glenridding. If you're up for more hiking, trace the winding shores of Ullswater back to your accommodation, arriving in the late afternoon.

ACCOMMODATION: The Inn on the Lake

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 2.5 hours/5 miles hiking to Howton Pier with 650' elevation gain & 680' loss (level 2 option) OR 5 hours/10 miles hiking to Glenridding with 1,245' elevation gain & loss (level 3 option)

DAY 04

Discover Castles in Wales

After breakfast, begin your journey by road to North Wales. Before leaving England, stop at Tatton Park, a stunning neoclassic historic estate with an elegant mansion and 50 acres of landscaped gardens. Stretch your legs with a walk around the grounds and enjoy lunch before continuing the final leg of travel into and across the dramatic landscapes of northern Wales. Arrive in time to cap off your day with a rewarding visit to Caernarfon Castle, a medieval fortress located in Gwynedd. One of Wales' most impressive and well-known castles, it has a rich history dating back to the late 13th century sitting directly on the banks of the Seiont River, reflecting in its tranquil waters.

ACCOMMODATION: Ty'n Rhos Country House Hotel

MEALS: Breakfast | Dinner

TRANSPORTATION: 4-hour private van transfer

DAY 05

Hike the Pyg Track on Yr Wyddfa

Today choose your path for the ascent of Snowdon, or Yr Wyddfa in Welsh, the highest mountain south of the Scottish Highlands at a mere 3,560 feet. The easier route begins with a visit to the National Slate Museum to learn about the fascinating industry that sculpted this area of Wales. Then board a train for a delightful journey to the summit on the Snowdon Mountain Railway, one of the oldest mountain railways in the world. For the avid hiker, transfer to Pen-y-Pass and hike the historic Miners Track that winds up through abandoned copper mines to the summit, where you'll meet up with the group. On a clear day the views are truly spectacular over the stunning natural scenery of Snowdonia National Park and beyond. Together you'll hike back down to Pen-y-Pass via the Pyg Track. Transfer back to Caernarfon and raise a glass to celebrate summiting the highest mountain in England and Wales!

ACCOMMODATION: Ty'n Rhos Country House Hotel

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 2 hours/3.5 miles hiking with 1,200' elevation loss (level 2 option) OR 6 hours/8 miles hiking with 2,250' elevation gain & loss (level 3 option)



Walk the Llyn Peninsula & Arrive in Llandudno

After a big day mountain day yesterday, today you'll stretch your legs and breathe in the sea air on a walk along the flat sandy beaches of the Llyn Peninsula, a government-designated Area of Outstanding Natural Beauty. There are options for shorter and longer hikes, depending on your preference. You'll all set out from the small coastal village of Morfa Nrfyn and split off into two groups, reconnecting at Porthdinllaen. Enjoy a leisurely lunch taking in the seascape, fresh air, and inspiring beauty of the area. In the afternoon, head to Llandudno, a charming seaside retreat full of Victorian elegance and picturesque scenery, including Llandudno's iconic pier and promenade. Settle into your seafront hotel ahead of your final day of exploration in England and Wales.

ACCOMMODATION: Ty'n Rhos Country House Hotel

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 2 hours/3.5 miles hiking with 300' elevation gain & loss (level 2 option) OR 3 hours/5 miles hiking with 300' elevation gain & 400' loss (level 3 option)



Explore Conwy Castle & Great Orme

After a hearty breakfast, journey to the picturesque town of Conwy. Dominated by the imposing UNESCO-listed Conwy Castle, the town is known for its well-preserved medieval architecture and stunning landscapes. Meet up with an expert local guide who will take you on a fascinating tour of the castle and Conwy's charming streets lined with historic buildings. Enjoy lunch at a local eatery before heading back to Llandudno. Take a historic cable-hauled tramway, one of the oldest surviving tramways in the world, to marvel at the views from the summit of the Great Orme, a limestone headland. Choose to take one last hike, enjoying panoramic views of Llandudno, the Irish Sea, and the surrounding countryside. Alternatively, head back down the tramway and enjoy some free time on the shores of the Irish Sea before meeting back with the group ahead of a celebratory dinner.

ACCOMMODATION: Ty'n Rhos Country House Hotel

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 1.5 hours/3.5 miles hiking with 250' elevation gain & loss (level 2 option) OR 3 hours/4 miles hiking with 630' elevation gain & 650' loss (level 3 option)



Depart Llandudno & Journey to Manchester

After a leisurely breakfast, the group will transfer to Manchester Airport and bid farewell. From here you'll be able to catch departing flights or trains onward to your next adventure.

MEALS: Breakfast

TRANSPORTATION: 2-hour private van transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

The Inn on the Lake

The Inn on the Lake is an award-winning 4-star hotel, spectacularly situated on the shore of Ullswater. Its 48 en-suite rooms are beautifully appointed and come with modern amenities. Stroll through the hotel's manicured grounds, enjoying sweeping views of the lake, then have a drink at the Rambler's Bar or dinner at the onsite restaurant.

Ty'n Rhos Country House Hotel

Translating to something along the lines of "house on the hearth" Ty'n Rhos is a lovely family-run country house set in the rolling hills of Snowdonia. Although you'll be drawn to the outdoors, the light-filled conservatory and cozy lounge with a wood stove are also inviting. Slip into a comfortable bed after a day of adventuring in the nearby national park. Each of the 19 rooms has its own charms. Sample seasonal fare at the bwyty, meaning restaurant, perfectly positioned at the garden's edge to catch the sunset.

The Wildings Hotel

Beautifully located on the North Shore with views across Ormes Bay, this small family-owned hotel sits just over the road from the pier in two connected historic buildings. Each room is inviting and unique, all with private baths, tea and coffee making station, and plush bedding. Enjoy a traditional English breakfast in the morning and sample local beer, wine, and spirits in the evenings at the restaurant and bar.

Departure Dates

This trip is available to run in: April, May, July, August, September

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

May 18-25, 2025

August 10-17, 2025

September 14-21, 2025

May 10-17, 2026

May 31-June 7, 2026

July 5-12, 2026

August 9-16, 2026

September 6-13, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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