



Italy Dolomites Hiking with Premier Lodging

Peaks, Prosecco & Pampered Mountain Stays

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been operating hiking trips in Italy for over 40 years. Our adventures in the Dolomites are led by the best local expert guides.

REASON 2

This perfectly crafted 7-day adventure, exclusively designed by MT Sobek, pairs active days on spectacular trails with the nightly comfort of 5-star luxury hotels.

REASON 3

From iconic sights, including Tre Cime di Lavaredo and the Santa Croce Sanctuary, to immersive experiences in delightful mountain towns, this is the ultimate way to explore the Dolomites.

At A Glance

ACTIVITIES

Rewarding hikes through epic mountain landscapes, and local insider experiences that give insight into traditional Tyrolean and Italian life.



LODGING

A warm welcome awaits at 5-star luxury hotels in spectacular mountain locations on this hiking adventure with Premier Lodging.



CLIMATE

The Dolomites have a mountain climate. It can be very hot at lower elevations, but can also be freezing above 7,000 feet.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



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Discover the beauty of the Dolomites on this exclusive journey that blends classic MT Sobek-style hiking with nights spent in supreme comfort at luxurious hotels. Ease into your adventure in Follina in the Prosecco wine region with a stay at a stunning Relais & Châteaux property. Then head to Cortina d'Ampezzo to explore the iconic peaks of Tre Cime di Lavaredo (9,839') and Cinque Torri (7,746'). Follow scenic trails amidst magnificent panoramas in Alta Badia and enjoy hikes tailored for a gentler experience. Evenings offer sanctuary in elevated 5-star accommodations set in spectacular locations, where gourmet meals and spa treatments await. Join us on this perfectly paced 7-day adventure that takes you to the heart of the Dolomites - in style!

7 Days

Start: Venice, Italy

End: Venice, Italy

Departing: June, July, September

Activities: Hiking & Trekking

Lodging: Luxury Hotels

Group Size: 4-16 Guests

ACTIVITY:



Check mtsobek.com for date-specific pricing.

“

“A prominent reason we have chosen MT Sobek as our favorite adventure travel company has been the excellent travel guides.”

- Carol & Burt D.

The Itinerary

DAY 01

Arrive in Venice & Journey to Follina

Touch down at Venice Marco Polo airport and be greeted by an MT Sobek representative, ready to whisk you away to your 5-star hotel in Follina—located in the enchanting Prosecco wine region. Upon arrival, check in and gather with your fellow travelers and guide for a trip briefing before dinner. Indulge in a gourmet welcome meal at the hotel's elegant restaurant, savoring an array of local flavors.

MEALS: Dinner

TRANSPORTATION: 1-hour private van transfer

DAY 02

Hike to Monte Cesen & Go Prosecco Wine Tasting

After breakfast, you'll transfer to Malga Mariech, an alpine farmhouse that marks the start of today's hike. From here you will hike up to mighty Monte Cesen, a massif of the Venetian Prealps located on the northwestern edge of the province of Treviso. Follow trails to its low peak (5,150') from above the village of Pianezze and take in stunning views. Celebrate your first hike in the Dolomites with wine tasting in a Prosecco cellar! Afterwards, enjoy a gentle drive to Cortina d'Ampezzo. Check into your 5-star hotel before enjoying a dinner at your leisure this evening.

MEALS: Breakfast | Lunch

TRANSPORTATION: 2.5-hour private van transfer

ACTIVITY: 3 hours/4.3 miles hiking with 720' elevation gain & loss

DAY 03

Marvel at Tre Cime di Lavaredo & Explore Cortina d'Ampezzo

Rise early for a transfer to Rifugio Auronzo (7,611') and embark on a breathtaking loop hike around Tre Cime di Lavaredo (9,839'), a towering landmark in the heart of the Dolomites. Indulge in local delicacies such as canederli (Tyrolean dumplings) and goulash (a hearty beef soup or stew) at a rifugio along the way. The area also serves as an "open-air museum," with remnants of the First World War such as tunnels, bunkers, and old barracks scattered throughout. Tre Cime holds a significant place in mountaineering history, with the first routes conquered in the 1930s. Afterwards, return to Cortina where you can unwind at the spa or take a leisurely stroll through the charming streets of the town center. Enjoy dinner with the group tonight in a local restaurant.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 4 hours/5.4 miles hiking with 1,863' elevation gain & loss



DAY 04

Discover Cinque Torri

After breakfast, take a scenic short transfer to Passo Falzarego for exploration of the Cinque Torri (Five Towers) area. Ascend to Rifugio Scoiattoli (7,398') and marvel at panoramic views of the Pale di San Martino, Civetta, Monti del Sole, and the Marmolada glacier. Hike a wonderful route that circumnavigates Cinque Torri (7,746'), which was also the site of intense WWI battles. The area now hosts the Grande Guerra open-air museum, featuring restored trenches and shelters. Later, transfer to a luxurious 5-star hotel in Alta Badia, just 20 minutes away, for dinner.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 40-minute private van transfer

ACTIVITY: Several hiking options are available and will be tailored to the group.

DAY 05

Follow Trails to the Santa Croce Sanctuary

Today's adventure begins with a hike to the Santa Croce Sanctuary nestled at the foot of the Sasso della Croce (Sass dla Crusc in the local Ladin dialect). After transferring to the picturesque village of La Val, traverse through the verdant Armentara meadows until you arrive at the serene 15-century Santa Croce Sanctuary (6,709'), a significant pilgrimage site with stunning mountain views. In the afternoon, continue your journey through woodlands and pastures as you descend back to town. Enjoy a delightful dinner at a local restaurant followed by an overnight stay at the same hotel.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 4-5 hours/6.5 miles hiking with 1,080' elevation gain and 1,705' elevation loss



Hike or Ride the Cable Car to Pralongia High Plateau

Begin your morning journey by reaching the pristine Pralongia High Plateau, which is surrounded by towering peaks, including the majestic Marmolada (10,964'), known as the Queen of the Dolomites and boasting the region's largest remaining glacier. Ascend the plateau via a cable car and marvel at panoramic views before savoring at hearty lunch at one of the rustic rifugios. Enjoy a final afternoon hike with your group and guide and descend the plateau on foot. Toast your Dolomites adventure with a farewell dinner before retiring to your luxurious 5-star accommodations for a final night.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 3-4 hours hiking/6.5 miles hiking with 615' elevation gain and 2,135' ' elevation loss



Return to Venice & Depart

After breakfast, depart from Hotel Fanes and enjoy a private transfer to Venice airport for your departing flight.

MEALS: Breakfast

TRANSPORTATION: 3-hour private van transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel Villa Abbazia Relais & Chateaux

Five-star Hotel Villa Abbazia offers a luxurious escape amid the picturesque Prosecco wine region. This elegant retreat, part of the esteemed Relais & Châteaux collection, blends history with modern comfort. Each room and suite exudes refined sophistication, with attention to detail and personalized service at every turn. Guests can indulge in the hotel's gourmet dining experiences, showcasing the flavors of the region, or relax in the tranquil surroundings of the lush gardens. Whether exploring the nearby vineyards and trails, or simply unwinding in luxury, Villa Abbazia promises a magical stay.

Grand Hotel Savoia

This impeccable 5-star hotel in Cortina has an exclusive feel, and provides guests with exceptional comfort and convenience. Your room has everything needed for a perfect stay: Cozy fireplace and matchless views of the Dolomites, designer furnishings and chic décor, minibar, flat screen TV and free Wi-Fi. Concierge and room service are available, and the on-site spa offers a retreat like atmosphere with an indoor pool and sauna/hot tub.



Where You'll Stay

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Hotel Fanes

Set in the stunning Alta Badia region of the Dolomites, Hotel Fanes is the ultimate combination of luxury and adventure. This flawless alpine retreat offers high-end hospitality surrounded by jaw-dropping scenery. With 56 chic rooms offering breathtaking mountain views, you'll experience unrivaled comfort and tranquility. After a day of exploring, dive into gourmet dining and rejuvenate with a variety of spa experiences from the sky pool to the heavenly rotating sauna. Hotel Fanes guarantees an unforgettable mountain escape, where you can pamper yourself and soak up the rugged beauty of nature.

Departure Dates

This trip is available to run in: June, July, September

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

June 12-18, 2025

June 26-July 2, 2025

July 11-17, 2025

September 11-17, 2025

September 18-24, 2025

June 11-17, 2026

June 19-25, 2026

June 25-July 1, 2026

September 10-16, 2026

September 17-23, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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