

Italy Dolomites Hut-to-Hut Hiking

A Tyrolean Traverse from Tre Cime di Lavaredo to Marmolada

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!

Contact us at info@mtsobek.com

or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

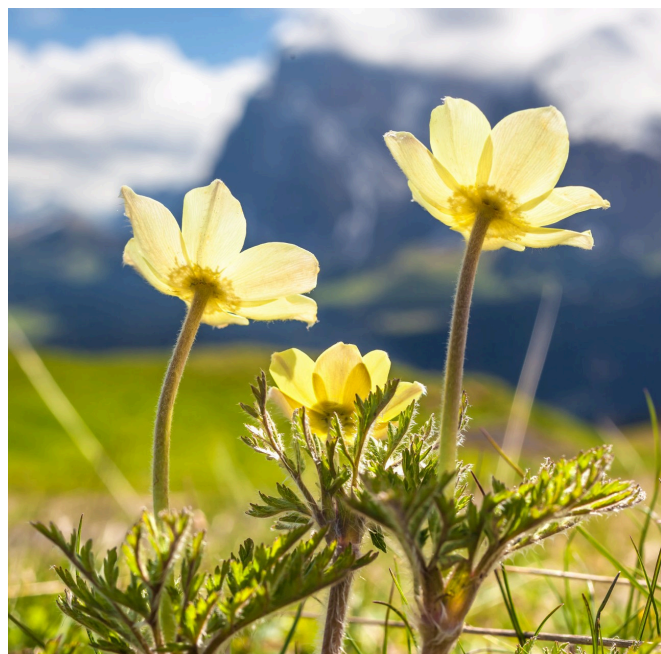
MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been operating hiking adventures in Italy for over 40 years and crafts each trip to highlight the iconic sights and hidden gems of the region.

REASON 2

Our trip explores the Dolomites on a classic hut to hut hiking adventure, staying at boutique hotels and mountain rifugios on an achievable and authentic 8-day itinerary.

REASON 3

Our expert local Italian guides have decades of experience and will share with you truly authentic experiences you won't find in the guidebooks.

At A Glance

ACTIVITIES

Rewarding hikes through spectacular mountain landscapes, and authentic insider experiences that give insight into traditional Tyrolean and Italian life.



LODGING

A warm welcome awaits at comfortable boutique hotels and rustic mountain rifugios with spectacular hiking right from your door.



CLIMATE

The Dolomites have a mountain climate. It can be very hot at lower elevations, but can also be freezing above 7,000 feet.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



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Lace up your boots and hike into the magnificent Dolomites, where pale rock faces catch the alpenglow at dawn and dusk, and idyllic valleys are carpeted in wildflowers. Led by the best guides in the region you'll traverse stunning trails between classic rifugios, only reachable on foot. Each is perfectly positioned to access trails and set in breathtaking locations. From Tre Cime di Lavaredo (9,839') to Marmolada (11,024') you'll hike among well-known wonders and untrammeled scenery, as you discover Tyrolean culture with your insider guide. Experience the Dolomites as hikers and mountaineers have for decades, hiking hut to hut in some of the most tremendous landscapes imaginable.

8 Days

Start: Venice, Italy

End: Venice, Italy

Departing: June, July, August, September

Activities: Hiking & Trekking

Lodging: Comfortable Hotels, Rustic Lodging

Group Size: 5-16 Guests

ACTIVITY:



Check mtsobek.com for date-specific pricing.

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"I have traveled extensively around the world. The experience with MT Sobek was by far the best I have ever had. Thank you for such excellence"

- Marianne W.

The Itinerary

DAY 01

Arrive in Venice & Transfer to the Dolomites

Welcome to Italy! Please plan on arriving at the airport by 1:00 pm. Your MT Sobek guide will meet you in the Venice Marco Polo Airport for a private transfer departing at 2:00 pm to your first night's hotel, located in the heart of the Dolomites. On arrival, check in to your hotel, enjoy a briefing and aperitivo, followed by a welcome dinner with the group and guide.

ACCOMMODATION: Sole-Sonne Hotel or Hotel de La Poste

MEALS: Dinner

TRANSPORTATION: 2-hour to 2-hour 45-minute private transfer

DAY 02

Hike up to Iconic Tre Cime di Lavaredo

After a hearty breakfast, transfer to Val Campo di Dentro, where you start your first hike in a verdant valley. An easy and pleasant walk will lead you on a forest trail to Dreischusterhutte Hut (5,377') where you enter the heart of the Dolomites. Enjoy a picnic lunch at a scenic spot along the way. Begin your ascent to the legendary Tre Cime di Lavaredo (9,839'), probably the most famous landmark in all the Dolomites. Since the first routes were climbed in the 1930s, Tre Cime ("three peaks") has become one of the most popular Italian peaks in the mountaineering world. Above it is Torre di Toblin, well known for its via ferrata, a relic from the First World War. Arrive at Locatelli Hut (8,000'), built in 1883 (and renovated since), one of the oldest and most photogenic huts in the Dolomites. Leave your backpack here and head out for a stroll to explore magnificent Tre Cime or Torre di Toblin up close.

ACCOMMODATION: Locatelli Hut

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 20 minutes to 1-hour private transfer

ACTIVITY: 4 hours/8 miles of hiking with 3,117' of elevation gain and 328' of loss

DAY 03

Traverse Tre Cime to the Pratopiazza Valley

Enjoy one last view of the rugged peaks of Tre Cime's north faces soaring into the sky as you leave Locatelli Hut. Head west on an easy trail down through the wild Val Ribon, hiking into conifer forest and along rock walls with valley views. From the bottom of the valley, hike uphill to Strudelkopfsattel Pass (7,218'), beneath Monte Specie, and into Pratopiazza Valley, with its typical Dolomite pastures where cattle graze among the wildflowers.

ACCOMMODATION: Alpin Natur Hotel Bruckele

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 15-minute private transfer

ACTIVITY: 6 hours/10 miles of moderate hiking with 2,625' of elevation gain and 3,937' of loss



Hike to Stunning Lago di Braies in South Tyrol

After crossing Pratopiazza meadow, hike towards Croda Rossa and then up to lofty Gaiselleitte Pass (7,405') along a spectacular yet sheer mountainside trail equipped with chains. If you are concerned about vertigo, explore the medieval village of Ponticello on an easier hike. Then, a traverse through beautiful alpine pastures leads to Cavallo Pass (7,503'). Hike down from the pass to the turquoise waters of tree-lined Lake Braies, located in a magical mountain setting surrounded by breathtaking peaks. After your hike, take a short transfer back to your charming hotel for the evening.

ACCOMMODATION: Alpin Natur Hotel Bruckele

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 15-minute local bus transfer Ponticello to Pratopiazza, 20-minute private transfer to hotel

ACTIVITY: 6 hours/8 miles of challenging hiking with 1,640' elevation gain and 3,280' loss



Stroll amidst Wildflowers at Fanes-Senes-Braies Nature Park

Begin the day with a transfer back to gorgeous Braies Lake (4,921'). From here, head south to picturesque Fosses Lake and the enchanting valley of Piccolo Lake in the heart of the Fanes-Senes-Braies Nature Park. Walk through splendid alpine grasslands, punctuated by a multitude of wildflowers. Descend to the Scuro Valley, then climb to Fodara Lake and the Fodara Vedla Hut (6,496'). Continue onto a large alpine plateau with open green meadows to reach Pederu Hut in the San Vigilio province of Fanes Valley.

ACCOMMODATION: Pederu Hut

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 20-minute private transfer to Braies Lake

ACTIVITY: 7 hours/11 miles hiking with 3,280' of elevation gain and 4,265' loss



Marvel at Marmolada and Other Peaks from Puez-Odle Nature Park

Today you have two options to start your hike. Drive to La Villa where you can take a cable car to shorten your uphill hiking time or ascend on foot. Whichever you choose, you'll enter the Puez-Odle Natural Park, a small but sensational reserve. Begin at the base of the Cir Mountains where sawtooth ridges pierce the sky. Hike uphill through verdant forest to Gardenacia Hut (6,726') and continue on a narrow mountain path to Piza Gherdenacia (8,770') for fantastic views of the surrounding valleys and mountains. Head downhill to the Puez Hut in a small grassy valley for a welcome break. The trail then takes you on a pleasant traverse to Gardenacia Pass, with great views of the Marmolada, the highest mountain in the Dolomites, and other prominent peaks in the area.

ACCOMMODATION: Gardenacia Hut

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 50-minute private transfer, optional 10-minute cable car

ACTIVITY: 5.5 hours/8 miles hiking with 3,280' of elevation gain and 2,430' of loss



DAY 07

Hike Back to La Villa & Transfer to Venice

From Gardenacia, you'll hike down through Puez-Odle Natural Park savoring your last views of the Dolomites. Again, you have the option to take the last section by cable car or by foot. Arriving in La Villa, you'll be met for a transfer to Venice. Enjoy a delicious lunch in town, then meet with an expert local guide to discover the beautiful canals and historic center of this fabled city. Gather together this evening for a celebratory dinner.

ACCOMMODATION: Casa Nicolo Priuli or Hotel Carlton on the Grand Canal

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 3-hour private transfer, optional 10-minute cable car

ACTIVITY: 1 hour/1.8 miles hiking with 1,970 feet elevation loss, 2-hour guided tour in Venice

DAY 08

Depart Venice

After breakfast, you will be transferred to the Venice airport at 10:00 am for your departing flight. We recommend booking a flight with a 12:30 pm departure at the earliest.

MEALS: Breakfast

TRANSPORTATION: 30-minute private van transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Sole Sonne Hotel

In the picturesque town of Dobbiaco you will find a friendly family-run hotel surrounded by the undulating Dolomite foothills. Cozy ensuite rooms with wood floors are complemented by balconies where you can take in the fresh air and mountain or valley views. Dishes created with South Tyrolean ingredients paired with local wines or fresh spring water can be enjoyed in the restaurant, while the spa features a heated indoor pool and Finnish sauna.

Hotel de La Poste

Since its inception in 1804, Hotel de la Postina has been welcoming adventurous travelers (including Ernest Hemingway!) to the picturesque town of Cortina. Each room has its own unique style. The mixologist at the hotel bar is renowned for his creative cocktails, which can be enjoyed on the outdoor terrace. The two wood-paneled restaurants feature delicious hearty Italian fare in a relaxing atmosphere.

Antonio Locatelli Hut

This historic and beautifully located hut has been offering hikers and climbers refuge since 1883. Rebuilt multiple times since then, it remains reachable only by foot. Take in the panoramic view of Tre Cime from the large terrace. Accommodation is in shared dormitory-style rooms with shared baths. Tuck in to a hearty meal after your hike and in the morning before you depart for the next leg of your journey.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Alpin Natur Hotel Bruckele

At the foot of Fanes-Senes-Braies Nature Park, breathtaking mountain views greet hikers outside this classic hotel. Rooms and suites with alpine decor include ensuite baths and balconies with spectacular mountain views. Traditional South Tyrolean specialties are served along with wood-fired pizzas, all organic and locally sourced. Stop for a cappuccino and cake in the cafe bar or a glass of wine in the evening, or head to the Finnish sauna for some relaxation.

Pederu Hut

Situated right in the heart of Fanes-Senes-Braies Nature Park, this wooden refuge is surrounded by a pleasant meadow and dramatic towering cliffs. There are eight simple ensuite guest rooms and shared dormitory accommodation with shared bathrooms. Sample South Tyrolian dishes as well as Mediterranean favorites served in the traditional wooden stube (parlor) with fresh ingredients from their own garden and nearby farms. The perfect stop on the trail, deep in the Dolomites!

Gardenacia Hut

Expect Ladin hospitality within the Puez-Odle Nature Park (also known as Puez-Geisler in German). Hike to a sloping pasture with cows roaming by to find a refuge built in 1937 and renovated in 2009. Wood-paneled rooms have 2, 3, or 4 beds and a sink, and shared bathrooms are located nearby. Dine on the terrace for enchanting views of Alta Badia and mountain sunsets. Relax in the Finnish sauna with views of the Dolomites.

Casa Nicolo Priuli

Immerse yourself in the nostalgia of the place, staying in a former 18th-century Venetian house just steps from Saint Mark's Square. The remodeled interior offers rooms decorated with antique furniture and Murano glass chandeliers as well as plush bedding, modern baths, Wi-Fi and air-conditioning. A delightful garden-themed Victorian style breakfast room and patio greets you each morning during your stay.

Hotel Carlton on the Grand Canal

A traditional pastel plastered facade faces Venice's Grand Canal, and behind it you will find comfortable climate-controlled rooms with modern furnishings in 18th-century style. Modern conveniences such as elevators, Wi-Fi, and onsite restaurants make your stay easy. Don't miss the rooftop restaurant and bar with a panoramic view over the Grand Canal and the skyline's domes, bell towers, and spires.

Departure Dates

This trip is available to run in: June, July, August, September

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

June 28-July 5, 2025

July 12-19, 2025

September 6-13, 2025

July 4-11, 2026

July 18-25, 2026

August 29-September 5, 2026

September 12-19, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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