



Utah Cataract Canyon Colorado River Rafting

Action-Packed Adventure from Moab to Canyonlands

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today's 10 Best Readers' Choice Awards.

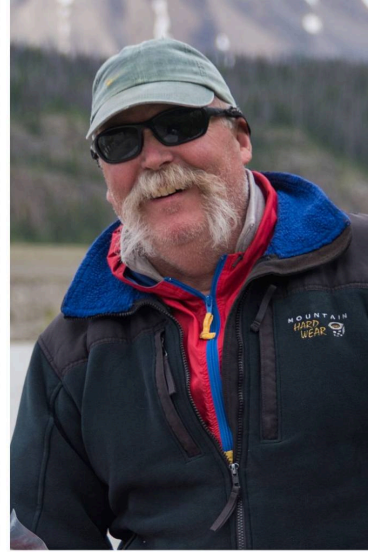
Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek's been rafting the world's greatest rivers since 1973 and is a trusted river operator with special permits to run the Colorado River.

REASON 2

Our Cataract Canyon operation is based in Moab and our river adventure is led by expert river guides.

REASON 3

We offer a selection of ways to enjoy the Cataract Canyon, including an option to charter!

At A Glance

ACTIVITIES

Rafting flatwater to IV rapids (depending on season), scenic hikes, stand-up paddle boarding, swimming, and fun games and feasts at camp.



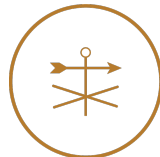
LODGING

Four nights of riverside camps, with tents or sleeping under the stars.



CLIMATE

Dry desert environment with spring/fall temps from 65°-85°F and 55°F at night. Summer temps from 85°-100°F and 65°F at night.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



Utah Cataract Canyon Colorado River Rafting

Action-Packed Adventure from Moab to Canyonlands

Go deep into the Southwest's spectacular desert landscape on this action-packed rafting and hiking adventure, beginning and ending in Moab. Following expert guides, access 94 miles of the Colorado River as it flows through Meander Canyon, Narrow Canyon, and Canyonlands National Park. Experience the red-rock wonder of Cataract Canyon as you tackle the "Big Drops," famed as some of the world's best rapids, and explore remote trails and archaeological sites. Spend nights camping beneath starry skies. Finish your trip with a scenic flight retracing your river journey back to Moab.

5 Days

Start: Moab, Utah

End: Moab, Utah

Departing: May, June, July, August, September, October

Activities: Rafting & Kayaking, Adventure Camping, Family Friendly

Lodging: Comfortable Camping

Group Size: 7-20 Guests

ACTIVITY:



Check [mtsobek.com](https://www.mtsobek.com) for date-specific pricing.

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"The Cataract Canyon rafting trip is an exciting experience for both young and old. We saw amazing natural sandstone structures, were thrilled by challenging white water, and slept under the sparkling canopy of the Milky Way. It was a perfect summer adventure!"

- Margaret C.

The Itinerary

DAY 01

Meet in Moab and Raft the Colorado River

Meet your Shuttle and Trip Leader in front of your hotel in Moab at 9:00am for a 30-minute drive to the Cataract Canyon put-in at Potash Boat Ramp. Meet your guides by the river and receive a safety briefing before the journey begins. Adjust to the pace of the warm Colorado River as you paddle past spectacular scenery. Stop to explore Native American ruins and learn about the flora and fauna of this fragile desert environment. Upon arrival at camp, join the guides in setting up tents and play fun river games like horseshoes and bocce ball. After dinner, watch the sunset to the chirp of the canyon wren.

MEALS: Lunch | Dinner

TRANSPORTATION: 30-minute private van transfer

ACTIVITY: 6 hours/22 miles rafting & optional 1 hour/0.5-mile hike

DAY 02

Scenic Hike & Stand-up Paddle Board

Start the day at a leisurely pace, enjoying the canyon's solitude. After a tasty brunch, if conditions allow, head out on the Loop Hike — a short, steep 1-mile trek (800 vertical feet) with majestic vistas. Meanwhile, the rafts continue downriver to prepare your post-hike lunch by the river. Float past the confluence of the Green River as it joins the Colorado River, an iconic spot where two great rivers meet. Follow tradition and go swimming here, before starting the journey into Cataract Canyon. This evening, camp on a sandy beach and let the guides surprise you with festivities.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/20 miles rafting & optional 1.5 hours/1 mile canyon hike with 800' elevation gain & loss

DAY 03

Over 15 Rapids Today!

If conditions allow, start with a sunrise hike to the Dollhouse in the heart of the Maze District of Canyonlands National Park — a 2,000-foot vertical trek to remember. By mid-morning, get some thrills in Cataract Canyon with over 15 rapids, including Brown Betty and Mile Long. Hear your laughter echoing off the canyon walls as you scout the white water and feel the rush of the famous rapids. Make camp on a sandy beach this afternoon, in time to watch the sunset while chatting with new friends over appetizers and drinks. Make sure to gaze into the night sky, Canyonlands National Park is a Nationally Recognized Dark Sky Park. This is some of the most magical stargazing in America!

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/20 miles rafting Class II - III rapids (Class IV in May only)



DAY
04

Tackle Cataract Canyon's Big Drop Rapids

Rise to face some of the best rapids in the world known as The Big Drops with famous features like Satan's Gut and Little Niagara. They are sure to provide a serious adrenaline rush. Scouting the rapids is common, so the guides can assess the safest and best route down these memorable rapids. After an adventurous whitewater day, your last night on the river will be filled with campfires, laughter and a special feast for the whole group.

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6 hours/20 miles rafting Class II - III rapids (Class IV in May only)

DAY
05

Raft Closer to the Grand Canyon & Scenic Flight to Moab

The last day on the river features only a half-day of rafting through one of the most spectacular canyon stretches as you approach Lake Powell, just upstream of the Grand Canyon. At the take-out, you will be given a freshly packed lunch and transferred to the Hite Airstrip, where a charter flight retraces your journey through Lake Powell, Canyonlands National Park, Meander Canyon, the Colorado River and finally back to the town of Moab. Have your camera ready - the views are epic. Upon landing, a vehicle will be waiting to transport your group back to your starting hotel.

MEALS: Breakfast | Lunch

TRANSPORTATION: 1-hour private flight transfer

ACTIVITY: 4 hours/23 miles rafting



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

MT Sobek Camp—Colorado River

Camping is "river style" and includes four nights on the banks of Utah's Green and Colorado Rivers, with full portage and set up. Our dome-style tents are large enough to stand in, and include Therm-a-Rest pads and fresh sleeping bags. All camping spots are on beautiful beaches, relaxing and scenic every day.

Departure Dates

This trip is available to run in: May, June, July, August, September, October

Book early for a greater choice of available dates.

Once you book, your price is GUARANTEED!

September 18-22, 2024

September 25-29, 2024

October 6-10, 2024

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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