

Multi-Adventure

Hiking & Cycling from Angkor Wat to Phnom Penh

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

> We love talking travel! Contact us at info@mtsobek.com or call **800-974-0300**



Feel the difference

with Mountain Travel Sobek

Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today's 10 Best Readers' Choice Awards.

Unique Trip Design

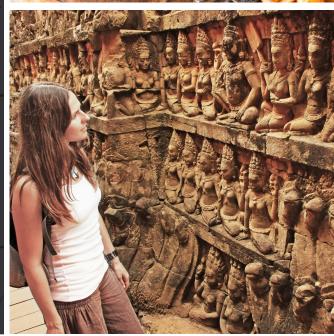
Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

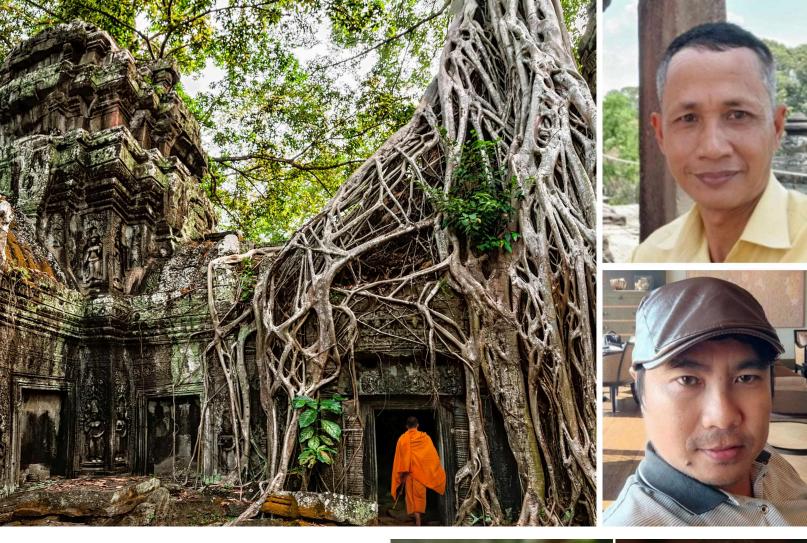
Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.









Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.











Why take this trip with us?

REASON 1

MT Sobek has been exploring Asia for more than 50 years and has refined its Cambodia itineraries to pair cultural exploration with opportunities for genuine, personal encounters with local people.

REASON 2

Compare the value! We offer the most inclusive Cambodia trips, with all your travel arrangements, transportation, and lodging, carefully orchestrated for a worry-free vacation.

REASON 3

We work with local, seasoned guides who know your destination best and can scout out off-the-beaten-path experiences away from the typical tourist crowds.

At A Glance

ACTIVITIES

Easy to moderate walking, hiking, and cycling for 1 to 3 hours for up to 7 miles. Cultural touring of historic sites and ancient temples.



LODGING

Stay at perfectly located boutique properties that provide all the comforts of 4- to 5-star equivalent accommodations.



CLIMATE

Cambodia experiences clear, blue skies and little rain between November and April. High temperatures are in the high 80's to low 90's°F and lows in the low 70's°F during this period.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.





Cambodia Temples & Mountains Multi-Adventure

Hiking & Cycling from Angkor Wat to Phnom Penh

From the stirring temples of Angkor Wat to the mangrove forest on the Kep coastline to the colorful markets of Phnom Penh, this 10-day adventure highlights Cambodia's history, culture, and natural beauty. Learn the lore of the Khmer Empire, visit the sobering Killing Fields, take a walking tour of Jayavarman VII's hidden treasures, dine in a local house, and explore the countryside and a river island by bike. In the evening, stay in ravishing resorts and hotels that offer all manner of indulgence while still imparting a distinctive sense of place. With ample time on the ground - on foot and on bike - this immersive tour leaves you with a deeper understanding of the country's poignant history and ancient empire.

10 Days

Start: Siem Reap, Cambodia End: Phnom Penh, Cambodia

Departing: January, February, March, October,

November

Activities: Multi-Adventure

Lodging: Luxury Hotels **Group Size:** 4-14 Guests

ACTIVITY:









Check mtsobek.com for date-specific pricing.

"A prominent reason we have chosen MT Sobek as our favorite adventure travel company has been the excellent travel quides."

- Carol & Burt D.

The Itinerary



Arrive in Siem Reap

Arrive at Siem Reap airport, where you will meet your driver and local guide. Together, you'll travel by private vehicle to your elegant hotel in the Old French Quarter amidst colonial buildings near the river. Enjoy some time to settle in before a welcome dinner at the hotel.

MEALS: Dinner

TRANSPORTATION: 60-minute private van transfer



Sunrise at Angkor Wat & Explore Angkor Archaeological Park

Begin your day early, capturing the stunning sunrise at Angkor Wat, where the sun paints the sky in vibrant hues. Explore the intricate corridors of this Khmer masterpiece, marveling at its five majestic towers and fine stone details that change with the light. Return to the hotel for breakfast before continuing your journey to Angkor Thom. Pass through the grand stone doors of the fortified city, once the capital of the Khmer Empire, and discover the mesmerizing Bayon Temple with its iconic smiling faces. Explore the ancient Baphoun Temple, Terrace of the Elephants, and Terrace of the Leper King adorned with magnificent carvings. Enjoy a private lunch in a charming Khmer timber house overlooking the water. In the afternoon, visit the exquisite Banteay Srei Temple, renowned for its intricate pink sandstone carvings. End your day with dinner at a local restaurant followed by a captivating performance at Phare Ponleu Selpak, offering insights into Cambodian history and culture through storytelling.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 1-hour private van transfer

ACTIVITY: 5-hour walking tour



Discover the Hidden Treasures of Jayavarman VII

Start the day with an early morning adventure to explore the hidden gems of Jayavarman VII's reign. Follow a jungle trail to Phreah Khan, an imposing monastery dedicated to the king's father, and marvel at Jayatataka Baray's views before going deeper into the Angkor forest. Pause at the Nursery Tree to discover Cambodia's rich flora and fauna, then continue to the temple of Ta Nei, where an atmospheric picnic lunch awaits. Refueled, continue to Takeo and Ta Prohm Temples. Draped in gigantic tree roots, Ta Prohm is well-known as the "Tomb Raider temple" and is incredible up close. Conclude at Banteay Kdei before a lakeside refreshment break at Srah Srang, the "Royal Bath". Savor appetizers, cocktails, and a short foot massage as you witness a mesmerizing sunset, just a stone's throw from Angkor Wat and Siem Reap. Return to the hotel for an evening of leisure, reminiscing on the day's discoveries over dinner.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 40-minute private van transfer

ACTIVITY: 3 hours/7 miles walking with 100' elevation gain



Journey to Kampot

After breakfast, check out of your hotel and meet your guide and driver for a private transfer to the Siem Reap airport for your flight to Sihanoukville. Upon arrival, visit the fascinating and inspiring TONTOTON's Material Recovery Facility to explore the significance of practicing responsible plastic waste management, observe firsthand community efforts in collecting, sorting, processing, and upcycling from plastic waste to useful products, and learn about dealing with challenging-to-recycle plastics. After your visit, have a late lunch at Sandan Restaurant (which trains vulnerable youth in the food service and restaurant trade) in Sihanoukville before heading on to Kampot. On arrival, embark on a sunset cruise along the serene riverside, departing from a quaint pier at the hotel. Sip a welcome drink as you glide past mangroves, traditional boats, and local communities, witnessing the sun setting over Kampot's rolling hills. Dinner is on your own tonight. You might want to take the hotel boat shuttle across the river to the town of Kampot with many restaurant options.

MEALS: Breakfast | Lunch

TRANSPORTATION: 1-hour flight; 2-hour private van transfer



Explore the Countryside of Kep and Kampot

Venture into the picturesque countryside of Kep and Kampot, indulging in the slower pace of village life and learning about regional culinary products along the way. Explore serene fishing villages and take in stunning coastline vistas. Your knowledgeable tuk-tuk driver will guide you to hidden gems such as salt fields where evaporated sea water produces fluffy white crystals, a secret lake, and more. Discover the region's renowned pepper plantations, have lunch at a plantation restaurant, and perhaps bring some of the prized pepper home as a souvenir. Return to your riverside hotel after your Kep and Kampot adventure. Enjoy dinner at the hotel tonight.

MEALS: Breakfast Lunch Dinner

TRANSPORTATION: 4-hour tuk-tuk transfer

ACTIVITY: 2 hours/2 miles walking







Kayak the Mangroves of Coastal Kep

Today take to the water with sit-on-top kayaks, paddling down the serene river and on through magnificent mangrove forest, part of a local restoration project. Meet fishermen from a community dedicated to preserving its ecology and traditional lifestyle through eco-tourism. Kayak to the ocean and circle back through small inlets. Share a delicious local lunch at an open house on stilts over the sea, followed by a motorboat back to the pier and transfer to your hotel. Freshen up for a late afternoon trip to Kep to explore the crab market, then enjoy the sunset and a seafood BBQ dinner at Chankiri Restaurant at Samanea Beach Resort. Return to your hotel.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 2-hour private van transfer

ACTIVITY: 3 hours kayaking



Travel to Phnom Penh & Visit the Killing Fields

Check out in the morning and depart Kampot for Phnom Penh, Cambodia's historic capital located at the confluence of the Mekong, Bassac, Tonle Sap, and Chaktomuk Rivers. Upon arrival, have lunch, then settle into your hotel before embarking on a poignant visit to the Killing Fields, a somber reminder of Cambodia's tragic history under the Khmer Rouge regime. Peaceful now, the serene grounds were once a site of unspeakable atrocities where thousands lost their lives and is one of hundreds of similar sites throughout the country. Reflect on the country's turbulent past as you pay homage to the victims. After your visit, return to the hotel. Enjoy dinner at a local restaurant.

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 4-hour private van transfer



Tour Phnom Penh

Today, discover different facets of Phnom Penh. Explore the Royal Palace and Silver Pagoda, and marvel at treasures including a solid-gold Buddha encrusted with diamonds. See Khmer arts at the National Museum, showcasing artifacts from the Pre-Angkor and Angkor periods, and visit the ancient hilltop pagoda of Wat Phnom. As evening falls, join a private cultural and foodie tour led by local experts. First, seek out the city's vibrant murals, while your guide unravels their cultural significance and how they express social commentary. Next, begin sampling traditional Khmer delicacies at Kandal market. Indulge in street desserts and immerse yourself in the buzzing market atmosphere. Savor cold beer and snacks while enjoying local Khmer music at a renowned restaurant known for launching new jazz talents. This gastronomic adventure promises a flavorful and unforgettable evening, offering insights into Phnom Penh's culinary traditions and vibrant culture.

MEALS: Breakfast | Lunch | Dinner



Cycle Around Koh Dach Island

After breakfast, transfer to the pier for your public ferry journey to Koh Dach Island. As you bike throughout this 4-mile-long island, notice how quickly the landscape and environment shift from an energetic city to a peaceful, rural vista of farms, wooden houses, and small, charming pagodas. Learn about local products, stopping at a silk farm to see the process from raising silkworms to weaving fabric, produce farms to see local crops, and a cottage soybean thread factory to watch the process. Take your time - feel free to stop whenever the mood strikes to take pictures or explore. After several easygoing miles without any elevation, you will reach a traditional house that serves as a small restaurant for a lunch break in a relaxed and jovial atmosphere. Rest for a while before continuing your journey back to the pier for the boat ride back to vibrant Phnom Penh. Enjoy leisure time for shopping or freshening up before your farewell dinner at the hotel's restaurant.

MEALS: Breakfast Lunch Dinner

TRANSPORTATION: Roundtrip local boat transfer

ACTIVITY: 2-3 hours/7 miles cycling



Depart Phnom Penh

Enjoy your final leisure time in Phnom Penh before checking out and meeting your guide for a transfer to Phnom Penh airport.

MEALS: Breakfast



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Treeline Urban Resort

Treeline Urban Resort boasts 48-rooms in a cleverly designed boutique hotel on Siem Reap's riverside. At Treeline, you will enjoy proximity to the temples of Angkor as well as a respite from the rest of busy Siem Reap. The resort includes several restaurants, a swimming pool, spa, and contemporary art throughout the property.

Shinta Mani Angkor

This upscale, boutique property enjoys an enviable location in Siem Reap's tranquil French Quarter. Settle into your stylish guestroom, offering modern facilities and locally inspired decor - some rooms are just steps away from the swimming pool. After a day of walking, indulge in a traditional Khmer massage at the Khmer Tonics Spa and Gym. Two distinctive restaurants offer modern Khmer cuisine and all-day international dining. Toast an exciting day at Bensley's bar, featuring over 30 gins from all corners of the world.

Amber Kampot

Enjoy the serenity and charm of Southern Cambodia at Amber Kampot, set alongside the emerald Kampot River and across from the local town center. Luxuriously modern pool villas offer one or two bedrooms and have access to a private outdoor pool. Soak in your bathtub within an open-air atrium or lounge on your timber sun deck. Discover transformative treatments at the Amber Spa and savor Cambodian fusion cuisine at Arvi. Rooms include complimentary Wi-Fi and use of the fitness center.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Raffles Le Royal

Raffles Le Royal is your historic home base in bustling Phnom Penh, an elegant landmark hotel reinterpreted in bold, contemporary style. Spacious rooms and suites echo French colonial, Khmer, and Art Deco influences. Choose from several dining outlets, including the Le Phnom 1929 brasserie and the Elephant Bar, where you can sip a signature Femme Fatale, concocted for Jacqueline Kennedy during her visit in 1967. Take advantage of the spa, fitness center, gin tastings, and more.

Departure Dates

This trip is available to run in: January, February, March, October, November

Book early for a greater choice of available dates.

Once you book, your price is GUARANTEED!

January 21-30, 2025

February 11-20, 2025

February 25-March 6, 2025

March 16-25, 2025

October 24-November 2, 2025

November 10-19, 2025

November 23-December 2, 2025

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure quides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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70 Countries | 150+ Destinations | Infinite Possibilities

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