



Alps Eiger to Matterhorn Trekking

Oberland Trail Across the Iconic Swiss Alps

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!

Contact us at info@mtsobek.com
or call **800-974-0300**



Feel the difference

with **Mountain Travel Sobek**

Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





Why take this trip with us?

REASON 1

MT Sobek has been leading epic adventures in the Alps since the 1970s.

REASON 2

Our hand-selected alpine guides are true local experts with decades of guiding experience in the Alps.

REASON 3

We ensure that you experience the Alps like a local on an itinerary designed for active travelers who prefer an authentic experience.

At A Glance

ACTIVITIES

Full days of hiking and trekking with stops to rest, picnic, or marvel at the views.



LODGING

Charming family-run inns and alpine hotels with well-appointed rooms and regional cuisine, plus a night's stay in a rustic farmhouse.



CLIMATE

Mountain weather can quickly change from warm to cold and wet or windy. Snow is possible at the higher passes. Come prepared for everything.



KNOW BEFORE YOU BOOK

Accommodation

On Night-4 you stay at a rustic farmhouse auberge located on a real farm. This is a very basic accommodation, and might be considered one of the challenging aspects of this trip. You will have a small, private guestroom in a converted loft space located in the barn above the cows. Guestrooms are equipped with a bed, clean sheets, a pillow and blankets, and there is electricity. There are two bathrooms on the lower floor of the barn, and a shower room (with 2 showers) located in the detached main building near the dining room. This is the only available option for this part of the trek.



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Oberland Trail Across the Iconic Swiss Alps

Trek through the Swiss Alps on a spectacular route that links alpine gems of the Eiger (13,015') in Grindelwald to the Matterhorn (14,692') in Zermatt. Spanning Oberland and the Valais, this is a delightful journey of contrasts. Hike serene mountain pastures that echo with cowbells and the wilder, rockier landscapes where chamois and ibex roam. Soak up the Bernese and Pennine Alps, staying in villages like the picturesque Murren, serene Kandersteg, and far-flung Bundalp. Discover the quintessential Switzerland with soaring mountains, green valleys, idyllic meadows, and flower-filled chalets.

9 Days

Start: Geneva, Switzerland

End: Geneva, Switzerland

Departing: July, August, September

Activities: Hiking & Trekking

Lodging: Comfortable Hotels, Rustic Lodging

Group Size: 4-14 Guests

ACTIVITY:



Check mtsobek.com for date-specific pricing.

“

“A prominent reason we have chosen MT Sobek as our favorite adventure travel company has been the excellent travel guides.”

- Carol & Burt D.

The Itinerary

DAY 01

Arrive in Grindelwald in the Shadow of the Eiger

Arrive at Geneva International Airport and transfer by private van to Grindelwald (3,392') in Switzerland's Bernese Alps. This postcard-perfect alpine village is a popular outdoor destination year-round. Dominated by the northern face of the Eiger in the backdrop, Grindelwald is the perfect entry point to the ultimate Alps adventure. Check into the hotel and enjoy some down time or explore the area before the welcome dinner.

ACCOMMODATION: Hotel Kirchbühl

MEALS: Dinner

TRANSPORTATION: 3-hour private transfer

DAY 02

A First Look at the Eiger Massif

Begin your first day with a gondola ride up to Bort (4,700'). Pause to enjoy breathtaking views of the Eiger and Wetterhorn massif. Hike into mountain pastures as you acclimatize on your way to serene Bachalp Lake (7,550') and Hagel Lake (7,800'). There are several options for the descent and your expert guides will select the one that best suits the group.

ACCOMMODATION: Hotel Kirchbühl or similar

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5-8 hours/5 miles hiking with an elevation gain of 3,100' and elevation loss of 3,100'

DAY 03

Trek to Murren via Kleine Scheidegg Pass & Lauterbrunnen

Start the day with a train ride to the trailhead in Alpiglen. Then follow the trails through picturesque forests and meadows, guided by the majestic view of the Eiger Nordwand, the infamous north face inaccessible until 1930. Start your descent from the Alpine pass of Kleine Scheidegg to Wengen. From here, a second train transfer will make the long descent into the Lauterbrunnen valley easier. A cable car will take you up to Grutschalp, then you will continue the stage on foot to your hotel in the pretty car-free village of Murren.

ACCOMMODATION: Hotel Jungfrau

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 7-8 hours/9 miles hiking with an elevation gain of 2,985' and elevation loss of 2,700'



DAY 04

Soar Among the Bernese Alps on a Hike from Murren to Bundalp

From Murren, embark on the North Face Trail of the famous Alpine Pass Route that spans Switzerland. Take in glorious views of the Bernese Alps, lush green meadows and meandering streams, then hike up a steep path to the dazzling Sefienfurka ridge at 8,568 feet. Descend over a steep and rocky trail to the remote Bundalp village at 6,036 feet, marveling along the way at strange rock formations, sparkling glaciers, and plunging ravines. Stay at a working farm in Bundalp, right in the verdant Kiental Valley.

ACCOMMODATION: Mountain Inn Bundalp

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 9–10 hours/12 miles hiking with an elevation gain of 3,910' and an elevation loss of 3,000'

DAY 05

Climb Barren Hohturli Pass & Descend to Kandersteg

Continue along the Alpine Pass Route over the rocky Hohturli Pass at 8,869 feet, down to the quiet Kandersteg by the Kander River. This is the most challenging hike of the trip, with trails that are barren and steep, yet replete with mesmerizing views of the stark, high, and wild sceneries. Hiking down, admire the turquoise Oeschinen Lake that sparkles among rocky cliffs. Descend by gondola to Kandersteg at 3,560 feet, one of the most idyllic hamlets in Switzerland towered over by the Blumisalp massif.

ACCOMMODATION: Hotel Bernerhof or similar

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 7–8 hours/8 miles hiking with an elevation gain of 3,260' and loss of 3,690'



Journey to the Pennine Alps

Take a gondola to Sunnbuel and start walking along the serene Daubensee Lake towards the 7,616-foot Gemmi Pass, believed to have been in use as a route since the Bronze Age. Enjoy the first glances of the Valais Alps (Pennines) and the glittering peaks of the Dom, the Matterhorn, the Weisshorn, and the Dent Blanche. Hike down on an impressive path carved into the cliffs, overlooking the town of Leukerbad at the head of the lovely Dala valley. Wave goodbye to the Bernese Alps and stay in the canton of Valais.

ACCOMMODATION: Hotel Dala

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5 hours/10 miles hiking with an elevation gain of 1,700' and an elevation loss of 3,470'



Discover the Europaweg Trail

Cross the Rhone River Valley by bus to arrive at the trailhead in the village of Randa, perched at 4,245 feet. Through the forests, ascend to the well-known Europaweg trail that connects Grachen and Zermatt; it is considered one of the most beautiful hikes in the Alps. Soak up the scenic panoramas and cross the longest pedestrian suspension bridge in the Alps, 1,640 feet long and hanging nearly 280 feet above the chasm below. From Tasch, take a 10-minute train ride to Zermatt. Tonight dinner is on your own to explore Zermatt's many gastronomic options.

ACCOMMODATION: Hotel Butterfly, Zermatt

MEALS: Breakfast | Lunch

TRANSPORTATION: 40-minute private bus ride

ACTIVITY: 5 hours/7.5 miles hiking with an elevation gain of 3,000' and an elevation loss of 2,800'



Admire Sky-High Peaks on Your Way to Zermatt

For this last day, Zermatt offers a multitude of hikes to admire the surrounding peaks. Take a beautiful climb through the enchanting forest above the village of Zermatt. Following the beautiful five lakes route, reach the Fluhalp refuge (8,500') in time for lunch. Head back down to Zermatt along the path to the hotel, where a farewell dinner will conclude your journey.

ACCOMMODATION: Hotel Butterfly

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 3.5-hour private transfer

ACTIVITY: 6.5 hours/8 miles hiking with an elevation gain of 3,100' and an elevation loss of 3,100'



Transfer to Geneva & Depart

After breakfast, hop on a private minibus and transfer to Geneva International Airport. Alternatively, take a train from Zermatt to other destinations in Switzerland or Europe on your own. Flights departing from Geneva this day should be scheduled after 2:00 pm.

MEALS: Breakfast

TRANSPORTATION: 3.5-hour private transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel Kirchbühl

Situated in a calm setting amidst the towering Swiss Alps, this hotel offers very cozy chalet-style accommodations. Travelers can look out onto the UNESCO Heritage Jungfrau Aletsch, and enjoy delicious Bernese cuisine with high quality ingredients from the region. The hotel was awarded a TripAdvisor Travelers' Choice award in 2024. The spa is impeccable with a Finnish sauna, steam bath, and bubble bath along with an indoor pool and fitness center. Hotel Kirchbühl is a wonderful place to refresh the body and spirit!

Hotel Gletscherblick

Hotel Gletscherblick sits just above Grindelwald, where guests enjoy panoramic views of the Eiger, surrounding mountains and the town below. From this quiet location, rest in spacious rooms with floor to ceiling windows that open onto balconies with mountain views. The restaurant serves up Swiss specialties and the lounge includes a bar and billiard room for evening recreation. A 10-minute walk takes you down to Grindelwald's shops and cafes.

Hotel Jungfrau

Located in the car-free Swiss mountain village of Murren, Hotel Jungfrau is a family run hotel surrounded by lush meadows. Take in views of the magnificent Bernese Alps through large windows in comfortably furnished rooms. Enjoy breakfast on the sunny terrace or in the dining room with a view of the Eiger, Monch and Jungfrau. Guests have access to a public indoor pool and jacuzzi.



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Mountain Inn Bundalp

Part of a working farm, the cozy and rustic Mountain Inn Bundalp offers deep insights into alpine living in remote mountains. Electricity is provided by hydropower, the food served is locally grown, and the family that runs the farm also operates a small cheesemaking business. The accommodations are simple and authentic, as is the experience.

Hotel Bernerhof

The historic Hotel Bernerhof occupies a prime spot beneath the Blumlisalp, Kandersteg's local mountain. All 45 rooms come with balconies as well as amenities like bath/shower, TV, and Wi-Fi. The cozy restaurant serves both international and Swiss dishes, and the spa is well-equipped, featuring an experience shower, sauna, soft steam bath, ice grotto, and wellness Kneipp pools.

Hotel Victoria

Surrounded by a large park, Belle Epoque Hotel Victoria sits in the center of Kandersteg. The original guest house building was constructed in 1789 and has since been expanded and upgraded to a comfortable hotel that pays homage to traditional style, whether rooms are in the original building or a newer addition. The hotel has a variety of restaurants, all highlighting fresh wholesome ingredients.

Hotel Dala

Located near the Gemmi Pass, the family run Hotel Dala is a comfortable stay for travelers. The individually decorated guest rooms feature a range of amenities like Wi-Fi, a balcony with great mountain views, and flat screen TVs. The on-site restaurant serves a hearty buffet breakfast, and there is a wellness oasis with a sauna, gym, massage, and steam bath.

Hotel Butterfly

A part of the Best Western Signature Collection, Hotel Butterfly occupies a quiet location in the center of Zermatt. Alpine-style rooms have en-suite bathrooms, and all come equipped with flat-screen TVs. Guests can unwind at the wellness area with a Finnish sauna, an infra-red cabin and a steam room, and enjoy the on-site restaurant and cocktail bar.

Departure Dates

This trip is available to run in: July, August, September

Book early for a greater choice of available dates.
Once you book, your price is GUARANTEED!

July 12-20, 2025

August 23-31, 2025

September 6-14, 2025

September 20-28, 2025

July 11-19, 2026

July 25-August 2, 2026

August 8-16, 2026

August 22-30, 2026

September 5-13, 2026

September 19-27, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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