

# Alps Chamonix & Zermatt Hiking

## Day Hikes From Mont Blanc to the Matterhorn

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**

Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)

or call **800-974-0300**





# Feel the difference

with **Mountain Travel Sobek**

## Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.







## Leading the Way

### World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

We've been perfecting adventures in the Alps for more than 50 years, including expert-led hiking tours such as this.

## REASON 2

On this well-paced itinerary, you'll enjoy spectacular day hikes from the iconic alpine hubs of Chamonix and Zermatt, giving you a quintessential mountain experience in just one week.

## REASON 3

We work with professional local guides, who are truly the best in the Alps. Many of our Alps-loving guests return to hike with them year after year!

## At A Glance

### ACTIVITIES

Leisurely day hikes, between 3 to 5 hours up to 10,000 ft elevation, on rugged alpine trails with spectacular panoramic scenery.



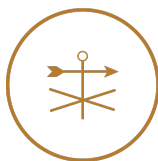
### LODGING

Charming accommodations in alpine towns and villages, featuring comfortable rooms, on-site restaurants, and warm alpine hospitality.



### CLIMATE

The days can change from hot to cold and wet. Snow is even possible at high passes. Come prepared for everything.



### KNOW BEFORE YOU BOOK

*"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.*





# Alps Chamonix & Zermatt Hiking

## Day Hikes From Mont Blanc to the Matterhorn

Go deep into the heart of the Alps for an epic one-week mountain adventure amidst extraordinary natural beauty. From the hubs of Chamonix and Zermatt, you'll enjoy perfectly paced day hikes with picture-postcard backdrops including the iconic Matterhorn — Switzerland's most famous peak! Reach new heights on thrilling cog railways and follow scenic mountain trails, including the Tour du Mont Blanc. Be dazzled by the chic towns of the Swiss Riviera and relax in Lavey's soothing thermal waters. At night, experience warm hospitality at perfectly located hotels, dine on delicious fare, and raise a toast to your alpine adventure.

### 7 Days

**Start:** Geneva, Switzerland

**End:** Geneva, Switzerland

**Departing:** June, July, August, September

**Activities:** Hiking & Trekking, Family Friendly

**Lodging:** Comfortable Hotels

**Group Size:** 4-16 Guests

#### ACTIVITY:



Check [mtsobek.com](https://mtsobek.com) for date-specific pricing.

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*“A prominent reason we have chosen MT Sobek as our favorite adventure travel company has been the excellent travel guides.”*

- Carol & Burt D.



# The Itinerary

## DAY 01

### Arrive in Geneva, Transfer to Chamonix

Arrive at the Geneva airport, Switzerland, for a 2pm pick-up. Transfer by private van to the charming mountain-ringed resort town of Chamonix, France. Upon arrival at the hotel, rest or explore the town before meeting your guides and group for a trip orientation. End the day with a delicious welcome dinner at a lovely restaurant in town.

**ACCOMMODATION:** Chalet Hotel Le Prieure or Park Hotel Suisse & Spa or Heliopic Hotel & Spa

**MEALS:** Dinner

**TRANSPORTATION:** 1.5-hours private van transfer

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## DAY 02

### Hike Along the Grand Balcon

Start the day with the world-famous cable car ride up to Aiguille du Midi (12,605') for breathtaking views over the Mont Blanc Massif. Ride down to Plan de l'Aiguille and follow the Grand Balcon hiking path through awe-inspiring scenery with the jagged peaks of the Aiguilles de Chamonix rising above as you descend to Montenver Upper Train Station. Enjoy a charming ride on the historic cog railway as you descend over the Mer de Glace, France's largest glacier, before arriving back in Chamonix for a pleasant evening in town.

**ACCOMMODATION:** Chalet Hotel Le Prieure or Park Hotel Suisse & Spa or Heliopic Hotel & Spa

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 3 hours/4 miles hiking with 450' elevation gain and 1,800' loss

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## DAY 03

### Tour du Mont Blanc Trail

Start the day in the charming mountain village of Les Praz de Chamonix, where a cable car will whisk you up to La Flegere ski resort (6,158'). From here you'll take the iconic Tour du Mont Blanc trail to Lac Blanc (7,716') and be wowed by magnificent views of the Mont Blanc range. Take the loop trail back to La Flegere passing Lac des Cheserys, lush pastures, and mountain chalets. Return to Les Praz by cable car.

**ACCOMMODATION:** Chalet Hotel Le Prieure or Park Hotel Suisse & Spa or Heliopic Hotel & Spa

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 4.5 hours/5.5 miles hiking with 1,800' elevation gain and loss

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## DAY 04

### Journey from Chamonix to Zermatt

It's time to rest those legs with a leisurely drive to the Swiss Riviera! Explore Montreux, following a picturesque path from the castle turrets of Chateau de Chillon along the banks of Lac Lemman (Lake Geneva) into the delightful town, known for its lakeside promenades and cultural heritage. Experience the healing properties of Lavey thermal baths, then pass through Wallis (Valais) valley to Zermatt, a storybook mountain town at the base of the mighty Matterhorn. Settle into your hotel, where you'll spend three relaxing nights, then head to dinner with the group.

**ACCOMMODATION:** Christiania Hotels & Spa or Hotel Bella Vista

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2-hour private van transfer

**ACTIVITY:** 2.5 mile lakeside walk

## DAY 05

### Explore Matterhorn Trails in Zermatt

Discover Zermatt's spectacular surroundings as you explore trails at the foot of Switzerland's most famous mountain: the iconic Matterhorn. Hike to the renowned Zmutt hamlet (6,352') and then to Zum See. Once at Furi mountain station (6,125') take a cable car up to Schwarzsee (8,373'), a small, picturesque lake just below the Matterhorn. If you're motivated and time allows, there's an option to push a little further to the Hirli cable car station (9,107') for an elevated view of the lake. Return to Zermatt for a well-deserved meal and rest.



**ACCOMMODATION:** Christiania Hotels & Spa or Hotel Bella Vista

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 3.5-5 hours/5.5-6.5 miles hiking with up to 2,500' elevation gain and loss

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## Ride the Cog Railway & Hike to Gornergrat

Experience the Monte Rosa side of Zermatt's mountains, starting with a ride on the famous Gornergrat cog railway up to 10,140 feet. At the top, soak up gorgeous views of the Monte Rosa massif and Dufourspitze, the second-highest peak in the Alps. From here, follow trails down the sunny, northwestern side of the mountains passing shimmering lakes, pretty hamlets, and alpine pastures all the way back to Zermatt. End your mountain adventure with a farewell dinner this evening.

**ACCOMMODATION:** Christiania Hotels & Spa or Hotel Bella Vista

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 4 hours/7 miles hiking with 550' elevation gain and 3,500' loss

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## Depart from Geneva

Bid farewell to the Alps today and return to Geneva airport for your homeward-bound flight.

**MEALS:** Breakfast

**TRANSPORTATION:** 2.45-hour private van transfer





## Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

### Park Hotel Suisse & Spa

Enjoy upscale comforts and warm hospitality at the Park Hotel Suisse & Spa, perfectly located in the heart of Chamonix. In addition to well-appointed rooms, guests are treated to a spa area located on the hotel's roof top. This comes with a steam room, two saunas, a Jacuzzi and heated outdoor swimming pool, plus a panoramic terrace.

### Chalet Hotel Le Prieure

Experience classic Alpine hospitality at this chalet-style hotel with spectacular views of Mont Blanc. Sit back with a drink by the wood fire in the lobby and savor a wide range of breakfast delights as you contemplate Chamonix's stunning mountain peaks. It's modern wood-paneled rooms feature en-suite bathrooms, complimentary tea/coffee, free Wi-Fi, and mini-bar. Unwind in style with access to indulgent relaxation areas, including a hammam, jacuzzi, outdoor sauna, herbal tearoom, and a terrace overlooking Mont Blanc. Just a short walk to downtown and the Aiguille du Midi cable car!

### Heliopic Hotel & Spa

At the base of the Alps in the town center of Chamonix, Heliopic is well located for mountain adventures. After a day on the trail, cocoon yourself in a cozy room with luxe bedding, balcony, and Wi-Fi, or indulge yourself in the spa's sauna, ice grotto, hammam, and pool with views of the Mont Blanc massif. Two tantalizing dining options and a cocktail bar complete your experience.





# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Hotel Bella Vista**

The Hotel Bella Vista is a beautiful family owned and operated retreat with magnificent views of the Alps, including the Matterhorn. Rooms feature modern design and wellness amenities. The onsite spa includes saunas and a steam room, perfect for unwinding after a day of hiking through beautiful alpine scenery.

## **Christiania Hotels & Spa**

Christiania Hotels & Spa, is a lovely, family-run hotel and a guest favorite, complete with cultural Zermatt décor and friendly service. The hotel has amenities that include a spa, wellness services, fitness center, restaurant, and bar. All rooms have a panoramic view of the Matterhorn, free Wi-Fi, cable TV with radio, coffee machine and minibar.



# Departure Dates

This trip is available to run in: June, July, August, September

**Book early for a greater choice of available dates.**  
Once you book, your price is GUARANTEED!

June 15-21, 2025

July 6-12, 2025

August 3-9, 2025

August 24-30, 2025

September 7-13, 2025

June 21-27, 2026

July 12-18, 2026

August 2-8, 2026

August 23-29, 2026

September 6-12, 2026



# What's Included

## PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- A limited amount of wine with dinners selected by MT Sobek
- Comprehensive Trip Planner with detailed pre-trip information
- 1 entry per person at Lavey Thermal Pools
- Special events and other select attractions as mentioned in the itinerary
- Gratuities at restaurants included in the tour
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted in the Trip Planner)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

## PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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The Adventure Company | Est. 1969

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