

Canadian Rockies Hiking & Camping

6 Days



The Adventure Company | EST. 1969


MT SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Canadian Rockies Hiking & Camping

The vast Canadian Rockies were shaped over millions of years, and we have five days to hike through the area's most awe-inspiring scenery. Near Lake Louise, we set out with our experienced guides on scenic hiking trails through grand valleys, alongside turquoise lakes and up onto ridgelines with jaw-dropping views of jagged peaks. Spend some time exploring, reflecting, and getting to know your companions along the way. Hike across the immense Columbia Icefield, a highlight of Jasper National Park. Heart-pounding whitewater rafting awaits us on the Kicking Horse River. Our adventure comes to a close with a final hike to stunning panoramas surrounding Stanley Glacier in Kootenay National Park. The trip concludes having roamed through some of the most dramatic scenery the Rocky Mountains have to offer.

Details

Arrive:	Banff, Alberta
Depart:	Banff, Alberta
Duration:	6 Days
Group Size:	4-12 Guests
Minimum Age:	18 Years Old
Activity Level:	

Testimonials

Fantastic scenery! The physical challenge of the hike was made all the easier by the helpfulness, attentiveness, and care of our guides. And MT Sobek put together a great package of transport, lodging, meals, and pre-trip information.

James H.

Mt Sobek is an excellent travel company that stops at nothing to ensure you have a wonderful vacation experience. They went above and beyond to make sure we were well prepared for our adventure.

Stuart L.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

📞 1-800-974-0300

✉ info@mtsobek.com

Why Take This Trip With Us?

REASON #01

MT Sobek is a legendary outdoor outfitter, carving out a reputation as a leader in sustainable, low-impact adventures.

REASON #02

Our team of local guides are true experts, with over 20 years' experience leading trips in Canada.

REASON #03

Adventurers with limited time will love this special weeklong adventure.

What to Expect



ACTIVITIES

Scenic hikes up to 11 miles on dirt and rocky trails. Rafting on class 11-IV whitewater river.



LODGING

One night in a comfortable hotel and four nights tent camping.



CLIMATE

Enjoy mild summers with rain and clouds and winds near glaciers and mountains. Daytime 55°F - 70°F. Evenings 35°F - 50°F.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Sean was born in British Columbia but grew up in the UK. He enjoyed a career teaching politics and history, but the outdoors was always calling. He returned to Canada in 2008, and has since guided hiking, canoeing, and bear viewing adventures around Whistler and the Rockies. Sean has the following certifications: ACMG Assistant Hiking Guide, IGA Apprentice Hiking Guide, Wilderness First Responder, Flatwater Canoe and CSIA Level 1.

Sean Boyle

Spending his childhood exploring outdoors in the French-speaking province of Quebec, Etienne followed his love of adventure to the Canadian Rockies and began his dream job, guiding outdoor trips, in 2016. He is a certified Professional Interpretive Guide, and proficient in wilderness first aid. His enthusiasm for the landscapes and stories of the region is infectious, and he looks forward to sharing this passion with you on every adventure.

Etienne Labelle

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Itinerary

DAY 1

MAKE YOUR WAY TO THE LEGENDARY TOWN OF BANFF

Arrive in Banff, Alberta, Canada (from Calgary) any time today. There are several daily shuttles from the closest airport in Calgary to Banff (approximately a 2-hour drive) where tonight's hotel stay is included.

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DAY 2

TRAVEL TO LAKE LOUISE AND HIKE TO LAKE ANNETTE

Meet our guides at the hotel restaurant this morning. We'll enjoy breakfast and a brief orientation before heading out for drive along one of the world's most scenic mountain roads, to the heart of Canada's hiking capital! We then head to our home for the next 4 nights to prepare lunch before heading out on the trail. Our hike today takes us underneath a some mountain giants of the Canadian Rockies at Lake Annette.. Enjoy the views of the 3rd highest peak in Banff National Park while getting to know your fellow travelers. As we return to the campground our guides will prepare some delicious post hike snacks while you get yourself set up in your tent.

Activity: 6.8 miles hiking with 1210' elevation gain and loss

Meals: B, L, D

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DAY 3

HEAD TO JASPER; HIKE TO ATHABASCA GLACIER AND PARKER RIDGE OR WILCOX PASS

We hike in Jasper National Park today. The first stop is to view Peyto Lake from a platform hanging on a cliff high above. Depending upon the time of year, the hue of the lake runs from dark blue to opaque turquoise to gorgeous jade green. The road then takes us onto the Columbia Icefield, the geo-hydrographic center of North America. Meltwaters from the Icefield and its glacial tongues feed 3 different oceans. We walk up to the toe of the Athabasca Glacier. Everything you've ever wanted to know about glaciers - this is the place to learn! Then we continue hiking up to either Parker Ridge for a spectacular view of the Saskatchewan Glacier from above or, for a true wilderness experience, a hike up to Wilcox Pass. Returning to camp, we'll enjoy dinner around the campfire. All meals included.

Activity: 5 miles hiking with 1,000'-1,200' elevation gain and loss

Meals: B, L, D

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DAY 4

HIKE TO A TEAHOUSE ABOVE LAKE LOUISE; RAFT THE KICKING HORSE RIVER

We spend the morning hiking to the charming Lake Agnes Tea House. The trail to the tea house begins in an old-growth spruce forest before popping out to open views of glacier-fed Lake Louise. Once at the tea house we enjoy the vistas with the option to refuel on over 100 varieties of loose leaf tea and freshly baked goods. In the afternoon a bus ride takes us through Yoho National Park into British Columbia for rock-and-roll rafting on the

Kicking Horse River. This exhilarating trip allows us to raft the best section of the class III-IV whitewater rapids. We return to camp for dinner. All meals included.

Activity: 7 miles hiking with 1,300' elevation gain and loss; 3 hours rafting

Meals: B, L, D

DAY 5

ENJOY STUNNING VIEWS OF WORLD-FAMOUS MORaine LAKE AND HIKE THROUGH THE HIGH ALPINE PARADISE OF LARCH VALLEY

At turquoise Moraine Lake, we take in the famed view of the Valley of Ten Peaks (each peak over 10,000'). From here, we hike through Larch Valley, its meadowlands filled with dense stands of alpine larch and panoramic views over the Valley of the Ten Peaks. Continuing to lovely Eiffel Lake, the towering Rocky Mountains surround us. Time and weather permitting, we may hike the Helen Lake trail, famous for its summer wildflowers. Our last celebratory dinner will be at a restaurant in Lake Louise. All meals included.

Activity: 7-11 miles hiking with 1,300'-1,800' elevation gain and loss

Meals: B, L, D

DAY 6

HIKE TO THE FOOT OF STANLEY GLACIER

After breaking camp and waving goodbye to our campground, we head south into Kootenay National Park for a hike to Stanley Glacier. Considered one of the park's most spectacular trails, our hike to the base of Stanley Glacier rewards us with a diverse range of terrain. With an endless supply of geological treasures such as hanging valleys, ice caves, sheer cliffs, and towering peaks our final miles together will be the perfect culmination of an amazing exploration of the Canadian Rockies. These stunning views are a worthy finish to a great week of hiking! Our trip concludes in Banff with a drop off at the hotel where we spent night one. Breakfast and lunch included.

Activity: 5 miles hiking with 1,200' elevation gain and loss

Meals: B, L

Dates

Jul 6 - 11, 2025

Jul 5 - 10, 2026

Jul 13 - 18, 2025

Jul 12 - 17, 2026

Jul 27 - Aug 1, 2025

Jul 26 - 31, 2026

Aug 3 - 8, 2025

Aug 16 - 21, 2026

Aug 10 - 15, 2025

Aug 23 - 28, 2026

Aug 17 - 22, 2025

Aug 24 - 29, 2025

Aug 31 - Sep 5, 2025

Jun 28 - Jul 3, 2026

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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SEVEN CONTINENTS.

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