



California Lost Coast Backpacking

5 Days



The Adventure Company | EST. 1969


MT+SOBEK™
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ California Lost Coast Backpacking

The Lost Coast is a remote stretch of the California coastline so rugged that it forced the Coast Highway further inland. This rare stretch of paradise is a must-do for the backpacker looking for a truly off the beaten path experience. Watch for sea lions, explore tide pools, and enjoy a colorful bounty of wildflowers. Expect to backpack through sand, over rock cobbles, and across streams—with the occasional stretch of smooth hiking trail. We enjoy views of towering mountains, crystal clear cascading rivers, endless views of the Pacific Ocean and a diverse array of extraordinary wildlife. Our guides handle the details expertly—getting us to the trailhead, teaching us about the history of the landscape and preparing fantastic backcountry meals—leaving us free to fully focus on enjoying this incredible backpacking adventure.

Details

Arrive:	Santa Rosa, California
Depart:	Santa Rosa, California
Duration:	5 Days
Group Size:	4-10 Guests
Minimum Age:	18 Years Old
Activity Level:	

Testimonials

I would highly recommend Mt Sobek for an amazing travel adventure. It was truly worth the money.

Every detail was taken care of. It made for a stress free trip and one where you can truly enjoy the beauty and culture around you.

Kristin W.

Mt. Sobek had us covered all the way from A to Z. We came in fully prepared thanks to all of the detailed and helpful guidance. The accommodations were amazing, the dining was phenomenal and our guides were such knowledgeable, impressive professionals. We were able to forget about all the stresses at home on our amazing journey.

Susan H.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

 1-800-974-0300

 info@mtsobek.com

Why Take This Trip With Us?

REASON #01

Our expert guides provide travelers with helpful backpacking tips and techniques, plus knowledge on local wildlife, geology, and history.

REASON #02

MT Sobek's legacy of preservation and protection enables us to operate over 30 Global National Park adventures.

REASON #03

MT Sobek has taken care of all the logistics to visit this one of a kind all-inclusive backpacking adventure.

What to Expect



ACTIVITIES

Backpack for up to 8 miles and 6 hours per day.



LODGING

Spend four nights camping in the back-country sites right near the Pacific Ocean.



CLIMATE

Daytime temperatures in the 60s with nighttime temperatures in the 40s-50s.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

We work with only the most experienced and knowledgeable local guides on our trips. You will be in excellent hands with a fully licensed and accredited local guide who will share their expertise in everything from history and architecture, to culture and traditions, the best local cuisine, activities and crafts, or even shopping. Local guides live, breathe, and love their trips because as locals they are an integral part of their communities. Their connections run deep and pride in their piece of the world is contagious.

Local Tour Guide

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Itinerary

DAY 1

MEET IN SANTA ROSA AND HIKE AMONG THE REDWOODS EN ROUTE TO CAMP

Meet in Santa Rosa and hike among the Redwoods en route to camp. Our trip begins today at the Charles M. Schulz Sonoma County Airport in Santa Rosa. Following an orientation and gear check, we load into our support van and drive to Humboldt Redwoods State Park, home of some of the world's most majestic and ancient redwoods. We enjoy a short hike among these impressive trees, and then transfer to our campsite. Our guides prepare dinner and talk about the adventure ahead.

Meals: D

DAY 2

VISIT A LIGHTHOUSE AND ENJOY SPECTACULAR VIEWS OF THE CALIFORNIA COAST

We load our backpacks with our personal gear and a portion of the group gear, then transfer a short distance to the trailhead. We begin our hike on sand, dotted with colorful ice plant and other coastal flora. The sand gives way to beach pebbles and bits of trail on solid ground as we near the Punta Gorda Lighthouse. Built in 1910 after a number of fatal shipwrecks off this rocky coast, this lighthouse is one of the few signs of civilization that we encounter on our adventure. Continuing our hike, we cross a rocky stretch to an overland detour around an impassable rock outcrop. Our short detour will afford us spectacular vistas up and down the rugged coastline, and we may see elephant seals. Tonight we camp at Cooskie Creek.

Activity: 6.3 miles backpacking

Meals: B, L, D

DAY 3

BACKPACK FROM COOSKIE CREEK TO BIG CREEK

Our backpacking trip continues south across cobbles and coarse black sand until we reach a grassy terrace. We pay close attention to the timing of the tides since high tide renders stretches of coastline along our route impassable. Our goal is to reach Big Creek campsite by midafternoon, leaving us free to explore, comb the beach or find a quiet spot to kick back with a book and enjoy the solitude.

Activity: 7 miles backpacking

Meals: B, L, D

DAY 4

BACKPACK THROUGH LUSH SCENERY TO GITCHELL CREEK

We hike through thickets of twisted pine trees and cross several creeks on our way to camp at Gitchell Creek. This stretch of coastline is particularly lush, with several springs pouring from the mountainside and onto the sand,

sustaining hanging wildflower gardens bright with monkey flower and other water-loving plants. This stretch of coast is particularly dramatic, with mountains and forest dropping precipitously down to the beach.

Activity: 7.6 backpacking

Meals: B, L, D

DAY 5

COMPLETE OUR JOURNEY TO BLACK SANDS BEACH AND RETURN TO SANTA ROSA

Complete our journey to Black Sands Beach and return to Santa Rosa. We hike across wide sandy beaches to our van waiting at Black Sands Beach. We stop to purchase lunch en route(own expense). We expect to arrive in Santa Rosa late this afternoon, though this may vary depending on trail and road conditions, group pace and weather.

Activity: 3.7 miles backpacking

Meals: B

Dates

May 3 - 7, 2025

Jun 1 - 5, 2025

Jun 17 - 21, 2025

Jul 14 - 18, 2025

Jul 28 - Aug 1, 2025

Aug 11 - 15, 2025

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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