



Tennessee Great Smoky Mountains Women's Adventure

4 Days



The Adventure Company | EST. 1969

MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Tennessee Great Smoky Mountains Women's Adventure

This trip is an adventure sampler, perfect for women who want to fit a lot of different activities into a short getaway while still enjoying time to relax. We'll be absorbed in our surroundings as we jump in to experience the highlights of Great Smoky Mountains National Park and surrounding region. We sample moonshine at a local distillery. We hit iconic trails, including Mt. LeConte, with its one of a kind high-mountain shopping opportunity. We zip-line from summit to summit, getting a bird's-eye perspective of the treetops. And we take to the water, rafting the beautiful Nantahala River. Each evening, we stay in our deluxe camp where everything is prepared for you. Spacious tents, hot food and comfy camp chairs by the fire await at the beginning and end of each day. Nature's sounds serenade us to sleep, rejuvenating the body and mind for the day's adventures. All the while, our passionate expert guides share inspiring stories and lore about the area's wildlife, landscapes and extraordinary women past and present.

Details

Arrive: Gatlinburg, Tennessee

Depart: Gatlinburg, Tennessee

Duration: 4 Days

Group Size: 4-12 Guests

Minimum Age: 18 Years Old

Activity Level:



Testimonials

We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek.

Dennis G.

MTS delivers remote adventure with the smoothest logistics and unrivaled depth of local experience. One call and you are expedition ready. Booking our eighth trip now!!

Helen S.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

☎ 1-800-974-0300

✉ info@mtsobek.com

Why Take This Trip With Us?

REASON #01

Our expert guides provide travelers with helpful hints, techniques and hiking tips, plus knowledge on local wildlife, geology, and history.

REASON #02

MT Sobek's legacy of preservation and protection enables us to operate over 30 Global National Park adventures.

REASON #03

This adventure covers the best of the iconic Appalachian Trail, including classic trails and hidden gems.

What to Expect



ACTIVITIES

Hiking 5-8 hours each day, up to 11 miles. Ziplining and rafting (Class II-III) are suitable for beginners.



LODGING

Private deluxe campground with cozy campfires and delicious meals.



CLIMATE

Daytime temperatures in the 60s-70s with nighttime temperatures in the 40s-50s.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Ansley grew up in the city of Atlanta and spent weekends and holidays in the southern Appalachian mountains. After college she worked in Wilderness Therapy in the North Carolina mountains with troubled youth. In the winters, Ansley goes out west to Utah to ski. She has hiked all around the United States, but the Smoky Mountains always call her back. Her favorite activities include, rock climbing, whitewater kayaking, rafting, scuba diving, yoga, canyoneering, skiing and, of course, backpacking.

Ansley Still

Jack Lloyd was raised in Shelby, North Carolina. He grew up playing in creeks and chasing critters in the foothills of Western North Carolina. Before coming to A Walk in the Woods, Jack was a head guide for the Nantahala Outdoor Center, leading ziplining trips and guiding rafts down the river. Over the winters, Jack is a ski instructor working with kids on the slopes. As an avid whitewater paddler, he loves spending hot summer days on the water. He also enjoys gardening and foraging.

Jack Lloyd

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Itinerary

DAY 1

HIKE ALONG A PRISTINE MOUNTAIN STREAM BEFORE VISITING A LOCAL DISTILLERY FOR A MOONSHINE TASTING

Meet your guides and fellow traveling companions this morning in Gatlinburg, Tennessee. After introductions and a trip orientation we'll hop aboard our provided shuttle for a quick transfer to our first trailhead. The Cucumber Gap Loop is a perfect introduction to the rich biodiversity, beauty and history of the Great Smoky Mountains. After enjoying lunch and an afternoon on the trail we're then off to a local distillery for a tasting of delicious local moonshine. Finally, with our first day of amazing adventure behind us we'll arrive at our exclusive camp where we are greeted by our friendly camp host.

Activity: 5.4 miles hiking with 800' elevation gain and loss

Meals: D

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DAY 2

SUMMIT 6,594' MT. LECONTE

After a delicious breakfast in camp we're off on our unique adventure up Mt. LeConte. At 6,594', bagging Mt. LeConte is an accomplishment in and of itself. Yet one of the most unique characteristics of Mt. LeConte is that it's home to the highest guest lodge in the eastern United States, which can only be reached via a hearty hike to the summit. Once at the summit we'll have a chance to explore the lodge and pick up a souvenir at the high-mountain gift shop. Later in the day we'll return to our REI Signature Camp where we'll enjoy a relaxing and meditative post hike yoga practice and a delicious meal prepared by our camp host.

Activity: 10.5 miles hiking with 2,700' elevation gain and loss

Meals: B, L, D

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DAY 3

HIKE BIG CREEK TRAIL WITH WATERFALLS AND SWIMMING HOLES

Hike along the turquoise waters of Big Creek and slow down as we explore frequent waterfalls and swimming holes. Midnight Hole is one of the most beautiful natural swimming holes in the Blue Ridge Mountains with its crystal green waters, massive boulders and 6' waterfall. Part of this hike is along an old logging road and we will learn about the history of the Smokies logging era and how the forest has rebounded. Once back at camp we get to kick off our boots, enjoy another great meal together and recount the day's adventures. All meals included.

Activity: 4.5 miles hiking with 750' elevation gain and loss

Meals: B, L, D

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DAY 4

ZIP-LINE ABOVE THE TREES AND RAFT THE NANTAHALA RIVER

After another delicious breakfast we pack up our things and say a final goodbye to Signature Camp as we load up the van. We take a two hour journey to the Nantahala Outdoor Center, a mecca for outdoor adventure located at the intersection of the Appalachian Trail and the Nantahala River. After another delicious breakfast we pack up our things and say a final goodbye to Signature Camp as we load up the van. We take a two hour journey to the Nantahala Outdoor Center, a mecca for outdoor adventure located at the intersection of the Appalachian Trail and the Nantahala River. After three days of exploring by foot, we take to the air to see the park from above the trees while soaring mountaintop to mountaintop along two miles of zip-lines. With adrenaline pumping, we enjoy 360-degree views of the Smokies and Nantahala Gorge. We then load into whitewater rafts to enjoy a fun Class II and III ride down the scenic Nantahala River, a popular stretch of water for fans of paddling sports, renowned for both its beauty and accessibility. Inspired and rejuvenated, we make our way back to Gatlinburg arriving midevening. Here we bid farewell to new friends. Breakfast and lunch included. Inclement weather may impact the accessibility of the zip-lining course. If this is the case, we may substitute the NOC's adventure rope course for the zip-lining activity. In the event of lightening all aerial courses will be closed.

Activity: 2 miles zip-lining; 8 miles rafting

Meals: B, L

Dates

Jun 23 - 26, 2025

Jul 24 - 27, 2025

Aug 4 - 7, 2025

Sep 11 - 14, 2025

Oct 20 - 23, 2025

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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