

Wyoming Grand Teton Kayaking

4 Days



The Adventure Company | EST. 1969

MT+SOBEK

CELEBRATING 50 YEARS AS THE PIONEER OF ADVENTURE TRAVEL

Wyoming Grand TetonKayaking

One glimpse of the Grand Teton National Park is enough to understand why this is a destination spot for adventurers the world over. Our weekend getaway begins with a steady paddle on Jackson Lake toward our campsite at Grassy Island, situated just below the impressive Mount Moran and surrounded by breathtaking views. We kayak to rarely traveled trails on the second and third mornings, where we leave the boats behind and enjoy hikes to alpine lakes or waterfalls. Explore the beauty of the surrounding mountains reflected in the still waters. Then, on the final day, experience floating the Wild and Scenic Snake River. Our local guides share their knowledge and perspective, prepare delicious meals and provide expert paddling instruction. On our final night, we camp in Spalding Bay, where the star-filled sky is just a zipper pull away.

Details

Arrive: Jackson, Wyoming

Depart: Jackson, Wyoming

Duration: 4 Days

Group Size: 4-10 Guests

Minimum Age: 7 Years Old

Activity Level:

Testimonials

"We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek."

Dennis G.

"I have traveled extensively around the world. The experience with MT Sobek was by far the best I have ever had. Thank you for such excellence."

Marianne W.

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Why Take This Trip With Us?

REASON #01

We make it easy to take a unique dive into Grand Teton National Park

REASON #02

MT Sobek works with local expert guides to ensure an immersive active adventure. Hike, kayak, raft, and explore the wonders of Grand Teton with pros.

REASON #03

MT Sobek has been exploring US National Parks for more than 50 years. We actively support the National Parks Service and always leave a

What to Expect



ACTIVITIES

Wildlife watching, kayaking, rafting, and hiking in Grand Teton National Park.



LODGING

Backcountry tent camping in pristine settings



CLIMATI

Expect sunny days with temps in the 60 — 80°Fs. Nighttime temps can drop into the 40°Fs. Always be prepared for rain showers.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Aaron has been guiding and teaching kayaking since 1993, introducing thousands to the sport. Over the past three decades, he's been deeply involved in many whitewater expeditions and exploratory descents in Wyoming, British Columbia, Chile, Argentina & Siberia. After founding the Jackson Hole Kayak Club in 1996 to promote youth paddling, he's also supported adaptive paddling, programs for veterans, and helped to secure "Wild & Scenic River" designation and protection for the Snake River Headwaters. Aaron lives in Wilson, WY with his family and is still active in expedition kayaking, racing, and whitewater SUP.

Max discovered kayaking while pursuing a degree in outdoor education in the Southeast and it quickly became his passion. Backed by education and experience, he moved to Wyoming, where he began guiding and teaching kayaking in 2012. He also guides and teaches paddleboarding and canoeing. He is excited to share an adventure on the water with you. Max is an ACA L4 Kayak/SUP Instructor Trainer and Swiftwater Rescue Instructor.

Max Pelosi

Aaron Pruzan

Itinerary

DAY 1 KAYAK ON JACKSON LAKE TO OUR SPECTACULAR CAMPSITE ON GRASSY ISLAND

Our adventure begins this morning in Jackson, Wyoming. Following introductions, we shuttle to Jackson Lake in Grand Teton National Park. After a demonstration on kayaking techniques and safety procedures, we paddle to a picnic spot on Marie Island, Elk Island or Deadman Point. After lunch we return to our kayaks and paddle to our incredible campsite on Grassy Island, situated just below impressive Mount Moran. We work together as a team to set up camp, then the remainder of the afternoon is free to hike around the island or enjoy time on the lake with one of our paddle boards. We gather in the evening for a delicious hot meal prepared by our guides, then relax around a campfire and listen for magical sounds of nature nearby. Depending on the season we could hear the rush of waterfalls, howling of wolves or the bugling of elk. Lunch and dinner included.

Activity: 6.5-7 miles kayaking

Meals: L, D

DAY 2 KAYAK TO A TRAILHEAD AND HIKE TO LEIGH LAKE AND TRAPPER LAKE

This morning take in the spectacular views of glacier-topped granite peaks while paddling to Leigh Lake Trailhead. The countless miles of wilderness shoreline beg to be explored, and before long we beach our kayaks and begin our hike. Along the trail our guides point out trees scarred by bears scratching and rubbing against them—reminding us of the importance of the bear safety practices that our guides employ throughout this adventure. Reaching Leigh Lake, we pause for lunch. The sweeping views of the Teton Range are a perfect backdrop for a picnic. The cold water is refreshing, and swimming is encouraged. After lunch we continue our hike to Trapper Lake, and then make our way back to our kayaks. Reaching our campsite there is time to use the paddle boards or further explore Grassy Island. After dinner, relax by the campfire while sharing stories of the day's adventures. All meals included.

Activity: 3 miles kayaking; 4 miles hiking

Meals: B, L, D

DAY 3 HIKE IN MORAN CANYON AND SET UP CAMP IN SPALDING BAY

After a hot breakfast we will work together as a team to pack up our camp. We then paddle or hike to Moran Creek to take a scenic hike in Moran Canyon. The vistas of Jackson Lake and the vast valley beyond are stunning. Following a short paddle, we will then eat lunch near the mouth of Bear Paw Bay. After lunch, we paddle to our campsite at Spalding Bay, which provides wonderful views of the Teton Range including Grand Teton and the Cathedral Group. Once the kayaks are unloaded and our tents set up, we take time to explore the area on foot or by paddle board. Our last night easily flows from watching the sunset to stargazing as we toast new friendships, the beauty of our national parks, and the excitement of tomorrow's final adventure on the Snake River. All meals included.

Activity: 7 miles kayaking; 2 miles hiking

Meals: B, L, D

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DAY 4

A SCENIC FLOAT DOWN THE SNAKE RIVER ENDS THE TRIP WITH ICONIC VIEWS OF THE PARK

We load up and paddle to our original launching point, then transfer to our rafting location. We hop into six-man rafts and embark on a picturesque float down the Snake River. The knowledge of our guides enhances the experience as they share natural and historical interpretation of the region. Each turn of the river provides a new perspective of the Cathedral Group and calls to mind photos by Ansel Adams that have come alive in brilliant color and breathtaking beauty. The waters are gentle, providing us with ample opportunities to spot wildlife. We pause for a picnic lunch, and then continue our float trip to reach Deadman's Bar. We shuttle back to Jackson, WY where we make our final goodbyes. Breakfast and lunch included.

Activity: 1.5 miles kayaking; 10.5 to 14 miles rafting

Meals: B, L

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Dates

Jul 7 - 10, 2025	Jun 18 - 21, 2026
Jul 21 - 24, 2025	Jun 29 - Jul 2, 2026
Aug 7 - 10, 2025	Jul 9 - 12, 2026
Aug 11 - 14, 2025	Jul 20 - 23, 2026
Aug 25 - 28, 2025	Jul 30 - Aug 2, 2026
Aug 28 - 31, 2025	Aug 20 - 23, 2026
Sep 1 - 4, 2025	Aug 31 - Sep 3, 2026
Sep 4 - 7, 2025	Sep 3 - 6, 2026

Sep 8 - 11, 2025

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums,
- wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- **Travel Protection Program**
- Personal expenses

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The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are the adventure company.

Awards











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