



Tennessee Great Smoky Mountains Family Adventure

4 Days



The Adventure Company | EST. 1969

MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Tennessee Great Smoky Mountains Family Adventure

Every day of this trip brings a new adventure and reveals a new side of these ancient mountains. Discover this UNESCO World Heritage site and International Biosphere Reserve with naturalist guides who seem to know something interesting about every plant, critter, hill and holler. You'll hike amongst old-growth giants, mist-veiled valleys, meadows of year-round wildflowers, and a thousand years of human history. (Ever hiked a Civil War road or explored a moonshine cave? You will!). Navigate a multi-level aerial challenge course, then board rafts for a ride on the rollicking Nantahala River. Evenings are for roasting marshmallows and cuddling up to the campfire and gazing up at "wow"-worthy night skies, all in the comfort of our deluxe private Signature Camp. Give your kids the chance to rediscover the beautiful simplicity of life with less technology.

Details

Arrive: Gatlinburg, Tennessee

Depart: Gatlinburg, Tennessee

Duration: 4 Days

Group Size: 4-12 Guests

Minimum Age: 8 Years Old

Activity Level:



Testimonials

We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek.

Dennis G.

MTS delivers remote adventure with the smoothest logistics and unrivaled depth of local experience. One call and you are expedition ready. Booking our eighth trip now!!

Helen S.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

☎ 1-800-974-0300

✉ info@mtsobek.com

Why Take This Trip With Us?

REASON #01

Our expert guides provide travelers with helpful hiking tips and techniques, plus knowledge on local wildlife, geology, and history.

REASON #02

MT Sobek's legacy of preservation and protection enables us to operate over 30 Global National Park adventures.

REASON #03

MT Sobek has taken care of all the logistics to visit this one of a kind adventure.

What to Expect



ACTIVITIES

Zip-lining, class II-III rafting and hiking up to 6 miles each day.



LODGING

Spend three nights camping in an established campground.



CLIMATE

Daytime temperatures in the 60s-70s with nighttime temperatures in the 40s-50s.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.


Ansley grew up in the city of Atlanta and spent weekends and holidays in the southern Appalachian mountains. After college she worked in Wilderness Therapy in the North Carolina mountains with troubled youth. In the winters, Ansley goes out west to Utah to ski. She has hiked all around the United States, but the Smoky Mountains always call her back. Her favorite activities include, rock climbing, whitewater kayaking, rafting, scuba diving, yoga, canyoneering, skiing and, of course, backpacking.

Ansley Still

Jack Lloyd was raised in Shelby, North Carolina. He grew up playing in creeks and chasing critters in the foothills of Western North Carolina. Before coming to A Walk in the Woods, Jack was a head guide for the Nantahala Outdoor Center, leading ziplining trips and guiding rafts down the river. Over the winters, Jack is a ski instructor working with kids on the slopes. As an avid whitewater paddler, he loves spending hot summer days on the water. He also enjoys gardening and foraging.

Jack Lloyd

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Itinerary

DAY 1

WELCOME TO GREAT SMOKY MOUNTAINS NATIONAL PARK

Meet your guides and fellow traveling companions this morning in Gatlinburg, Tennessee. After introductions and a trip orientation we'll hop aboard our provided shuttle for a quick transfer to our first trailhead. The Cucumber Gap Loop is a perfect introduction to the rich biodiversity, beauty, and history of the Great Smoky Mountains. This hike takes place along an old logging railroad that passes old homesteads and small waterfalls. Plenty of small stream crossings enliven our walk. At the end of the day, our friendly camp host welcomes us to Signature Camp where we enjoy a barbecue dinner around a roaring campfire.

Activity: 5.4 miles hiking with 800' elevation gain and loss

Meals: B, L, D

DAY 2

THE FOREST BECOMES A CLASSROOM ON A DAY FULL OF DISCOVERY

Today's journey takes us past settler's homesteads and the remains of gigantic Chestnut trees before reaching picturesque Hen Wallow Falls. Surrounded by a lush forest of rhododendron, fern and towering hemlock our naturalist guides teach us about the unique characteristics which make this amazing area an International Biosphere Reserve. Using the forest as our classroom we'll take time to learn which plants are edible and which are valued for their medicinal properties. Back at camp, we'll play games, enjoy great food and end the day roasting s'mores on the campfire.

Activity: 5 miles hiking with 1,000' elevation gain and loss

Meals: B, L, D

DAY 3

EXPLORE HISTORICAL ARTIFACTS AND CLIMB TO A MOUNTAIN VISTA

Our mission today is to explore a unique section of trails; home to the largest collection of human artifacts in the National Park system. Walk along a beautiful mountain stream through an old growth forest. Climb to one of the most picturesque mountain vistas with expansive views of breathtaking rock formations. Our celebration of this spectacular region continues as we head back for a tasty meal around a roaring campfire. We'll spend our final evening together sharing stories and reflecting on our last few days of adventure.

Activity: 4.5-6 miles hiking with 1,000-1,500' elevation gain and loss

Meals: B, L, D

DAY 4

EXPERIENCE A MULTI-LEVEL AERIAL CHALLENGE COURSE WITH ZIP LINES AND FLOAT DOWN THE BEAUTIFUL NANTAHALA RIVER

Today our adventure takes us south through Great Smoky Mountain National park to the Nantahala Outdoor Center. The NOC is a mecca for outdoor adventure and located at the intersection of the Appalachian Trail and the Nantahala River. After three days of exploring on foot, we take to the air to experience the park from above. We race along dual zip lines and test our skills navigating the aerial challenge course before loading into whitewater rafts to enjoy a family friendly ride down the scenic Nantahala River. After rounding out our exploration of the Great Smoky Mountains by land, sky and water we make our way back to Gatlinburg. We expect to arrive back in Gatlinburg in the early evening.

Activity: 2 hours zip-lining; 8 miles/3 hours whitewater rafting

Meals: B, L

Dates

Jul 21 - 24, 2025

Aug 14 - 17, 2025

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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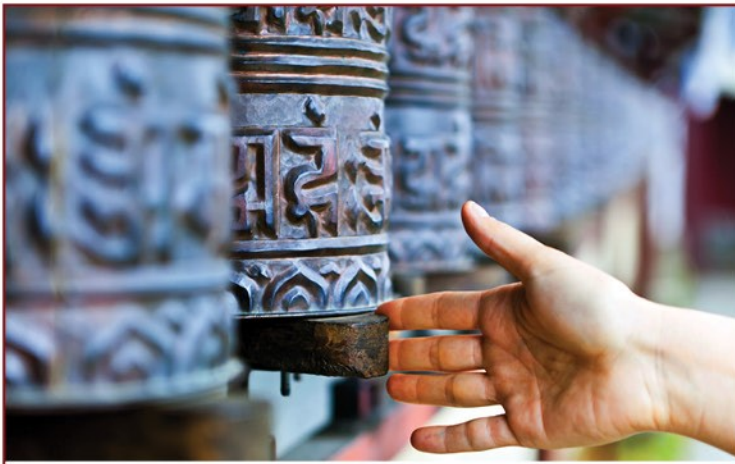
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► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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SEVEN CONTINENTS.

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