



Arizona Grand Canyon Hiking Lodge Based

4 Days



The Adventure Company | EST. 1969


MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Arizona Grand Canyon Hiking Lodge Based

Immerse yourself in the history and visual spectacle of Grand Canyon National Park and the red rocks of Sedona. Enjoy unforgettable hikes with expert guides, then relax in cozy park lodging perched on the edge of the canyon's South Rim. Spend four days on a quest to understand a place older than dinosaurs—marvel at the geologic history, relax from your ideally situated hotel overlooking the canyon, journey viewpoint-to-viewpoint along the canyon rim, and hike among the oldest exposed stones on the planet. Your guides will assure a carefree weekend, with carefully curated hiking routes and plenty of choose-your-own adventure options to make this vacation fit any wish. From the hiker hungry for miles, to the historian craving stories of adventure, to the romantic seeking a quiet corner with nothing but atmosphere between them and the horizon, this captivating itinerary will not disappoint.

Details

Arrive:	Phoenix, Arizona
Depart:	Phoenix, Arizona
Duration:	4 Days
Group Size:	4-12 Guests
Minimum Age:	18 Years Old
Activity Level:	

Testimonials

This was my third journey with Mountain Travel Sobek, and once again, it exceeded my expectations.

From the seamless travel preparations and the expertise of our guide to the exceptional accommodations after days of hiking diverse terrains, MTS thoughtfully planned every detail.

Gaylene O.

I would highly recommend Mt Sobek for an amazing travel adventure. It was truly worth the money. Every detail was taken care of. It made for a stress free trip and one where you can truly enjoy the beauty around you.

Kristin W.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

📞 1-800-974-0300

✉ info@mtsobek.com

Why Take This Trip With Us?

REASON #01

MT Sobek has been exploring US National Parks and surrounding public lands for more than 50 years, placing a strong emphasis on responsible travel practices that

REASON #02

In four spectacular and well-paced days, you'll explore rugged wilderness trails and learn about the natural, geologic, and human history of red rock canyons.

REASON #03

Hike with our expert guides, who bring the wonder of the Grand Canyon to life and rest each evening in curated comfort at unique superior-quality accommodations.

What to Expect



ACTIVITIES

Moderate hikes in stunning high desert and deep canyon landscapes.



LODGING

Comfortable lodge that sits directly on the rim of the Grand Canyon.



CLIMATE

Generally sunny, this arid mid-elevation trip is fantastic in spring and fall. Come prepared for a wide variety of conditions, from cool nights (typically around 40-60F) to warm days

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

We work with only the most experienced and knowledgeable local guides on our trips. You will be in excellent hands with a fully licensed and accredited local guide who will share their expertise in everything from history and architecture, to culture and traditions, the best local cuisine, activities and crafts, or even shopping. Local guides live, breathe, and love their trips because as locals they are an integral part of their communities. Their connections run deep and pride in their piece of the world is contagious.

Local Tour Guide

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Itinerary

DAY 1

MEET NEAR PHOENIX AND HIKE THE RED ROCKS OF SEDONA

Our trip begins today in the Phoenix area, the blue-sky, fair-weather tourism hub of the Sonoran Desert. Here we meet our guides and fellow travelers for introductions and a quick orientation before traveling to beautiful Sedona. En route, we watch the landscape change from low desert to high, say goodbye to saguaro cactus and hello to pinion pine, and make our way to Red Rock State Park. The rolling trails and stunning red rock views Sedona is known for are at their best here, as we bridge meandering creeks and watch for javelina crossing our paths. We enjoy an al fresco lunch before journeying farther north, into the cool pine-covered elevations of canyon country. Our first glimpse of the Grand Canyon is unforgettable and allows us an up-close understanding of how geology created such a fascinating spectacle. Tonight, we check into our rim-side lodge where every room has a view of the canyon and meet back up for dinner to discuss the adventure ahead. Lunch and dinner included.

Activity: 1.5 to 2.5 miles hiking with 230' elevation gain and loss

Meals: L, D

DAY 2

HIKE BRIGHT ANGEL TRAIL AND ENJOY THE STARRY SKIES OVER GRAND CANYON

After breakfast together, we don our hiking boots and hit the trail. Bright Angel Trail was originally a toll route, traversed by the likes of President Teddy Roosevelt and others who wished to reach the bottom of the Grand Canyon. Set along a natural fault line that can be seen running trans canyon, the unending switchbacks escort us through geologic history thousands of years at a time. In just 3 miles we descend more than 2,100 feet in elevation, or about halfway down the canyon. Here we take in the view at the top of the Redwall Limestone layer, a spry 335 million years in age (older than the oldest known dinosaur). We enjoy a picnic lunch and learn about John Wesley Powell's exploration and mapping of the Grand Canyon in 1869 before we make the challenging trek back to the rim.

This afternoon, you can choose to go your own way and explore the Shrine of the Ages, the Grand Canyon Village, or a ranger-led program. Your guide will offer a hike on the outstanding Trail of Time, an interesting layer-by-layer look at the dozens of rock types that make up the canyon. Tonight, we dine together before having the opportunity to appreciate the starry sky in one of the world's official International Dark Sky Parks, where our view of the stars is specially protected for our enjoyment. All meals included.

Activity: 6 miles hiking with 2,102' elevation gain and loss; 2-4 miles hiking with 500' elevation gain and loss (optional)

Meals: B, L, D

DAY 3

DESCEND SOUTH KAIBAB TRAIL AND ENJOY A CELEBRATORY DINNER

We rise to the promise of a day filled with some of the most scenic miles the Grand Canyon has to offer. After breakfast, we ride the park shuttle to Yaki Point, the start of the famous South Kaibab Trail. While the Bright

Angel Trail follows a fault line, the South Kaibab was carved from a prominent ridgeline and affords us nearly 360-degree views of the widest part of the canyon. A favorite stop is Ooh-Ahh Point, aptly named. Don't forget your camera. We continue down the manmade stairs on this well-maintained trail to Cedar Ridge and on to Skeleton Point. Here we get our first glimpse of the Colorado River, the powerful force behind the carving of the canyon itself, and the life-giving artery of the southwestern U.S. After returning to the rim, we again have the option to explore the canyon as desired, with various shopping or hiking options available, including a trek along the West Rim Trail to Hopi Point, one of the best views on the South Rim. Tonight, we dust off for a celebratory dinner in a local restaurant. All meals included.

Activity: 6 miles hiking with 2,060' elevation gain and loss; 1.5-3 miles hiking with 250' elevation gain and loss

Meals: B, L, D

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DAY 4

HIKE ALONG THE CANYON RIM FROM HERMIT'S REST BEFORE JOURNEYING BACK TO THE PHOENIX AREA

For early birds or YOLO enthusiasts, our guides offer an optional sunrise walk to enjoy the warm glow of the sun color the ancient canyon walls as we appreciate the days spent together in this special place. We'll enjoy a quick breakfast to make the most of our last morning at the Grand Canyon. Today's adventure takes us to the less-traveled Hermit's Rest area. We'll board a scenic shuttle headed to Hermit's Rest, a unique architectural gem designed by the influential architect Mary Jane Colter in 1914. From there, we'll embark on a captivating hike along the rim trail back toward the heart of the village. This trail offers a feast for the eyes, with up to eight viewpoints, each more stunning than the last. And with regular shuttle stops along the way, we can hop on whenever we please and enjoy the day how we choose. This afternoon we say farewell to the canyon, having visited its most popular trails and navigating to our own secret spots over the past four days. We'll journey south, from pine to cactus, and return to the Phoenix area in the early evening, including a stop at the Phoenix Sky Harbor International Airport (PHX) for those who have flights out tonight. Breakfast and lunch included.

Activity: 9.8 miles hiking with 496' elevation gain (optional & time permitting)

Meals: B, L

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Dates

Sep 18 - 21, 2025

Oct 17 - 20, 2025

Dec 29, 2025 - Jan 1, 2026

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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