



# Utah Arches & Canyonlands Hiking Lodge Based

6 Days



*The Adventure Company* | EST. 1969

**MT+SOBEK**<sup>TM</sup>  
MOUNTAIN TRAVEL SOBEK

**CELEBRATING 50 YEARS**  
AS THE PIONEER OF ADVENTURE TRAVEL

# Utah Arches & Canyonlands Hiking Lodge Based

Arches and Canyonlands National Parks offer active explorers an unforgettable introduction to the grandeur of the Colorado Plateau's high desert. Each park brings its own beauty, but both take their name very much to heart. Arches, located on the Colorado River, has 2,000 natural sandstone arches dotting its terrain. Canyonlands is a maze of vast canyons amidst a colorful landscape. Our hotel in the charming town of Moab is ideally situated. From here, we explore the best of both these exciting worlds. Alternating between Canyonlands and Arches, our daily hikes take us to scenic viewpoints high above the red canyons of the Colorado River, past giant sandstone arches curving gracefully into the sky, and to panels covered with ancient Native American rock art. We stop occasionally to take pictures and to take it all in, knowing this shared experience provides a better connection to nature and to each other.

## Details

Arrive: Grand Junction, Colorado  
Depart: Grand Junction, Colorado  
Duration: 6 Days  
Group Size: 4-12 Guests  
Minimum Age: 18 Years Old

Activity Level:



## Testimonials


*I was lucky enough to include 4 members of our family and it was a tremendous bonding and learning experience. It is comforting to know you have MTS handling all of the planning and organization and can concentrate on the beauty, relationships, and experience!*

Doug G.

*I've taken six MT Sobek trips and they have all exceeded my expectations. The staff, the food, the logistics and the communications have always been exceptional. Thank you for being my "go to" adventure travel company!*

Margaret I.

**GOT QUESTIONS? SPEAK WITH AN EXPERT.**

 1-800-974-0300

 [info@mtsobek.com](mailto:info@mtsobek.com)

## Why Take This Trip With Us?

### REASON #01

MT Sobek has been exploring US National Parks for more than 50 years, placing a strong emphasis on responsible travel practices that protect the natural environment.

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### REASON #02

We deliver this grand-slam adventure in just six days — the perfect real-deal hiking trip for the short-on-time traveler.

### REASON #03

Our Southwest base is in Utah! Explore with our expert local guides, experience the region's incredible geology and diverse flora and fauna.

## What to Expect



### ACTIVITIES

Daily hikes up to 8.5 miles on dirt and sand terrain.



### LODGING

Stay in an ideally located lodge carefully selected for a seamless adventure.



### CLIMATE

Expect warm, sunny days and cool evenings; weather is variable depending on elevation. Daytime highs can range from 60° to 100°F and evening lows from 40° to 60°F.

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## Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

We work with only the most experienced and knowledgeable local guides on our trips. You will be in excellent hands with a fully licensed and accredited local guide who will share their expertise in everything from history and architecture, to culture and traditions, the best local cuisine, activities and crafts, or even shopping. Local guides live, breathe, and love their trips because as locals they are an integral part of their communities. Their connections run deep and pride in their piece of the world is contagious.

### Local Tour Guide

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# Itinerary

## DAY 1

### TRAVEL TO OUR LODGE ON THE BANKS OF THE COLORADO RIVER, AFTERNOON HIKE

Our trip begins this morning at the Grand Junction, Colorado airport. After introductions we transfer to Colorado National Monument where we will have a picnic prepared by your guides while admiring the landscape. After a short hike, we transfer to our comfortable accommodations in Moab, Utah. This afternoon we set out on a hike that provides incredible views of massive fin-like sandstone rock formations. We admire the deep red and pink hued colors of the canyons while enjoying a guide-prepared picnic dinner. Lunch and dinner included.

**Activity:** 4 miles hiking with 800' elevation gain and loss

**Meals:** L, D

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## DAY 2

### TAKE A MESA-TOP HIKE IN CANYONLANDS WITH VIEWS OF SANDSTONE SPIRES

Today's hike is in Canyonlands National Park. The trail begins with a gradual climb across open wildflower-filled grassland toward the rim of Island in the Sky mesa. The sandy trail eventually changes to slickrock before reaching a mesa-top vantage point offering awe-inspiring views across the Colorado River Canyon to the soaring sandstone pinnacles and spires of White Rim. Watching for bighorn sheep, we hike just below the mesa rim along the Lathrop Trail, with the cliffs of Island in the Sky above and the fantastically-carved red rock canyons of the Colorado River spread out before us. Returning to our lodge, we have dinner together. All meals included.

**Activity:** 8 miles hiking with 600' elevation gain and loss

**Meals:** B, L, D

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## DAY 3

### HIKE TO DELICATE ARCH, DEVIL'S GARDEN AND THE WINDOWS IN ARCHES NATIONAL PARK

Arches National Park is our focus today. With giant balanced rocks, colorful hoodoos, and more than 2000 sandstone arches of all shapes and sizes lying within its borders, Arches National Park is nature's sculpture garden. Our hike takes us through the tall canyon walls of Park Avenue, where we are surrounded by imposing red cliffs. Continuing our hike, we reach the most extraordinary natural arch in the Southwest - the magical Delicate Arch. Perched above a striated sandstone basin, the graceful shape, color and location of Delicate Arch make it a photographer's dream. We pause for a picnic lunch with wonderful views of this natural work of art. Next, we hike the Devil's Garden Trail to view Landscape Arch, the longest in the park, stretching to more than 300 feet. The Double Arch and Windows Trail round out our day of exploring. We stop at the park's visitor center, then return to our lodge. Dinner is on your own in Moab, with transfers provided by your guides.

**Activity:** 8.5 miles hiking with 1,000' elevation gain and loss

**Meals:** B, L

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## DAY 4

### EXPLORE THE KLONDIKE BLUFFS OF ARCHES NATIONAL PARK

Reaching Arches National Park, we travel along a dirt road through the Salt Valley to the remote Klondike Bluffs region. This area is seldom visited by other hikers. We hike to Tower Arch via a series of steep climbs over slickrock and sand, walking between massive cliffs that are hundreds of feet high. We enjoy a picnic lunch with time to enjoy the views of monoliths that comprise the surrounding landscape. You can also practice your scrambling skills. The next section of the hike includes a multitude of sandstone fins; the enormity of the landscape provides a sense of awe. Dinner is in Moab. All meals included.

**Activity:** 5.5 miles hiking with 600' elevation gain and loss

**Meals:** B, L, D

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## DAY 5

### HIKE IN CANYONLANDS' NEEDLES DISTRICT AND MARVEL AT THE PETROGLYPHS

We set out to a hiker's paradise, the remote Needles section of Canyonlands National Park. Before entering the park, we take time to view a series of ancient pictographs and petroglyphs at Newspaper Rock State Historic Monument. There are hundreds of fascinating petroglyphs (some dating back 2000 years) carved into the rock face by the Native American peoples who passed through this region over the centuries. Our hike begins at Squaw Flat. We are treated to unforgettable vistas of this entire region of Canyonlands, including an astonishing array of sandstone "needles" rising from the slickrock landscape like a city of stone skyscrapers. Our hike concludes at Elephant Hill trailhead. Returning to our lodge, we have dinner together. All meals included.

**Activity:** 6 miles hiking with 600' elevation gain and loss

**Meals:** B, L, D

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## DAY 6

### BID FAREWELL TO UTAH'S CANYON COUNTRY AND RETURN TO GRAND JUNCTION

We depart our lodge and begin our journey back to Grand Junction, Colorado. En route we take a final hike on the Grandstaff Canyon Trail to see Morning Glory Natural Bridge, the sixth longest natural rock span in the U.S. Following a picnic lunch, we continue our drive to back to Grand Junction, arriving later this afternoon. Breakfast and lunch included.

**Activity:** 4.3 miles hiking with 400' elevation gain and loss

**Meals:** B, L

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## Dates

Sep 21 - 26, 2025

Oct 19 - 24, 2025

Apr 5 - 10, 2026

May 10 - 15, 2026

Sep 27 - Oct 2, 2026

For full terms and conditions please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms). Please note that our itineraries may be subject to change.

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## Inclusions & Exclusions

### PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

### PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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## ► The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

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### Awards



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**SEVEN CONTINENTS.**

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