



# Historic Women of Patagonia Adventure

9 Days

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*The Adventure Company* | EST. 1969


**MT·SOBEK**<sup>TM</sup>  
MOUNTAIN TRAVEL SOBEK

**CELEBRATING 50 YEARS**  
AS THE PIONEER OF ADVENTURE TRAVEL

# ➤ Historic Women of Patagonia Adventure

Go on an unforgettable journey to Patagonia, but with a twist. Not only will you enjoy active adventures in the beautiful natural surroundings of Torres del Paine, you'll get to walk in the footsteps of some of the most important and powerful women of local history. Riding on horseback, learn about the woman who named "Cleopatra's Needles." Kayak through fjords and learn about the women of indigenous canoeing tribes. And meet modern-day women entrepreneurs whose trades include handicrafts, gastronomy, and yoga. An inspiring journey just for women!

## Details

Arrive:	Punta Arenas, Chile
Depart:	Punta Arenas, Chile
Duration:	9 Days
Group Size:	5-16 Guests
Minimum Age:	16 Years Old
Activity Level:	

## Testimonials


*"A prominent reason we have chosen MT Sobek as our favorite adventure travel company has been the excellent travel guides."*

Carol

*"Traveling with MT Sobek is like gaining a new set of close friends that have shared an incredible experience together."*

Mark N.

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 [INFO@MTSOBK.COM](mailto:INFO@MTSOBK.COM)

## Why Take This Trip With Us?

### REASON #01

MT Sobek has custom crafted this trip along with a collection of unique women's hiking adventures that promote confidence and camaraderie.

### REASON #02

We have been leading adventures in Patagonia since the 1970s, working with the best local guiding teams for a completely immersive experience.

### REASON #03

Active adventurers will appreciate the mix of activities, from horseback riding to yoga, plus the cultural insights that focus on important women in history.

## What to Expect



### ACTIVITIES

Horseback riding, kayaking, yoga, and hiking in and around Torres del Paine National Park and warm cultural encounters with local people.



### LODGING

Three distinct hotels, including a ranch stay, a magnificent hotel in a former industrial building and a comfortable hotel with views of Torres del Paine.



### CLIMATE

The weather in Patagonia can change drastically and unexpectedly. Pleasant days range from 60-70°F. Rain, wind, and cold air blowing in quickly causes temperature

## Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Dorthe was born in Denmark but has spent the past years living in Southern Patagonia. She jokes that this is slowly turning her into a Patagonian Viking, and we have no problem with that. Dorthe is a knowledgeable and kind trip leader, and looks forward to sharing the wonders and beauty of Patagonia with MT Sobek travelers. When she isn't guiding, she can be found outdoors, exploring new mountains while paying special attention to the gorgeous intricacies of the dramatic Patagonian landscape.

**Dorthe Beldal**

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# Itinerary

## DAY 1

### ARRIVE IN PUNTA ARENAS

Meet your MT Sobek representative at Punta Arenas airport and transfer to your hotel. In the evening, gather with the group for a trip briefing followed by a welcome dinner.

**Meals:** D

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## DAY 2

### SPEND THE DAY IN PUNTA ARENAS

Get to know Sara Braun, an important pioneer whose fortune was based on sheep farming, with a visit to the Palacio Sara Braun. In the afternoon, travel over the Patagonian steppe and arrive at a ranch in a scenic sheep-farming area that will be your home for the next three nights.

**Meals:** B, L, D

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## DAY 3

### RIDE HORSES ACROSS THE PATAGONIAN STEPPE

Saddle up for a horseback ride across the steppe, just as Scottish writer Lady Florence Dixie did in the late 19th century. Enjoy stunning views of Torres del Paine National Park, including the three towers that Lady Florence dubbed "Cleopatra's Needles." In the evening, enjoy a true Patagonian barbecue of butterflied leg of lamb.

**Activity:** 2 hours horseback riding

**Meals:** B, L, D

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## DAY 4

### HIKE TO CLEOPATRA'S NEEDLES

Challenge yourself with a strenuous hike deep inside the Paine Massif that will bring you to Mirador Los Torres passing through beautiful beech forest, talus-covered slopes and finally boulders before arriving at this spectacular point. From this famous viewpoint, you can get a spectacular view of the jagged granite towers of Cleopatra's Needles. We'll enjoy our pack lunch en route before hiking back to the hotel.

**Activity:** 9 hours/11 miles hiking with 2500' elevation gain/loss

**Meals:** B, L, D

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## DAY 5

### JOURNEY TO THE PAINE MASSIF

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Enjoy a drive through the park from east to west, stopping along the way to hike on the outskirts of the Paine Massif. See important rock formations, local fauna, and prehistoric cave paintings. In the afternoon, arrive at Rio Serrano Hotel

**Activity:** 2 hours/5 miles hiking with 500' elevation gain

**Meals:** B, L, D

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## DAY 6

### EXPLORE TORRES DEL PAINE & TAKE A BOAT TO GREY GLACIER

Explore the western part of the Torres del Paine National Park with a boat trip to see Grey Glacier or with small hikes in the area, depending on the group's abilities and the weather. After lunch at Lago Grey, spend the afternoon taking in the beautiful natural surroundings on the drive to the Singular Hotel.

**Activity:** 1.5 hours/3 miles 250' elevation gain

**Meals:** B, L, D

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## DAY 7

### KAYAK LAST HOPE SOUND

Set out on scenic kayaking trip to explore serene Last Hope Sound (Ultima Esperanza). Paddle through the Eberhard Fjord, Puerto Prat, and the historic "Island of the Dead," used as a cemetery to bury the first settlers. In these protected waters look out for swans, red-gartered coots, and great grebes. Arrive at Guanaco Island and admire the panoramic view, including spectacular mountains. Learn about Patagonia's indigenous canoeing tribes, where the women were strong paddlers and navigators.

**Activity:** 2-4 hours kayaking

**Meals:** B, L, D

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## DAY 8

### EXPLORE PUERTO NATALES

Spend the day in and around Puerto Natales browsing the Handicraft Village and getting to know some of the women behind the local designs you'll see there. Meet more female entrepreneurs with a course in local gastronomy and a yoga session in a peaceful spot outside Puerto Natales.

**Meals:** B, L, D

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## DAY 9

### DEPART FROM PUNTA ARENAS

Transfer from Puerto Natales to the Punta Arenas Airport to meet your flight back to Santiago.

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Meals: B

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## Dates

For full terms and conditions please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms). Please note that our itineraries may be subject to change.

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## Pricing

2019

\$ 6,695 per person

### Additional Cost

\$ 2,000 Single Supplement

2020

\$ 6,695 per person

### Additional Cost

\$ 2,000 Single Supplement

### PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All necessary horseback riding and kayaking gear
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

### PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of Day 1 and departing outside of Day 9
- Optional travel protection

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## ➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

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### **Awards**



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1266 66TH STREET, SUITE 4, EMERYVILLE, CALIFORNIA 94608-1117

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