Morocco Sahara Retreat

8 Days



CELEBRATING 50 YEARS AS THE PIONEER OF ADVENTURE TRAVEL

Morocco Sahara Retreat

Wake up to salute the rising desert sun, then head out to discover Morocco - a kingdom of blueberry skies and peach-hued dunes, lush oases and volcanic mountains. Between meditation sessions, tour imposing palaces, shop for traditional handicrafts, and take a scenic camel ride through the magical Sahara. Witness the striking claybrick Kasbah Ait Ben Haddou and Casablanca's monumental Hassan II Mosque. Stroll through the Majorelle Garden, inspiration to fashion icon Yves Saint Laurent. After a session of sunset yoga, savor a tasty meal around the campfire beneath the vast Saharan sky.

Details

Testimonials

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Arrive:	Casablanca, Morocco	"MT So family 1
Depart:	Casablanca, Morocco	itinerar should i
Duration:	8 Days	Kathy J.
Group Size:	4-16 Guests	"Travel
Minimum Age:	16 Years Old	set of cl experie
Activity Level:		Mark N.

"MT Sobek took care of everything for our extended mily vacation. Not a hiccup in the planning, the nerary, the lodging or the guide. Everything in li ould be so easy."

raveling with MT Sobek is like gaining a new of close friends that have shared an incredible perience together."

GOT QUESTIONS? SPEAK WITH AN EXPERT. \[
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Why Take This Trip With Us?

REASON #01

MT Sobek has been exploring Morocco since 1975 so you're in perfect hands on this unique journey.

REASON #02

This retreat blends spiritually uplifting yoga and meditation sessions with leisure time to take it all in.

REASON #03

You'll discover Morocco's ancient cities, cultural hubs and Saharan dunes with professional guides who offer rich insights.

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ACTIVITIES

Early morning and sunrise yoga and meditation sessions paired with scenic desert drives, camel rides, traditional market visits, and rich history and culture tours.



What to Expect

LODGING

An enchanting riad retreat in Ouarzazate, an opulent guesthouse in the medina of Marrakech, and a luxe desert camp in the Sahara.



CLIMATE

Morocco's climate is moderate and subtropical, cooled by breezes off the Atlantic and Mediterranean. Interior temperatures are more extreme, winters can be cold and summers hot.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Lahoucine was born in a small Berber village near Essaouira, in the Southeast of Morocco. Growing up, Lahoucine I was always passionate about sharing Moroccan culture and history with others, and officially became a certified national tour guide in 1997. He speaks English, French, and Arabic; in addition to his native dialect (Berber). Through his profession, he deeply appreciates the opportunity to meet and interact with interesting people from all over the world. Lahoucine always enjoys learning something new about other cultures, and is a great leader & tremendous resource of knowledge nuanced understanding of Morocco. Chacha was born in a Berber village near Agadir. Growing up, he was always passionate and excited to share Moroccan history and culture with others Moroccan history with others. He became a certified national tour guide in 2006 and with over 10 years of experience, has developed a unique leadership style and knowledgeable perspective that makes each adventure educational and enjoyable. He speaks English, French, and Arabic, in addition to his native dialect (Berber), and looks forward to sharing the beauty of his home country to MT Sobek travelers.

Chacha Miloud

Hassan Oulkadi

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Itinerary

DAY 1 ARRIVE AT CASABLANCA

Welcome to Casablanca, Morocco! Upon arrival at the airport clear immigration and customs and meet your MT Sobek representative. Visit Hassan II Mosque, the largest mosque in Morocco with reportedly the tallest minaret in the world — a stunning display of Moroccan-Andalusian architecture. Enjoy your welcome dinner at the iconic Rick's Café, inspired by the set from Casablanca. Then transfer to the airport for your flight to Ouarazazate and, upon arrival, to your hotel for the next two nights.

Meals: L, D

DAY 2 VISIT THE HISTORIC KASBAH AIT BEN HADDOU

After a morning session of yoga and meditation, head out to visit the historic Kasbah Ait Ben Haddou, a pictureperfect fortress located on the ancient caravan route between the Sahara and Marrakech. The Kasbah makes for a phenomenal lunch spot, as you learn about the customs and architecture of southern Morocco. Finish off the afternoon with a yoga session as the sun sets. This evening, enjoy dinner at the riad.

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Meals: B, L, D

DAY 3 JOURNEY INTO THE HEART OF THE SAHARA

Rise early for sunrise yoga before departing on the journey into the heart of the Sahara. Pass through the town of Merzouga and take a thrilling off-road drive towards high dunes to meet the camels for a short trek to the first night's camp in the Sahara. Have a yoga session as the sun sets, and then continue to the luxury camp. After a tasty meal of Moroccan tagines, settle in for a memorable night, paired with beats of tribal songs resonating around the campfire and views of star-strewn night skies.

Meals: B, L, D

DAY 4 ENJOY LEISURE TIME IN THE SAHARA

Wake to the spectacular sunrise in the Sahara and take a morning yoga session. During your stay in the desert, enjoy some time to process your own thoughts and follow any individual practices. During the day, spend time walking the high dunes or just relax in the lounge tent. Feeling more adventurous? Take an independent camel trek, go sandboarding, or try a headstand on the dunes. At sunset, come together for yoga in a dazzling location in the dunes, before dinner.

Meals: B, L, D

DAY 5 HEAD TO ZAGORA & TRAVEL TO MARRAKECH

After a morning session of yoga and meditation, head out of the Sahara to Zagora, a traditional town in the Draa River Valley, with vast palm groves and a bustling souk. Have lunch in Zagora before continuing on to Ouarazazate to catch the flight to Marrakech. Upon arrival, check into the spectacular La Maison Arabe right in the medina, home for the next two nights.

Meals: B, L, D

DAY 6 VISIT THE YVES SAINT LAURENT MUSEUM & DINE AT CAFÉ DE LA POSTE

Start the day with an early morning yoga session in a local park. Visit the Yves Saint Laurent Museum which honors the fashion icon's love of Marrakech with a permanent collection of some of his best-known designs. Then take a stroll through the Majorelle Gardens, filled with exotic plants, which inspired Yves Saint Laurent for over three decades. Enjoy lunch at the Café de la Poste, a throwback to Morocco's French colonial past with its 1920s-inspired décor. After an afternoon yoga and meditation session, the evening is at your leisure.

Meals: B, L, D

DAY 7 EXPLORE PALAIS BAHIA & PALAIS BADII

After an early morning yoga session, head out to explore Palais Bahia and Palais Badii, two imposing masterpieces of Moroccan architecture that echo Morocco's imperial past. Enjoy lunch at Le Nomand, with its large terrace overlooking the spice market; try the spiced lamb burger with eggplant and caramelized onions. This afternoon, after a quick tour to get your bearings, explore the souk and shop for leather goods, Moroccan lamps, and wood crafts. Enjoy farewell dinner at Dar Soukkar, an enchanting restaurant with an "Arabian Nights" atmosphere.

Meals: B, L, D

DAY 8 DEPART MOROCCO

Say goodbye to Marrakech early this morning and head to Casablanca. On arrival into Casablanca, transfer to the airport for your departure flight.

Meals: B

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Dates

Jun 10 - 19, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

GOT QUESTIONS? SPEAK WITH AN EXPERT. & 1.888.831.7526
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Pricing

2019



Additional Cost

\$ 900 Single Supplement

2020

\$4,495 per person

Additional Cost

\$ 900 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- Yoga mat for yoga sessions
- All group entrance fees, activities, and ground transportation
- Arrival and departure day group airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of the group transfer
- Optional travel protection

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> The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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