

Slovenia Alps Hiking with Laurent Langoisseur

9 Days



The Adventure Company | EST. 1969

MT + SOBEK™

MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Slovenia Alps Hiking with Laurent Langoisseur

Slovenia is one of Europe's premier hiking destinations and a nature-lover's dream! On this adventure through the heart of the Julian Alps, you'll enjoy spectacular views from the highest peaks, tread through picturesque alpine valleys, and rest overnight in several of the area's 175 mountain huts. Your "Follow the Leader" guide, Laurent Langoisseur, is a MT Sobek star guide and a favorite of our guests.

Details

Arrive: Ljubljana, Slovenia

Depart: Ljubljana, Slovenia

Duration: 9 Days

Group Size: 8-16 Guests

Minimum Age: 17 Years Old

Activity Level:



Testimonials

"I have taken 12 trips with MT Sobek. Each has left a positive imprint on me—widening my view of the world and its peoples."

Jane B.

"Traveling with MT Sobek is like gaining a new set of close friends that have shared an incredible experience together."

Mark N.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

☎ 1-800-974-0300

✉ info@mtsobek.com

Why Take This Trip With Us?

REASON #01

This MT Sobek tailored trip pairs hikes through serene countryside, medieval villages, and gorgeous lakes with a stay in Slovenia's vibrant capital, Ljubljana.

REASON #02

25 Year MT Sobek veteran guide, Laurent Langoisseur, teams up with local MT Sobek guides inspire interactions with local farmers, often featuring treats

REASON #03

After strenuous hikes on hard to find paths, spend evenings relaxing at delightful lodgings, taking in enchanting views.

What to Expect



ACTIVITIES

A short city break in lovely Ljubljana, scenic drives, and demanding hikes through awe-inspiring landscapes of mountains, valleys, lakes, and rivers.



LODGING

A great mix of attractive boutique hotels, agriturism, and mountain huts with cozy comforts and fairy-tale scenery.



CLIMATE

The weather in June and September is usually warm enough to wear short sleeves through the day and some warmer clothes in the evening.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Laurent hails from Normandy, France, having grown up in Argentan. In 1991, he obtained his European Mountain Leader certification, and in 1995 he was awarded the coveted patch of the Compagnie des Guides. Laurent has been guiding for MT Sobek since 1995, and is a senior guide on our Alps trips, he has hiked the Tour du Mont Blanc close to 100 times! When he isn't guiding for MT Sobek, he teaches First Aid and Mountain Rescue to mountain and hiking guides. During the winter, he's a ski patrol monitor in the mountains above Chamonix.

Laurent Langoisseur

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Itinerary

DAY 1

ARRIVE IN LJUBLJANA

Begin your adventure in one of the hippest cities in Europe - reminiscent of Prague, but without the crowds. Meet your guide at 6pm for a trip overview followed by a tasting dinner of a new progressive Slovenian cuisine.

Meals: D

DAY 2

HIKE VEILKA PLANINA AND ENTER THE LOGAR VALLEY

Head north to the Great Highlands for a hike on gentle terrain through green meadows, with breathtaking views of the limestone peaks of Kamnisko-Savinjske Alps. Enjoy a picnic overlooking the valley accompanied by the sound of cowbells. Drive to the Nature Park of Logar Valley, a secret Alpine pearl situated on the Austrian border where white pointy limestone peaks rise above the lush green valley, home to a charming boutique hotel.

Activity: 6 hours/5 miles hiking with 1,125' elevation gain & 1,130' elevation loss

Meals: B, L, D

DAY 3

TRAVERSE THE LOGAR VALLEY TO JEZERSKO

Hike a trail following a clear stream to the Rinka waterfall. Enter the natural rock amphitheater - virtually untouched - with dramatic views of surrounding peaks. Climb to altitudes above 7,000 feet, then descend to the charming village of Jezersko to be welcomed by a Karnicar family - well-known Slovenian mountaineers. Settle for the night into a beautifully renovated 500-year old farm-house and enjoy homemade local delicacies.

Activity: 6 hours/5.5 miles hiking with 3,258' elevation gain & 3,301' elevation loss

Meals: B, L, D

DAY 4

BEGIN THE TREK IN TRIGLAV NATIONAL PARK

Drive to Lake Bled to enter the Julian Alps mountain range for 3 days of trekking in fascinating Triglav National Park. Begin at Rudno polje, where the Biathlon World Cup takes place every year. Continue on forest trails, passing green meadows with grazing cattle. Walk along the mountain ridges by Mt. Triglav and enjoy some of the most dramatic views in these parts of the Alps. Spend the night in the shadow of the enormous mountains.

Activity: 6 hours/5 miles hiking with 2,043' elevation gain & 451' elevation loss

Meals: B, L, D

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DAY 5

HEAD INTO THE HEART OF THE JULIAN ALPS

Enter into one of the most beautiful high-altitude alpine valleys at the foothills of Mt. Triglav, Slovenia's highest peak. Stop for lunch at a mountain hut along the trail then traverse the Triglav Lakes Valley on mountain trails with 6,600-foot peaks on the left, the vast green mountain plateau of Komna on the right, and the trail snaking past seven small lakes that give the valley its name. Spend a night in the valley nearby one of the lakes.

Activity: 8 hours/7 miles hiking with 1,978' elevation gain & 2,443' elevation loss

Meals: B, L, D

DAY 6

IMMERSE YOURSELF IN ALPINE BEAUTY

Pass through Alpine meadows and pastures where the local community grazes their animals in the summer months. Finish the trek, descending to Lake Bohinj to enjoy a refreshing dip in the crystal-clear water before continuing through traditional Alpine villages with fairytale-like houses. Finish the day at picturesque Lake Bled, where a medieval church bell tower rises from a tiny islet in the midst of the lake, guarded by the castle on the cliffs. Spend a night at a small boutique hotel overlooking the lake.

Activity: 7 hours/6.5 miles with 726' elevation gain & 2,606' elevation loss

Meals: B, L, D

DAY 7

HIKE TO SLEME AND THE SOCA VALLEY

Embark on the route to Vrsic pass (5285') - one of Europe's most scenic mountain roads - built in the early 19th century by Russian soldiers. Follow an old trade route to the top of the pass for some tea and to enjoy the spectacular views. Continue to the Sleme viewpoint to take in some of the best views in Triglav National Park. Through a series of hairpin turns follow the stream of the untamed Soca River through a valley surrounded by exquisite alpine scenery. Finish the day in Bovec, the adventure capital of Slovenia.

Activity: 8 hours/10 miles hiking and easy walking with 1,969' elevation gain & 2,061 elevation loss

Meals: B, L, D

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DAY 8

DISCOVER KRN LAKE

Begin the day with a hike to Krn Lake (4600') in the western part of the Julian Alps. Walk along a comfortable trail that was built in the time of the First World War. Enjoy spectacular views of the crystal-clear waters of the lake and the imposing limestone peaks, as well as the delicious taste of the rich local cheeses.

Activity: 6.6 miles hiking with 2,726' elevation gain & 2,745' elevation loss

Meals: B, L, D

DAY 9

DEPART LJUBLJANA

Transfer from Bovec to Ljubljana for departure.

Meals: B

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Dates

Jun 19 - 27, 2022

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at welcome and farewell dinners)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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