

# Tokyo, Hakone & Nikko Private Adventure

8 Days



**CELEBRATING 50 YEARS** AS THE PIONEER OF ADVENTURE TRAVEL

## ⊳Tokyo, Hakone & Nikko Private Adventure

What makes Japan unique is its extraordinary blend of tradition and modernity. This MT Sobek adventure begins and ends in Tokyo, where pockets of tradition sit alongside cosmopolitan districts, comprising a stimulating urban tapestry unlike anywhere else. Head into the mighty mountains to experience the powerful, lasting connection with nature that permeates Japanese life and culture. From Nikko's UNESCO-listed temples and spectacular hinterland to scenic Hakone and its gorgeous surroundings with views of Mount Fuji, you'll hike along sparkling lakes, soak in delightful onsen, and relish the traditional hospitality of ryokans.

## Details

Arrive:	Tokyo, Japan
Depart:	Tokyo, Japan
Duration:	8 Days
Group Size:	5-12 Guests
Minimum Age:	12 Years Old
Activity Level:	

## Testimonials

"I've taken six MTS trips and they have all exceede my expectations. The staff, the food, the logistics an the communications have always been exceptional. Thank you for being my "go to" adventure travel company!"

Margaret I.

"I have traveled extensively around the world. The experience with MTS was by far the best I have eve had. Thank you for such excellence."

Marianne W.

## Why Take This Trip With Us?

#### REASON #01

MT Sobek has been operating wellpaced itineraries in Japan for 15 years, working with expert local guides who go the extra mile. REASON #02

Our itinerary has been crafted for personal achievement, allowing you to carry nothing but a daypack as we transport your belongings to each inn.

### What to Expect

#### REASON #03

This new 8-day Japan adventure has been specially crafted for shorton-time visitors, who want to blend hiking with must-see highlights.



#### ACTIVITIES

Easy to moderate hikes on wooded and mountainous trails, plus cultural city touring and scenic train rides.



#### LODGING

Rejuvenate at traditional ryokans (inns) — many with onsen (hot springs) — and a comfortable Japanese-style hotel with modern amenities.



#### CLIMATE

Autumn daytime temperatures range from the low 50°F to mid-70°F, with cooler temperatures in Nikko, which is in the mountains.

### **Meet Our Guides**

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Tomomi was born and raised in Tokyo. After completing her degree in international relations, she studied in the UK and the US. Later she lived in Hawaii and Israel for years and traveled extensively in Europe, the US and Middle East. She now lives in Tokyo, close to its center and loves gardening, walking, cycling and yoga. Tomomi enjoys guiding and sharing her knowledge of both traditional and urban cultures of Japan. Meet Tomomi on MT Sobek's Walking Japan adventure.

#### Tomomi Shimazu

Toshiyuki Kida was born in Nagano Prefecture, Japan, and grew up in Sekiyama in Niigata Prefecture. His interest in travel became apparent from the very moment he played with a globe as a child and it turned into a life-long passion. After graduating from university in 1978, he moved to Canada and now divides his time between Canada and Japan. Toshiyuki Kida has guided the Nakasendo and Kumano Kodo trails since 2013. He has traveled to over 200 cities in 25 countries in America, Europe and Asia.

#### Toshi Kida

GOT QUESTIONS? SPEAK WITH AN EXPERT.

## Itinerary

#### DAY 1 ARRIVE IN TOKYO

Welcome to Japan! After arrival at the airport, take a limousine bus to your hotel, where you meet your guide and the rest of the group for orientation and a welcome dinner at a nearby restaurant.

Meals: D

#### DAY 2 EXPERIENCE TRADITIONAL & MODERN TOKYO

Take a full-day tour of Tokyo, beginning with Nezu and Yanaka, an old quarter that still retains the Edo-period charm, with traditional wooden houses, narrow streets, and small temples. Continue on to Asakusa and Sensoji, a large Buddhist temple with a five-story 7th-century pagoda. After lunch, proceed to Tokyo's modern side, starting in Harajuku, known for globally trend-setting boutiques and fashion houses. Walk along fashionable Omotesando — the Champs-Elysees of Tokyo — to Shibuya, home to the world's busiest crossing. Return to the hotel and enjoy dinner on your own.

Activity: 6 hours/6 miles walking Meals: B, L

#### DAY 3 WALK THE OLD TOKAIDO HIGHWAY & BEHOLD MOUNT FUJI

Journey to Hakone, a delightful mountain town famed for its onsen (hot spring resorts), traditional inns, and majestic views of Mount Fuji. Walk along a portion of the Old Tokaido Highway, aka the East Sea Road. There is an ascent with some steep sections from Hatajuku to Motohakone. On the way, pass a centuries-old traditional teahouse that still serves guests today. Once in Motohakone, walk among towering cedars on the scenic suginamiki (Japanese Cedar Avenue) to Lake Ashi. If Mount Fuji is visible, catch her beautiful reflection in the lake.

Activity: 3 hours/2.5–3 miles hiking with 1,380' elevation gain

Meals: B, L, D

#### DAY 4 JOURNEY TO HISTORIC NIKKO

Travel to historic Nikko, a town set against a stunning backdrop of sacred wooded hills and national parklands. The extravagantly ornate buildings of Nikko's Toshogu Shrine, built in 1617, are now a UNESCO World Heritage Site. Tour this complex of spectacular shrines, which was created in commemoration of Tokugawa leyasu, a shogun venerated for uniting feuding lords to create the nation of Japan in 1600. See the intricate temple carvings full of whimsy — including a lifelike cat and "see no evil, hear no evil, speak no evil" monkeys.

#### DAY 5 EXPLORE KIRIKOMI & KARIKOMI LAKES

Embark on a circular, scenic hike that skirts Mount Mitsudake, taking in the lovely Nikko marshlands and Karikomi and Kirikomi lakes. Pass grazing animals, and monkeys and deer that frequent this route. The walk meanders through fragrant forests along dirt trails and wooden boardwalks; explore marshlands and their array of birds. The Karikomi Lake area is famous for its natural sulfur hot springs. Monks have harnessed these waters for their healing properties since 788 — and at your ryokan in the Nikko Yumoto Onsen area, you can experience these waters for yourself!

Activity: 6–7 hours/9–9.5 miles hiking with 1,840'elevation gain & 1,870' elevation loss Meals: B, L, D

#### DAY 6 DISCOVER THE NATURAL BEAUTY OF OKU NIKKO

This morning set out by bus to explore Oku Nikko, "the hinterland of Nikko," a wooded mountainous area of outstanding natural beauty and now a protected national park. Take a gentle walk through sacred forests, passing two gorgeous waterfalls and following the Yukawa River back toward the rural hot spring village of Nikko Yumoto. Your exploration of Nikko will end here, as you then return to Tokyo, arriving in the city in the early evening. Dinner is on your own tonight; your guide will provide recommendations.

Activity: 3–4 hours/5–5.5 miles hiking with 970' elevation gain & 295' elevation loss Meals: B, L

#### DAY 7 SEE TOKYO'S HAMA-RIKYU GARDENS & GINZA

This morning, visit Hama-Rikyu Gardens. Once a duck hunting ground, the area was transformed into beautiful parklands that include a teahouse on a tranquil pond and vistas over the Sumida River. The peaceful garden stands in juxtaposition to the modern skyscrapers that lie just beyond it. Continue on to Ginza, Tokyo's most famous upmarket shopping and dining district, filled with elegant boutiques, department stores, art galleries, restaurants, theaters, and cinemas. This afternoon is at your leisure, and there's plenty of time to make your own discoveries or shop for souvenirs.

Meals: B, D

## DAY 8 DEPART FROM TOKYO

After breakfast, bid farewell to Japan and the group as you transfer to Narita airport for your flight home.

Meals: B

Dates

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

GOT QUESTIONS? SPEAK WITH AN EXPERT. & 1.888.831.7526 
→ INFO@MTSOBEK.COM

## Pricing

2019



#### **Additional Cost**

\$1,150 Single Supplement

#### PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

#### **PRICE DOES NOT INCLUDE**

- International airfare, any airport taxes, or excess baggage charges
- Lunch on Day 7 and dinner on Days 2 and 6
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of Day 1
- Optional travel protection

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

GOT QUESTIONS? SPEAK WITH AN EXPERT.



## > The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are the adventure company.



#### TWO HUNDRED ADVENTURES.

#### SEVEN CONTINENTS.

A WORLD OF DISCOVERY.

Where's Your Next Adventure?



**1-888-831-7526 | MTSOBEK.COM** 1266 66TH STREET, SUITE 4, EMERYVILLE, CALIFORNIA 94608-1117

FOLLOW US ONLINE @MTSOBEK