



Australia Women's Adventure: Melbourne & the Great Ocean Road

8 Days



The Adventure Company | EST. 1969
MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Australia Women's Adventure: Melbourne & the Great Ocean Road

Let your senses soar on this epic women's adventure in the Land Down Under! After meeting your fellow hikers and touring Melbourne's defining Yarra River, hit the trail for a soul-enriching hike on Victoria's Great Ocean Walk, with spectacular scenery and unparalleled coastal views. Traverse cliff tops, native forests, and bucolic heathland on your way to windswept beaches, sunken wrecks, and postcard-perfect lookouts. Spot abundant wildlife including kangaroos, koalas, and an array of rare birds. The jewel in the trip's crown? Beholding the coast's iconic limestone stacks, known as the Twelve Apostles, from land and air!

Details

Arrive: Melbourne, Australia

Depart: Melbourne, Australia

Duration: 8 Days

Group Size: 6-14 Guests

Minimum Age: 14 Years Old

Activity Level:



Testimonials

"I have taken 12 trips with MT Sobek. Each has left a positive imprint on me—widening my view of the world and its peoples."

Jane B.

"I have traveled extensively around the world. The experience with MT Sobek was by far the best I have ever had. Thank you for such excellence."

Marianne W.

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Why Take This Trip With Us?

REASON #01

MT Sobek has been exploring the Pacific for over 20 years, working with the best local guides for an immersive and fun experiences.

REASON #02

This unique women's adventure includes up to 45 miles of Australia's iconic Great Ocean Walk.

REASON #03

Traverse areas of historical and cultural significance, and blend fun days on the trail with relaxed evenings at top hotels.

What to Expect



ACTIVITIES

Moderate to strenuous daily hikes between 5 and 11 miles, and scenic tours of the coast - including a helicopter ride.



LODGING

Estate retreats and comfortable inns, plus three nights at the exclusive Alkina Lodge, phenomenally located just minutes from the Great Ocean Road.



CLIMATE

Summers in southeast Australia can be hot with mild nights. Coastal weather can change quickly, so be prepared for strong winds, rain, and cooler temperatures as well as hot and dry weather.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

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Itinerary

DAY 1

ARRIVE IN MELBOURNE

Welcome to Australia! Upon arrival to Melbourne Airport (aka Tullamarine), meet your MT Sobek representative and transfer to your hotel. After meeting the group and a trip briefing, stretch your legs with a leisurely city walking tour along the ambient Yarra River. Tonight enjoy a welcome dinner at the hotel.

Activity: 3 hours/3 miles walking with minimal elevation gain or loss

Meals: L, D

DAY 2

HEAD TO THE ICONIC GREAT OCEAN ROAD

Today begins your journey west along one of the world's most scenic drives, the Great Ocean Road, which stretches 150+ glorious miles along Victoria's southern coast. Stop at Apollo Bay for an afternoon walk to Shelley Beach. Continue to Cape Otway, set within a national park bursting with rainforests, streams, rugged coastline, and loads of wildlife - you're likely to see kangaroos and koalas in the wild. Return to Apollo Bay for the night.

Activity: 3.5 hours/5 miles hiking with 200' elevation gain

Meals: B, L, D

DAY 3

SET OUT ON THE GREAT OCEAN WALK TO JOHANNA BEACH

Today is day one along the stunning Great Ocean Walk. This leg leads from Castle Cove along cliff tops and through heathland and forest, occasionally revealing breathtaking views of the extensive coast. Enjoy beautiful expanses of grass trees, wonderful wildflower displays in spring, and, if you're lucky, soaring peregrine falcons. The path opens onto Johanna Beach, one of the region's best surf spots. Walk along the beach to the continuing path, which heads inland toward Milanesia Gate. You can expect to see eastern grey kangaroos on this last part of the walk.

Activity: 4 hours/10.5 miles hiking with largest ascent of 200'

Meals: B, L, D

DAY 4

TRAVERSE VARIED LANDSCAPES WITH INCREDIBLE VIEWS

Begin walking today at Milanesia Beach, secluded sands that you'll have virtually to yourself. The up-and-down track then alternates between bucolic farmland, isolated beach, and dramatic sea cliffs en route to Ryan's Den. From here you have breathtaking views all the way back to Cape Otway and west to Cape Volney! Continue through coastal forests over Cape Volney, steeply up to Moonlight Head, then down into a valley. Finally emerge at the Gables Lookout - perched on one of the highest sea cliffs in mainland Australia - where today's walk ends.

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Activity: 5 hours/10 miles hiking with 300' elevation gain and loss

Meals: B, L, D

DAY 5

HIKE TO SHIPWRECKS, GIBSON STEPS & THE MIGHTY 12 APOSTLES

Another phenomenal Great Ocean Walk day begins at Gables Lookout, winds through a casuarina grove, and emerges onto Wreck Beach. At low tide you see two anchors of submerged shipwrecks. The high-tide route takes you to Devil's Kitchen, hugging the wild coastal cliffs toward Princetown, whose surrounding wetlands support a wide variety of bird life. Across the Gellibrand River on a trestle bridge, a pleasant walk through coastal scrub reveals peeks at the looming 12 Apostles! End today's walk at Gibson Steps, viewing the eastern Apostles from a unique, sea-level perspective.

Activity: 6 hours/11 miles hiking with 300 elevation gain and loss on undulating terrain

Meals: B, L, D

DAY 6

EXPERIENCE THE 12 APOSTLES

Victoria's number-one attraction is all yours today. Approach the incredible 12 Apostles, with incomparable views across the cliffs and beaches, from Gellibrand and down Gibson Steps. From here, admire the sheer scale of natural sculpting that formed these iconic limestone monuments. Wander the boardwalks and viewing platforms before the crowds arrive, then soar above it all on an unforgettable helicopter ride over the stunning coastline and 12 Apostles themselves! Drive to remarkable Loch Ard Gorge, lunch in Port Campbell, and then head to Otway Estate Vineyards for the night.

Activity: 3.5 hours/7.5 miles hiking with 200' elevation gain and loss, scenic helicopter ride (15 minutes)

Meals: B, L, D

DAY 7

REST, RELAXATION & YOGA AT OTWAY ESTATE, RETURN TO MELBOURNE

Take it nice and easy today. Realize your definition of relaxation at Otway Estate, where (optional) yoga, spa services, and wine and beer tastings are on offer. Come afternoon, depart for Melbourne, where you can continue to relax at the hotel or explore a bit on your own before reconnecting with the group for a festive Galentine's farewell dinner.

Activity: Yoga

Meals: B, L, D

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DAY 8

DEPART FROM MELBOURNE

Say goodbye to this exceptional region of the world and transfer to Melbourne airport for your homeward-bound flight.

Meals: B

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Dates

Nov 11 - 18, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2020

\$ 4,995 per person

Additional Cost

\$ 1,200 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of Day 1 or departing outside of Day 8
- Optional travel protection

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➤ The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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Awards



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