



# Utah National Parks Hiking

## Magnificent Pinnacles & Canyons of the Mighty Five

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**

Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)

or call **800-974-0300**



# Feel the difference

with **Mountain Travel Sobek**

## Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





# Leading the Way

## World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

MT Sobek has been exploring US National Parks for more than 50 years, placing a strong emphasis on responsible travel practices that support local communities and protect the natural environment.

## REASON 2

We deliver this grand-slam adventure in just eight days — the perfect real-deal hiking trip for the short-on-time traveler. Explore the parks then unwind at comfortable lodges and resorts.

## REASON 3

Our Southwest base is in Utah! Explore with our expert local guides, experience the region's incredible geology and diverse flora and fauna as you go deep into Utah's Mighty Five National Parks.

## At A Glance

### ACTIVITIES

Personally tailored adventures, hand-picked with your desired activity level in mind. Each activity is designed and operated to our highest standards.



### LODGING

A variety of comfortable and ideally located accommodations carefully selected for a seamless adventure.



### CLIMATE

Expect warm, sunny days and cool evenings; weather is variable depending on elevation. Daytime highs can range from 60° to 100°F and evening lows from 40° to 60°F.



### KNOW BEFORE YOU BOOK

*"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.*



# Utah National Parks Hiking

## Magnificent Pinnacles & Canyons of the Mighty Five

Go deep into geologic time in all five of Utah's epic national parks. Expect desert solitude, cobalt blue skies, and rugged red-rock landscapes as you follow expert local guides on spectacular hiking trails. Explore the wonderland of Arches with its magnificent stone formations and giant balanced rocks. Experience dramatic landscapes carved by the Colorado River in Canyonlands National Park, and see the sheer cliffs of Capitol Reef. Marvel at Bryce's fantastical pinnacles and hoodoos, then wind your way through Zion's narrow slot canyons. To top it off, pamper yourself in comfortable lodges at these stunning locations.

### 8 Days

**Start:** Grand Junction, Colorado

**End:** Las Vegas, Nevada

**Departing:** April, May, June, August, September,  
October

**Activities:** Hiking & Trekking

**Lodging:** Comfortable Hotels

**Group Size:** 4-12 Guests

#### ACTIVITY:



Check [mtsobek.com](https://mtsobek.com) for date-specific pricing.

“

*"Unbelievable natural beauty in these five Utah parks was more than complemented by the accommodations, the fascinating members of our group, and our ultra-competent guides."*

- Laura S.

# The Itinerary

## DAY 01

### Take a Scenic Drive to Moab & Hike in Colorado National Monument

Welcome to Colorado! Your guides will pick you and your fellow adventures up this morning from your pre-trip hotel. After an orientation meeting, wake up your travel legs with a series of short hikes in Colorado National Monument, a picnic lunch, and an opportunity to learn at the visitor's center. In the afternoon drive a spectacular scenic route to Moab along the Colorado River and past iconic Fisher Towers before arriving in Moab, Utah — your home for the next three nights. Tonight's welcome dinner is at a local's favorite!

**MEALS:** Lunch | Dinner

**TRANSPORTATION:** 1.5-hour private van transfer

**ACTIVITY:** 3-4 hours/3-4 miles hiking (multiple trails - longest 2.6 miles)

---

## DAY 02

### Hiking Arches National Park

Meet your MT Sobek guide at breakfast ready for a full day of exploring the magnificent stone arches and giant balanced rocks of Arches National Park. Home to more than 2,000 natural arches, one is so famous that it graces nearly every travel brochure and license plate for the state of Utah. Today hike to Delicate Arch and some of the other amazing arches including Landscape Arch which spans an impressive 306 feet! Return to Moab and a leisurely dinner.

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 4-5 hours/5-7 miles hiking

---

## DAY 03

### Remote Needles District of Canyonlands National Park

Welcome to the remote Canyonlands' Needles District - where every step tells a story, and every vista is a masterpiece waiting to be discovered. First, stop at the Newspaper Rock, an incredible display of ancient Native American pictographs and petroglyphs, some dating back 2,000 years. Next enjoy a hiker's haven, inviting you to hike over slickrock that stretches as far as the eye can see. Marvel at a panorama of sandstone "needles" piercing the horizon. Your 6-mile trek is an unforgettable exploration of this less visited part of Canyonlands. Tonight enjoy some relaxation or explore Moab's dining options on your own.

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2.5-hour private vehicle transfer

**ACTIVITY:** 4-5 hours/6 miles hiking 600+ feet of elevation gain and loss

---



## DAY 04

### Islands in the Sky District of Canyonlands National Park, Goblin Valley & Optional Stargazing

This morning, depart Moab for Grand View Point and Mesa Arch in Canyonlands National Park. Marvel at towering rock walls, ancient pictographs, and sweeping sandstone landscapes as you journey into the heart of the park. Learn while you lunch at the John Wesley Powell River History Museum. Next explore the phantasmagoric Goblin Valley and marvel at this geologic wonder on your way to Capitol Reef National Park. After settling in and an early dinner this evening, learn about Capitol Reef's designation as an International Dark Sky Park and enjoy an optional stargazing experience with your guides. The Utah desert's predictable weather, low humidity and dark night skies make it the perfect location for viewing the Milky Way Galaxy, millions of stars, recognizable constellations, and even some far-off galaxies millions of light years away.

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 4-5 hours/4-6 miles hiking

## DAY 05

### Hike Capitol Reef National Park

This morning, set off on a journey to remote and rugged Capitol Reef National Park. Capitol Reef offers hikers not only dramatic desert scenery, but also serenity and solitude due to its light visitation. Experience the wonders of the park as you follow expert guides on a day hike along the Grand View Wash Trail and along the upper portion of the Waterpocket Fold — a massive geological wrinkle in the Earth's surface. Enjoying dinner together is a perfect way to end a day filled with adventures and astounding landscape diversity.

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour private vehicle transfer

**ACTIVITY:** 3-4 hours/4-6 miles hiking

---



## Morning Hike in Bryce Canyon & Head to Zion

Depart early for a scenic drive to Bryce Canyon National Park. Words cannot describe the sweeping views from the rim of Bryce's amphitheater, the starting point for the hike along the rim trail to Sunset Point. Descend into this wild land of rock, through a surreal maze of pink hoodoos, spires and, rock windows. After exploring this otherworldly landscape, continue to Zion National Park with its epic trails and narrow slot canyons.

**MEALS:** Breakfast | Lunch

**TRANSPORTATION:** 3.5-hour private vehicle transfer

**ACTIVITY:** 4-5 hours/5-6 miles hiking with 800' elevation gain/loss

---



## Hike in Zion National Park

Meet your guide this morning for a full day bottom-up hike in the Narrows of Zion National Park. On this spectacular slot canyon hike, you will walk along the banks and in the Virgin River to the narrowest section of Zion Canyon. Your feet will get wet, so your day will begin with proper outfitting for the hike. You will be outfitted with special footwear, neoprene socks, a hiking pole and a dry day pack. Relax by the riverside while you enjoy a picnic lunch in the afternoon. This evening, celebrate your journey with a farewell dinner in Springdale.

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** 5-7 hours/5-6 miles hiking - in/out of water all day (gear provided)

---



## Depart Las Vegas

This morning you can rise early and take in one more hike in Zion or have the option to relax at the hotel before departing for Las Vegas to catch afternoon homebound flights.

**MEALS:** Breakfast

**TRANSPORTATION:** 3-hour private vehicle transfer

**ACTIVITY:** 1-2 hours/3 miles hiking with 370 ft elevation gain (optional)



# Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

## Hyatt Place Moab

Located just one mile from downtown Moab and five miles from Arches National Park, Hyatt Place Moab is the perfect basecamp for adventure. The hotel features spacious, comfortable rooms all with flat screen TVs, a coffee maker and mini refrigerator and blackout curtains. The hotel also offers a business center, fitness center, outdoor pool, complimentary WiFi, complimentary breakfast and an onsite bar featuring regionally inspired bar bites.

## Capitol Reef Resort

Located just one mile from the National Park, Capitol Reef Resort is surrounded by natural wonders including natural bridges, sandstone cliffs, magnificent canyons, and domes. The comfortable accommodations feature stunning views of the red-rock cliffs. After a day of adventures, relax in the heated outdoor pool or hot tub. The Pioneer Kitchen offers delicious comfort food and a casual atmosphere.

## Zion Lodge

The only lodge inside the national park, this coveted stay sits at the base of soaring sandstone rock towers in a tree lined valley fed by the Virgin River. Phenomenal scenery is right outside your door and the hiking you came for is in easy reach. Spacious air-conditioned rooms boast private balconies to enjoy the view, but in the interest of getting away from it all, no WiFi or TVs.



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Red Cliffs Lodge Zion**

Surround yourself with the majestic red cliffs and starry night skies at Red Cliffs Lodge Zion in Springdale, the gateway to Zion National Park. Explore local culture, shopping, and dining after hiking in and around Zion. Take a swim in the pool looking up at the rugged bluffs or soak in the hot tub, then retire to comfortable contemporary rooms with a full range of amenities.

# Departure Dates

This trip is available to run in: April, May, June, August, September, October

**Book early for a greater choice of available dates.**  
Once you book, your price is GUARANTEED!

September 14-21, 2025

September 28-October 5, 2025

April 19-26, 2026

April 29-May 6, 2026

May 15-22, 2026

May 29-June 5, 2026

September 2-9, 2026

September 16-23, 2026

October 5-12, 2026

# What's Included

## PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

## PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



**MT SOBEK™**

The Adventure Company | Est. 1969

# YOUR ADVENTURE AWAITS.

**70 Countries | 150+ Destinations | Infinite Possibilities**

Call **800.974.0300** or visit **mtsobek.com**  
**AND BOOK TODAY!**

