



Summits of Norway Women's Adventure

8 Days



The Adventure Company | EST. 1969

MT·SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Summits of Norway Women's Adventure

Share a weeklong journey across Norway's majestic mountains and breathtaking fjords. En route from Hardangerfjord to Eidfjord, marvel at the Nærøfjord, the Sognefjorden, and the famous Voringfossen waterfall. Wind up one of Norway's most panoramic routes, Sognefjellveien, and the highest mountain pass in Northern Europe. Explore the lovely town of Lom: pop into its famous bakery and visit a 12th-century stave church. End the trip with a memorable trek to the mighty summit of Galdhopiggen, the highest in Norway, and be rewarded with dazzling views.

Details

Arrive: Oslo, Norway

Depart: Oslo, Norway

Duration: 8 Days

Group Size: 4–16 Guests

Minimum Age: 16 Years Old

Activity Level:



Testimonials

"I have taken 12 trips with MT Sobek. Each has left a positive imprint on me—widening my view of the world and its peoples."

Jane B.

"I've taken six MT Sobek trips and they have all exceeded my expectations. The staff, the food, the logistics and the communications have always been exceptional. Thank you for being my "go to" adventure travel company!"

Margaret I.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

📞 1.888.831.7526

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Why Take This Trip With Us?

REASON #01

MT Sobek has been pioneering unique group adventures for 50 years, bringing together active adventurers who seek camaraderie in the great outdoors.

REASON #02

Follow local expert guides as you explore Norwegian towns, cross crystal glaciers and tackle Norway's highest summit at 8,100'.

REASON #03

Norway is one of our most popular destinations

What to Expect



ACTIVITIES

Strenuous but rewarding hikes and scenic drives through Norway's pristine landscapes, boat rides through fjords, glacier treks, town tours, and spa time.



LODGING

Historic hideaways, stylish alpine resorts, and a slick contemporary urban retreat as the finale — all featuring spas and/or stellar restaurants.



CLIMATE

The weather will change quickly. Temperatures will range daily between 40 and 70°F. Sun, rain and even snow on some summits are expected.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Anne Stine is an accomplished Norwegian guide and has close ties to MT Sobek as the operations manager of a local guiding team. She is highly knowledgeable about hiking and skiing in Norway, and has skied 1,600 miles north to south across the country! Anne's passion for the outdoors and for adventure travel, coupled with her love of guiding, makes her a perfect leader and trip companion. Meet Anne on MT Sobek's popular Best of Norway's Great Outdoors adventure.

Anne Stine Mathisen

Sol is educated as a Norwegian Nature guide, member of the esteemed NNGF, and has many years of experience as a guide leading trips in Scandinavia. She has been exploring Norwegian nature since she was young, and has a passion for the unique nature experiences along with a tremendous amount of local knowledge and experience. She glowingly recalls childhood memories in the region, and enjoys sharing this stunningly beautiful place with MT Sobek travelers. Sol takes pride in paying concise attention to the wellbeing & safety of all clients, and is a tremendous leader.

Sol K. Idland

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Itinerary

DAY 1

ARRIVE IN OSLO & HEAD TO RJUKAN

After a welcome and brief meeting at the airport in Oslo, drive to Rjukan, and check into the hotel. The afternoon is free to relax, explore the town, or check out the wellness area at the hotel before dinner.

Meals: D

DAY 2

HIKE TO THE SUMMIT OF GAUSTATOPPEN

Get ready for a full day of hiking up to the summit of Gaustatoppen. The path up is rocky but fairly wide, with some narrow parts as it nears the summit. Stop for lunch along the way and from the top, take in spectacular vista of southern Norway (weather permitting). There's an option to descend by tram, shortening the hike. Then drive to the next destination, Geilo, a charming mountain town nestled right between two national parks. Enjoy the resort's award-winning spa before dinner at the hotel.

Activity: 5–7 hours/4.5 miles hiking with approximately 2400' elevation gain & loss

Meals: B, L, D

DAY 3

HIKE IN HARDANGERVIDDA & HALLINGSKARVET NATIONAL PARKS

Fuel up on breakfast and set out for an easy hike in the nearby national parks of Hardangervidda and Hallingskarvet. After the hike on the plateau, paired with scenic views, continue the drive all the way down to the Hardangerfjord region. Make a stop along the way at the majestic Voringfossen waterfall. If the weather is rough on the plateau, hike further down in the valley and to the bottom of the waterfall, seeing it up close and personal. Arrive to the small community of Eidfjord and enjoy dinner at a restaurant in town.

Activity: 2-3 hours/3 miles hiking with 500' elevation gain & loss

Meals: B, L, D

DAY 4

EXPLORE SOGNEFJORDEN & CRUISE THROUGH NÆROYFJORDEN

Leave Eidfjord today to explore the next fjord, Sognefjorden — by bus, boat and foot. Drive through the mountain village of Voss, and continue down to Gudvangen, to hop on a ferry along the famous fjord of Næroyfjorden and all the way into Aurland. Take a great hike in the Aurlands river valley; turn around at Osterbo and hike back the same way. After the hike, continue to Lærdal, crossing Sognefjorden, and then all the way to the town of Marifjora, home for the next two nights. Enjoy dinner at the hotel.

Activity: 2-3 hours/4 miles hiking with 1000' elevation gain & loss

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Meals: B, L, D

DAY 5

HIKE FROM MARIFJORA TO THE SUMMIT OF MOLDEN

Today, hike to the great summit of Molden (3,676'), starting from the hotel in Marifjora. This is the trip's longest hike, with a picnic lunch and incredible views along the way. Upon reaching the viewpoint at the summit, marvel at the sight of the fjords below, stretching in every direction. Hike back to the hotel, unwind with a stretching session, and have a lovely dinner together.

Activity: 5–7 hours/8 miles hiking with 3000' elevation gain & loss & yoga

Meals: B, L, D

DAY 6

CIRCULAR HIKE FROM TURTAGRO & DRIVE TO LOM

Say goodbye to Marifjora this morning and move on to the national park of Jotunheimen. Drive along the Sognefjellveien — one of Europe's highest mountain passes (4,700') with wild and spectacular mountain scenery. Reach the mountain hotel of Turtagro, the starting point for today's hike through a scenic valley, with a picnic lunch en route. Hike back to Turtagro and transfer to the town of Lom, the base for the next two nights. Check into the hotel, then stop by the town's great bakery and a 12th-century stave church. Have dinner at the hotel.

Activity: 4–6 hours/3.5 miles hiking with 900' elevation gain & loss

Meals: B, L, D

DAY 7

TACKLE THE MIGHTY GALDHOPIGGEN SUMMIT

Today you will climb the highest summit in Norway on a strenuous hike to Galdhopiggen at 8,100-foot elevation. Drive up to Juvasshytta, and from there start the crossing of a glacier, locally known as "the ugly glacier." Use a harness and a rope as extra security gear and hike a steeper section on snow. At the summit, marvel at the views and enjoy a drink at the restaurant. Easier hikes in Jotunheimen National Park are available as an alternative. Gather up at the hotel in time for tonight's farewell dinner.

Activity: 6–8 hours/6 miles hiking with 2000' elevation gain & loss

Meals: B, L, D

DAY 8

TRAIN RIDE TO OSLO

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After breakfast, head out for one last stop at the bakery or the local gift stores, and then drive to Otta, where you catch the train to Oslo. Arrive in Oslo in the early afternoon and transfer to the Oslo airport for your homebound flight. Lunch and dinner are on your own.

Meals: B

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Dates

Aug 31 - Sep 7, 2019

Sep 1 - 8, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2019

\$ 4,995 per person

Additional Cost

\$ 600 Single Supplement

2020

\$ 4,995 per person

Additional Cost

\$ 600 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your adventures guide(s) and driver(s)
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving and departing outside of Day 1 and Day 8
- Optional travel protection

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➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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