



Winter Adventure in Norway

8 Days



The Adventure Company | EST. 1969


MT·SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Winter Adventure in Norway

Embark on a soul-stirring trip across arctic Norway, the land of bewildering Northern Lights and winter adventures that lure visitors from all over the globe. Look out for whales, arctic fox and reindeer along the fjords and enjoy walks around Tromsø, a charming cultural hub famed for its historical wooden houses. Hop on a dogsled for a thrilling afternoon ride or strap on a pair of skis and twist down the snowy slopes of Oppdal. After long hikes, snowshoeing and urban explorations, crown your evenings by chasing the spellbinding aurora borealis.

Details

Arrive:	Oslo, Norway
Depart:	Oslo, Norway
Duration:	8 Days
Group Size:	4-16 Guests
Minimum Age:	16 Years Old
Activity Level:	

Testimonials

"We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek."

Dennis G.

"MT Sobek took care of everything for our extended family vacation. Not a hiccup in the planning, the itinerary, the lodging or the guide. Everything in life should be so easy."

Kathy J.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

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Why Take This Trip With Us?

REASON #01

Experience the very best of arctic Norway's great outdoors with expert guides on this specially crafted MT Sobek adventure.

REASON #02

A winter adventure packed with bucket-list activities from dogsledding to an optional night in an igloo — all in a compact 8 days.

REASON #03

This MT Sobek trip features three nights in Tromsø, one of the world's best spots to seek out the Northern Lights.

What to Expect



ACTIVITIES

Alpine skiing, ice skating, dogsledding, cross-country skiing, and hiking; chasing Northern Lights, wildlife watching, and touring historical towns.



LODGING

A modern Scandinavian ski lodge-style hotel, plus one winter night in either an igloo or a modern version of a traditional Sami lavvo.



CLIMATE

Northern Norway extends above the Arctic Circle. Temps can drop down to -40°F. Expect cold and snowy conditions and pack accordingly.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Anne Stine is an accomplished Norwegian guide and has close ties to MT Sobek as the operations manager of a local guiding team. She is highly knowledgeable about hiking and skiing in Norway, and has skied 1,600 miles north to south across the country! Anne's passion for the outdoors and for adventure travel, coupled with her love of guiding, makes her a perfect leader and trip companion. Meet Anne on MT Sobek's popular Best of Norway's Great Outdoors adventure.

Anne Stine Mathisen

Sondre is from Skien in southern Norway, but moved to the mountains on the west coast where he lives now. He is passionate about the outdoors and has a broad experience from the sea to the mountains, both in summer and in winter. He is currently studying for his Bachelor Degree in Adventure Education & Wilderness Leadership, and enjoys introducing people to the wonders of his home—Norway.

Sondre Stensbol

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Itinerary

DAY 1

ARRIVE IN OSLO & FLY TO TROMSØ

The adventure starts at the Oslo airport at noon. After meeting your guide and the group, board the Tromsø-bound flight. Upon arrival, transfer to your hotel for the next three nights, take time to settle in and then have a welcome meeting in the hotel lobby. Stroll into town together and start the trip with a great dinner, then walk around town to see if you are lucky enough to see the Northern Lights on the first day.

Meals: D

DAY 2

GO WHALE WATCHING & CHASE NORTHERN LIGHTS

After breakfast, head out for a whale-watching boat trip. Whales are wild and unpredictable so if none appear near Tromsø, continue by boat and head for the fjords to seek out other animals, like arctic fox and reindeer. This evening, enjoy an early dinner together before heading into the winter night to chase the Northern Lights for several hours. Although seeing the Northern Lights is never guaranteed, there's a great chance to catch these unbelievable colors moving across the arctic sky during one of the three nights in Tromsø.

Activity: 3 hours whale watching

Meals: B, L, D

DAY 3

SNOWSHOE, HIKE & EXPLORE TROMSØ

Start a bit later this morning, after a long night of watching the Northern Lights, with breakfast at the hotel. Then head out for a full day of hiking and snowshoeing during daylight hours, crossing over rolling hills and fields iced in a blanket of sparkling snow. In the evening, take time to walk around Tromsø and its historical center that showcases centuries-old wooden houses, and then enjoy dinner at one of the local restaurants.

Activity: 4–5 hours/3–4 miles hiking with 1,000' elevation gain & loss

Meals: B, L, D

DAY 4

FLY TO TRONDHEIM & JOURNEY TO OPPDAL

After breakfast, check out of the hotel and say goodbye to the arctic city of Tromsø. Next take a flight to Trondheim, the third largest city in Norway. Visit the city center and its famed Nidaros cathedral, a stunning stone church built over the burial site of Saint Olav, the King of Norway in the 11th century. Then drive for two hours to the mountain town of Oppdal, to check into the hotel, home for the next three nights.

Meals: B, L, D

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DAY 5

GO DOGSLEDDING IN NERSKOGEN

Start with a hearty breakfast to prepare for a full day of dogsledding in the village of Nerskogen at the foot of the spectacular Trollheimen mountain range. Spend some time getting to know the dogs, the equipment, and how it all works, and then head out for an exciting morning. Have lunch at a dog camp and continue to enjoy the dogsledding. In the afternoon, take a transfer back to the hotel, to rest before dinner in the hotel's dining room.

Activity: 4–5 hours dogsledding

Meals: B, L, D

DAY 6

ENJOY A DAY OF NORWEGIAN WINTER ACTIVITIES

Today is all about having fun outdoors, learning how the Norwegians spend their days in the cold winters and why they're so good at winter sports. Take your pick between any one of the many popular winter activities in Norway: alpine skiing in one of the best ski-lift areas in Norway, cross-country skiing in Trollheimen National Park, or ice skating or curling. After the thrilling day, enjoy the spa or sauna back at the hotel, or unwind at the "after-ski" bar. This evening, enjoy dinner together at a restaurant in town.

Activity: 3–7 hours optional activities

Meals: B, L, D

DAY 7

EXPLORE THE WILDERNESS OF STORLIDALEN

After breakfast, head out to explore the wilderness of Storlidalen, a remote valley with its peaks and forests dressed in white. Once in Storlidalen, choose from various activities for the day. Enjoy a snowy hike, hit local mountains with snowshoes, enjoy a day on cross-country skis, or discover the myriad of groomed trails. If you're feeling adventurous, spend the night in an igloo or a modern version of a traditional Sami lavvo — fitted with a glass roof for stargazing. Alternatively, you can opt to sleep in the hotel and enjoy the farewell dinner in the (indoor) dining room.

Activity: 2–4 hours optional activities

Meals: B, L, D

DAY 8

DEPART FROM OPPDAL & RIDE THE RAILS TO OSLO

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Enjoy a hearty breakfast and warm shower this morning, especially if you braved the elements outside the night before. Then leave the hotel at 8.45am and drive to the Oppdal train station to catch the 10am train to Oslo. Alight the train either at Oslo Gardermoen International Airport (at 2.30pm), or the Oslo Central train station (at 3pm). Train scheduled are subject to change without our notice.

Meals: B, L

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Dates

Jan 17 - 24, 2020

Feb 8 - 15, 2020

Mar 13 - 20, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2019

\$ 5,795 per person

Additional Cost

\$ 450 Internal Airfare

\$ 600 Single Supplement

2020

\$ 5,795 per person

Additional Cost

\$ 600 Internal Airfare

\$ 600 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All necessary dogsledding and snowshoeing gear
- All group entrance fees, activities, and ground transportation
- Arrival day group airport transfer and departure day train station transfer

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your adventures guide(s) and driver(s)
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfer if arriving outside of Day 1
- Optional travel protection

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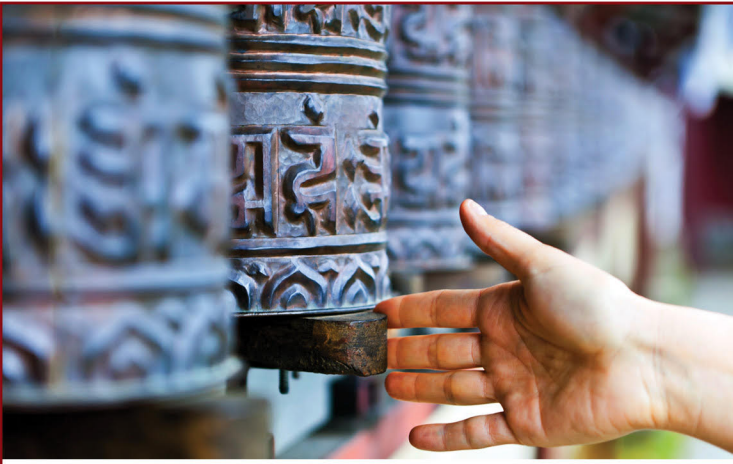
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➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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