

# North Norway, Aurora Borealis, Hike & Kayak & Sail

8 Days



**CELEBRATING 50 YEARS** AS THE PIONEER OF ADVENTURE TRAVEL

# North Norway, Aurora Borealis, Hike & Kayak & Sail

Prepare to be spellbound in this thrilling adventure across Arctic Norway, embarking on exploratory hikes with snowshoes and kayaking through dramatic fjords, chasing the northern lights at nighttime. Set sail on a small expedition vessel to chart polar waters and their natural surroundings, keeping an eye out for whales, arctic foxes, reindeers and white-tailed eagles. Begin and end your journey in the historic hub of Tromsø. Note: This cruise is not privately chartered for MT Sobek travelers. In order to offer the widest selection of travel dates and flexibility for our guests, MT Sobek works directly with the ship owner to book MT Sobek travelers on scheduled departures throughout the year, and we are pleased to offer our in-house expertise and services to assist you every step of the way.

# **Details**

# Tromsø, Norway Tromsø, Norway 8 Days Group Size: Minimum Age: 12 Years Old

Activity Level:

Arrive:

Depart:

Duration:



# **Testimonials**

"I have traveled extensively around the world. The experience with MT Sobek was by far the best I have ever had. Thank you for such excellence."

Marianne W.

"Traveling with MT Sobek is like gaining a new set of close friends that have shared an incredible experience together."

Mark N.

## Why Take This Trip With Us?

#### REASON #01

True to MT Sobek style, this trip incorporates kayaking, hiking, snowshoeing and cruising for the ultimate Arctic adventure.

#### REASON #02

This MT Sobek itinerary features the world's best spots to seek out the iconic Northern Lights by land and sea.

#### REASON #03

Experience the very best of arctic Norway's great outdoors with expert guides on this specially crafted winter adventure.

# What to Expect



#### ACTIVITIES

Cruising the Nordic fjords, wildlife watching, kayaking, hiking, snowshoeing, chasing the Northern Lights and touring historical towns.

#### LODGING

Stay aboard a small expedition vessel specially designed to tour remote islands and navigate arctic waters.



#### CLIMATE

Northern Norway extends above the Arctic Circle. Temps can drop down to -40°F. Expect cold and snowy conditions and pack accordingly.

### **Meet Our Guides**

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Arjen was born in the Netherlands and grew up birdwatching in his local neighborhood. It came as no surprise that he would go on to study biology and ecology in Spitsbergen, where he fell in love with the Arctic. Arjen spent three summers researching Barnacle Geese in Ny Alesund before becoming a guide on small expedition cruise ships. For 10 years, Arjen combined guiding in the Arctic with a full-time biology teacher job at a secondary school in the Netherlands. Now that he is a full-time expedition guide, his new classrooms include Spitsbergen, Greenland, the Antarctic Peninsula, and the Weddell and Ross Seas. In his spare time Arjen is a keen nature and wildlife photographer, giving photo workshops and Eduardo describes himself as an astronomer by profession with a passion for the sea, mountains, sunrises, and sunsets. He graduated from the University of Amsterdam in 2010 with a PhD in Astronomy and decided to split his time between lecture halls and ships. At any part of the year, you will find him lecturing on physics and astronomy—whether on land or sea. Eduardo always aims to raise the enthusiasm of guests towards science, and their awareness towards the unique and fragile planet where we live.

#### **Eduardo Rubio Herrera**

### Itinerary

#### DAY 1 ARRIVE TO NORWAY'S "PARIS OF THE NORTH"

Begin your journey in Tromsø, Norway's "Paris of the North," a rich cultural hub located above the Arctic Circle, also a renowned destination for viewing the Northern Lights. Immerse yourself in Norse and Sámi history, exploring its historic city center and centuries-old homes. Board your expedition vessel in the evening and set sail through Grøtsundet and Ullsfjorden towards the northeast.

Meals: D

#### DAY 2 SET OUT FOR LYNGEN

Arrive in the Nord-Lenangen fjord, just under the Lyngen Alps. Weather permitting, walk along the scenic coast of the fjord, where nighttime glimpses of the Northern Lights, or Aurora Borealis, may appear. A natural phenomenon caused by eruptions on the sun, the Aurora Borealis may only be seen during nightfall in the northern hemisphere

Activity: 1-3 hours walking, snowshoeing, or kayaking

Meals: B, L, D

#### DAY 3 SAIL INTO THE NORDIC FJORDS

Cruise along the base of the Lyngen Alps and discover Hamnnes, an ancient trade and fishing settlement dating back to the 17th century, notable for its dried cod. During the night, scan the sky overhead for potential sightings of the auroras.

Activity: 1-3 hours walking, snowshoeing, or kayaking

Meals: B, L, D

#### DAY 4 CHASE THE NORTHERN LIGHTS

Sail farther northeast venturing into the 45-mile long Kvaenangen Fjord. Cross the fjords to spot local flaura and fauna, seeking harbor in any of the region's idyllic fishing villages, including Skjervøy, Seglvik, Reinfjord, or Burfjord for the evening. Continue watch for the Northern Lights as dusk descends.

Activity: 1-3 hours walking, snowshoeing, or kayaking

Meals: B, L, D

#### DAY 5 EXPLORE THE KVAENANGEN FJORD

Embark on a hike of the Kvaenangen Fjord, or kayak its icy waters while taking in stunning sights of the Norwegian Sea and its surrounding islands and wildlife. Walk Spildra Island, inhabited by 26 people, climbing 788 feet to Staurhammaren for awe-inspiring, panoramic views.

Activity: 1-3 hours walking, snowshoeing, or kayaking

Meals: B, L, D

#### DAY 6 HIKE THE BURFJORD & HEAD SOUTHWEST TO FINNKROKEN

Continue sailing southwest, stopping to hike or kayak the Burfjord enveloped by pristine nature, 31 miles from the northern town of Alta. Overnight at Finnkroken, a tiny hamlet, for another opportunity to spot the Northern Lights.

Activity: 1-3 hours walking or snowshoeing, kayaking is available on select departures

Meals: B, L, D

### DAY 7 SNOWSHOE & RETURN TO TROMSØ

Set off on a morning hike with snowshoes to Småvasshaugen (1,033'). Sail back to Tromsø and choose your own leisurely adventure, whether visiting the Arctic Cathedral, Arctic aquarium Polaria, or any of the town's sights before boarding for a final night on your expedition vessel.

Activity: 1-3 hours walking, snowshoeing, or kayaking

Meals: B, L, D

#### DAY 8

#### DEPART

After breakfast, disembark with indelible Arctic memories from Northern Norway and depart.

Meals: B

### Dates

Mar 11 - 18, 2023

Mar 18 - 25, 2023

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

# **Inclusions & Exclusions**

#### **PRICE INCLUDES**

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information

Private guided tours at historic sites, museums,

- wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage
- 2022 pricing based on double occupancy in a Twin Porthole Cabin

#### **PRICE DOES NOT INCLUDE**

- International airfare, airport taxes, and excess
  baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses
- Optional sea kayaking (booking must be made at time of reservation)

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# The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are the adventure company.

# Awards









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