



Peru Sacred Valley Hiking

7 Days



The Adventure Company | EST. 1969

MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Peru Sacred Valley Hiking

Just north of Cusco lies a little-traveled region of tranquil lakes and rugged peaks, where farmers have grown crops for centuries and gently herded llamas through lush green valleys. Discover the traditional Andean way of life trekking through the villages and landscapes of Lares, on this remarkable journey that offers a modern twist on the classic Sacred Valley tour. Marvel at Pisac's ancient ruins, see the well-preserved Inca town of Ollantaytambo, and end your Peru adventure with a visit to iconic, mysterious Machu Picchu — the Lost City of the Incas.

Details

Arrive:	Cusco, Peru
Depart:	Cusco, Peru
Duration:	7 Days
Group Size:	2-16 Guests
Minimum Age:	12 Years Old

Activity Level:



Testimonials

"My husband and I could not have asked for a more perfect adventure vacation. It was the best way to visit Machu Picchu and see the beautiful country of Peru at the same time. Our group ranged from 27 years old to 74 years old and we all left feeling like family. We will definitely be booking our next trip through Mountain Travel Sobek."

Catherine L.

"I wanted to let you know how much we enjoyed the trip and to give a shout out to our wonderful guides. I would highly recommend this trip to anyone interested in Peru!"

Tona P.

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Why Take This Trip With Us?

REASON #01

Drawing on over 40 years of experience in the region, MT Sobek works with most experienced travel professionals in Peru.

REASON #02

This itinerary is the best way to see a lesser-known part of the Sacred Valley and immerse yourself in traditional Andean life.

REASON #03

MT Sobek offers over 10 adventures in Peru and recommends discovering the Lares Region for its flexible dates and varied activity options.

What to Expect



ACTIVITIES

Choose from cultural experiences, short hikes, all-day hikes, and even mountain biking in this option-filled itinerary suited to every level.



LODGING

Comfortable accommodations at excellent hotels, including charming casitas and luxurious historical mansions.



CLIMATE

Peru's dry season is April to October and the rainy season from November to March. Weather and temperatures can vary significantly depending on the altitude.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Admil was born in Cusco and developed a deep interest in Andean culture and the history of Peru at an early age. Over the years he has led many groups on a wide array of Inca trails throughout the Cusco region and Bolivia. Admil's knowledge of anthropology, archeology and Inca history has also enabled him to be part of a promotional documentary on Peru distributed worldwide in 2011. He recently authored a book about Peruvian customs, traditions and history.

Admil Arce

Born in Cusco, Teddy began his study of the Manu wilderness at a young age. He began serving as a volunteer park ranger in the Manu National Park, and worked as a naturalist guide for 12 years. An avid student of flora and fauna, he also is a passionate birder. Teddy is well versed in Inca history, nature photography, wildlife and the ecosystems of Peru. He has also worked extensively with highland communities focusing on ecological education and nature conservation. With a wide range of experience in the region, teddy is a quintessential expert and shares his deep passion and love for the region with all MT Sobek travelers.

Teddy Romero

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Itinerary

DAY 1

DISCOVER TREASURES OF THE SACRED VALLEY

After an early breakfast, your guide and driver will pick you up at your hotel in Cusco. Begin your adventure with a journey from the urban setting of Cusco into the Sacred Valley of the Incas, full of lush green fields surrounded by striking mountain peaks. Explore the archeological site of Chinchero, where colonial buildings rest atop Inca foundations. Afterwards, take an easy starter hike to Urquillos, or continue on to visit the natural Inca salt mines of Maras and the astonishing circular terraces of Moray, believed to be an Inca laboratory dedicated to the study of foreign plant species.

Accommodation: Lamay Lodge

Activity: Optional 3 hours/5 miles hiking with 2,700' elevation loss

Meals: B, L, D

DAY 2

EXPLORE THE ARCHAEOLOGICAL COMPLEX PISAC

In the morning, opt for one of three choices: visit the famous market at Pisac and check out its unique array of products; take an invigorating morning hike surrounded by amazing views of the Andes Mountains; or bike along the Urubamba River from Lamay to Pisac. Afterwards, meet up with the rest of the group in the isolated community of Viacha and enjoy a traditional "Pachamanca" meal cooked under hot stones. Then, take an afternoon excursion to the fascinating archaeological complex at Pisac, which has some of the finest Inca stonework in existence.

Accommodation: Lamay Lodge

Activity: Optional 3 hour/5 miles hiking with 1,900' elevation gain & 3,100' elevation loss or 2.5 hours/8 mile bike ride

Meals: B, L, D

DAY 3

VISIT INCA SITES & VILLAGES IN THE LARES VALLEY

Explore the town of Lamay, then take a scenic drive into the mountains along the celebrated "Inca Weaver's Trail" and visit the unique and uncrowded archeological site of Ancasmарca. After lunch, visit the traditional and ancient weavers' village of Choquecancha, or opt for hiking amidst turquoise blue lakes and towering peaks to the remote village of Huacahuasi, where you will spend the night. The lodge provides an interesting insight into the evolving role of the original Andean people in both the culture and commerce of modern-day Cusco.

Accommodation: Huacahuasi Lodge

Activity: 2.5 hours/2.1 miles hiking with 940' elevation gain & 280' elevation loss or 3.4 miles hiking with 1,430' elevation gain & 1,240' elevation loss

Meals: B, L, D

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DAY 4

EXPERIENCE THE HERITAGE OF HUACAHUASI

You have two choices today: Walk through the village of Huacahuasi and learn more about its heritage and daily activities, with a possible visit to a farmer's home. Then, take a Peruvian cooking class and test your skills during lunch with the rest of the group. Or, for those who want to go deeper into these remote mountains, challenge yourself with a strenuous, all-day hike from the community of Quiswarani onto the "Trail of 1,000 Lakes," enjoying the area's majestic beauty and the company of herds of alpacas and llamas.

Accommodation: Huacahuasi Lodge

Activity: Optional 1-2 hours/5.4 miles hiking with 1,980' elevation gain & 2,600' elevation loss

Meals: B, L, D

DAY 5

EXPLORE OLLANTAYTAMBO & HIKE ANCIENT INCA TRAILS

Set out on whatever adventure you choose this morning: Embark on a challenging but spectacular 7-hour hike through varied terrain and over a mountain pass. Or, learn more about the heritage and day-to-day activities of the Huacahuasi community, followed by a barbecue lunch. Then, in the afternoon, meander the charming, maze-like streets of Ollantaytambo or go mountain biking and visit an artisanal brewery. You may also opt for a morning hike, then meet up with the second group for lunch before heading to Ollantaytambo.

Accommodation: K'uychi Rumi Hotel

Activity: Optional 3 hours/4 miles hiking or 7 hours/8 miles hiking with 2,250' elevation gain & 2,211' elevation loss or optional 2 hours mountain biking

Meals: B, L, D

DAY 6

DISCOVER INCA SITES AT OLLANTAYTAMBO

Start your day with an optional hike to Inca storage structures high above Ollantaytambo for magnificent views of the town and the main archeological site across the valley. Afterwards, take a morning tour of the temple at Ollantaytambo, regarded by the Incas as one of their most important ceremonial centers, and get a sense of its mystical history — a perfect introduction to the wonder of Machu Picchu. Around noon, embark on a scenic train ride along the famous Urubamba River to Aguas Calientes, the gateway to Machu Picchu.

Accommodation: Inkaterra Machu Picchu Pueblo Hotel

Meals: B, L, D

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DAY 7

JOURNEY TO MACHU PICCHU

At dawn, begin your journey to Machu Picchu with a short and rollicking uphill bus ride. As you enter the "Sanctuary" (as locals refer to it), the morning sun rises over the iconic Sun Gate and washes the structures and terraces with light. Prepare to be awed by the imposing and skillful architecture of the Watchtower, the Temple of the Sun, and the royal Inca residences, among many others. Hike, if you choose, to Huayna Picchu, the iconic towering mountain often seen in photographs, for dramatic views that stretch from the Urubamba River valley to the edge of the Amazon Jungle. Return to Aguas Calientes for lunch, then take the 1.5-hour train ride and 1.5 hour transfer to Cusco, where you will say goodbye to your group.

Activity: Optional 2.5 hours hiking with 850' elevation gain/loss

Meals: B, L

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Dates

Sep 6 - 12, 2021

Dec 23 - 29, 2021

Sep 10 - 16, 2021

Mar 22 - 28, 2022

Sep 16 - 22, 2021

Apr 12 - 18, 2022

Sep 20 - 26, 2021

May 3 - 9, 2022

Sep 23 - 29, 2021

Jul 12 - 18, 2022

Oct 18 - 24, 2021

Aug 29 - Sep 4, 2022

Oct 24 - 30, 2021

Sep 19 - 25, 2022

Oct 26 - Nov 1, 2021

Oct 25 - 31, 2022

Nov 8 - 14, 2021

Nov 22 - 28, 2022

Dec 22 - 28, 2022

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2021

from \$2,450 per person dbl. occ.

Additional Cost

from \$230 Day 5 Optional Hike Starting From
from \$490 Single Supplement

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from \$490 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Dinner on Day-7
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of day 1
- Optional travel protection
- Optional full day hike on Inca Trail (Day 5)

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➤ **The World of MT Sobek**

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

Awards



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