



# Italy Tuscany & Cinque Terre Walking

**Spectacular Trails from Chianti to the Italian Riviera & Historic Siena**

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**  
Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)  
or call **800-974-0300**



# Feel the difference

with **Mountain Travel Sobek**

## **Unrivaled Expertise**

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## **Unique Trip Design**

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## **Small Groups**

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





## Leading the Way

### World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

This perfectly paced adventure blends active hiking and cultural immersion, getting you to the heart of Tuscany and the Cinque Terre.

## REASON 2

We have been refining our hiking adventures in Italy for over 40 years building an unrivaled team of local guides and genuine connections.

## REASON 3

We seek out genuine experiences, from family-run restaurants and biodynamic farms, to wineries and historic hotels, so you can enjoy every moment.

## At A Glance

### ACTIVITIES

Leisurely hiking for 3-5 hours per day on gently rolling terrain. Cultural touring with stops at historic sites and wineries.



### LODGING

Ideally located hotels and villas providing all the comforts of a 4 or 5 star equivalent accommodation. Some lodging equipped with spas and swimming pools.



### CLIMATE

Tuscany is likely to be warm, with lots of sunshine, and temperatures in the 70's and 80's. Italy's west coast boasts a warm, coastal Mediterranean climate, with dry summers. There is often a pleasant sea breeze in summertime.



### KNOW BEFORE YOU BOOK

*"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.*



# Italy Tuscany & Cinque Terre Walking

## Spectacular Trails from Chianti to the Italian Riviera & Historic Siena

Immerse yourself in two of Italy's most enchanting regions on this perfectly paced walking adventure from Tuscany to the Italian Riviera. Follow scenic trails through Tuscan vineyards and cypress-dotted valleys, exploring historic hill towns and sampling fine Chianti wines. Marvel at the medieval wonders of Siena and San Gimignano with their ancient ramparts and towers. Then journey to Liguria's spectacular coast to hike cliff-side paths that connect the Cinque Terre's picturesque seaside towns. With fragrant lemon groves and stunning sea views, this is la dolce vita at its best!

### 9 Days

**Start:** Florence, Italy

**End:** Pisa, Italy

**Departing:** April, May, June, September, October

**Activities:** Hiking & Trekking, Cultural Discovery, Walking

**Lodging:** Comfortable Hotels

**Group Size:** 3-16 Guests

#### ACTIVITY:



Check [mtsobek.com](https://mtsobek.com) for date-specific pricing.

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*“MT Sobek took care of everything for our extended family vacation. Not a hiccup in the planning, the itinerary, the lodging or the guide. Everything in life should be so easy.”*

- Kathy J.

# The Itinerary

DAY  
01

## Arrive in Florence & Journey to Tavarnelle

Welcome to Italy! Arrive in Florence this afternoon and meet your trip leader for an orientation. Explore the Benedictine church of San Miniato al Monte, with its splendid Romanesque architecture and sweeping views of the city, before heading south to the hilltop town of Tavarnelle. Enjoy a scenic drive on the Via Cassia, an ancient Roman road, then set off on a hike past olive orchards and vineyards to a 12th-century family estate. Here you'll sample olive oils and savor a delicious country dinner.

**ACCOMMODATION:** The Hotel Executive, Florence

**MEALS:** Dinner

**TRANSPORTATION:** 1-hour private van transfer

**ACTIVITY:** 2 hours/2-3 miles hiking

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DAY  
02

## Chianti Wines & Walks

Rise for a journey through bucolic rolling hills to Greve, the wine capital of Chianti. Take a picturesque hike to the hilltop village of Lamole. Lunch on local delights and continue on foot to Volpaia, a medieval hamlet famed for its Chianti Classico wine. Here you'll sample some of the region's most celebrated reds. Rest up tonight in your charming hotel in the historic town of Radda.

**ACCOMMODATION:** Hotel Palazzo Leopoldo, Radda in Chianti

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour private van transfer

**ACTIVITY:** 3-4 hours/5 miles hiking

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DAY  
03

## Vineyard Trails to San Polo in Rosso

Begin the day with a short transfer to San Giusto in Salcio, a pretty Romanesque church just south of Radda in Chianti. From here, you'll follow vineyard trails to the fortified medieval estate of San Polo in Rosso, where lunch awaits. Continue walking via enchanting rural villages back to San Giusto in Salcio. Return by van to Radda and sample more Chianti wines before exploring the town at leisure. Tonight, dinner is on your own at the hotel or local restaurant .

**ACCOMMODATION:** Hotel Palazzo Leopoldo, Radda in Chianti

**MEALS:** Breakfast | Lunch

**TRANSPORTATION:** 20-minute private van transfer

**ACTIVITY:** 3-4 hours/5 miles hiking

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## DAY 04

### Explore Enchanting Siena

Journey to the captivating city of Siena for a special guided tour of its historical wonders, including UNESCO-listed Piazza del Campo and the Duomo. Next, enjoy free time to explore the city's beautiful cobblestone streets and charming restaurants. In the afternoon, visit the walled city of Monteriggioni, known as the "Gateway to the Middle Ages" for its fortified ramparts and watchtowers. Later, transfer to your hotel set in a 15th-century villa in Poggibonsi.

**ACCOMMODATION:** Hotel Villa San Lucchese, Poggibonsi Villa Sabolini, Colle di Val d'Elsa

**MEALS:** Breakfast | Dinner

**TRANSPORTATION:** 1-hour private van transfer

**ACTIVITY:** 4 hours/2-3 miles hiking

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## DAY 05

### Hike to San Gimignano

Start the day with a drive to Colle Val d'Elsa, known for its fine Italian crystal, then follow scenic trails to the romantic hill town of San Gimignano. This UNESCO World Heritage wonder, known as "medieval Manhattan," is beloved for its 11th-century towers, labyrinthine streets, and fresco-adorned Duomo. Explore town before heading back to your hotel.

**ACCOMMODATION:** Hotel Villa San Lucchese, Poggibonsi Villa Sabolini, Colle di Val d'Elsa

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 30-minute private van transfer

**ACTIVITY:** 4-5 hours/8 miles hiking

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## Journey from Carrara to Cinque Terre

Rise for a drive to Carrara, world famous for its ancient marble quarries that rise like snow-capped peaks above the town. After lunch, breathtaking coastal scenery awaits in the UNESCO-listed Cinque Terre and the pretty seaside town of Levanto. Enjoy a tasty dinner in town and get ready to explore the Italian Riviera over the next two days.

**ACCOMMODATION:** Hotel La Giada del Mesco, Levanto

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2.75-hour private van transfer

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## Explore Trails in Cinque Terre

Take a short train ride to Monterosso al Mare, one of the five towns that make up the Cinque Terre. Perched on cliffs above the Ligurian Sea, these breathtakingly beautiful seaside villages are a bucket-list must — and perfect for hikers. Take in amazing coastal scenery on a stunning trail that links the neighboring villages of Vernazza, Corniglia, Manarola, and Riomaggiore. Alternatively, you can enjoy a scenic train and boat ride from village to village. Return to Levanto for dinner on your own tonight.

**ACCOMMODATION:** Hotel La Giada del Mesco, Levanto

**MEALS:** Breakfast | Lunch

**ACTIVITY:** 5 hours/5-6 miles hiking

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## Coastal Path to Monterosso

Starting at the hotel, follow a meandering coastal trail back to Monterosso. Along the way you'll pass lemon groves and old hilltop farmhouses, and enjoy splendid views of the Ligurian Sea. Perhaps reward yourself with a refreshing gelato and explore the town at leisure. Take a train back to Levanto and celebrate your Italian adventure with a farewell dinner in town.

**ACCOMMODATION:** Hotel La Giada del Mesco, Levanto

**MEALS:** Breakfast | Dinner

**ACTIVITY:** 3-4 hours/3-4 miles hiking

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## Depart from Pisa

Bid farewell to Italy as you transfer to the airport in Pisa.

**MEALS:** Breakfast

**TRANSPORTATION:** 1.5-hour private van transfer



## Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

### The Hotel Executive

Occupying a former royal residence built in the 16th century, this elegant hotel is just a 7-minute walk from Santa Maria Novella train station and 9 minutes on foot from the Santa Maria Novella. The traditionally furnished, warmly decorated rooms feature flat-screen TVs, free Wi-Fi and minibars. There's a restaurant, a cocktail lounge and a library reading room.

### Hotel Palazzo Leopoldo

This elegant hotel is set in a 14th-century Tuscan building, and is nestled in Chianti's vineyards. Guestrooms offer old-world charm and feature free Wi-Fi, room service and flat-screen TVs. Amenities include a restaurant and a fitness room, as well as a spa with a heated indoor pool and hot tubs.

### Palazzo San Niccolo

The romance of a 15th century palace with original frescoes and architectural details takes you back through history as you step out onto the main square. Modern rooms continue the theme with Tuscan terracotta flooring, beamed ceilings, and marble showers. In the historic vaulted cellar, a heated indoor swimming pool, whirlpool, massage services, and sauna. Enjoy the sights of Radda in Chianti from this regal hotel.



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Hotel Villa San Lucchese**

Set on beautifully landscaped grounds, this elegant hotel offers down-to-earth guestrooms with free Wi-Fi, satellite TV and safes. Some have canopy beds, whirlpool tubs, exposed beams and/or sitting areas. Other amenities include 2 outdoor pools, a tennis court and a restaurant with a terrace. There's also a landscaped garden, a library and a bar, plus a wine cellar. Wine tastings and massage services are available.

## **Villa Sabolini**

Located in the Tuscan hills outside Siena and near Colle di Val D'Elsa, Villa Sabolini was once an elegant 15th-century residence and later became an Archiepiscopal Seminary. Today the Villa is a 4-star hotel whose 40 rooms are surrounded by an Italian garden, and finely furnished with canopy beds, cotto floors, and marble bathrooms. The restaurant serves traditional dishes made with local ingredients inspired by the seasons.

## **Hotel La Giada del Mesco**

In a stone villa on a hillside overlooking the Ligurian Sea, this relaxed hotel has 12 cozy guestrooms offering minifridges, flat-screen TVs and free Wi-Fi, as well as balconies with sea views. Room service is available. Other amenities include a bar, a terrace, and an infinity pool, all with panoramic sea views.

# Departure Dates

This trip is available to run in: April, May, June, September, October

**Book early for a greater choice of available dates.**  
Once you book, your price is GUARANTEED!

April 22-30, 2025

September 2-10, 2025

September 16-24, 2025

September 30-October 8, 2025

April 14-22, 2026

May 5-13, 2026

September 8-16, 2026

September 22-30, 2026

October 6-14, 2026

# What's Included

## PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts where necessary
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted in the Trip Planner)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

## PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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The Adventure Company | Est. 1969

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**AND BOOK TODAY!**

