



# Italy Dolomites Hut-to-Hut Hiking

11 Days



*The Adventure Company* | EST. 1969


**MT+SOBEK**<sup>TM</sup>  
MOUNTAIN TRAVEL SOBEK

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AS THE PIONEER OF ADVENTURE TRAVEL

# ➤ Italy Dolomites Hut-to-Hut Hiking

Set off for a spectacular journey across the Italian Dolomites, the magnificent range with Marmolada as its highest peak, at an altitude of 10,964 feet. Explore historic remnants of World War I and marvel at Serrai di Sottoguda, a scenic canyon created by glacial erosion. For dazzling vistas, summit the highest point of the Sella massif, Piz Boe, with its moon-like landscape. Visit the imposing Franzei waterfall and see the Madonna dei Serrai statue hidden in a natural grotto. Wrap up long days with traditional cuisine in charming mountain huts.

## Details

Arrive:	Venice, Italy
Depart:	Venice, Italy
Duration:	11 Days
Group Size:	6-16 Guests
Minimum Age:	18 Years Old
Activity Level:	

## Testimonials

*"I have traveled extensively around the world. The experience with MT Sobek was by far the best I have ever had. Thank you for such excellence"*

Marianne W.

*"Exceptional trips! Go with MT Sobek!"*

Mitch S.

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## Why Take This Trip With Us?

### REASON #01

MT Sobek has been crafting classic adventures in the Dolomites for decades, giving us the know-how to create epic new hiking trips.

### REASON #02

Spend your nights tucked away in remote rifugio mountain huts surrounded by alpine mountains.

### REASON #03

This journey includes the highest and most famous peaks of the Dolomites and perfectly blends days on the trail with rewarding evenings.

## What to Expect



### ACTIVITIES

Strenuous hikes through majestic mountains and valleys and taking in WWI heritage, alpine huts, and mountain towns.



### LODGING

Charming 3- and 4-star hotels in quaint alpine towns and basic lodging in scenic rifugio mountain huts.



### CLIMATE

The Dolomites are a mountain climate. It can be very hot at lower elevations, but can also be freezing above 7,000'.

## Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Luca was born in the northern Italian town of Cividale del Friuli, near the Austrian and Slovenian borders. His love of the mountains began at an early age while exploring the foothills of the eastern Alps and the Dolomites with his family. Today Luca is a hiking guide for the Veneto Board of Alpine Guides, a UIMLA Mountain Leader, and a passionate trail runner. Luca speaks Italian, Friulano (a minority Rhaeto-Romance language), English, and a little German—and is also a classical musician with 15 years of orchestral training! When he is not mountain guiding, Luca enjoys relaxing, cooking, socializing with friends, and playing with his cats.

**Luca Zuliani**

Massimo was born and raised in the mountains of northern Italy, in the Natisone River Valley—a stone's throw from Slovenia's Julian Alps. He earned his UIAGM/IFMGA Mountain Guide certification, becoming a professional mountain guide, and today Massimo leads trekking, mountaineering, rock climbing, via ferrata, snow shoeing, heli skiing, ski touring, ski safari, and ice climbing itineraries. While Massimo is based in the Dolomites, he also guides in other areas of the Alps including Austria, Switzerland, France, and Slovenia. He loves exploring the mountains and finding unique, off-the-beaten track routes. Massimo is fluent in English, Italian, German, French, and Slovenian.

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# Itinerary

## DAY 1

### ARRIVE IN VAL GARDENA

Land at Venice airport and enjoy a private group transfer to the valley of Val Gardena/Gröden (located 5,000' above sea level), known for excellent rock climbing, traditional woodcarving, and a native language called Ladin. Meet your MT Sobek guide at the hotel for a short trip briefing and enjoy a welcome dinner at the hotel.

**Meals:** D

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## DAY 2

### HIKE THE SPECTACULAR ALPE DI SIUSI

Today take in Alpe di Siusi, the largest high-altitude alpine plateau in Europe, offering front-row seats facing the Dolomites. From Compatsch, travel southwest for the first part of the hike, crossing forests and lush meadows surrounded by magnificent mountains and massifs. Hike to Rifugio Alpe di Tires (8,005'), a perfect place for lunch, at the foot of the Denti di Terrarossa peaks. Then continue on a ridge walk on mostly level ground, with great views over Alpe di Siusi/Seiseralp on your left and Val di Fassa/Val Duron on your right.

**Activity:** 5 hours/8.5 miles hiking with 2,805' elevation gain & 1,351' elevation loss

**Meals:** B, L, D

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## DAY 3

### HIKE TO THE CATINACCIO ROSENGARTEN

Today take a fantastic hike across the Catinaccio massif, one of the most recognized landmarks of the Dolomites. Along the way, follow ridge paths, ascend on switchbacks dropping into a desolate stone desert valley, hike past glittering lakes and alpine huts, cross mountain passes, flank slopes, and take in panoramic vistas of the Torri del Vajolet and the eastern wall of the Catinaccio — the heart of a renowned alpine climbing area. Descend to Vigo Di Fassa by cable car, and transfer to Passo San Pellegrino.

**Activity:** 6–7 hours/10 miles hiking with 3,050' elevation gain & 4,757' elevation loss

**Meals:** B, L, D

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## DAY 4

### HIKE UNDER THE MARMOLADA GLACIER

From the rifugio, walk on green pastures and through woods heading west. The path soon leads over a steep rocky area, probably the best scree in the Dolomites. Several hairpin turns lead to a large crater, the Val de le Cirele, continuing to the Pas de le Cirele (2,683m/8,802'), between the Cima dell' Uomo group and Punta Zigole. Begin your descent into the lush green Val de le Cirele valley and reach your rifugio for the night. Note that duffel bag transfer is not included today.

**Activity:** 5–6 hours/7 miles hiking with 3,576' elevation gain & 3,446' elevation loss

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**Meals:** B, L, D

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## DAY 5

### HIKE A SECTION OF ALTA VIA 2

From your rifugio, follow a trail along Alta Via 2 that zigzags its way up a scree section, then turn towards Passo Ombretta, the highest point of today's hike with 8,862'. Begin your descent to Rifugio O. Falier, reach the hamlet of Malga Ciapela and walk downhill to the majestic Serrai di Sottoguda canyon, created by the erosion of the glaciers. Take in the Franzei waterfall as well as the little church of Sant'Antonio and the statue of the Madonna dei Serrai, set in a natural grotto. Reach the charming town of Sottoguda and check into your hotel.

**Activity:** 5 hours/7 miles hiking with 2,506' elevation gain & 5,033' elevation loss

**Meals:** B, L, D

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## DAY 6

### HIKE VIEL DEL PAN TO PASSO PORDOI

Transfer to Lake Fedaia, a man-made lake at the foot of the Marmolada glacier (10,965'). From here, follow a long traverse with some steep ascents to reach an altitude of around 7,874 feet, leading you to the Pordoi Pass (7,346'). As you hike, marvel at the incomparable views of the Marmolada massif and its glacier. Once you reach Pordoi, choose between two options, both around 7.5 miles: hike to Rifugio Kostner via the WWI Memorial or take the cable car up to Sass Pordoi and hike at the top of the Sella massif.

**Activity:** 6 hours/7.5 miles hiking with 4,855' elevation gain & 1,476' elevation loss

**Meals:** B, L, D

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## DAY 7

### HIKE ON THE PRALONGIA' PLATEAU TO SAN CASSIANO

After breakfast, hike downhill to Passo Campolongo and begin an uphill hike towards Rifugio Incisa. Following the well-marked trails to Pralongia, walk through flower-filled meadows dotted with peacefully grazing cows. Reach Rifugio Pralongia (6,920'), a great spot for lunch. After lunch, descend to San Cassiano on easy jeep tracks or hike the easy path to Piz Sorega and descend by gondola.

**Activity:** 5.5 hours/9.5 miles hiking with 984' elevation gain & 4,347' elevation loss & a gondola ride

**Meals:** B, L, D

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## DAY 8

### HIKE IN THE FANES-SENNES-BRAIES NATURAL PARK

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After breakfast, transfer to Capanna Alpina (5,663'), a restaurant built on the edge of the Fanes-Sennes-Braies Nature Reserve, a spectacular area comprising approximately 62,000 acres and strewn with old log-built farmsteads. From here, begin your hike with a steep ascent of one hour, and arrive at Col de Locia (6,788'), a fairytale valley surrounded by mighty mountains. Hike up to Lavarella peak (10,023'), the second highest mountain in the Dolomites group. Descend on the same route and reach your rifugio home for tonight.

**Activity:** 8.5 hours/11.5 miles hiking with 5,394' elevation gain & 951' elevation loss

**Meals:** B, L, D

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## DAY 9

### HIKE TO CORTINA D'AMPEZZO

Leave the rifugio this morning to hike south on gentle curves out of a steep valley (or on steeper shortcuts) to Passo di Limo (7,126'). Past an old military building and wooden cross, hike down to Malga Fanes Grande (6,903'), a cheery converted farm offering light meals. From here, start descending towards the town of Cortina d'Ampezzo, passing forests of spruce and Arolla pines and the white rock folds and waves of Monte Vallon Bianco. Check into your hotel in town and enjoy dinner on your own this evening.

**Activity:** 4–6 hours/11.5 miles hiking with 2,018' elevation gain & 4,100' elevation loss

**Meals:** B, L

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## DAY 10

### HIKE THE TRE CIME DI LAVAREDO LOOP

After breakfast, transfer to Rifugio Auronzo and start the loop hike around the soaring Tre Cime di Lavaredo, a Dolomites landmark known for its three unique jagged peaks. On the hike, see the shapes mutate from sharp points to soft corners, and find reminders of WWI, including tunnels, bunkers, and barracks. In the afternoon, take a transfer back to the hotel to relax or wander around town before the farewell dinner at the hotel.

**Activity:** 6 hours hiking/8 miles/2,000' elevation gain and loss. Option for shorter hike.

**Meals:** B, L, D

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## DAY 11

### DEPART THE DOLOMITES & TRANSFER TO VENICE

After breakfast at the hotel this morning, take a private group transfer to the Venice airport.

**Meals:** B

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## Dates

Sep 5 - 15, 2021

For full terms and conditions please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms). Please note that our itineraries may be subject to change.

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## Pricing

2021

from \$6,695 per person dbl. occ.

### Additional Cost

from \$600 Single Supplement

#### PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All group entrance fees, activities, and ground transportation
- Arrival and departure day group airport transfers

#### PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Dinner on day 9
- Optional tips to your adventures guide(s) and driver(s)
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of the group transfer
- Optional travel protection

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## ➤ The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are *the* adventure company.

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### Awards



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