

Chile & Argentina Ultimate Patagonia Hiking

A Bucket-List Hiking Adventure in Torres del Paine & Los Glaciares

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

We love talking travel!
Contact us at info@mtsobek.com
or call 800-974-0300



Feel the difference

with Mountain Travel Sobek

Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

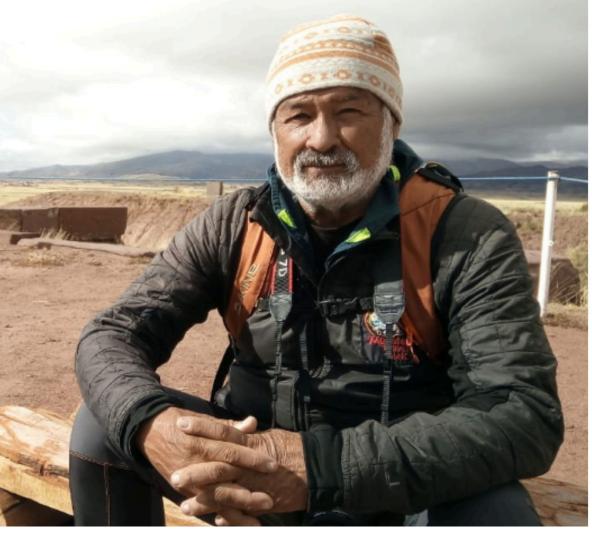
Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.













Leading the Way

World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.











Why take this trip with us?

REASON 1

MT Sobek pioneered commercial trekking in Patagonia in the 1970s, and this 12-day itinerary is perfectly paced and the most comprehensive route available.

REASON 2

Stay in comfortable hotels, cozy cabins, and remote mountain lodges - all ideally located to enjoy spectacular hiking opportunities without needing to camp!

REASON 3

Our highly experienced MT Sobek leaders know every inch of this region and ensure the logistics of this multi-faceted trip run seamlessly.

At A Glance

ACTIVITIES

Moderate to strenuous hiking covering up to 15 miles a day in mountainous terrain. Includes visit to the Perito Moreno glacier.



LODGING

A range of lodging, from scenic mountain cabins and one dormitory to comfortable hotels with modern amenities.



CLIMATE

Expect extreme weather conditions that can change from one moment to the next. Be prepared for everything, especially strong winds and sun.



KNOW BEFORE YOU BOOK

"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.



Chile & Argentina Ultimate Patagonia Hiking

A Bucket-List Hiking Adventure in Torres del Paine & Los Glaciares

This is our most comprehensive hiking itinerary in Patagonia, combining 40 miles on the W route in Chile's Torres del Paine with the remote reaches of Argentina's Los Glaciares, all in the company of our expert Patagonia team. Get up close to the iconic jagged peaks, majestic glaciers, and pristine lakes of these two breathtakingly scenic national parks. Stay at comfortable centrally located hotels in the towns of Puerto Natales, El Calafate, and El Chalten as well as highly-sought-after small wilderness lodgings that allow spectacular hiking opportunities that others aren't able to reach without the need to camp. This muchloved trip of a lifetime is the ultimate way to explore Patagonia!

66

12 Days

Start: Puerto Natales or Punta Arenas. Chile

End: El Calafate, Argentina

Departing: January, February, March, April,

November, December

Activities: Hiking & Trekking

Lodging: Comfortable Hotels, Rustic Lodging

Group Size: 6-16 Guests

ACTIVITY:









"Thank you MT Sobek for the trip of my lifetime! The Patagonia adventure exceeded my expectations in all respects and has renewed my spirit and filled my heart with joy!"

- Maria S.

The Itinerary



Arrive in Puerto Natales or Punta Arenas

Arrive at the airport in Punta Arenas or Puerto Natales, a quiet fishing town on the shores of Seno Ultima Esperanza (Last Hope Sound), and transfer to the hotel. In the early evening, gather with the group for a briefing on the adventure ahead, followed by a welcome dinner.

ACCOMMODATION: Remota Patagonia Lodge, Puerto Natales (or Hotel Costaustralis for December 22 2025

departure)

MEALS: Dinner

TRANSPORTATION: 20-minute private van transfer from Puerto Natales or 3-hour private van transfer from Punta



Scenic Drive to Torres del Paine National Park

After breakfast, travel across the Patagonian plains to Torres del Paine National Park and take in your first spectacular views of the Paine Massif (weather permitting). There is also a very good chance of seeing guanacos - small cousins to the camel and llama - on the way to the park. Arrive this afternoon at your hotel near the southern shore of Lago Grey (Grey Lake). Set out on a short introductory hike - the route and duration will be finalized by your guide based on weather conditions and timings. One possibility is an easygoing hike along a trail that runs parallel to the Pingo River and through the Pingo Valley, past waterfalls and landscapes rich in native vegetation such as Ñirres, Calafates, Notros, Lengas, and Coigues, with views of the Paine Grande peak. Alternately, if weather and time permit, take a longer hike from Laguna Verde to Rio Paine, with fantastic views.

ACCOMMODATION: Hotel Lago Grey **MEALS:** Breakfast | Lunch | Dinner

TRANSPORTATION: 2-hour private van transfer

ACTIVITY: 2.5 hours/5.3 miles hiking with 565' elevation gain & 565' elevation loss OR 4-5 hours/8 miles hiking with

1,000' elevation gain & 1,000' elevation loss if weather and time permit



Take a Boat to Grey Glacier & Begin W-Route Trek

Arise early and board a catamaran that takes you close to the front of the stunning Grey Glacier, at the southern end of the Southern Patagonia Ice Field. Disembark at the nearby trailhead and begin the classic "W" route trek, heading away from the glacier and along Grey Lake and the Paine Grande Mountain. Overnight at a remote mountain refuge on the shore of Lake Pehoe, with simple dormitory-style rooms and beautiful views - an excellent staging area for tomorrow's hike into the French Valley.

ACCOMMODATION: Refugio Paine Grande, Torres del Paine

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 45-minute catamaran cruise

ACTIVITY: 4 hours/7.5 miles hiking with 1200' elevation gain & 1200' elevation gain loss



Hike into the French Valley

Begin your trek deep into the park, continuing to circle beneath Paine Grande Mountain to the entrance of the French Valley, one of the most spectacular cirques in the Paine Range and the middle leg of the "W" route. You'll gain elevation as you hike into the valley, walking below the glaciers that descend from the massif's highest summit and marveling at the gray granite peaks of the Cuernos del Paine, topped with fantastical black slate "horns." After reaching the French Valley lookout with its awe-inspiring views, head to your cabins beneath the jagged Cuernos ("horns") del Paine. Stay in cozy cabins right next to a waterfall on the most isolated spot of the journey, with a prime position to view sunset hitting the horns, followed by dark night skies filled with stars.

ACCOMMODATION: Cabañas de los Cuernos, Torres del Paine

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 8 hours/11 miles hiking with 1,350' elevation gain & 1,350' elevation loss



Hike below Cuernos del Paine

Hike at a relaxed pace along gently rolling terrain from Los Cuernos, taking the Paso Los Cuernos trail as it follows the north shore of Lago Nordenskjold. The views are magnificent - from forested paths to the gravel lakeshore, and occasional glimpses of the horns and towers of the Paine massif, weather permitting.

ACCOMMODATION: Hotel Las Torres, Torres del Paine

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 5 hours/8 miles hiking with 1,400' elevation gain & 1,400' elevation loss



Hike to the Base of the Majestic Torres del Paine

Get an early start for an all-day hike to the base of the Torres del Paine. Follow the Asencio River over a low pass into the Asencio Valley, passing through beautiful beech forests and talus-covered slopes. After a final steep climb up a boulder field, arrive at a spectacular viewpoint that is one of the most scenic spots in the world, where the towers rise majestically before you and a glacial lake is visible below. Enjoy a packed lunch en route before returning to the hotel.

ACCOMMODATION: Hotel Las Torres, Torres del Paine

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 9 hours/11.5 miles hiking with 3,400' elevation gain & 3,400' elevation loss



Travel to Argentina & Explore El Calafate

Depart Chile's Torres del Paine National Park and drive across the border into Argentina. (Please be prepared for delays of up to a few hours while crossing the border). Proceed over the flat grassland steppes to the town of El Calafate, located on the southern shore of an enormous glacial lake called Lago Argentino, and considered the gateway to Perito Moreno Glacier.

ACCOMMODATION: Posada Los Alamos, El Calafate

MEALS: Breakfast | Lunch

TRANSPORTATION: 7-hour private van transfer





Marvel at the Perito Moreno Glacier & Drive to El Chalten

Enjoy a morning trip to the renowned Perito Moreno glacier. At this very active glacier, a 200-foot-high headwall continually calves massive blocks of ice into the lake with a thunderous roar - an awesome spectacle of nature's power at work. Admire the amazing glacier from different viewpoints on a 2-mile guided footbridge walk. Enjoy lunch at a restaurant overlooking the glacier before an afternoon drive across the steppes and along the northern end of Lago Viedma, with the views getting better and better as you approach the mountains and glaciers of the Fitzroy and Cerro Torre ranges in Los Glaciares National Park.

ACCOMMODATION: Laguna Condor Cabañas, near El Chalten

MEALS: Breakfast | Lunch | Dinner

TRANSPORTATION: 7-hour private van transfer

ACTIVITY: 2 hours/2 miles walking with 350' elevation gain & 350' elevation loss



Hike along the Rio Electrico to Piedra del Fraile and Lago Electrico

From the trailhead at Rio Electrico Bridge, hike along the Rio Electrico Valley, which progresses gently uphill from west to east, and pass through a beautiful lenga forest to reach Piedra del Fraile, one of the first refuges in the area, protected from the winds and offering comfort to the world's most experienced climbers and mountaineers, as well as to trekkers arriving in the area for the first time. This less travelled path boasts impressive views of the north face of Fitz Roy and solitude, and the lenga forest is alive with the sounds of native birds. Wind conditions permitting, emerge back into open terrain and cross the boulder field of a glacial valley to reach the shores of Lago Electrico, fed by the Marconi Glacier.

ACCOMMODATION: Laguna Condor Cabañas, near El Chalten

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 6-7 hours/11 miles hiking with 1,150' elevation gain & 1,150' elevation loss



Trek to Laguna de Los Tres

Another day, another inspiring day hike into Los Glaciares. A short transfer brings you back to the trail head at Rio Electrico Bridge, before setting out on an easy walk through a beautiful forest with impressive views of Piedras Blancas Glacier as well as the Fitz Roy, Saint Exupery, and Poincenot Peaks. After passing Poincenot Camp, begin a steep climb up to Laguna de los Tres — a challenging effort, but worthwhile for its superb views of Fitz Roy and its hanging glaciers. At the top take in the beautiful surroundings before hiking back to El Chalten via the secluded and very scenic Laguna Capri.

ACCOMMODATION: Destino Sur Hotel de Montaña y Spa, El Chalten

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 8-9 hours/13.5 miles hiking with 3,150' elevation gain & 3,150' elevation loss



Follow Trails to Laguna Torre

Embark on a long day hike into the park's interior. Walk through a varied landscape formed by glaciers and stop for commanding views of the south face of Cerro Torre — sought after by photographers and climbers the world over. Reach the pinnacle of your trek at Laguna Torre, a beautiful glacial lake set against the backdrop of Cerro Torre, with its iconic pointy spires and hanging glaciers.

ACCOMMODATION: Destino Sur Hotel de Montaña y Spa, El Chalten

MEALS: Breakfast | Lunch | Dinner

ACTIVITY: 7-8 hours/11 miles hiking with 1,800' elevation gain & 1,800' elevation loss



Transfer to El Calafate and Depart

Transfer back to El Calafate this morning, arriving in time for early afternoon flight departures to extend your adventure on your own or with one of our extensions in Argentina, or to begin your journey home.

MEALS: Breakfast

TRANSPORTATION: 3-hour private van transfer



Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel Costaustralis

This lovely hotel is located in the heart of Puerto Natales, with big windows looking out onto the Last Hope Sound and Patagonian mountains, and just steps away from the restaurants and shops of this charming small town. There are 110 rooms, all spacious and modern, with either sea or city views. In-room amenities include complimentary Wi-Fi, cable TV, individually controlled heating, and en-suite bathrooms. The hotel prides itself on providing everything you need for a restful night and its staff are welcoming and helpful.

Remota Patagonia Lodge

Remota Patagonia Lodge is located on the Last Hope Sound, just a short walk from the charming town of Puerto Natales in southern Chile. Designed by award-winning architect German del Sol, the innovative structure was inspired by the old Patagonian shearing sheds tilted by the wind and prioritizes spectacular views throughout. The comfortable, modern guest rooms all feature views of the mountains, the sound, and the glaciers and are decorated with local wood accents and the finest Peruvian textiles. The hotel also features a heated pool, sauna, souvenir shop, bar, and an onsite restaurant featuring local seafood, exotic meats, local organic vegetables, and Chilean wines.

Where You'll Stay

These accommodations may be subject to change depending on your date of travel.

Hotel Lago Grey

Hotel Lago Grey is the perfect base for discovering the western side of Torres del Paine National Park, and features a privileged view of Grey Lake. The hotel has 60 spacious rooms, including 36 Superior rooms that have lake, mountain, and glacier views. All rooms are warm and comfortable, with Wi-Fi (in common areas), safe, and a phone.

Refugio Paine Grande

Located on the banks of Pehoe Lake, this remote mountain lodge is an ideal launch point for hiking trails to Torres del Paine's French Valley and Grey Glacier. The dormitory rooms have comfortable bunks, as well as drawers to put away gear and a safety box if required. The on-site restaurant offers American cuisine, and the bar is a great place to exchange stories with fellow travelers.

Cabanas de los Cuernos

These eight charming cabins, located at the base of the "horns" (Cuernos del Paine) at the heart of the W Route, offer spectacular views of Los Cuernos - especially at sunset, when the sun hits the horns. After trekking through Torres del Paine, you'll undoubtedly be ready to recharge your battery with a warm meal and a good night's sleep in a real bed, while all others nearby have to camp to enjoy this privileged location.

Hotel Las Torres

Located near the base of Torres del Paine's most famous hiking trail (Base of the Towers), the comfortable and relaxed hotel is the perfect base for exploring the National Park. The cozy nature-inspired rooms overlook Torres del Paine, ensuring that you are immersed in the serenity of this magical place. The hotel features onsite activities with expert guides, a welcome center, excursion center, outdoor store, sustainable bar, horse stables, modern restaurant, wellness center & spa, and a Chilean BBQ area.

Hotel Posada Los Alamos

Posada Los Alamos is a grand red-bricked hotel, surrounded by soaring poplar trees, in the heart of El Calafate. Its 144 comfortable rooms, with either garden or mountain views, have traditional decor and come with modern amenities. Choose to unwind with a game of golf or a treatment at the hotel's Humus Spa, and enjoy dinner at La Posta restaurant.

Laguna Condor Cabanas

These wilderness cabanas are located in a private forest setting about 10 miles north of El Chalten. The cozy timber lodge is built on the shore of Rio de Las Vueltas and boasts unique views of Fitz Roy's north face. The fabulous dining room exudes a warm feel, just right for those Patagonian nights.

Destino Sur Hotel de Montana & Spa

Located just steps from the main street of town yet close to trailheads, Destino Sur offers both convenience and an escape to nature. Each room is colorfully decorated and equipped with wooden furniture, a king-size bed, and lots of amenities. Indulge in a spa massage, or relax in the sauna or Jacuzzi.

Departure Dates

This trip is available to run in: January, February, March, April, November, December

Book early for a greater choice of available dates.

Once you book, your price is GUARANTEED!

November 1-12, 2025

November 15-26, 2025

December 6-17, 2025

December 22, 2025-January 2, 2026

January 10-21, 2026

January 24-February 4, 2026

February 1-12, 2026

February 14-25, 2026

February 28-March 11, 2026

March 7-18, 2026

March 21-April 1, 2026

What's Included

PRICE INCLUDES

- Expertise and services of our experienced adventure quides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and porterage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- New Park fees for Los Glaciares National Park in Argentina (billed separately)
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses



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