



# England Coast to Coast Hiking

## Spectacular Trails in the Lakes, Moors & Dales

Thank you for checking out our adventures and for downloading this itinerary. Please note that this itinerary and accommodations may be subject to change depending on the specific departure date. Be sure to check with us before scheduling any flights.

**We love talking travel!**

Contact us at [info@mtsobek.com](mailto:info@mtsobek.com)

or call **800-974-0300**



# Feel the difference

with **Mountain Travel Sobek**

## Unrivalled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Travel Company by Newsweek Readers' Choice Awards.

## Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail — the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## Small Groups

We keep our groups intentionally small — usually fewer than 10 people. This allows you a more intimate experience with the people and wildlife you encounter. With a smaller group size, we can take advantage of many unexpected invitations and opportunities that would be impossible with larger groups.





## Leading the Way

### World-Class Local Guides

Our knowledgeable and passionate expert guides effortlessly create an immersive local experience for you. They are trained to the highest professional standards and are at the heart of everything we do. They make it possible to meet the challenges of adventure travel, and help create lasting memories and lifelong friendships... we can confidently say our guides are the best in the business.





# Why take this trip with us?

## REASON 1

MT Sobek has been operating world-class adventures in England for decades, working closely with local expert guides.

## REASON 2

This specially designed adventure includes the best parts of the coast to coast trail in an achievable timeframe.

## REASON 3

We seek out the finest accommodations, restaurants, and insider experiences so that you get the ultimate adventure every time.

## At A Glance

### ACTIVITIES

Long guided hikes through rolling hills and picturesque villages with stops at traditional pubs and taverns, and plenty of hearty local food.



### LODGING

Award-winning hotels with traditional English charm located in scenic villages. Includes the famous Victoria Hotel in Robin Hood's Bay.



### CLIMATE

The weather in the north of England is constantly changing. It is often cool, wet and windy, but be prepared for sunshine too.



### KNOW BEFORE YOU BOOK

*"What a total comfort to know that with MT Sobek, you're in the hands of professionals who have been doing it so long and so well. That was part of why we landed on them as our operators for our dream trip, and everything about the experience they gave us—from tailored expertise to unswerving professionalism—confirmed the company's emphasis on excellence." - Alex M.*



# England Coast to Coast Hiking

## Spectacular Trails in the Lakes, Moors & Dales

Traverse England by foot on this classic hiking adventure, including the most spectacular stages of Alfred Wainwright's epic "Coast to Coast" trail. Journeying from the Irish Sea to the North Sea, you'll cross three national parks: the mountainous Lake District; the green hills and river valleys of the Yorkshire Dales; and the dramatic landscapes of the North Yorkshire Moors. Pass medieval castles, historic houses, and ancient standing stones along the way. End days on the trail at top-notch hotels in picturesque villages, where a warm English welcome awaits.

### 10 Days

**Start:** Penrith, England

**End:** York, England

**Departing:** April, May, June, July, August, September, October

**Activities:** Hiking & Trekking

**Lodging:** Comfortable Hotels

**Group Size:** 6-10 Guests

**ACTIVITY:**



Check [mtsobek.com](https://mtsobek.com) for date-specific pricing.

“

*“Great experience every time with some of the most knowledgeable guides in their fields. We always come home with wonderful memories of the people we meet and things we see.”*

- Bob J.

# The Itinerary

## DAY 01

### Arrive in the Lake District

Arrive in Penrith on the edge of the Lake District, where you'll meet your guides and fellow travelers at the train station. Transfer to your luxury hotel in the western Lake District and settle into your accommodation for the next two days. Before dinner, your guides will deliver a welcome brief to talk through the adventure ahead.

**ACCOMMODATION:** Moresby Hall

**MEALS:** Dinner

**TRANSPORTATION:** 1-hour private van transfer

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## DAY 02

### Hike England's West Coast

Start your journey near St Bees Head on the shores of the Irish Sea. Follow paths from the sandy shore up to the red sandstone cliffs, before turning inland through scenic fields and tranquil country lanes. Stop for a pub lunch at Cleator and prepare to tackle the first hill of the trip, walking up and over the bald crown of Dent (1,154'). Enjoy spectacular views of the hilly Lake District and end the day's hike at Nannycatch Beck, overlooking the Ennerdale valley. Return to the hotel for dinner.

**ACCOMMODATION:** Moresby Hall

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 40-minute private van transfer

**ACTIVITY:** 7 hours/12.5 miles hiking with 2,180' elevation gain

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## DAY 03

### Lakeland Trails from Ennerdale to Honister

Head back to Ennerdale Water, where today's picturesque hike begins. Set off on a lakeside trail to Ennerdale Forest, gradually ascending up the valley and into the heart of the hills. Arrive at Black Sail Hut, a remote youth hostel, for a picnic lunch. From the hut, the trail climbs steeply up alongside Loft Beck stream. It's a short but tough ascent that's rewarded with epic views back down to Ennerdale. Descend to Honister Slate Mine and transfer to your luxurious lakeside hotel in the gorgeous village of Glenridding.

**ACCOMMODATION:** The Inn on the Lake or The Ullswater Inn

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour private van transfer

**ACTIVITY:** 7-8 hours/11 miles hiking with 1,820' elevation gain

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## DAY 04

### Follow in the Footsteps of William Wordsworth

Explore the heart of the Lake District National Park, starting from the home of one of England's most revered poets, William Wordsworth. Visit Dove Cottage to learn about Wordsworth's life and love of the Lakes before taking to the hills. Hike a high pass up and over Grisedale Hause, then down into craggy Grisedale Valley. Enjoy superb views of Ullswater on the final stretch of the hike which ends at the door of your hotel in Glenridding. Take the opportunity to browse the local village shops, or grab a pint of ale at the hiker's bar.

**ACCOMMODATION:** The Inn on the Lake or The Ullswater Inn

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 40-minute private van transfer

**ACTIVITY:** 5 hours/9 miles hiking with 1,795' elevation gain

## DAY 05

### Hike from Shap to Ravenstonedale

After breakfast, set off for the beautiful Yorkshire Dales National Park, known for its rolling flower-filled meadows and miles of traditional stone walls. Stop for lunch in the little village of Orton and visit a family-run village chocolate shop. Then continue hiking east across the moors before descending to the charming village of Ravenstonedale, your base for the next two nights.

**ACCOMMODATION:** Kings Head Hotel or The Black Swan

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 30-minute private van transfer

**ACTIVITY:** 8 hours/15 miles hiking with 1,005' elevation gain

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## Explore Trails from Ravenstonedale to Muker

Today you'll cross the spine of England and reach the halfway point of the trip! Set out on foot from Ravenstonedale to the market town of Kirkby Stephen, crossing fields and stiles along the way. After lunch, transfer across the Pennine Hills to the pretty hamlet of Keld. From here, you'll continue to Swaledale Valley, one of the most picturesque areas of the Yorkshire Dales, and follow a winding river fringed by wildflowers. Enjoy a traditional cream tea in the village of Muker before transferring back to Ravenstonedale via the infamous Buttertubs Pass.

**ACCOMMODATION:** Kings Head Hotel or The Black Swan

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 1-hour private van transfer

**ACTIVITY:** 5 hours/9 miles hiking with 615' elevation gain

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## Across the Moors to Blakey Ridge

Rise for a journey across the Vale of Mowbray to North Yorks Moors National Park, famous for its windswept heather-clad moorland. Traverse several low hilltops, ascending and descending along a stage whimsically known as the 'rollercoaster.' Then follow a historic railway track through the wild landscapes of the moor to Blakey Ridge. Reward your efforts with a drink at the Lion Inn, a 16th-century tavern located at the highest point on the Yorkshire Moors. Return to your hotel in the village of Goathland.

**ACCOMMODATION:** The Mallyan Spout Hotel

**MEALS:** Breakfast | Lunch | Dinner

**TRANSPORTATION:** 2-hour private van transfer

**ACTIVITY:** 7-8 hours/12 miles hiking with 1,670' elevation gain

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## Moorland Hike to Grosmont & Steam Railway Ride

Beginning from a high point on Blakey Ridge, set out across the moor and descend into the wonderfully - named dale of Great Fryup. Head for the village of Glaisdale and Beggar's Bridge, which was built in 1619. At Grosmont, jump aboard a heritage steam railway and enjoy a short ride through beautiful scenery to Goathland Station, which has featured in many TV shows and films including Harry Potter. After the ride, walk up through the pretty village directly back to your hotel. Enjoy an evening at your leisure.

**ACCOMMODATION:** The Mallyan Spout Hotel  
**MEALS:** Breakfast | Lunch  
**TRANSPORTATION:** 40-minute private van transfer  
**ACTIVITY:** 6-7 hours/12 miles hiking with 265' elevation gain

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### Final Leg from Littlebeck to Robin Hood's Bay

Your last hike starts at Littlebeck, where gorgeous woodland trails lead to the waterfall of Falling Foss. From here, strike out for the coast — just a few miles away — and follow a trail above beautiful cliffs with sweeping sea views. Reach the delightful village of Robin Hood's Bay and hike down to the water's edge, where you can dip your toes in the North Sea. Celebrate your coast to coast hike with a drink at the Bay Hotel Bar and enjoy a fun farewell meal tonight.

**ACCOMMODATION:** The Victoria Hotel or Raven Hall Hotel  
**MEALS:** Breakfast | Lunch | Dinner  
**ACTIVITY:** 7 hours/12 miles hiking with 935' elevation gain

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### Head to York & Depart

After a relaxed final breakfast, it's time to say goodbye to Robin Hood's Bay and transfer to the railway station in York where the trip ends.

**MEALS:** Breakfast  
**TRANSPORTATION:** 1.5-hour private van transfer



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Moresby Hall**

Experience 5-star grandeur at magnificent Moresby Hall, a 16th-century historical building and award-winning country guesthouse. Its sumptuous rooms come with modern amenities and a regal flair. Enjoy traditional English and Cumbrian fare at the hotel's onsite restaurant and delight in a truly warm welcome from friendly staff.

## **The Inn on the Lake**

The Inn on the Lake is an award-winning 4-star hotel, spectacularly situated on the shore of Ullswater. Its 48 en-suite rooms are beautifully appointed and come with modern amenities. Stroll through the hotel's manicured grounds, enjoying sweeping views of the lake, then have a drink at the Rambler's Bar or dinner at the onsite restaurant.

## **The Ullswater Inn**

Perfectly perched on the southern shore of the lake, Ullswater Inn offers spectacular views of the sloped peak of Helvellyn from a historical stone building. After exploring the Lake District, tuck into delicious Cumbrian pub fare and wash it down with a hand pulled ale in the beer garden or cozy pub. Then retreat to a comfortable room for a good night's rest.



# Where You'll Stay

**These accommodations may be subject to change depending on your date of travel.**

## **Kings Head Hotel**

The King's Head, Ravenstonedale, Cumbria is located in the Yorkshire Dales National Park. Ravenstonedale is an area of outstanding natural beauty at the foot of the Howgill Fells. Refined, individually decorated rooms come with free Wi-Fi, flat-screen TVs, 24-hour room service, and tea and coffeemaking facilities. There's no air-conditioning. Parking is complimentary. A traditional restaurant offers terrace dining, and there's also a cozy bar.

## **The Black Swan**

Experience the tranquility of the Eden Valley at the award-winning Black Swan, a traditional village hotel in the heart of Ravenstonedale. Its well-appointed rooms come with classic touches, comfortable beds, and en-suite baths. Enjoy the hotel's riverside pub garden and restaurant, where dishes are freshly made from local produce.

## **The Mallyan Spout Hotel**

The Mallyan Spout Hotel is a charming 3-star country hotel, located in the village of Goathland near Whitby. Each of its rooms has a unique feel, but all come with cozy beds, comfortable seating areas, and modern amenities. Grab a drink at the splendid Spout Bar or enjoy a hearty meal at the hotel's Valley View Restaurant.

## **The Victoria Hotel**

The landmark Victoria Hotel is exquisitely perched at the top of Robin Hood's Bay on the North Yorkshire Heritage Coast. With panoramic sea views, comfortable rooms, and an excellent restaurant serving meals made with fresh local fare, this is the perfect end point to your adventure.

## **Raven Hall Hotel**

Located in Ravenscar in the heart of North York Moors National Park, the Raven Hall is an excellent country hotel that is conveniently located along the trail from Scarborough to Whitby. This comfortable hotel offers 54 suites, with extensive amenities including panoramic views of the Alps, a heated swimming pool and afternoon tea.

# Departure Dates

This trip is available to run in: April, May, June, July, August, September, October

**Book early for a greater choice of available dates.**

Once you book, your price is GUARANTEED!

May 26-June 4, 2025

June 9-18, 2025

July 21-30, 2025

August 4-13, 2025

September 1-10, 2025

September 15-24, 2025

May 11-20, 2026

June 8-17, 2026

June 22-July 1, 2026

July 6-15, 2026

July 20-29, 2026

August 3-12, 2026

August 31-September 9, 2026

September 14-23, 2026

# What's Included

## PRICE INCLUDES

- Expertise and services of our experienced adventure guide
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional driver-guide
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Park and other entry fees (unless otherwise noted in the Trip Planner)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

## PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine or beer with dinner on Day 1 and Day 9)
- Gratuities for MT Sobek guides and Guide-Drivers
- Travel Protection Program
- Personal expenses



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