



Utah Colorado River Cataract Canyon Multi-Adventure

7 Days



The Adventure Company | EST. 1969

MT+SOBEKTM

MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

Utah Colorado River Cataract Canyon Multi-Adventure

Experience the mighty Colorado River canyon's splashy thrills and Canyonlands National Park's scenic hikes on this seven-day multi-adventure. Raft, kayak and standup paddle 100 miles through the red-rock wonder of Cataract Canyon, a chasm carved by the rapids of the Colorado River and the getaway to the Grand Canyon. Hike the corners of the Canyonlands National Park, only accessible by the river corridor. Preserving more than 337,000 acres of colorful canyons, mesas, buttes, arches, and spires in the heart of southeast Utah's high desert, this rugged red-rock park is a feast for the eyes. Unwind each night dining on the sandy beaches and sleeping under the star-speckled desert skies. Note - Actual itinerary routes vary from departure to departure depending on environmental conditions and group abilities. Please call for more details about each departure. [Getting to Moab, Utah](#)

Details

Arrive: Moab, Utah

Depart: Moab, Utah

Duration: 7 Days

Group Size: 8-20 Guests

Minimum Age: 9 Years Old

Activity Level:



Testimonials


"We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek."

Dennis G.

"MT Sobek took care of everything for our extended family vacation. Not a hiccup in the planning, the itinerary, the lodging or the guide. Everything in life should be so easy."

Kathy J.

GOT QUESTIONS? SPEAK WITH AN EXPERT.

 1-800-974-0300

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Why Take This Trip With Us?

REASON #01

MT Sobek has been rafting the world's greatest rivers since 1973 and is a trusted river operator with special permits to run the Colorado River.

REASON #02

We combine the thrills of rafting with in-depth exploration on foot to corners of Canyonlands National Park that are accessible only by the river's corridor.

REASON #03

We offer a selection of ways to enjoy the Cataract Canyon, from rafting to hiking, to paddleboarding and kayaking!

What to Expect



ACTIVITIES

Rafting flatwater to IV rapids (depending on season), hiking, stand-up paddle boarding, swimming, and fun games and feasts at camp.



LODGING

Seven nights at riverside camps with tents that include cots and sleeping pads.



CLIMATE

Dry desert environment with spring/fall temps from 65°-85°F and 55°F at night. Summer temps from 85°-100°F and 65°F at night

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Kevin McDermott—a.k.a. "Thirsty"—has been guiding since he was 17 years old and has been an integral part of MT Sobek's Arctic rivers program for decades. His laid-back manner puts everyone at ease, and he has a wealth of knowledge about Arctic rivers. Although he normally spends his winter months in Colorado's Telluride ski area, he has climbed Denali three times, reaching the summit in 2000. Thirsty is a legend in the MT Sobek circle and endears himself to travelers with his expertise, calm demeanor, and sense of humor.

Kevin McDermott

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Itinerary

DAY 1

RAFT ON THE COLORADO RIVER

Meet your guides at the recommended hotel this morning before driving to the Cataract Canyon put-in at Potash Boat Ramp. Receive a safety briefing before the river journey begins. Adjust to the pace of the warm Colorado River as you paddle past spectacular scenery through Meander Canyon. Stretch your legs out for lunch at a scenic river side spot, while you learn about the flora and fauna of this fragile desert environment. Upon arrival at camp, join the guides in setting up tents and play fun river games like horseshoes and bocce ball. After dinner, watch the southwest sunset glow to the songs of the Canyon Wren.

Activity: 5 hours/10 miles rafting

Meals: L, D

DAY 2

MEANDER THROUGH MEANDER CANYON

Wake up to the delightful sounds of the river, with hot chocolate, coffee, and tea to start off the day. After breakfast, pack up your bags and continue the journey downriver. Stop for hikes in the scenic sides and slots that finger out from the river's stunning canyon, including a winding hike through Lathrop Canyon to explore Native American ruins and pictographs. Spend the afternoon enjoying fun water-based activities in the warm Colorado River, including paddle boarding or kayaking. This evening at the riverside campsite, count the stars on the bright desert sky up above.

Activity: 6 hours/15 miles rafting & optional 2 hours/4 miles hiking with 1200' elevation gain & loss

Meals: B, L, D

DAY 3

ENJOYING THE RIVER LIFE

Start the day at a leisurely pace, enjoying the canyon's solitude. After a tasty brunch, if conditions allow, head out on the Loop Hike - a short, steep 1-mile trek (800 vertical feet) with majestic vistas. Meanwhile, the rafts continue downriver to prepare your post-hike lunch by the river. Float past the confluence of the Green River as it joins the Colorado River, an iconic spot where two great rivers meet. Follow tradition and go swimming here, before starting the journey into Cataract Canyon. This evening, camp on a sandy beach and let the guides surprise you with festivities.

Activity: 6 hours/15 miles rafting & optional 1 hour/1 mile hiking with 800' elevation gain & loss

Meals: B, L, D

DAY 4

RAFTING CANYONLANDS NATIONAL PARK

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If conditions allow, start with a sunrise hike to the Dollhouse in the heart of the Maze District of Canyonlands National Park — a 2,000-ft vertical trek to remember. By mid-morning, get some thrills in Cataract Canyon with over 15 rapids, including Brown Betty and Mile Long. Hear your laughter echoing off the canyon walls as you scout the rapids and feel the rush of the famous rapids. Make camp on a sandy beach this afternoon, in time to watch the sunset while chatting with new friends over appetizers and drinks. Make sure to gaze into the night sky, Canyonlands National Park is a nationally recognized Dark Sky park. This is some of the most magical night sky in America!

Activity: 6 hours/20 miles rafting with optional 2 hours/4 miles hiking with 2,000' elevation gain & loss

Meals: B, L, D

DAY 5

TACKLE CATARACT CANYON'S BIG DROP RAPIDS

Rise to face some of the best rapids in the world known as Big Drops, Satan's Gut and Little Niagara Falls to name a few — and provide a serious adrenaline rush. Do a few hikes first to scout the rapids, so the guides can assess the safest, best and most memorable ride down the white-water waves. After an adventurous whitewater day, your night will be filled with campfires, stories and a starry night feast before letting the river sounds lull you to sleep.

Activity: 6 hours/20 miles rafting Class III-IV rapids

Meals: B, L, D

DAY 6

UNWIND ON THE RIVER

Wake up to a leisure sleep in morning. Your trip has been full of hiking, swimming and adventure. Now is the chance to sit peacefully by the river sipping coffee or tea while watching the canyon wake up. A special space to take in the peace and grandeur of the beautiful canyon. Perhaps if the conditions are right, a special hike up to Dark Canyon which some consider one of the more spectacular spots in the canyon. Continue through the canyon post hike taking in the changing river corridor as you get closer to Lake Powell. This will be your last night under a blanket of stars and camp full of laughter.

Activity: 6 hours/10 miles rafting

Meals: B, L, D

DAY 7

RAFT CLOSER TO THE GRAND CANYON AND TAKE A SCENIC FLIGHT TO MOAB

Your last day on the river features only a half-day of rafting through one of the most spectacular canyon stretches. Enjoy a final lunch on the river beneath the towering walls which rise higher as you approach Lake Powell, just upstream of the Grand Canyon. At the take-out, you will be transferred to the Hite Airstrip, where

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a charter flight retraces your journey through Lake Powell, Canyonlands National Park, Meander Canyon, the Colorado River and finally back to the town of Moab. Have your camera ready the views are epic. Upon landing, a vehicle will be waiting to transport your group back to your starting hotel.

Activity: 3 hours/10 miles rafting

Meals: B, L

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Dates

Sep 14 - 20, 2022

Sep 22 - 28, 2022

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Inclusions & Exclusions

PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- All breakfasts, almost all lunches and dinners as noted in the itinerary
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portorage

PRICE DOES NOT INCLUDE

- International airfare, airport taxes, and excess baggage fees
- Alcoholic beverages (MT Sobek provides wine at select events)
- Gratuities for MT Sobek guides and guide-drivers
- Travel Protection Program
- Personal expenses

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➤ Rafting & Kayaking with MT Sobek

At MT Sobek, we take you to premier wilderness rivers and beautiful island locations to experience some of the most breathtaking rafting and kayaking on the planet. In addition to our world-class guides who offer entertaining experiences, you'll enjoy comfortable camping and delicious meals. Here are the key things that set us apart:

- **Expert Guides** ~ Our professional guides are the best in the business. From the first safety briefing to the final high five, you'll be led by experienced guides who have made trip leading their profession.
- **Small Groups** ~ We are proud of our commitment to small group sizes, which don't exceed 20 guests. Our guide to client ratio on river trips is 1:4.
- **Special Permits** ~ With special permits, we are able to gain access to less-traveled regions, far off the beaten path, including the Arctic National Wildlife Refuge and the Salmon-Challis National Forest.
- **Comfortable Camping** ~ After a day of thrills on the river, take it easy as guides cook up tasty meals at your comfortable camp. Enjoy creature comforts in the wilderness!
- **Range of Trip Levels** ~ Our rafting and kayaking trips range from easy to moderate-strenuous, so there is something to suit every level.
- **Sterling Safety Record** ~ We have a sterling safety record on our rafting and kayaking trips and all guests are required to attend mandatory briefings.



Sobek Expeditions was founded in 1973 by Richard Bangs (*left*) and John Yost. Named after the Egyptian River God, Sobek ran more than 40 first descents on some of the world's most famous rivers, including the Bio Bio and the Omo. In 2022, Richard Bangs was named one of the 100 Greatest Explorers of the Last 100 Years by explorersweb.com! Sobek Expeditions will celebrate 50 years of intrepid rafting in 2023.

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➤ A Day on the River

Many guests ask us “what’s a typical day on the river like?” Other than being super fun, here’s what you can expect. On Day 1, you’ll either meet your group and guide in town or on the riverbank, depending on your itinerary. After introductions and a thorough safety briefing, you’ll receive your personal floatation device and step into your raft or kayak. The first stretch of the river is usually gentle and you’ll arrive at camp in the late afternoon. Once you’ve found your tent and settled in, enjoy games and drinks by the river while your guides prepare a delicious dinner. The evening winds down with stories and laughs around the camp fire.

In the morning, awake to the soothing sounds of the river and savor a warm breakfast before setting out for an exhilarating day of rafting and kayaking—led by your expert guiding team. Along the way you’ll have plenty of rest stops and time to explore historic or natural sites along the river’s edge. Then it’s back in the raft for epic rapids and more fun on the water!

River Rafting Terminology



Oar Boat

Classic inflatable raft, equipped with two long oars rowed forward-facing by the guide. Accommodates gear and 2-3 passengers. Perfect for relaxing.



Inflatable Kayak

“Duckies” are your chance to get intimate with the river. Paddle or sit at river level with a double-bladed paddle and be in charge of your own destiny!



Paddle Boat

Up to 6 passengers sit on the perimeter of the raft with legs inside and paddle under the direction of the guide, who sits in the stern of the raft.



Stand-Up Paddleboard

Balance on these surprisingly stable craft, also known as SUP, and propel yourself downstream with a single-bladed paddle.



Gear Boat

Also called the sweep boat, the gear boat carries all the camp necessities, plus all our waste—ensuring that we leave the river as pristine as we found it.



Portage

When rivers become un-navigable, the gear has to be taken out and carried to the next navigable stretch. This is known as portage.

River Rafting Classification

Class I-II Rapids

Sit back and enjoy the scenery. Experience placid river conditions with interspersed wave trains and enjoyable splashes.

Class III-IV Rapids

Things are getting exciting! Begin to see more frequent irregular waves. This level requires a good response to guide commands and efficient team paddling.

Class V Rapids

The highest level of rafting difficulty, likely involving long, continuous rapids. Successful navigation requires great physical fitness and precise paddling.

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