Explore Bolivia's Salt Flats & Lakes

7 Days

MT-SOBEEK
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL
Explore Bolivia's Salt Flats & Lakes

There are few places on Earth as dazzling and dreamlike as Bolivia, South America’s landlocked gem. Your quest begins in La Paz with a roam around the city’s buzzy markets that showcase a fascinating blend of Andean flavors. Venture into the world’s largest salt flat, the spectacularly surreal Salar de Uyuni. Mingle with pink flamingos at the high-altitude Eduardo Abaroa wildlife reserve. Journey by boat to the mystical islands of Lake Titicaca for scenic hikes to spectacular Incan ruins. Experience nature’s grandeur and civilization’s sacred sites on this unforgettable Bolivian adventure.

Details

Arrive: La Paz, Bolivia
Depart: La Paz, Bolivia
Duration: 7 Days
Group Size: 4-15 Guests
Minimum Age: 16 Years Old
Activity Level: 🏔️=en

Testimonials

“MT Sobek took care of everything for our extended family vacation. Not a hiccup in the planning, the itinerary, the lodging or the guide. Everything in life should be so easy.”

Kathy J.

“Exceptional trips! Go with MT Sobek!”

Mitch S.
Why Take This Trip With Us?

**REASON #01**
MT Sobek has been leading trips in Bolivia since 1995 working with the best local guiding teams.

**REASON #02**
This carefully crafted short-trip journey is the perfect introduction to Bolivia. Explore the country’s top sights in under a week!

**REASON #03**
Explore the famous salt flats, and iconic shores of Lake Titicaca in the hands of experienced adventure guides!

What to Expect

**ACTIVITIES**
Cultural and scenic touring with some moderate hike to explore Inca ruins, plus insightful city exploration and enjoyable boat rides.

**LODGING**
A variety of interesting hotels and lodges, including a mansion, thatched huts, and a hotel where the walls are made of salt.

**CLIMATE**
Salar de Uyuni has a cold desert climate at 11,995’. Summer temperatures rise to 68°F. Nights are cold with temperatures between 23°-41°F.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips’ success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Hector was born in La Paz and create a new future through the love and passion he has for Bolivia. With over 18 years of guiding experience, he enjoys the chaos and contrast of cosmopolitan cities, but also loves nature - and Bolivia has both. Hector loves to share the cultural diversity of Bolivia with MT Sobek travelers which complement the adventurous escapes to the mountains, mystical treks in the Sun Island and gorgeous scenery in the Salt Flats, colored lagoons, and Lake Titicaca. Hector’s knowledge, energy and enthusiasm complement his strong leadership.

**Hector Vargas**

GOT QUESTIONS? SPEAK WITH AN EXPERT.

☎ 1.888.831.7526  📧 INFO@MTSOBEK.COM
Itinerary

DAY 1
ARRIVE IN LA PAZ
Meet your MT Sobek representative at El Alto airport and transfer to the boutique hotel. Later, take a walking tour that starts with a short visit to the cemetery and continues on to several local markets. The tour concludes at leafy San Pedro Square, home to the well-known San Pedro prison. End the day with an unforgettable ride on the Teleférico cable car for an eagle-eye view of the city and a welcome dinner with the group.

Meals: D

DAY 2
TRAVEL TO UYUNI
Take a quick flight from La Paz to Uyuni. Continue south through the dramatic highlands, passing the high Andean valley of Alota and stone formations created by erosion. Continue on through high-altitude valleys until you reach the village of Villamar and check in at Mallku Cueva Hotel.

Meals: B, L, D

DAY 3
EXPLORE NATURAL WONDERS IN THE NATIONAL RESERVE EDUARDO ABAROA
Enter the National Reserve Eduardo Abaroa, an expansive protected area reaching up to 17,700’ in elevation. Visit Laguna Colorada, a scenic red lake dotted with white borax deposits, and look for roaming flocks of Andean flamingos. Continue to Sol de Mañana geysers, passing Challviri Lagoon with its Polques hot springs. Cross the surrealist-looking high desert of Pampas de Dali to finally reach Laguna Verde. Continue on to the colorful painted desert of Siloli, visiting the bizarre Arbol de Piedra rock formation, before finally reaching Ojo de Perdiz.

Meals: B, L, D

DAY 4
TAKE A SCENIC ROUTE TO COLCHANI
Journey to the high valley of Alota. Continue through the highlands, passing the villages of San Agustin and San Juan, and enter the great Uyuni salt flat at Chuvica. Cross the Salar to Isla Incahuasi, a unique island habitat of volcanic rocks and giant cactus. Continue to the village of Colchani, where the locals extract salt, just in time to enjoy a gorgeous sunset. Check into your extraordinary home for the night, where the walls, ceilings, chairs and tables are made of salt.

Activity: 1-hour/1.2 miles hiking with 164’ elevation gain
Meals: B, L, D
DAY 5
VISIT SACRED LAKE TITICACA
Fly to La Paz, then travel through majestic highlands to Copacabana, a beautiful town on the shores of Lake Titicaca. Visit a 17th-century Moorish-style basilica — a well-known Catholic pilgrimage site — and the famous Virgen Morena statue. Afterwards, travel by motor boat to mythical Sun Island, where the Incas believed the sun god was born. Enjoy an aptapi (a typical lunch in the highlands), then boat to the Inca ruins of Pilkokaina. Finally, hike to La Estancia while enjoying a wonderful view of Lake Titicaca.

Activity: 1.5 hours/1.86 miles hiking with 650’ elevation gain
Meals: B, L, D

DAY 6
TAKE A BOAT TRIP TO MOON ISLAND
Hike down to the village of Yumani, then board a boat for Moon Island — where, according to Inca mythology, Viracocha commanded the rising of the moon — and explore the ruins of Iñak Uyu Inca temple. Afterwards, take a boat ride to Copacabana and then drive back to La Paz. In the evening, enjoy a farewell dinner folk show at a pena, a restaurant that showcases the singing and dancing of diverse Bolivian cultures.

Activity: 45 min/1.24 miles hiking with 650’ elevation gain
Meals: B, L, D

DAY 7
DEPART FROM LA PAZ
After breakfast, transfer to La Paz airport and depart on homeward-bound flights.

Meals: B
Dates

May 8 - 14, 2019
Jul 22 - 28, 2019
Sep 24 - 30, 2019
May 17 - 23, 2020
Jul 19 - 25, 2020
Sep 6 - 12, 2020
Pricing

2019

$3,595 per person

Additional Cost

$380 Internal Airfare

$500 Single Supplement

2020

$3,595 per person

Additional Cost

$380 Internal Airfare

$500 Single Supplement

PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving and departing outside of Day 1 and Day 7
- Optional travel protection

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world’s most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite—opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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Awards

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