

## Rio Apurimac and Machu Picchu Multi-Sport

11 Days



**CELEBRATING 50 YEARS** AS THE PIONEER OF ADVENTURE TRAVEL

## »Rio Apurimac and Machu Picchu Multi-Sport

On this exciting Andean multi-sport adventure, raft Peru's wild Apurimac River through one of the deepest and least explored canyons in the world and the uppermost source of the Amazon River. Experience the Apurimac's splashy thrills as you head downstream through a distinctive narrow canyon sculpted over the millennia into smooth, overhanging walls. Follow in the footsteps of the ancient Incas, exploring remote communities and off-the-radar treks of the Sacred Valley by mountain bike and on foot, and wrap up the journey with the scenic train ride to legendary Machu Picchu.

## **Details**

Arrive:	Cusco, Peru
Depart:	Cusco, Peru
Duration:	11 Days
Group Size:	6-16 Guests
Minimum Age:	16 Years Old
Activity Level:	

## Testimonials

"We have traveled throughout the world, but never experienced a level of service and attention to deta as we did with MT Sobek."

Dennis G.

"I've taken six MT Sobek trips and they have all exceeded my expectations. The staff, the food, the logistics and the communications have always been exceptional. Thank you for being my "go to" adventure travel company!"

Margaret I.

## Why Take This Trip With Us?

#### REASON #01

Drawing on over 40 years of experience in the region, MT Sobek works with most experience travel professionals in Peru.

#### REASON #02

This multi-sport adventure offers a unique way of seeing a lesserknown part of the Sacred Valley and experiencing the Apurimac River.

#### REASON #03

MT Sobek offers over 10 adventures in Peru and recommends discovering this one-of-a-kind trip for its varied activity options.

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#### ACTIVITIES

Whitewater rafting on Class II to Class IV+ rapids, mountain biking and hiking through stunning scenery, and guided tour of Machu Picchu.

What to Expect

#### LODGING

Nature camps by the Apurimac River and in the Sacred Valley, with a couple of overnights in boutique lodges.



#### CLIMATE

April through October expect to see mostly sunny days followed by cooler nights and the possibility of morning frost.

### **Meet Our Guides**

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Gian Marco grew up in the Southern city of Arequipa, Peru. He was born into whitewater. One of three brothers that are known all over South America as the most accomplished river runners in Peru. It's no wonder as their father helped to support the very first exploration of the Colca Canyon in the early eighties and Gian Marco and his brothers went on to accomplish first descents on many of the most difficult rivers throughout Peru. When not on the river, you can find him running his zipline operation outside of Santa Teresa and enjoying most of his time with his family.

#### **Gian Marco Vellutino**

## Itinerary

#### DAY 1 ARRIVE IN CUSCO, PERU

Arrive in Cusco, Peru and transfer from the airport to the hotel. Once the ancient capital of the Inca Empire, today Cusco is a UNESCO World Heritage Site, celebrated for its ruins, colonial architecture and vibrant beauty. Depending on arrival time, enjoy ample opportunity to stroll this magnificent Andean city. At the orientation dinner, meet the group, discuss the upcoming week's activities and get dry bags for the river adventure.

Meals: D

#### DAY 2 JOURNEY TO THE APURIMAC RIVER

Meet at 9am and depart Cusco for a 4-hour drive through the majestic Andes to Puente Huallpachaca, our putin for Rio Apurimac. It will take the guides a couple of hours to prepare the equipment. Get a safety orientation session and a drill in rafting techniques. Float for 2-3 hours, tackling Class II and III rapids. Tonight's camp is in a narrow gorge with impressive walls, an ideal spot to savor a delicious dinner prepared by the guides.

Activity: 2 hour/4-6 miles rafting Class II-III rapids

Meals: B, L, D

#### DAY 3 EXPERIENCE WHITEWATER ACTION ON THE APURIMAC

The true whitewater experience starts today with a river journey into the sheer wall gorges of the famed Rio Apurimac. On the downstream ride, the whitewater picks up speed with a variety of Class III and IV rapids. After one or two short portages, reach the large sandy beach camp for a relaxing night in the wild under the Southern Hemisphere sky.

Activity: 6 hours/12-14 miles rafting Class III-IV rapids

Meals: B, L, D

#### DAY 4 TACKLE CHALLENGING RAPIDS & CRUISE APURIMAC CANYON

This morning, gear up to paddle some of the most challenging whitewater of the expedition. Tackle Class IV+ rapids aptly named Toothache, C-U First and Last Laugh, with possible portages depending on water levels.

Meander downstream through the colossal vertical walls spectacularly sculpted by water. Enjoy tonight's camp on a lovely sandy beach in the heart of the canyon.

Activity: 6 hours/10-12 miles rafting Class IV+ rapids

Meals: B, L, D

#### DAY 5 FINAL APURIMAC STRETCH & HEAD TO THE SACRED VALLEY

Wake up in the heart of the Canyon Blanco, and then tackle Class IV rapids on the way to the take-out. Enjoy a well-deserved lunch while the guides break down the rafts and equipment and load the vehicles. Then transfer to the Sacred Valley of the Incas and check into the IFK Lodge. This evening savor a tasty dinner overlooking the Rio Urubamba.

Activity: 2-3 hours/6-7 miles rafting Class IV rapids

Meals: B, L, D

#### DAY 6 EXPLORE THE SACRED VALLEY BY MOUNTAIN BIKE

After breakfast, set out to explore the Sacred Valley by mountain bike (or on foot, as an alternative). The ride takes in traditional villages, along less-trodden dirt roads and footpaths. Tour the circular terraces of Moray, believed to be an Inca laboratory dedicated to the study of foreign plant species, and the Maras salt mines, with over 3000 evaporation troughs carved into the hillside where the salt-laden silt gathers and gradually distils into rock salt. Arrive to the hotel this afternoon, to enjoy a spot of unwinding under the Andean sun.

Activity: 5 hour/22 miles cycling (80% downhill)

Meals: B, L, D

#### DAY 7 TAKE THE LESSER-KNOWN LARES TREK

Rise early this morning and after a hearty breakfast set out on a trek that follows in the footsteps of the ancient Incas. Spend the day hiking through spectacular scenery, past remote Andean communities that have changed

little over the last 500 years. In the afternoon we reach the Cancha Cancha community and camp at an elevation close to 11,000 ft.

Activity: 4 hours/6 miles hiking with 3000' elevation gain

Meals: B, L, D

#### DAY 8 CLIMB TO A HIGH PASS & DESCEND TO LARES VALLEY

Today rise early, have breakfast and then begin the hike up to the highest pass of the Lares trek, at over 14,000 foot Pachacutec Pass. From the high pass, hike down past the scenic village of Quishuarani and set up camp not far from the Lares Hot Springs. Set up camp and unwind by the springs while the guides prepare dinner.

Activity: 7-8 hours/10 miles hiking with 2400'elevation gain and 2600' loss

Meals: B, L, D

#### DAY 9 RETURN TO THE SACRED VALLEY

Enjoy breakfast at camp and then hike a short distance to our van waiting for us to start the scenic drive back to the Sacred Valley and the boutique hotel by Rio Urubamba. Tonight's dinner is a treat, a gastronomic Peruvian feast in a stunning restaurant at the heart of the Sacred Valley, El Huacatay.

Activity: 1 hour/2 miles hiking with very little elevation gain/loss

Meals: B, L, D

#### DAY 10 TAKE THE ICONIC TRAIN RIDE TO MACHU PICCHU

This morning board the iconic train up the narrowing gorge of the Urubamba River valley to the legendary ruins of Machu Picchu. Tour the fascinating complex of houses, terraces, baths, temples, and stairways, and learn about the importance of these structures in the lives of the Incas. After a bag lunch in the middle of the ruins, explore on your own and then board the train back to the Sacred Valley. Upon disembarking in Ollantaytambo, walk to dinner at the acclaimed El Albergue restaurant to savor local cuisine paired with Peruvian craft beer.

Activity: Guided tour of Machu Picchu

Meals: B, L, D

DAY 11 RETURN TO CUSCO & DEPART

This morning, start the journey back to Cusco. Along the way stop in the ancient city of Pisac, renowned for its traditional market with artisanal products — a perfect spot to pick handmade gifts and souvenirs to bring home to family and friends. Transfer straight to the Cusco airport or back to the hotel for an extended stay.

Meals: B

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## Dates

Sep 7 - 17, 2019

Sep 20 - 30, 2019

Sep 9 - 20, 2020

Sep 23 - Oct 4, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

GOT QUESTIONS? SPEAK WITH AN EXPERT. & 1.888.831.7526 
→ INFO@MTSOBEK.COM

## Pricing

2019



#### **Additional Cost**

\$600 Single Supplement

2020

## \$4,595 per person

#### **Additional Cost**

\$ 525 Single Supplement

#### PRICE INCLUDES

- Expert leadership from experienced adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- All tips and gratuities for support staff with the exception of your lead adventure guide(s)
- All necessary camping, rafting and biking gear
- All group entrance fees, activities, and ground transportation
- Arrival and departure day airport transfers

#### **PRICE DOES NOT INCLUDE**

- International airfare, any airport taxes, or excess baggage charges
- Optional tips to your lead adventure guides
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving or departing outside of the group transfer
- Optional travel protection

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GOT QUESTIONS? SPEAK WITH AN EXPERT.



## > The World of MT Sobek

At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

We are the adventure company.



### TWO HUNDRED ADVENTURES.

#### SEVEN CONTINENTS.

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