



Family Hiking in the Dolomites

8 Days



The Adventure Company | EST. 1969


MT+SOBEKTM
MOUNTAIN TRAVEL SOBEK

CELEBRATING 50 YEARS
AS THE PIONEER OF ADVENTURE TRAVEL

➤ Family Hiking in the Dolomites

Traverse the breathtaking Dolomites, one of Europe's most magnificent mountain ranges, on this thrilling 8-day family adventure. Climb to Gran Cir to enjoy majestic panoramas and explore the iconic battlement-like peaks of Tre Cime di Lavaredo. Unplug at charming mountain huts known as rifugios and savor delicious Tyrolean fare. Enjoy unforgettable family time together while hiking through alpine farms to the sanctuary of Santa Croce and enjoy the thrills of easy via ferratas. This perfect introduction to alpine hiking is bound to inspire the next generation — plus its way more fun than summer camp!

Details

Arrive:	Venice, Italy
Depart:	Venice, Italy
Duration:	8 Days
Group Size:	4-16 Guests
Minimum Age:	13 Years Old
Activity Level:	

Testimonials

"We have traveled throughout the world, but never experienced a level of service and attention to detail as we did with MT Sobek."

Dennis G.

"I have taken 12 trips with MT Sobek. Each has left a positive imprint on me—widening my view of the world and its peoples."

Jane B.

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Why Take This Trip With Us?

REASON #01

This uniquely crafted MT Sobek family adventure blends epic hiking and rifugio hut experiences with a sampling of Tyrolean culture.

REASON #02

With expert guides at the helm, you learn valuable mountain safety skills, including rope work skills required on the via ferrata routes.

REASON #03

On several days, pick between different activities and route options, depending on the group's preferences, physical abilities, and weather conditions.

What to Expect



ACTIVITIES

Scenic drives, easy hikes, via ferrata rock climbing with expert guides, visiting alpine farms, and enjoying picnic lunches.



LODGING

Four star hotels for 3 nights at the beginning and end of the trip



CLIMATE

Mornings in the Dolomites can be cool. It will warm up quickly though, and sunscreen, hats and shorts will be needed in the afternoon.

Meet Our Guides

Our expert guides and trip leaders are truly the key to our trips' success. Many are locals who live in-country year-round; others have made it their second home—all are passionate, enthusiastic and endlessly knowledgeable. Meet two of the guides that might be on your trip.

Luca Gasparini is a professional bilingual mountain guide with a true passion for the mountains and outdoor life. He started skiing at seven years old, and rock climbing and ice climbing at age 19. Luca currently lives in the Dolomites, where he works as a mountain guide leading heli skiing, ski touring, off-track-skiing, ski safaris, ice climbing and snow shoeing trips in winter. In the summer months he leads hiking, rock climbing, canyoning and mountaineering adventures.

Luca Gasparini

Karin was born and raised in the Dolomites where she pursues outdoor activities year round including skiing hiking, rock climbing, ice climbing, cross-country skiing, and cycling. She has been guiding for over 10 years and takes great pride in sharing her knowledge & enthusiasm. In addition to being a hiking guide, Karin has been a science and chemistry teacher at the local high school and also teaches yoga, works as an art director, makes documentaries, and lives out her passion for travel and photography. She is fluent in six languages and can be spotted around the globe anywhere from Japan to Washington during the off-season!

Karin Pizzinini

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Itinerary

DAY 1

ARRIVE IN CORTINA D'AMPEZZO, ITALY

Your family adventure starts at the Venice airport, where you meet the other families and transfer to the charming alpine resort town of Cortina d'Ampezzo — home for the next three nights. Surrounded by stunning peaks, this four-season adventure playground hosted the 1956 Winter Olympics. Take time to settle in and enjoy the scenery before meeting for a trip briefing in the lobby and then the first meal together in the hotel's restaurant.

Meals: D

DAY 2

HIKE TO THE SENNES PLATEAU

After breakfast, explore the nearby hills and discover the rifugios, mountain huts scattered across this gorgeous region. Transfer to Ra Stua, then start a beginner's loop hike into the hills. Along the way, take in the Lago di Fosses lake, several rifugios, a panoramic ridge with dazzling views, and a steep gravel path to Val Salata (Salted Valley). End up back in Ra Stua to take a transfer to Cortina. In the afternoon, enjoy time to stroll the town and do some shopping. Have dinner together in the hotel's dining room.

Activity: 5–6 hours/7 miles hiking with 2,000' elevation gain & loss

Meals: B, L, D

DAY 3

HIKE THE TRE CIME DI LAVAREDO LOOP

After breakfast, transfer to Rifugio Auronzo to start a moderate loop hike around the soaring, iconic Tre Cime di Lavaredo, a Dolomites landmark known for its three unique jagged peaks. On the hike, see the shapes mutate from sharp points to soft corners, and find reminders of the WWI, including tunnels, bunkers, and barracks. Enjoy lunch at a rifugio, tasting local specialties such as canederli (tasty Tyrolean dumpling) and goulash (a beef stew). In the afternoon, take a transfer back to Cortina. This evening, enjoy a family dinner on your own.

Activity: 6 hours/8 miles hiking with 2,000' elevation gain & loss (shorter option available)

Meals: B, L

DAY 4

CONQUER THE AVERAU VIA FERRATA

After breakfast take a short transfer to Passo Falzarego, the location of today's exhilarating Averau Via Ferrata, an easy ascent perfect for families. As you climb safely attached to a system of anchored cables, enjoy the magnificence and sheer magnitude of the Dolomites. In this awesome mountain environment, protected on a rock wall high above the valley floor, take in amazing views as you learn valuable mountain safety skills, including

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the rope work. After the climb, enjoy a picnic lunch before moving on to the rifugio, to spend cozy night and have dinner.

Activity: 3 hours/6 miles hiking with 246' elevation gain

Meals: B, L, D

DAY 5

CHOOSE BETWEEN GALLERIE DEL LAGAZUOI OR COL DAI BOS VIA FERRATA

Today you have two options. The first is to hike the Galleria (tunnels) del Lagazuoi (2,198' ascent), a fascinating open-air WWI museum carved into the mountains, with numerous routes through sites of dramatic high-altitude battles. Have lunch at Rifugio Lagazuoi, then hike downhill past a turquoise lake. The second option is the Col Dai Bos Via Ferrata. Comprised of an impressive network of steel cables, protective cones and special bolt reinforcements, it has some challenging sections and a few vertical segments but plenty of available holds to assist and spectacular views from the 8,396' summit.

Activity: 5–6 hours/4.5 miles hiking with 2,198' elevation gain & 3,281' elevation loss

Meals: B, L, D

DAY 6

HIKE TO THE SANTA CROCE SANCTUARY

After breakfast take a short transfer to San Cassiano, to begin today's hike to Santa Croce sanctuary, with several steep climbs en route. Pass tiny hamlets of ancient shingle-roofed farmhouses and barns and, closer to the sanctuary, see stations of the cross lining the trail of this pilgrimage walk. Find a scenic spot for a picnic along the route. In the afternoon, walk through pine forests and pastures to reach two alpine farms, Malga Pasciantadu and Castalta. Transfer back to the hotel in the afternoon, to enjoy the spa or explore the town.

Activity: 4 hours/7 miles hiking with 2,055' elevation gain & 2,493' elevation loss

Meals: B, L, D

DAY 7

CHOOSE BETWEEN THE GRAN CIR OR PIZ DA CIR VIA FERRATA

In the morning take a short transfer to Passo Gardena, to climb one of two via ferrata. Gran Cir is an easy exposed walk where parents often teach small children the basics of rope work and where the views are astounding. Piz da Cir is the other via ferrata, featuring a climb that starts with a scramble over large and uneven boulders and ultimately leads to a splendid little summit. Have lunch and a break after the climb, transfer back to the hotel, and enjoy a farewell dinner this evening.

Activity: 3 hours via ferrata hiking with 328' ascent

Meals: B, L, D

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DAY 8

BID FAREWELL TO THE DOLOMITES

After breakfast, take a private transfer to the Venice airport for your homebound flight.

Meals: B

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Dates

Jul 9 - 16, 2020

For full terms and conditions please visit www.mtsobek.com/terms. Please note that our itineraries may be subject to change.

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Pricing

2019

\$ 6,595 per person

Additional Cost

\$ -250 Child Discount (age 17 and under)

\$ 750 Single Supplement

2020

\$ 6,595 per person

Additional Cost

\$ -250 Child Discount (age 17 and under)

PRICE INCLUDES

- Expert leadership from experienced family-friendly adventure guides
- Accommodations as noted in the itinerary
- Meals as noted in the daily itinerary
- Potable water and snacks throughout
- 1 glass of wine or beer at dinner
- Age-appropriate welcome gifts for minors
- All necessary via ferrata hiking gear
- All group entrance fees, activities, and ground transportation
- Arrival and departure day group airport transfers

PRICE DOES NOT INCLUDE

- International airfare, any airport taxes, or excess baggage charges
- Dinner on Day 3
- Optional tips to your adventures guide(s) and driver(s)
- Personal expenses such as medical immunizations, phone calls, laundry, or souvenirs
- Airport transfers if arriving outside of the group transfer
- Optional travel protection

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At Mountain Travel Sobek, we believe life is an adventure and adventure is life.

As the originators, innovators and leaders in adventure travel for more than five decades, we passionately create, craft and share indelible, transformative journeys to the world's most memorable places. Our more than 200 unique and once-in-a-lifetime trips are designed to inspire and exhilarate, enliven and excite--opening eyes and minds through profoundly personal connections with nature and culture.

Our small group and custom adventures span the globe, and the spectrum—of interests, environments and activities—every one expertly planned and knowledgeably and passionately guided. And our commitment to making every experience a remarkable one has earned us preferred travel outfitter status for National Geographic Active Expeditions, Active New York Times Journeys, and Smithsonian Active Journeys.

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Awards



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