



# Costa Rica Rainforest Adventure

## Curated for MT Sobek Custom Clients

Thank you for checking out our adventures and for requesting this private itinerary. Please note that this itinerary may be subject to change. Be sure to check with us before scheduling any flights.

**We love talking travel!**

Contact [info@mtsobek.com](mailto:info@mtsobek.com)  
or call 510 594 6000.



# Feel the difference

with **Mountain Travel Sobek**

## Unrivaled Expertise

MT Sobek started it all! Since our first Everest Base Camp trek in 1969, we've been leading award-winning adventures and building authentic connections in far-flung locations around the world. We were named Best Adventure Tour Company in 2022 by USA Today's 10 Best Readers' Choice Awards.

## Unique Trip Design

Our adventures are perfectly paced, with incredible attention to detail—the right mix of fun, learning, and challenge that guarantees lifelong memories. Plan nothing, enjoy everything. We take care of all of the logistics so that you can have more time to do what's most important: relax, take in the experience, and enjoy!

## Private Adventures

Private MT Sobek adventures are perfect for travelers who enjoy the flexibility of traveling in their own group, but who want the peace of mind that comes with having all of the logistics handled by true experts. We offer an array of perfectly tailored custom adventures and scheduled dates that your group can easily take over.





## Costa Rica Rainforest Adventure

On this ultimate 9-day Custom Costa Rica Adventure, experience pristine rainforests and beaches teeming with astonishing wildlife and spectacular scenery. Explore the freshwater lagoons and beaches of Tortuguero National Park, known as a breeding ground for endangered green sea turtles. Climb into the trees of Earth's most biodiverse rainforests for a bird's eye view on a series of hanging bridges suspended high in the canopy. Hike in Arenal National Park and marvel at the famous lava fields and the iconic Arenal Volcano. Take in the lush beauty of Monteverde Cloud Forest, one of the few remaining cloud forests on the planet. Relax at Manuel Antonio National Park, where the wildness of the rugged jungle meets the white-sand beaches of the Pacific Ocean. Search for some of the most remarkable wildlife on the planet including monkeys, sloths, sea turtles and crocodiles. This ecosystem is also home to big cats such as the elusive and stunning jaguar, and the ever-spirited colorful scarlet macaw. Relish in what this tropical paradise has to offer: a true utopia to adventure and wildlife.

### 9 Days

**Start:** San Jose, Costa Rica

**End:** San Jose, Costa Rica

**Activities:**

**Lodging:** Comfortable Hotels

**ACTIVITY LEVEL:** 3

# Your Custom Itinerary



## Arrive San Jose

Upon arrival into San Jose meet your private driver and transfer to your overnight accommodations.

**ACCOMMODATION:** Grano de Oro Hotel or Similar

**TRANSPORTATION:** 30-minute Private Airport Transfer

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## Private Transfer to Tortuguero and Afternoon Kayaking Adventure

This morning meet your private driver and enjoy a scenic drive across the Continental Divide to the remote North Caribbean Coast of the country and then continue by motorboat to Tortuguero National Park and your overnight accommodations. Considered "the little Amazon in Costa Rica," this truly fascinating and diverse region is accessible only by water or air.

This afternoon after checking-in, set out by kayak to explore the jungle waterways and hidden lagoons of Tortuguero National Park. With any luck see howler monkeys, basilisk lizards, morpho butterflies, and a plethora of wildly beautiful tropical birds. Enjoy your evening relaxing at the hotel with a cocktail, or take a twilight tour to experience how the jungle truly comes alive after sundown.

**ACCOMMODATION:** Tortuga Lodge or Similar

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** Guided Kayaking

**TRANSPORTATION:** 3.5-Hour Private Vehicle and Boat Transfer

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## Tortuguero National Park Adventure

Today enjoy a full day exploring Tortuguero National Park or relaxing at your lodge. The protected wilderness is famous for its freshwater creeks and lagoons, which shelter wildlife such as a caimans, turtles, monkeys, and many tropical bird varieties. It's beaches are favored nesting grounds for sea turtles, including endangered green turtles. Choose between a variety activities today including a scenic hike to Cerro Tortuguero, a natural history boat tour, a tour of Tortuguero Village & the Sea Turtle Conservancy Center, a kayak tour of Tortuguero's waterways, or a twilight tour.

**ACCOMMODATION:** Tortuga Lodge or Similar

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** Selection of Guided Activities

# Itinerary *continued*



## Drive to La Fortuna, Guided Ecological Gardens Tour and Cocoa Plantation Experience

Today after breakfast transfer by boat from Tortuguero to Pavona. Meet your private MT Sobek guide and enjoy a scenic guided drive to La Fortuna and the Arenal Volcano area, one of the most popular and beautiful destinations in Costa Rica. Stop en-route at the Pierella Ecological Gardens for a leisurely wildlife tour. The garden and trail is home to a variety of interesting wildlife including butterflies, poison dart frogs, and two species of sloths.

After lunch, stop at a cocoa plantation and learn about one of Costa Rica's most delicious exports. Hear about the importance of agricultural conservation in Costa Rica, and enjoy a chocolate and cocoa tasting to learn about the distinct flavors and characteristics of cocoa grown on the plantation. After arriving at your hotel this evening, enjoy a soak in the resort's natural hot springs, which are filled with minerals that offer many therapeutic benefits.

**ACCOMMODATION:** The Springs Resort & Spa or Similar

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** Private Vehicle Touring, Guided Ecological Garden Tour, Shared Cocoa Plantation Experience

**TRANSPORTATION:** Private Boat Transfer

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## Guided Tour and Hike of Arenal National Park and Hanging Bridges Guided Hike

Today after breakfast, meet your MT Sobek guide for a full day's exploration of Arenal National Park and the surrounding area. This morning hike on the 1968 Trail, which winds through lava fields around the base of the Arenal Volcano, created during the dramatic eruptions of 1968, and affords some of the closest possible views of the volcano as well as fascinating volcanic boulders, craters, and old lava flows now hardened into rock. After lunch, hike through the rainforest on a series of hanging suspension bridges. Marvel at the wealth of wildlife in the rainforest layers, from the treetops to the understory and forest floor. Enjoy the remainder of the day relaxing at your hotel and soaking in the natural hot springs.

**ACCOMMODATION:** The Springs Resort & Spa or Similar

**MEALS:** Breakfast | Lunch | Dinner

**ACTIVITY:** Private Vehicle Touring, Customizable Hiking, Guided Hanging Bridges Hike

# Itinerary *continued*



## **Drive to Monteverde Cloud Forest and Cloud Forest Hike**

This morning after breakfast, meet your MT Sobek guide for a scenic drive to your overnight accommodations at the Monteverde Cloud Forest. The cloud forest encompasses eight life-zones along the Continental Divide with over 100 species of mammals, 400 species of birds, and 1,200 species of amphibians and reptiles. The habitat also supports and protects all six species of the cat family in Costa Rica including jaguars, ocelots, pumas, oncillas, margays, and jaguarundis. Today stop for a visit to the Aguti Wildlife Preserve. This protected space established in 2016 is dedicated to the conservation of the flora and fauna of the Monteverde Cloud Forest. Enjoy a leisurely walk through the cloud forest, one of the few still in existence on the planet. Take in the rich biodiversity of the area as you marvel at the "Green Giants," some of the biggest registered trees in Monteverde.

**ACCOMMODATION:** Senda Monteverde Hotel or Similar

**MEALS:** Breakfast | Dinner

**ACTIVITY:** Private Vehicle Touring, Guided Cloud Forest Hike

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## **Monteverde Guided Cloud Forest Hike and Drive to Manuel Antonio National Park**

This morning after breakfast, meet your MT Sobek guide for a hike in Curi-Cancha Reserve in the Monteverde Cloud Forest. This section of cloud forest is a birdwatcher's paradise, and with luck you may view the elusive Resplendent Quetzal, Three-Wattled Bellbird, Blue-Crowned Motmot, and Orange-bellied Trogon. The reserve is also home to many frequently sighted mammals including armadillos, coatis, agoutis, kinkajous, ocelots, sloths, and three species of monkeys - howler, white-faced capuchin, and spider monkeys. Next, enjoy a scenic drive to your overnight accommodations near Manuel Antonio National Park. The park is world known for its abundance of wildlife where jungle meets the white-sand beaches of the Pacific ocean. Enjoy the remainder of your day relaxing at your beach resort, or explore more of the area.

**ACCOMMODATION:** Arenas Del Mar or Similar

**MEALS:** Breakfast | Lunch

**ACTIVITY:** Private Vehicle Touring, Customizable Hiking

# Itinerary *continued*



## **Manuel Antonio National Park Private Tour and Hike**

Today is yours to relax at the beach or explore Manuel Antonio National Park. Hike the many trails with your guide to search for wildlife, and explore the hidden coves where the rainforest meets the ocean. Keep your eyes peeled for iguanas sunning themselves on boulders at the edge of the rainforest, and with any luck spot toucans, parrots, and the elusive and stunning scarlet macaw.

**ACCOMMODATION:** Arenas Del Mar or Similar

**MEALS:** Breakfast

**ACTIVITY:** Manuel Antonio National Park Private Tour and Customizable Hiking

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## **Depart San Jose**

This morning after breakfast, meet your private driver and transfer to the San Jose airport and board your homeward bound flight.

**MEALS:** Breakfast

**TRANSPORTATION:** 3-Hour Private Airport Transfer



## Where You'll Stay

### **Grano de Oro Hotel, San Jose**

Hotel Grano de Oro is an upscale boutique-style hotel located in the suburbs of San Jose. The historic hotel features tropical Victorian architecture, and has 21 unique and charming guest rooms with modern comforts and amenities. The hotel features a small shop, a modest café, an elegant indoor dining room, a beautiful inner courtyard, an indoor/outdoor bar, an award winning wine cellar, a Jacuzzi terrace, and a fitness center.

### **Tortuga Lodge, Tortuguero**

Tortuga Lodge, located along the banks of the Tortuguero River, is a luxury lodge on the northern Caribbean side of Costa Rica situated on a strip of land between sea, river, and a vast untamed tropical rainforest. The beautifully appointed rooms all have river views, air conditioning, and feature plush pillow-top beds and elegant Victorian décor. The hotel features private terraces, nightly turn-down service, and an onsite restaurant

### **The Springs Resort & Spa, La Fortuna**

The Springs is a luxury five-star resort with stunning views of the Arenal Volcano, natural hot springs, and a full service spa. The 165-acre property features on-site restaurants, bar, pools, river tubing, kayaking, horseback riding, rock climbing, and an animal sanctuary. The well-appointed rustic-luxe rooms feature Jacuzzis, air conditioning, and views of the Arenal volcano.

### **Senda Monteverde Hotel, Monteverde**

Senda Monteverde Hotel is a cozy luxury lodge with easy access to the Monteverde Cloud Forest and the town of Monteverde. The stylish lodge features contemporary décor and has an onsite restaurant, lounge, yoga studio, private nature trails and access to hanging bridges and lookouts. The hotel offers views of the Gulf of Nicoya or the cloud forest, with amenities such as plush bedding and rainfall showers.





## Where You'll Stay

### **Arenas Del Mar, Manuel Antonio**

Arenas Del Mar is a five star luxury beach resort located in the town of Manuel Antonio along the Pacific Ocean. The luxury resort is the only resort in the area that is directly on the beach and within a private 11-acre rainforest reserve. The hotel offers access to two beautiful beaches, Playitas Beach and Espadilla Beach. The hotel amenities include complimentary yoga and exercise classes, snorkeling, an onsite bar and restaurant with al fresco dining, a wellness center, and beach-side service. The 37 luxury suites and guest rooms have views of Manuel Antonio National Park, the Pacific Ocean and the rainforest. The in-room amenities include luxury linens, air conditioning, rainfall showerheads, and twice daily housekeeping.

# Pricing

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- **Rates depend on many factors, like time of travel and number of travelers. Please contact our Custom Trip Consultants for more information.** A 25% non-refundable deposit is due upon acceptance of services. Final payment is due 95 days prior to departure.
- Pricing is subject to change until receipt of deposit. To view our full Terms and Conditions, please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms).

## PRICE INCLUDES

- Expertise and services of our experienced adventure guides
- All accommodations as noted in the itinerary
- Meals as noted in the daily itinerary with taxes and gratuities
- Snacks and water between meals
- Additional regional guides and experts on many trips
- Comprehensive Trip Planner with detailed pre-trip information
- Private guided tours at historic sites, museums, wineries and other select attractions as noted in the itinerary
- Special events and other select attractions as mentioned in the itinerary
- All gratuities at hotels and restaurants
- Equipment and experienced guides for activities as described in the itinerary
- Park and other entry fees (unless otherwise noted)
- Fares for trains, ferries and other modes of travel as listed in the itinerary
- Select transfers as mentioned in the itinerary
- Baggage transfers and portage

## PRICE DOES NOT INCLUDE

- Additional meals not noted in the daily itinerary
- Alcoholic beverages (MT Sobek provides wine at select events)
- Entry fees to National Parks, museums and other attractions when not accompanied by a guide, unless listed on inclusions
- Airfare, airport taxes or baggage fees for all flights
- Optional activities and spa services
- Personal expenses such as medical immunizations, laundry or souvenirs
- Gratuities for MT Sobek guides and guide-drivers
- Travel protection program
- Rental car

# Payments

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## PAYMENT SCHEDULE

- A 25% deposit is due upon acceptance of services.
- Final payment is due 95 days prior to departure.

## CANCELLATIONS & REFUNDS

At the time we receive written notice that you must cancel your trip, the following fees will apply (all dates are from departure date):

- From time of reservation until 95 days prior to trip departure: 25% of land cost
- 94 to 61 days prior to trip departure: 50% of land cost
- 60 days or less prior to trip departure: 100% of land cost
- No refunds will be given for unused hotel rooms, meals, activities, or trek arrangements for any reason whatsoever. Land Cost is quoted as a package and credits are not given for services not used. Extra hotel nights cancelled within 60 days of departure are subject to up to 100% of the hotel cost. Internal Air, once purchased, is non-refundable.
- Cancellation and refund policy applies to the entire Land Cost of trip, including trip cost, internal airfare, park fees, permits, and taxes. We recommend you purchase the Optional Travel Protection Plan to protect your investment.

To view our full Terms and Conditions, please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms)