



# Sample Costa Rica Adventure

Curated for MT Sobek Custom Clients



*The Adventure Company* | EST. 1969

**MT + SOBEK**<sup>TM</sup>  
MOUNTAIN TRAVEL SOBEK

**CELEBRATING 50 YEARS**  
AS THE PIONEER OF ADVENTURE TRAVEL

## Overview

On this ultimate 9-day Custom Costa Rica Adventure, experience pristine rainforests and beaches teeming with astonishing wildlife and spectacular scenery. Explore the freshwater lagoons and beaches of Tortuguero National Park, known as a breeding ground for endangered green sea turtles. Climb into the trees of Earth's most biodiverse rainforests for a bird's eye view on a series of hanging bridges suspended high in the canopy. Hike in Arenal National Park and marvel at the famous lava fields and the iconic Arenal Volcano. Take in the lush beauty of Monteverde Cloud Forest -- one of the few remaining cloud forests on the planet. Relax at Manuel Antonio National Park, where the wildness of the rugged jungle meets the white-sand beaches of the Pacific Ocean. Search for some of the most remarkable wildlife on the planet including monkeys, sloths, sea turtles and crocodiles. This ecosystem is also home to big cats such as the elusive and stunning jaguar, and the ever-spirited colorful scarlet macaw. Relish in what this tropical paradise has to offer -- a true utopia to adventure and wildlife.

## What To Expect



### ACTIVITIES

Personally tailored adventures, hand-picked with your desired activity level in mind. Each activity is designed and operated to our highest standards.



### LODGING

A variety of comfortable and ideally located accommodations carefully selected with your travel style and budget in mind.



### CLIMATE

Costa Rica has varying weather patterns. Expect a blend of sunshine, overcast, and occasional rain. The temperatures can range between 10-15 degrees depending on location, elevation, and time of year. The average temperatures are between 65° and 85° and you can expect the occasional tropic rain system. During the months of December to April, you will find the highest temperatures and driest weather.

## Details

Arrive: San Jose, Costa Rica

Duration: 9 Days

Depart: San Jose, Costa Rica

Activity Level:



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## Day 1

### Arrive San Jose

Upon arrival into San Jose meet your private driver and transfer to your overnight accommodations.



**Accommodation:** Grano de Oro Hotel or Similar



**Transportation:** Private airport transfer, 30 minute drive

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## Day 2

### Private Transfer to Tortuguero - Afternoon Kayaking Adventure

This morning meet your private driver and enjoy a scenic drive across the Continental Divide to the remote North Caribbean Coast of the country and then continue by motorboat to Tortuguero National Park and your overnight accommodations. Considered "the little Amazon in Costa Rica," this truly fascinating and diverse region is accessible only by water or air.

This afternoon after checking-in, set out by kayak to explore the jungle waterways and hidden lagoons of Tortuguero National Park. With any luck see howler monkeys, basilisk lizards, morpho butterflies, and a plethora of wildly beautiful tropical birds. Enjoy your evening relaxing at the hotel with a cocktail, or take a twilight tour to experience how the jungle truly comes alive after sundown.



**Accommodation:** Tortuga Lodge or Similar



**Transportation:** Private vehicle and boat transfer, 3.5 hours; guided kayaking



**Meals:** B , L , D

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## Day 3

### Tortuguero National Park Adventure

Today enjoy a full day exploring Tortuguero National Park or relaxing at your lodge. The protected wilderness is famous for its freshwater creeks and lagoons, which shelters wildlife such as caimans, turtles, monkeys, and many tropical bird varieties. Its beaches are famous nesting grounds for sea turtles, including endangered green turtles. Choose between a variety of activities today including a scenic hike to Cerro Tortuguero, a natural history boat tour, a tour of Tortuguero Village & the Sea Turtle Conservancy Center, a kayak tour of Tortuguero's waterways, or a twilight tour.



**Accommodation:** Tortuga Lodge or Similar



**Transportation:** Selection of guided activities



**Meals:** B, L, D

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## Day 4

### Drive to La Fortuna - Guided Ecological Gardens Tour - Cocoa Plantation Experience

Today after breakfast transfer by boat from Tortuguero to Pavona. Meet your private MT Sobek guide and enjoy a scenic guided drive to La Fortuna and the Arenal Volcano area, one of the most popular and beautiful destinations in Costa Rica.

Stop en-route at the Pierella Ecological Gardens for a leisurely wildlife tour. The garden and trail is home to a variety of interesting wildlife including butterflies, poison dart frogs, and two species of sloths. After lunch, stop at a cocoa plantation and learn about one of Costa Rica's most delicious exports. Hear about the importance of agricultural conservation in Costa Rica, and enjoy a chocolate and cocoa tasting to learn about the distinct flavors and characteristics of cocoa grown on the plantation.

After arriving at your hotel this evening, enjoy a soak in the resort's natural hot springs, which are filled with minerals that offer many therapeutic benefits.



**Accommodation:** The Springs Resort & Spa or Similar



**Transportation:** Private boat transfer, private vehicle touring, guided ecological garden tour, shared cocoa plantation experience



**Meals:** B, L, D

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## Day 5

### Guided Tour and Hike of Arenal National Park - Hanging Bridges Guided Hike

Today after breakfast, meet your MT Sobek guide for a full day's exploration of Arenal National Park and the surrounding area.

This morning hike on the 1968 Trail, which winds through lava fields around the base of the Arenal Volcano, created during the dramatic eruptions of 1968, and affords some of the closest possible views of the volcano as well as fascinating volcanic boulders, craters, and old lava flows now hardened into rock.

After lunch, hike through the rainforest on a series of hanging suspension bridges. Marvel at the wealth of wildlife in the rainforest layers, from the treetops to the understory and forest floor.

Enjoy the remainder of the day relaxing at your hotel and soaking in the natural hot springs.



**Accommodation:** The Springs Resort & Spa or Similar



**Transportation:** Private vehicle touring, customizable hiking, guided hanging bridges hike



**Meals:** B, L, D

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## Day 6

### Drive to Monteverde Cloud Forest - Cloud Forest Hike

This morning after breakfast, meet your MT Sobek guide for a scenic drive to your overnight accommodations at the Monteverde Cloud Forest. The cloud forest encompasses eight life-zones along the Continental Divide with over 100 species of mammals, 400 species of birds, and 1,200 species of amphibians and reptiles. The habitat also supports and protects all six species of the cat family in Costa Rica including jaguars, ocelots, pumas, oncillas, margays, and jaguarundis.

Today stop for a visit to the Aguti Wildlife Preserve. This protected space established in 2016 is dedicated to the conservation of the flora and fauna of the Monteverde Cloud Forest. Enjoy a leisurely walk through the cloud forest, one of the few still in existence on the planet. Take in the rich biodiversity of the area as you marvel at the "Green Giants," some of the biggest registered trees in Monteverde.



**Accommodation:** Senda Monteverde Hotel or Similar

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**Transportation:** Private vehicle touring, guided cloud forest hike



**Meals:** B , D

## Day 7

### Monteverde Guided Cloud Forest Hike - Drive to Manuel Antonio National Park

This morning after breakfast, meet your MT Sobek guide for a hike in Curi-Cancha Reserve in the Monteverde Cloud Forest. This section of cloud forest is a birdwatcher's paradise, and with luck you may view the elusive Resplendent Quetzal, Three-Wattled Bellbird, Blue-Crowned Motmot, and Orange-bellied Trogon. The reserve is also home to many frequently sighted mammals including armadillos, coatis, agoutis, kinkajous, ocelots, sloths, and three species of monkeys - howler, white-faced capuchin, and spider monkeys.

Next, enjoy a scenic drive to your overnight accommodations near Manuel Antonio National Park. The park is world known for its abundance of wildlife where jungle meets the white-sand beaches of the Pacific ocean. Enjoy the remainder of your day relaxing at your beach resort, or explore more of the area.



**Accommodation:** Arenas Del Mar or Similar



**Transportation:** Private vehicle touring, customizable hiking



**Meals:** B , L

## Day 8

### Manuel Antonio National Park Private Tour and Hike

Today is yours to relax at the beach or explore Manuel Antonio National Park. Hike the many trails with your guide to search for wildlife, and explore the hidden coves where the rainforest meets the ocean. Keep your eyes peeled for iguanas sunning themselves on boulders at the edge of the rainforest, and with any luck spot toucans, parrots, and the elusive and stunning scarlet macaw.



**Accommodation:** Arenas Del Mar or Similar



**Transportation:** Manuel Antonio National Park private tour and customizable hiking



**Meals:** B

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## Day 9

### Depart San Jose

This morning after breakfast, meet your private driver and transfer to the San Jose airport and board your homeward bound flight.



**Transportation:** Private airport transfer, 3 hour drive



**Meals:** B

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## Grano de Oro Hotel

Hotel Grano de Oro is an upscale boutique-style hotel located in the suburbs of San Jose, Costa Rica. The historic hotel features tropical Victorian architecture, and has 21 unique and charming guest rooms with modern comforts and amenities. The hotel features a small shop, a modest café, an elegant indoor dining room, a beautiful inner courtyard, an indoor/outdoor bar, an award winning wine cellar, a Jacuzzi terrace, and a fitness center.

## Tortuga Lodge

Tortuga Lodge, located along the banks of the Tortuguero River, is a luxury lodge on the northern Caribbean side of Costa Rica situated on a strip of land between sea, river, and a vast untamed tropical rainforest. The beautifully appointed rooms all have river views, air conditioning, and feature plush pillow-top beds and elegant Victorian décor. The hotel features private terraces, nightly turn-down service, and an onsite restaurant.

## The Springs Resort & Spa

The Springs Resort & Spa is a luxury five-star resort located near the town of La Fortuna, with stunning views of the Arenal Volcano, natural hot springs, and a full service spa. The 165 acre property features on-site restaurants, bar, pools, river tubing, kayaking, horseback riding, rock climbing, and an animal sanctuary. The exceptionally built and well-appointed rustic-luxe rooms feature Jacuzzis, air conditioning, and views of the Arenal volcano.

## Senda Monteverde Hotel

Senda Monteverde Hotel is a comfy luxury lodge hideaway at the Monteverde Cloud Forest. Enjoy easy access to the cloud forest and the town of Monteverde, which is within walking distance from the lodge. The stylish lodge features contemporary décor and has an onsite restaurant, lounge, yoga studio, private nature trails and access to hanging bridges and lookouts. The contemporary mountain bungalows offer views of the Gulf of Nicoya or the cloud forest, with amenities such as plush bedding, spacious lounge areas, and rainfall showers.

## Arenas Del Mar

Arena Del Mar is a five star luxury beach resort located in the town of Manuel Antonio along the Pacific Ocean. The luxury resort is the only resort in the area that is directly on the beach and within a private 11-acre rainforest reserve. The hotel offers access to two beautiful beaches, Playitas Beach and Espadilla Beach. The hotel amenities include complimentary yoga and exercise classes, snorkeling, an onsite bar and restaurant with al fresco dining, a wellness center, and beach-side service. The 37 luxury suites and guest rooms have views of Manuel Antonio National Park, the Pacific Ocean and the rainforest. The in-room amenities include luxury linens, air conditioning, rainfall showerheads, and twice daily housekeeping.

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Total Trip Price From: \$15,390.00 (\$7,695.00 per person). A 25% non-refundable deposit is due upon acceptance of services. Final payment is due 95 days prior to departure.

Pricing is subject to change until receipt of deposit. To view our full Terms and Conditions, please visit [www.mtsobek.com/terms](http://www.mtsobek.com/terms).

#### PRICE INCLUDES

- Accommodations as noted in the itinerary, including all taxes and resort fees
- Meals as noted in the daily itinerary by B, L, D with taxes and gratuities
- All special equipment required for activities
- Final electronic documentation package
- Trip logistics, operations and monitoring during travel
- All tours, transfers and activities as detailed in the itinerary

#### PRICE DOES NOT INCLUDE

- Additional meals not noted in the daily itinerary
- Entry fees to National Parks, museums and other attractions when not accompanied by a guide, unless listed on inclusions
- Airfare, airport taxes or baggage fees for all flights
- Optional activities, spa services, dinner reservations
- Personal expenses such as medical immunizations, laundry or souvenirs
- Discretionary tips for guides, drivers and resort staff
- Optional travel protection
- Rental car

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### **Why Travel With MT Sobek?**

At MT Sobek, we believe life is an adventure and adventure is life.

Every year we send thousands of travelers on unique custom trips crafted just for them. You name the country or region, the style of travel, interests, activity level and more; our Custom Travel Specialists have the insider access, local connections and hands-on experience to turn wishes into realities. Our adventure legacy spans 50 years, and we continue to passionately craft and share indelible, transformative journeys to the world's most memorable places. We take pride in ensuring that every trip is expertly planned, knowledgeably guided, and fully meets the expectations of our guests. Let's adventure together!

### **HAVE CUSTOM TRIP QUESTIONS?**

Please reach out to our Custom Travel Specialists for more details or contact

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